

MAY 2011

COMMUNITY OUTREACH PROJECT

The Social Work Department embarked on community outreach project to assist community caregiver and volunteer worker, Ms Angela Dube.

Miss Dube of Amaoti has taken in children who were in need of care and set up a home for them. She selflessly accommodates, feeds and cares for the children aged between eight months and eleven years.

On the 06th/05/2011, our six social workers visited Angela Dube's place to check out her humble abode, and provided some blankets, clothes, toys and treats for the children.

The Good Samaritan relies on donations and assistance from community members and interested persons. She wishes to extend her services to other children and if it all pans out well, Angela hopes to create a Drop-in Centre.

Her home does require a table and chairs (plastic one would suffice), books in Isizulu and English, colouring books, crayons and pencils.

We appeal to our colleagues at MGMH to kindly donate any of these items (old or new).

Please contact our social workers within the hospital for further details.

Submitted by: Mrs Thoko Mdletshe
Social work Manager



BENCHMARKING VISIT

On the 6th of May 2011, a team from Umgungundlovu led by the District Manager Ms N M Zuma – Mkhonza and Area General manager Dr Sewal visited Mahatma Gandhi Memorial Hospital to benchmark best practices.

The team comprised of specialists from all disciplines.

The team sat with MGMH Management Team, who shared their Quality Improvement Projects particularly in Outpatient Departments. The closed session was followed by a walk about which was led by our Medical Manager Dr C Persad. The team visited Casualty, Medical Outpatients Department, Pharmacy and Labour ward.

The team was oriented on the structure of each department and the various QIP's adopted by that department.. The team was extremely impressed with the QIP adopted by the Pharmacy Department which has dropped the waiting time from 2h30 hours to 20-25 min. The team also showed great interest in our 20 bedded labour ward which they found to be organized and spacious compared to theirs.

After the walkabout the Area General Manager Dr Sewlal sat down with the team and advised that they come up with their own turnaround strategy, a plan that will fit their own infrastructure and man power.

The team was very grateful for the opportunity given to them of sharing best practices.

WINTER BLANKETS

Management wishes to place on record their appreciation to the Sathya Sai Organisation –for their continued support over the years.

The Organization offers support to the institution by providing us with good Samaritans who volunteer their time in helping patients every weekend.

Recently the organization donated 24 Blankets (children), 12 Knitted Baby Blankets and 50 Blankets (adults).

The above items were lovingly donated by the Sathya Sai Organization – North Cost Co-ordinating Committee

(Seatide Sai Centre).

The items were very warmly received by the hospital staff and will greatly benefit our patients.

The Organisation has developed good relations with the hospital and plans are in place to embark on more projects which will benefit both staff and patients.

CONGRATULATIONS!!!!

Mr. Rishie Narsing (Asset Manager) a staff at Mahatma Gandhi Memorial Hospital had successfully completed the 2 Oceans Marathon, a distance of 56kms. The race was held on the 23 April 2011 in Cape Town.

Mr. Narsing has completed **ten 2 Oceans Marathon** thereby obtaining his permanent blue number.

The staff and management of Mahatma Gandhi Memorial Hospital congratulate Mr. Narsing on his outstanding achievement. We hope more staff members can join Mr Narsing, in the fight of maintaining healthy lifestyles.



SAVE ELECTRICITY OR FACE LOAD SHEDDING

“Save electricity or face load shedding” that was the message from the eThekweni Municipality to its residents following a warning from Eskom.

The CEO of Eskom, Brian Dames, notified customers of electrical supply constraints over the next two to five years, until the first units of the new Medupi power station in Limpopo came on stream.

Dames also mentioned that unusual rainfall patterns in the country had reduced Eskom’s coal-handling and supply capabilities, while the wet weather had also affected the quality coal, resulting in reduced efficiency at some power stations.

As much as load shedding would not be implemented “right away” consumers are urged to use electricity sparingly.

You are therefore urged to not only save electricity at home, but also at the workplace eg. switching off your lights, plugs , computer and all other equipment when not in use.

Load shedding only becomes a reality if there are unexpected failures at power stations or on the network. Should this be the situation then there are negative impacts on the economy, inconvenience and safety issues.

BE WISE, SAVE ELECTRICITY!!!



10 WAYS TO SAVE ELECTRICITY

- Shower instead of bathing
- Use full loads in equipment
- Use small appliances, they consume less electricity
- Set your geyser thermostats at 55 degrees C
- Sun-dry washing
- Change to energy saving lamps (CFL's)
- Switch off at the plug when not in use
- Do not open fridges and oven doors unnecessarily
- Insulate hot water pipes
- Switch off lights, if there is no one in the room

IZINDLELA EZIYISHUMI EZILULA ZOKONGA ;

- Geza ngesisefo kunokugeza kubhavu
- Gcwalisa izingubo uma uwasha ngomshini
- Sebenzisa izinto zikagesi ezincane, ziwudla kancane ugesi
- Libeke ku-550C izinga lokushisa kwegiza
- Lomisa izingubo eziwashiwe ngokuzeneka elangeni
- Sebenzisa amalambu onga ugesi (ama-CFL)
- Cisha ama-plaki ezinto ezinto zikagesi ongazisebenzisi
- Ungavuli amafriji nezivalo zikahhavini nalapho kungenasidingo
- Yemboza amapayipi amanzi ashisayo ngento egcina ukushisa
- Awangakhanyiswa amagumbi angenamuntu

CHILD PROTECTION WEEK

On the 23-27th of May 2011 MGMH hosted an educational program to raise awareness of Child Protection Week.

The Social work Department in conjunction with Child Line Services targeted parents guardians and children and had discussions covering topics ranging from different types of abuse, services at Thuthuzela Care Centre (TCC) Child Line services and case reporting procedures.

They informed the crowd that the TCC sees an outrageous number of roughly 150 cases of abuse a month most of abuse of which 80% of those cases pertain to abuse of minors.

Parent were given numerous tips on how to pick up or determine suspicions of abuse. Amongst others mentioned were:

- Withdrawal symptoms and behavioral change in the personality of the child
- Vulnerability and clinginess of the child
- Lack of confidence and a change in the child's relationship with certain people or members of the family /relatives.

On interview the social work department also shared with us a recent success story where through their analysis of cases –they managed to give the SAPS leads that lead to the arrest and imprisonment of 44 year old serial rapist from Inanda.

According to the TCC department they noticed a trend in ages and modus operandi used for most sexual abuse cases from Inanda-

They then collected all relevant evidence and sperms and handed it over to PTA to fast track DNA comparison. It was discovered that the girls were abused by the same perpetrator. The information was handed over to SAPS who successfully tracked down the serial rapist .

Parents and Children were also given pamphlets to read at their own leisure for educational purposes which included the Children's Right Charter of SA, a list of Help Centres and their contact details.

The Children's Rights Charter of SA

- Freedom from Discrimination
- Name and Nationality
- Right to Opinion and Participation
- Freedom of Beliefs and Culture
- Protection from Violence
- Family Life
- Health & Welfare
- Education
- Child Labour
- Homeless Children.
- SADC Children's Broadcasting



Ms Philisiwe Ndwane (social worker) working at Thuthuzela Care Centre together with Mpume Mathira (social worker from child Line) having a discussion with children and parents and guardians around issues of abuse.



NOTICES

Congratulations are in order for the staff members below, who will be getting married in June 2011.

- Mr Senzo Mlaba
- Ian Ngcobo
- Bongzi Ndzimande

UPCOMING EVENTS

-On the 15th of June 2011 the EAP and PR dept. will be hosting a 5km Fun Walk in aid of fundraising. All categories of staff are urged to participate in the fun walk-which is in promotion of healthy lifestyle.

FUNDRAISING

Due to lack of funds in the department of health many departments are running short of items e.g., furniture and non clinical items. Dr Ramkylas together with the PR department embarked on a fundraising project to assist Casualty with purchasing chairs, paint, curtains for the department. Staff were requested a few weeks ago to assist with the project by bringing in their unused items in order to host a jumble sale. Items can be dropped off at the PRO's Office.

DEATH

LALCHAND SOOKOO

LINEN ORDERLY

DEMISED :26/05/2011

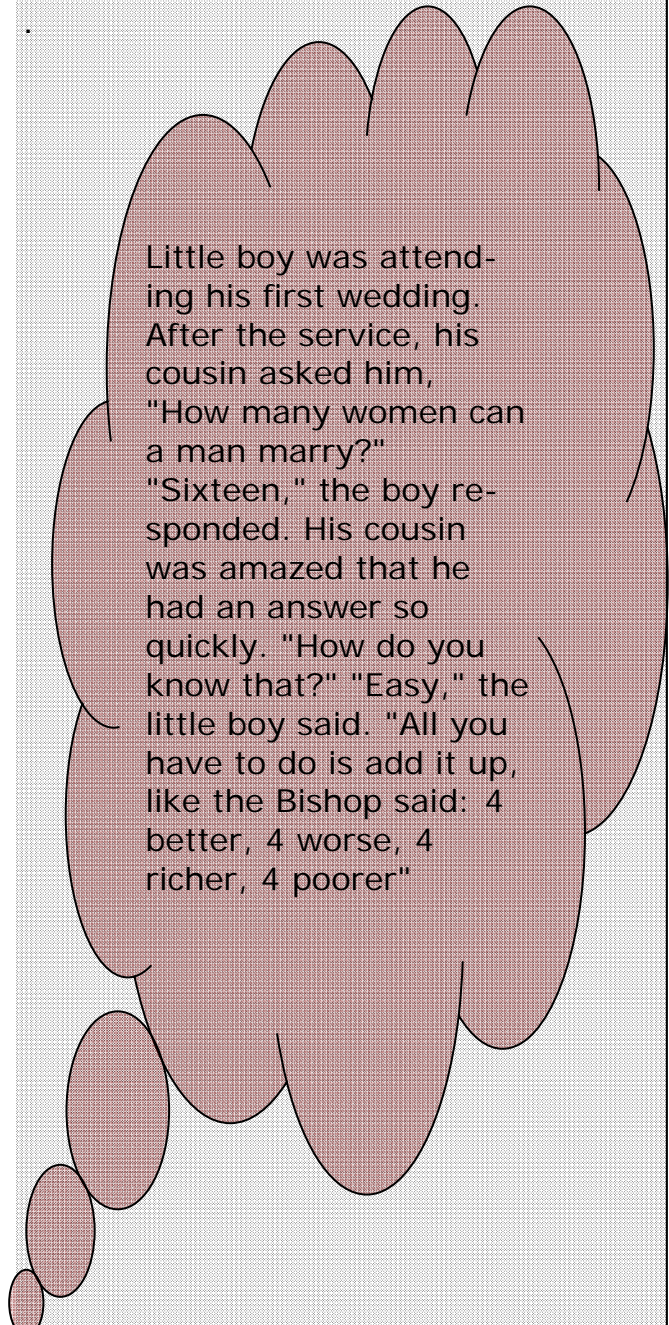
Condolences to members of staff and family.

HEALTHY LIFE- STYLES

On the 12th of May 2011 a meeting was held with staff members who are interested in being part of the hospital soccer, netball and choir team members. The meeting aimed at reviving existing members and also to recruit new ones.

Members of the MGMH family who are interested in being part of the teams mentioned above, are urged to submit their names to the Public Relations Department.

Management has committed themselves in supporting the teams and making sure that they are active and represent the institution .



Little boy was attending his first wedding. After the service, his cousin asked him, "How many women can a man marry?" "Sixteen," the boy responded. His cousin was amazed that he had an answer so quickly. "How do you know that?" "Easy," the little boy said. "All you have to do is add it up, like the Bishop said: 4 better, 4 worse, 4 richer, 4 poorer"