



Umthombo Wolwazi

PHARMACY

The theme for Pharmacy Week 2011 was : Pharmacy-towards quality care together.

During Pharmacy Week-everyday of the week was given a condition name and education was given to patients in waiting areas.

Monday was Asthma Day, Tuesday was Diabetes, Wednesday-Hypertension Day, Thursday was TB Day and Friday was Influenza Day. Talks on the different topics were done in English and Zulu and patients were counseled on how to take their medication correctly. A talk on patient compliance was done daily. Patients were taken on Pharmacy tours which were conducted at 09h00, 11h00 and at 14h00 respectively.

The talks were very informative and helped patients understand what goes on behind the Pharmacy OPD



PHARMACY WEEK 2011



Caption describing picture or graphic.



Pharmacy staff gave educational talks throughout the week



PLANNING TEAM

HERITAGE DAY

What does being a South African mean to you?

Heritage is defined as valued things that are passed from previous generations. Some are common to all like Robin island whilst others are passed from generations like your grandmothers peach jam or pickles. Lets reminisce on what we love the most about being South African.

We interviewed Professional Nurse Mavis Christian and here is what she had to say



WHAT DO YOU LOVE ABOUT BEING A SOUTH AFRICAN?

I love SA because of the rainbow nation we live in. South Africa is also a Democratic Country. The togetherness of our people is worth living in this beautiful country.

2. WHAT IS YOUR FAVOURATE DISH?

Picled fish, Mutton and crab curry made really spicy has to be the best.

3. HOW WILL YOU BE SPENDING HERITAGE DAY?

I will be with family enjoying a great South African Braai and later joining my Praise and Worship Team for practice.

GET WITH THE LINGO

To live and communicate successfully in this country, here are a few important words you need to know

ayoba-hello okay.adj.cool.sweet

mampara.n. Sotho word for an idiot

mzansi.n Zulu word for 'south' our country's nickname

Sharp/sharp-sharp.n can refer to everything from agreement and enthusiasm, to hi or bye.

Skinder/skinner.v to engage in gossip

Tokoloshe.n a dwarf like mythical creature capable of putting people under spells.

Voetstoots.adj a genuine South African legal term for selling something as is.

Skedonk.n a rust-hidden old car with multicoloured doors and smoke spewing out of the exhaust pipe

HERITAGE DAY 2011

MOPD staff on
Heritage Day
23/09/2011



Staff looked
beautiful in their
different attires



NICU staff with
their traditional
attire.



HAND WASHING CAMPAIGN 2011



CLEAN HANDS ARE HEALTHY HANDS

A Hand Hygiene and intravenous Therapy campaign was hosted by the Infection Prevention and Control Department on the 06 /09/2011.

The drive was focused on making people aware that **hand washing is the SINGLE most important prevention and control measure against the spread of infection.**

Seven forty five minutes sessions was conducted with the assistance from Kimberly Clarke who presented a five minute movie on the spread of MRSA from one point to the other and ultimately to their kids at home due to poor hand hygiene practices.

Staffs were then allowed to wash their hands. They then placed them under ultra violet light where they were given a percentage of how clean their hands were washed.

If they had above 95%, they were presented with tokens.

We had tables at the entrance where the Public were given advice on Hand Hygiene and given soaps and hand sanitizers. We had another table on the corridor where we checked and taught hand hygiene. There other tables were manned by B. Braun, 3M and Icembe Medicals addressing intravenous Therapy.

Mr. Basdeo from 3M addressed the Quality Team on Hand Hygiene, Intravenous Therapy and litigations directed to adverse events following Intravenous Therapy.

This campaign was very successful.

Coordinated by Mrs. S. Rameshwarnath and PRN N. Govender.

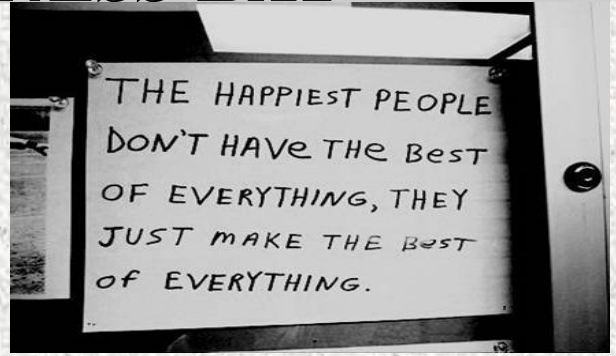
Assisted by PRN L. Naidoo, PRN D.T. Sithole PRN M. Christian

SR Govender (infection Control) assisting staff at the demo table

All members of staff actively participated in the hand washing campaign

STAFF WELLNESS DAY

On the 16th September the Employee Health and Wellness Team hosted the staff wellness day. The main purpose of the day was to encourage physical activity while having fun at the same time. It was also a team building initiative as we can see that all activities needed team work. Activities for the day were Tug of War, 3 legged race, Musical chairs, Netball and Soccer. Staff were also enjoying and dancing to the music from VIBE fm, while they were enjoying their braai.s The hospital CEO delivered a welcoming speech and emphasized on the importance of the day to the overall wellbeing of staff. Most of the activities were won by the Systems Department. Congratulations to Systems!!!!!! Let's continue this work and play initiative for a healthy, happier and stress free workplace.



BON VOYAGE MPUME

UP



AND CLOSE WITH MPUME
MOKOENA—PRO AS SHE DEPARTS
FROM THE MGMH FAMILY

How long have you been with the MGMH?

4 1/2 years

What have you gained from your experience at MGMH?

I learnt more about interpersonal relations, I've grown communication wise.

I've also been exposed to different cultures and needs of the people

I'm more health conscious. Especially after seeing that not taking care of your health can have serious consequences.

How do you feel about leaving?

I have mixed emotions, I'm both happy to go and serve my country, but also sad to leave the MGMH family.

What advice do you have for the friends and staff you leave behind?

People come in and out of your life for a reason, my time has come for a new season.

Wouldn't want my departure to be seen in a bad light, but rather I would love my friends to remember the good and bad times we have shared, until next time.....

What challenges have you faced dealing with the type of job you were doing at MGMH?

One of my biggest challenges was the lack of communication amongst staff as messages never get cascaded to the rest of our colleagues

Poor education on the part of the patient was also a major challenge as most of our clients come with already pre-conceived ideas about the hospital.