



Umthombo Wolwazi NEWS

STAY INFORMED

JULY 2017

Mahatma Gandhi Memorial Hospital Scoop a Prestigious MASEA Award



Dr T. Ibrahim, Dr B. Hira, Pastor EJ Moodley (Board Chairperson), Ms N. Mthombeni, Matron R. Roopchand, Mrs I. Pillay & Mrs S. Rameshwanath (M&E)

Mahatma Gandhi Memorial Hospital scooped a prestigious MASEA Award.

The MGMH Maternity Department was awarded with the MEC Award for Service Excellence in achieving the Best Reduction in Maternal Mortality rate over the last 3 years 2014/2015 to 2016/2017 Regional

Hospitals.

The institution was honored with this award in a glittering MASEA Award Ceremony held on Friday, 2nd of June 2017 at Durban International Convention Centre

It was a joyous occasion for the hospital management, staff and the hospital board when the hospital received the award.

The award will motivate staff to continue committing themselves in rendering optimal health care services to the community.

Mahatma Gandhi Hospital Management would like to applaud & appreciate the staff for their hard work and resilience to quality health care.



MASEA AWARD.....
[READ MORE ON PAGE 3](#)



HAND HYGIENE WEEK.....
[READ MORE ON PAGE 4](#)



SUBSTANCE ABUSE AWARE.....
[READ MORE ON PAGE 5](#)



OPEN DAY....
[READ MORE ON PAGE 6](#)



SPORT DAY.....
[READ MORE ON PAGE 9](#)

The Acting Chief Executive Officer's Keynote Address



Dr. L.J Sobekwa - Acting CEO

A blessed time to all. We are halfway through the year and as such a good time to review decisions/plans that we had in January.

The question is, Is it time for change of direction or to strengthen what we have? The hospital has managed thus far to steer the focus on its negative image narrative to positive, with due gratitude to all the role players. This is also an exciting period for us as we have been presented with an award from MASEA.

The management cannot express the joy and appreciation there is for the Obstetric department, not forgetting other contributing colleagues

for bringing in positive light in our institution. This is an indication that hard work pays off eventually, all of you are encouraged to give tirelessly to save the lives of our community.

It is no secret that the department is still facing financial constraints which subsequently impact on all the resources that we require. MGMH employees have shown endless dedication to do the best with the little that there is, congratulations and well done for the servant leadership displayed, the evidence is the quality improvement consistently shown.

I will continue to request that we must soldier on despite all, God is watching us and taking note. Following all the visits that we have had from our principals it is the time to address the gaps within our capacity. The demands keep increasing but the plea to all health workers is to find the inner earnest you, willing to please the higher power, this endeavor will grow and sus-

tain the little improvements.

It is indeed rewarding along the way to do your assignment on Earth with love and courage. Let us all pull together even better to achieve what others think is mountainous.

"WHAT'S THE POINT OF BEING ALIVE IF YOU DON'T AT LEAST TRY TO DO SOMETHING REMARKABLE." –**Anonymous**

Let us fight hard so we can smile and collect more MASEA's next year! Yes we can and yes we will!

Regards

Dr L.J Sobekwa - ACEO



MGMH MANAGEMENT WOULD LIKE TO THANK OBSTETRICS & GYNAE STAFF FOR THEIR COMMITMENT TO SERVICE DELIVERY WHICH HAVE MADE THE HOSPITAL TO ACHIEVE

MASEA AWARD



MASEA AWARD CELEBRATION CEREMONY



MGMH Management accepting MASEA Award

Mahatma Gandhi Hospital Management and the Board applauded Maternity Ward for attaining the MASEA Award.

The MGMH Maternity Department was awarded with the MEC' Award for Service Excellence in achieving the Best Reduction in Maternal Mortality rate over the last 3 years 2014/2015 to 2016/2017 Regional Hospitals.

The intention of the event was to recognize performance excellence in delivery of health services to the citizens of the Province.

Dr LJ Sobekwa thanked the O&G Department staff for raising MGMH flag high. She complimented them for their hard work and resilience for better service delivery which has made the institution rise above adversity.

Pastor EJ Moodley , Board Chairperson applauded the staff for their good work and commitment.

Dr. T. Ibrahim (District Clinical O&G Specialist) who was the Guest Speaker complimented the institution for putting measures in place and working tirelessly in achieving drastic reduction of deaths in the institution.

Dr B. Hira , Head : O&G Department thanked obstetrics, anaesthetics and medicines, nursing staff in obstetrics, operating theatre and support staff for their commitment and teamwork which had made Mahatma Gandhi Memorial Hospital a **Winner**.



Dr LJ Sobekwa & SMT presenting the award



Dr LJ Sobekwa delivering the speech



Staff listening attentively to speeches



Dr T. Ibrahim addressing the audience



Mrs E.P Kwitshana and the Midwifery Students



Dr B. Hira delivering the speech



Midwifery Students entertaining the audience

Mahatma Gandhi Memorial Hospital host Hand Hygiene Campaign



Mr S.I Nxumalo and Ms N. Ngubane demonstrating handwashing during the event



Mahatma Gandhi Memorial Hospital hosted a successful Hand Hygiene Day on the 30th of May 2017 to commemorate and highlight the importance of Hand Hygiene to staff and patients.

The theme of the event was, “**Fight antibiotic resistance - it's in your hands**”. The event was coordinated by Mrs. C.A Govindasamy (IPCC) and PRN N. Govender of the Infection Prevention and Control department.

The aim of the campaign was to educate all health workers and patients to clean their hands at the right times in combating antibiotic resistant infections.

Mrs C. Govindasamy, IPC Nurse outlined the purpose of the day as to encourage staff and patients to fight against antibiotic resistance by washing their hands because it is an effective mechanism for infection prevention and control.

Mrs C. Govindasamy IPC Nurse explained Hand hygiene as the core of effective IPC to combat antibiotic resistance, and the campaign highlighted the importance of improving behavior towards IPC best practices.

Wards and Departments (clinical and non-clinical) participated in this campaign whereby they provided health education on Hand Hygiene, performed songs, dances, sketches and displayed posters focusing on the theme.

The campaign was equally informative and entertaining. The entire event was a huge success as staff enthusiasm and commitment to preserving and practicing hand hygiene culminated in an amazing talent show.



Mrs C. Govindasamy giving health education on handwashing



Ms N. Ngubane & Mrs J. Pather demonstrating handwashing



Mrs TG Munsamy & Mrs RD Govender giving a health talk

Mahatma Gandhi Memorial Hospital host Substance Abuse Awareness

Mahatma Gandhi Memorial Hospital Social Work Department hosted a successful Substance Abuse Awareness Campaign in June which is the Substance Abuse Awareness month.

The Social Work Department engaged on health talks on Substance Abuse in MOPD and Ward 6 (Male Psychiatric Ward) on 14 and 20th June.

Drug abuse is a scourge in our Phoenix, Intuzuma, Nanda & KwaMashu (PINK) area. The talk highlighted the substances that are commonly abused such as Whoonga /Sugars, Dagga, Crack/Rock, Cocaine, Ecstasy, and Alcohol. There was mention of prescription and over the counter drugs too.

The presentation honed in on what the drug looks like, how it is used, withdrawal symptoms, effects and where to get help from.

The attendees were encouraged to report any illegal activities regarding drug dealing and use in the community to the nearest Police Stations and were advised they can remain anonymous if they wish to do so.

The Communities were encouraged to work hand in hand with the Law Enforcement Agencies especially the SAPS to root out drug abuse by identifying dealers and their runners before our youth hit



Mrs T. Chetty (Social Worker) delivering her speech



Attendees listening attentively to speeches

Pregnancy Week



Sister PF Mkhabela and Sister M.N. Nsibande giving a talk during the event

Mahatma Gandhi Hospital Antenatal Clinic hosted a successful Pregnancy Week.

The aim of the campaign was to educate patients about the importance of regular attendance for Antenatal care.

Sister PF Mkhabela gave a health talk to mothers on how to use a kick chart to monitor fetal well being.

Sister PF Mkhabela encouraged mothers to breastfeed their babies as the breastmilk contains colostrum enriched with antibodies which protects the babies against infections.

She explained to mothers about the benefits of breastfeeding their babies and that it reduces chances of contracting breast cancer.

Condom Week



Mr BW Mkhize issuing condoms during Condom Week

Mahatma Gandhi Hospital Philakahle Clinic hosted a successful Condom Week.

The aim of the campaign was to educate patients and staff about the importance of using female and male condoms.

Mr BW Mkhize, Lay Counsellor gave a talk at waiting areas about the importance of using condoms which entail preventing STI's, unwanted pregnancy and protection from the spread of HIV.

Condoms and pamphlets were issued to patients on STI's and the demonstration was done on how to use female and male condoms

Mr Mkhize encouraged males to continue using condoms even if they are circumcised to prevent transmission of HIV.

Mahatma Gandhi Memorial Hospital hosts a successful Open Day



The Antenatal Clinic / Gynae Staff singing and promoting slogans promoting breastfeeding during Open Day 2017

Mahatma Gandhi Memorial Hospital held a successful Open Day event on the 28 February 2017.

The aim of the event was to educate clients about services the hospital renders. MGMH departments showcased and gave information on services they are providing.

The event started on a high note whereby Antenatal Clinic staff were singing and chanting slogans promoting breastfeeding and antenatal care.

Information brochures on various health topics were given to patients.

The Laboratory Department provided information about different types of blood results and the processing time and they also did a free glucose test for clients.

The Eye Clinic offered a basic eye screening to patients and clients who were over the age of 65 were prioritized.

Medical Out-Patients Department gave information on the importance of Medical Male Circumcision and booked patients for this programme.

HAST (Philakahle) offered VCT services and issued free male and female condoms. The team also gave educational information on TB.

Infection Prevention and Control Department gave information on malaria, rabies and TB to prevent the spread of these diseases.

Clients were delighted to be given such a wonderful opportunity to be acquainted with valuable information about MGMH health services.

Mahatma Gandhi Memorial Hospital Open Day 2017 in Action



The Speech Therapist providing health education during the event



NHLS providing a free glucose test to patient during the event



Philakahle Clinic staff providing Health Education



Phoenix Assessment Therapy Centre providing information



Mr B. Dlamini providing MMC health education



The Antenatal Clinic / Gynae Staff during the Open Day

Mahatma Gandhi Hospital Outreach Programme



Mr B. Dlamini giving health education on Medical Male Circumcision to the community of Inanda

Mahatma Gandhi Memorial Hospital went an extra mile by visiting the community of Inanda C as part of the Hospital Outreach Programme.

The aim of the outreach was to provide health education and to encourage parents to circumcise their male children.

Mr B. Dlamini who is our Medical Male Circumcision (MMC) Co-ordinator highlighted advantages of MMC. He explained that the removal of foreskin promotes hygiene and also reduces chances of contracting sexually transmitted infections including HIV.

He explained to the attendees that MMC decreases the risk of urinary tract infections, protects against cancer of the penis and prevent inflammation of the glands and foreskin.

He further explained that male circumcision also benefits women by reducing the risk of cervical cancer, improve hygiene and reduces STI's.

He emphasized that circumcision is not a cure but a preventative measure and encouraged circumcised males to continue using condoms.

He explained that males should come to the hospital for MMC on Tuesdays and Thursdays and they can enquire at all health institutions as it is the best thing to do.

Mahatma Gandhi Hospital host a success Sport Day

Mahatma Gandhi Memorial Hospital had a successful Sport Day on the 2nd of June 2017.

The aim of the event was to encourage physical activity amongst employees to reduce lifestyle and chronic diseases through sport.

Research shows that moderate amounts of physical activity can greatly improve health and quality of life.

The Sport Committee Team organized the activities for the day which entailed 4.5 km Fun Walk, Aerobics, Tug of War, Relay Frisbee, Soccer and Netball.

Ms N. Mthombeni (HR Manager) welcomed all the participants and outlined the purpose of this day which was filled with lots of fun and entertainment.

The event started on a high note whereby the Management and Staff participated on a 4.5km Fun Walk.

Our stakeholder, GEMS provided general wellness screening, massages and member servicing services.

NHLS Laboratory scooped First Position Trophy for ladies and men relay.

The Tug of War ladies was won by Safeguard Cleaning Services and the men's was won by NHLS Laboratory.

The Soccer was won by Failethu Security Services and the runner up team was MGMH.

The Task Team would like to extend a sincere gratitude to the Senior Management for the support and all employees who participated and made this event a great success.

Special thanks to our sponsors, Sanlam, Aquelle, Mt Edgecombe Private School, Mr M. Zulu (Frisbee) and Marshalls of the day.



Lab - Relay Winners



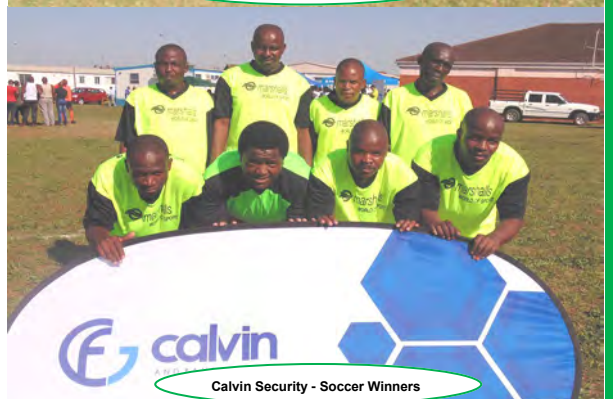
Lab - Relay Winners



Lab - T. of War Winners



Safeguard - T. of War Winners



Calvin Security - Soccer Winners

Mahatma Gandhi Hospital Sport Day In Action

Mahatma Gandhi Hospital Sport Day In Action



FUN WALK



AEROBICS



RELAY



FRISBEE



TUG OF WAR



TUG OF WAR



WORDS FROM THE PRO DEPARTMENT



Mr. SV Ngcobo (PRO)

It is of great pleasure to meet again in this publication and we hope the stories covered will be interesting and informative as well.

We are now in the middle of 2017 which is perceived by many people as the year of Great Achievements. Everyone is wondering of whether he / she is on a right path to achieve their aspirations, but just soldier on.

We would like to applaud Maternity Ward for scooping a MASEA Award for Service Excellence in achieving Best Reduction in Maternal Mortality rate over the last 3 years 2014/2015 to

2016/2017 Regional Hospitals . You have raised MGMH flag high and we are proud of you.

Mahatma Gandhi Hospital hosted a very successful Open Day to inform our clients about the services we are providing. It was such a pleasing moment for our clients to get first hand information.

The Hospital also hosted a successful Hand Hygiene Day on 30th May 2017 to commemorate and highlight the importance of Hand Hygiene to staff and patients.

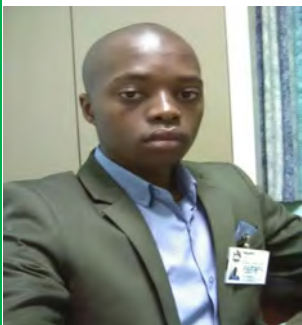
The PR Office would like to thank EXCO Members, Managers and Supervisors for the support and co-operation in ensuring that complaints are resolved within the time frame.

We would like to assure our beloved clients that we will always strive for excellence in rendering optimal health care to our community in the Spirit of Batho Pele Principles.

Until next time!!

Mr S. Ngcobo - PRO

WORDS FROM PRO In-Serve



Mr. S Myeki-PR in-service Trainee

Public relations is not about one person it is always about working together and that is what I have learnt since I have been with Mahatma Gandhi Memorial Hospital.

Firstly I would like to thank the Mahatma Gandhi Memorial Hospital Management and Staff for their warm welcome and for contributing to my career pathing.

It has been few a months but the level of knowledge that I have gained is tremendous and has brought interest and cultivated lot of passion towards Public Relations and Communications.

I have grasped this opportunity with both hands and it has equipped me with valuable practical skills to contribute a lot in the communications fraternity. We have worked as a team to maintain the image of the institution and I learnt a lot about the importance of respecting the ideas of other people to achieve objectives of the institution.

The crucial thing that I have learnt is that client is the King, so they need to be treated with respect and dignity which is very important for the staff to be in-serviced continuously on Batho Pele, Customer Care and Patient Rights Charter.

I would like to thank Mr S. V. Ngcobo, PRO and Mrs R. Thomas (CLO) for their mentorship which has guided me through my journey in achieving my aspiration to be one of the greatest spin doctor in future.

I Salute You !!

Mr S. Myeki

COMPLIMENTS

Senior praises Gandhi Hospital

The Mahatma Gandhi Memorial Hospital (pictured) in Phoenix has many times come under the spotlight for negative reasons, but this time the hospital has been portrayed in a good light by a senior citizen.

Sixty-nine-year-old, Woodview resident, Rumba Nagiah, spoke to the Cornubia and Phoenix Sun about her positive experience with the staff at the hospital. "People always have negative things to say about the staff at the hospital but I was pleasantly surprised by the treatment I received from them," she said.

"I was suffering with an ulcer on my varicose vein on my left leg so I went for treatment to the hospital. The nurses and staff were so helpful. They treated my leg, bandaged it, gave me medication and told me to rest my leg," she explained.

Nagiah said that she went for treatment to the hospital for three months. "Initially, I thought that I might end up in a wheel chair or even worst lose my leg. But after the treatment, my leg started to heal. I was always treated with utmost care by the nurses and doctors at



Gandhi hospital

the hospital," she said.

"People always say such bad things about the hospital, but my experience was not bad at all. I would like to commend the staff at the hospital. One must not always believe what they read and what other people say," she said. Have you had a good experience at Gandhi Hospital? Tell us about it: call Coleen on (031) 507-7761 or email coleen11@gmail.com

Ngcobo Sibonelo

From: shazmunsamy4 <shazmunsamy4@gmail.com>
 Sent: 28 April 2017 10:54
 To: Ngcobo Sibonelo
 Subject: Excellent care from the Casualty department

Good afternoon i would like to send my heartfelt gratitude nd appreciation to the staff of the casualty Doctors and staff at the Trauma / Casualty department. Even though it was at a time that nothing cud be done for my mum thank u for ur support and kind words of assurance. Shank u for understanding my place as an only child. Thank u for trying ur utmost best. In an era of fault finding and no appreciation and constant bad publicity thank u for helping my mum die in dignity. The Doctors and staff for there timelous updates nd empathy thank u for allowing us to be in the trauma room nd Mopd emergency room. To Charmaine the nurse in the medical ward thank u for understanding nd ur reassurance thank u for being with my mum in her last few minutes. May GOD bless all of u for a job well done.

SHARON REDDY
 PATIENT : MARGARIET MATTHEW MUNSAMY
 CALLED TO REST 4/4/2017

Sent from Samsung tablet

Date: 16th February 2017

Good Day to All the Nurses of Ward 9 ,

I am the Eldest son of Dhannalutchmee Govender. On behalf of my family I want to say Thank You for helping my Mother. She is old and stubborn. I know it is difficult to feed her and make her walk. Thank you for trying.

We want to Thank you for all that you do to help the patients. We know it is difficult to clean and feed them and to help them walk again. But you try your best. For this we thank you.

My mother is now almost one month in the bed. We want to now take her home and try to help her there. We know it will be difficult but we must try. We want to take her home on Friday, 17th February 2017.

We want to Thank all the Nurses, Day & Night Shift, for all the help you gave my mother. May god bless you for this. Good Luck.

Regards

Seelon Govender

Son of Dhannalutchmee Govender

08/02/17

TO WARD 7 STAFF

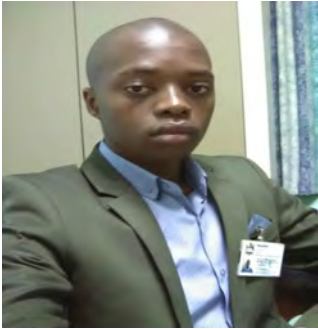
JUST WANT TO PASS MY
 GRATITUDE TO THE STAFF OF WARD
 7, BOTH DAY AND NIGHT
 FOR THEIR WARM HOSPITALITY.
 I CAME IN VERY SICK BUT
 I'M NOW GOING HOME WELL.

MAY GOD ALMIGHTY CONTINUOUSLY
 PROTECT YOU GUYS SO THAT
 YOU MAY CONTINUE SERVING
 THE COMMUNITY.

YOUR JOB IS NOT AN EASY
 ONE BUT YOU GUYS EXCEL
 WITH YOUR WARM HEARTS

THANKY YOU
 BO TEMBE (PATIENT)

ACKNOWLEDGEMENTS



Mr. S. Myeki
WRITER & PHOTOGRAPHER



Mr. S.V Ngcobo
WRITER & DESIGNER



DR L.J SOBEKWA
EDITOR

IF YOU HAVE ANY COMPLAINTS, COMPLIMENTS AND SUGGESTIONS REGARDING THE SERVICE WE RENDER, PLEASE USE THE CONTACT DETAILS BELOW. THE HOSPITAL DEPARTMENTS ARE REQUESTED TO FORWARD THEIR NEWSWORTHY ITEMS TO THE OFFICE OF THE PUBLIC RELATIONS OFFICER AS WE VALUE YOUR INPUT



health

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