



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

McCORD PROVINCIAL EYE HOSPITAL

SAWUBONA 'EYE SEE YOU'

NEWS

MARCH-AUGUST 2026

CARING WITH COMPASSION

MPEH GLAUCOMA WEEK



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MPEH GLAUCOMA WEEK



MPEH observed Glaucoma week to promote eye health in our community. The aim of the campaign was to educate patients

about glaucoma, often called “silent thief of sight”

Throughout the week, the Ophthalmology department provided glaucoma screenings and eye pressure tests. Patients were also encouraged to bring family members for screening, as glaucoma can run in families. We appreciate our eye clinic team.

WHY MPEH HAVE A WEEK FOR IT

The goal of Glaucoma week at MPEH is to:

Educate patients on risk factors and symptoms.

Encourage screening especially eye pressure checks and optic nerve exams.

Promote early treatment to prevent blindness.

Support patients already living with glaucoma.



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LET'S TALK

Resilience & Renewal: Building strong people for stronger



On the 22 April 2026 MPEH held an open honest dialogue on office romance and workplace relationships. Ms. NNM. Sithole (Human Resource Manager) spoke about the purpose of the discussion to address challenges, break the silence and find a balance that supports both personal connections and professional respect. Ms Z. Dlamini (Social worker) DSD spoke about setting clear boundaries, encouraging open communication and treating everyone with dignity and fairness. Staff shared their views on how relationships at work can affect teamwork, trust and the overall work environment. Dr. N Dlamini (Employee Health & Wellness) spoke about building a healthier work environment where staff feel safe, supported and able to do their best work. Mr. L Mnguni spoke about managing money wisely as an employee. He encouraged staff to budget, save and avoid unnecessary debt. Mr Mnguni explained that financial stress can affect both work performance and health. He shared practical tips on tracking expenses, building an emergency fund and making smart choices with loans and credit. His talk aimed to help employees feel more secure and in control of their finances. Matron L. Ntonintshi (Deputy Nursing Manager) gave a vote of thanks and also presented our guest with appreciation gifts. In her closing remarks, she thanked everyone for their time, participation and support during the event and partners for making the program a success.

Donation of a Huvitz Fundus Camera



Dr Lauren Daniels, a senior medical officer at McCord Provincial Eye Hospital with Yaseira Mahomed from the Caring Sisters Network. Dr Lauren Daniels accepted the generous donation of a Huvitz

Fundus Camera on behalf of the hospital. This fundus camera will improve the way patients are screened and managed. It will also advance the ongoing training of doctors and nurses. Dr Daniels is a

respected and valuable part of the dedicated team at the Primary Eye Care Unit at McCord Provincial Eye Hospital, which manages close to 19000 patients annually

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Donation of a Huvitz Fundus Camera



Nurse S. Shinga conducting an eye examination on a patient using the new fundus camera donated by the Caring Sisters Network. Sir Shinga is an ophthalmic trained nurse at the Primary Eye Care Unit at McCord. He is responsible for screening, diagnosis, treating and referring patients with eye disease

Dr KR Moodley, Head Clinical Unit at McCord Provincial Eye Hospital discussing the importance of the Fundus Camera in modern clinical practice



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WORLD SIGHT FOUNDATION



The World Sight Foundation, an international charity organisation has been conducting primary care training at McCord Provincial Eye Hospital since 2016. In July, twenty primary care nurses from surrounding clinics in eThekweni were trained on screening, managing and referring patients with eye diseases. They were also given ophthalmoscopes and Snellen Charts in order to conduct eye examinations.



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OPENING OF OUR UPGRADED PAEDIATRIC WARD



On the 4th of August 2026, MPEH and Gift of the Givers held the official opening of the upgraded Paediatric ward. The renovations of the ward was sponsored by Gift of the Givers. The opening ceremony was attended by Dr Imtiaz Sooliman, Mrs Sooliman, Dr Patricia (Cataract Surgeon), The Hospital Board, Ms Mbambo (District Director), staff from theatre, Paediatric Ward Staff, the Management team and the mural artist, Hope Bemah. MPEH has been working with non-profit organizations for a long time. Over the years, we have added more partners to support our community. These organizations help us provide better healthcare for the community. We are grateful for their continued support. We thank everyone who made this project possible. This new ward will help us give better care to children in our community. We would also like to thank our dietician, Mrs Julie Perks for leading the project and working closely with the team to make sure everything went well. Thanks to her hard work and leadership, the new ward is now a better place for our children to heal.

PHOTO GALLERY



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PHOTO GALLERY



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PHOTO GALLERY



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Success Story: A Multidisciplinary Approach to Patient Care

A 86-year-old patient admitted to MPEH for ophthalmology treatment was identified as being severely malnourished. Following assessment by the Dietitian, she was referred to the Social Worker for a comprehensive psychosocial assessment. The assessment revealed that the patient had been experiencing neglect while living with family members who couldn't adequately provide for her needs. After engaging the family and exploring various care options, the social worker facilitated her placement in a residential care facility for older persons, in her best interests. This case highlights the importance of a multidisciplinary approach in addressing not only patient's medical needs but also their psychosocial wellbeing. Through Collaborative intervention by the Ophthalmology team, Dietitian and the Social Worker, the patient was able to transition to a safe environment where her dignity, health and quality of life were being restored. (**Permission was given by the patient to use her picture**)



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