



UMTHOMBO WOLWAZI

NEWS

September 2022



DMN: S Khathi, Dr. S Padoa and Advocate: G Ntombela

As a wrap up to Women's Month :Mahatma Gandhi Memorial Hospital hosted a prestigious ceremony under the theme "Women's Socio Economic Rights and Empowerment" that was steered to encourage, recognize and celebrate Women of MGMH at all levels.

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CEO's INPUT



Mr. SL Maphumulo
Chief Executive Officer

Welcome to the publication of our newsletter

It is giving me such joy to introduce myself as CEO of Mahatma Gandhi Memorial Hospital. I am not new in the hospital as I started as a Nursing Manager in 2018 and have observed the hospital going through different terrains of challenges and also achieving some strides. In the past two years MGMH has been through trying times wherein we lost dear staff members with a recent death of Chief Security Officer May their Soul Rest In Peace. We appreciate the great support we had from our seniors from Head Office, District Office and sister Districts during those trying times.

Currently MGMH is undergoing a decommissioning process where it will become a fully -fledged District Hospital. This is due to the new Regional Hospital, Dr. Pixley Ka Isaka Seme Memorial hospital in KwaMashu Township. This is coming with a lot of changes in the hospital that will affect all the patients who are coming to

hospital for different ailments and conditions. The following services will be moved to DPKISMH in strategic phases due to their specialization. i.e. Internal Medicine, Regional (Ortho and Surgery), Regional (Pediatrics, Obstetrics and Gynecology) make the transition as seamless as possible. MGMH will now offer services of District level, Patients needing expert level of care would be sent to DPKISMH.

Further community engagement will be done using the following platforms: War Rooms, Oeration Sukuma Sakhe ,Izimbizo and Medica Houses.

Lastly I would like to warmly welcome the new Senior Management Team Member Assistant Director Human Resources: Mr. SP Mkhize , he has been working at MGMH as Senior HR Officer and was appointed as AD:HR with effect from the 1st September 2022.



Mr. SP Mkhize
AD: Human Resources

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WOMEN'S DAY CELEBRATION



**Ms. Z Ngubane
Guest Speaker**

DOEK on FLEEK was the buzz word at MGMH on the 26 August 2022, as this was the dress code, women honored the invite and looked beautiful with their DOEKs on. It was amazing to see Imbokodo interacting, loosen up and enjoying the moment. Dr Padoan reminded women on the importance of Healthy Lifestyle with an emphasis little daily life changes such as enough sleep, drinking lot of water and practicing safe sex. Dr. also touched other important health issue for women which is Hemoglobin level (HB) that commonly affects women's health hence it is important to do regular check ups on HB levels.

Advocate B Ntombela from Ntuzuma Court spoke of Gender Based Violence that is currently a dark cloud over women and has been described as a countries 'second pandemic',

by the president of South Africa. GBV comes in different forms and affects everyone .Women were encouraged on better communication skills at home “ we should be able sit with our kids , advise them on how to behave, and children should be comfortable with talking to us as mothers ” she said.

Ms. Ngubane who is an author of 3 books, former pharmacy assistant at MGMH and currently a social worker for Department of Health and a business lady, she spoke briefly on different life challenges that are faced by women in their homes and in society. Encouraged women to applaud themselves from time to time for the good job they do as mothers, wives and employees.

In the end ANM B. Cele was crowned for Best DOEK. MGMH Events Committee and staff highly appreciate the great support from BUHLE WASTE, AVBOB, SANLAM, CAPITOL CATERERS , Sister Dladla “Thando”, CALVIN



SECURITY and Mr Shabane.

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BREASTFEEDING WEEK



Paeds OM: TD Miya with MBFI Coordinator PRN : L Singh giving education on breastfeeding

Breast milk is nature's perfect baby food as it contains immunity boosting antibodies and healthy enzymes. Breastfeeding benefits both Baby and Mom and strengthens the bond between the mother and baby. Mahatma Gandhi Hospital joined the annual global World Breastfeeding Week celebrations from the 1st –7th August with the aim of engaging and strengthen action that will promote, protect ,support breastfeeding and improve babies health in the community. Breastfeeding Week was an exciting time at the hospital , staff participated in a march in support of breastfeeding, education sessions with mothers and fathers were being encouraged to support breastfeeding, role plays were done. WhatsApp support group for mothers was formed and there was also a pledge to be signed by staff members in support of breastfeeding.

The theme for 2022 was step up breastfeeding education and support. “Breastfeeding is a mothers gift to herself, her baby and the earth. Lets step up action to create a breastfeeding culture.”

MBFI Coordinator

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NURSES DAY



MGMH Nurses : Reciting the Nurses Pledge

In 1974, May 12 was chosen by the International Council of Nurses as the celebration of the birth of Florence Nightingale the founder of modern nursing. Mahatma Gandhi Memorial Hospital commemorated this special day on the 1st June 2022. Nurses were delighted to be able to celebrate their special day after 2 years, from the pandemic, of course observing all the COVID 19 Regulations. Key note message was based on the importance of communication as it plays a vital role in every aspect of life, be communication with oneself, communicating at home, with colleagues and patients.

Nurses recited their pledge led by DMN Khathi, then they received goodie bags as a token of appreciation. The event became successful from the great support received from hospital doctors, AVBOB, Bonitas, Gift of the Givers, Mount Edgecombe KFC, CAPITOL CATERERS and KARANJAS Tuck-shop.

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MEN'S DAY CELEBRATION



Advocate: Mngadi

It was a joyous and a memorable day to Men of MGMH when they celebrated Men's Day on the 29 July 2022. Mr LS Maphumulo: CEO welcomed everybody and thanked them for making time and came in numbers to gain knowledge, share their experiences and challenges they face as men. Doctor Gama addressed an elephant in the room when he spoke of prostate cancer which according to Statistics 1 man in 8 will be diagnosed with prostate cancer and a second leading cause of death amongst South African Men. Dr. reminded men on the importance of regular health checks as it can assist in early detection and management of diseases.

Advocate Mngadi, guest speaker gave insight to men on 3 different challenges they usually face i.e Domestic Violence, Maintenance and Sexual Harassment (allegations and rape). He cited few of the contributing factors to domestic violence

which were financial challenge, family expectations and society. With this being said, men were reminded that for every action taken there are consequences and men should know that laws are not tailored to oppress men but men must abide by the laws.

He talked about child support which in most cases men find themselves victimized by the process as they believe they are solely responsible for child support. Men were delighted to learn that mothers also have full responsibility towards the child just like the father and further information can be acquired from court. Advocate spoke of sexual harassment at work and the last discussion was on different non-verbal communication and gestures that could be translated as sexual assault, therefore men should look out for these and make sure they stay at the better side of the law.

Most often men feel neglected and not celebrated, but this type of event brought joy and it was highly appreciated by men at MGMH. Gratitude to SA Home Loans, SANLAM, CAPITOL CATERERS and Mr. Shabane for their continuous support.



AFRICA VACCINATION WEEK

World Immunization week was celebrated from the 24-30 April 2022 internationally, with the aim to raise awareness of the value of vaccines and immunization.

Mahatma Gandhi Memorial Hospital POPD together with COVID-19 Vaccination teams took it upon themselves to ensure that clients were receiving factual information on the importance of immunization, its benefits and the mishaps of getting immunized from birth till elderly stage. Immunization prepares the body to fight serious infections, preventing outbreaks and serves as protection for everyone that has been immunized. Immunization is vital as it prevents diseases like Polio, Pertussis (whooping cough), Diphtheria, Measles, COVID-19, Meningitis, Mumps, Rotavirus, Homophiles, influenza Type B and Hepatitis.

Omission of immunization can lead to transmission of preventable diseases, may infect people that are not immunized of any age. And may possibly lead to even complications and diseases.

It is thus vital to get immunized from newborns, infants, toddlers, teenagers and older people. The roving Covid-19 Vaccinators also went to different wards and departments encouraging patients and staff to get vaccinated emphasizing the benefits it has on the immune system.



Patient after getting her COVID-19 Jab



Doctor: SR Ramsaroop with her patients after immunization

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HAND HYGIENE AWARENESS



OM: B Dlamini with her team from Casualty Department on renewal of their pledge for Hand Hygiene

“Unite for Safety: clean your hands” was the theme for World Hand Hygiene Day that was on the 5 May 2022 . Clean Your Hands campaign was aimed at progression of global profile on the importance of hand hygiene in health care and to bring people together in support of hand hygiene. In recognition of this day Mahatma Gandhi Memorial Hospital staff focused on safety of health care workers and patients by re-enforcing quality on hand washing.

It was encouraged that people of all levels must work together to influence the culture/climate through clean hands knowledge and behavior in order to meet the common goal of safety and quality. Different techniques on hand hygiene were shared by staff around the hospital and this included a portable tippy tap and soap method that was shared by Sir Dlamini, which was deemed to be cheaper, convenient and effective. In the end staff signed hand washing pledge.

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ACCOLADES

Please describe the complaint or give a compliment or make a suggestion.

*Where possible also record the staff involved and department where the incident took place.

Date on which the incident took place:

IT GIVES ME GREAT PLEASURE TO SHARE MY PLEASANT EXPERIENCES AND STAY IN MAHATMA GANDHI HOSPITAL WARD 5. ITS REALLY AN HONOUR TO HAVE BEEN TAKEN CARE OF ALL THE GENTLE LOUING AND CARING NURSES AND SISTERS WHO MADE OUR STAY IN HOSPITAL A MEMORABLE ONE. THE SERVICE PROVIDED IS SECONDS TO NONE. I WISH TO COMMEND EACH AND EVERY STAFF MEMBER TO HAVE MADE ME FEEL AT HOME. I CERTAINLY WILL LOOK FOWARD TO BEING A PATIENT AGAIN IN FUTURE. A SPECIAL THANK YOU MUST GO TO DR. MANYATHI NN whom in MY HEART HAS WENT THE EXTRA MILE TO SET ME ON THE ROAD TO RECOVERY SOONER THAN EXPECTED. THANK YOU VERY MUCH TO ALL CONCERNED

Signature of person lodging the complaint

Signature of patient

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Romona Govender is feeling blessed with Shantelene Naicker and Lorraine Govender at Mahatma Gandhi Hospital.

40m

You know people are always complaining about Gandhi's Hospital, there's so much of negativity towards the staff and doctors there that when there's good done, some people won't give them that praise that they deserve. I was there these past days and my oh my what I saw made me think otherwise. Staff and doctor's giving their all to every member of the community. That oath that was taken by them never went in vain but instead taken the extra mile. On their feet these entire nights and days tirelessly. Well done guys for excellent service provided 🙌



Hi

I would like to thank the staff and doctors from casualty and the nurses and doctors from ward 10 for the good care given to me during my stay for a heart attack. I was brot in on the morning of the 27th April from the unit 10 clinic labelled a stemi patient. Spent the day at casualty and was taken to ward the next morning as soon as beds became available. I was put in high risk patients care for the next two nights then moved to the next ward. The evening of the 29th I suffered a mild attack of which Dr picked up by the ecg requested because of my complaints with pain. I had 2 done the next day at 2 different time's, second being worst than the first. The Dr attending to me stayed till this was done and kept me in loop of all that was happening. He was not happy and wanted immediate transfer. .Iand 2nd May being a public holiday didn't make it any easier. However his persistence with calls and emails sent to Dr across came to light for me to be taken in on the 2nd to Albert. My andiogram was done on the 3rd with there being a balloon blast and stent . I was discharged on the 5th April.

Likewise with Albert Iuthuli, Dr Nadar had taken me into theatre. And the night /day nurse took extremely good care of me.

I would like to mention specifically Dr L Bala who made me feel comfortable in knowing I was in good care made me be at ease. His passion and drive for being a Dr is what's needed so badly nowadays. This was a free service offered to me and at no given time was I made to feel this way.

I am forever grateful.

Yours Truly
Ashaka ihinu

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WOMEN'S DAY : POEM

"I am a Women"

Warm

Orientated

Motivated

Aspiring

Nurturing

What Do I stand for

Truth, Honesty, Dedication , Commitment and Power .

Wathinta Abafazi, Wathinta Imbokodo !!

All around us there are Powerful Women

Gods Gift To Earth directly from Heaven

Beautiful and Meticulous ,making our purpose on earth meaningful

We don't give up easily, no matter how much life can be stressful

We fight our struggles and survive like no one else can

We can challenge anyone ,even a man

Our spirits remain very high even in the most difficult time

We help others with a smile, no time to whine

We stand for power cos we can work, think and act even at the oddest hour

So lets give ourselves a hearty round of applause

don't take women for granted cos we know Santa Clause!!

PN: Rooplal

Labour Ward

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PICTURE GALLERY



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For any questions, complaints, suggestions or compliments regarding Mahatma Gandhi Hospital, please contact the Public Relations Officer : Mrs S Tenza

