



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

McCord PROVINCIAL EYE HOSPITAL

NEWS August—December 2016

STAY INFORMED

EZAKWAMAKHOTHI

McCord Hospital Celebrated Year End Party
On 2 December 2016



R- L Pastor M Mkhize, Board Members Pastor L Chetty, Mr S Samuel, Mrs. Mkhize Pastor S Chili, Ms P Sibiya -IMLC Chairperson, Dr M Joshua -Board Chairperson, Mrs. B Madlala -Nursing Manager Mrs. B Madlala

MMcCord Provincial Eye Hospital celebrated year end party held in the hospital on 2 December 2016. The party was celebrated with about 400 people, including McCord Board Members, local Pastors and staff.

This was the time for the Hospital Management to reflect and thank all staff in doing the best to deliver the excellent service and maintaining the high standards to the community.

The Hospital Board Chairperson also thanked the Senior Management and staff for the team spirit and a special thanks to the CEO Dr J Mannie for being a good leader.

Dr J Mannie, Dr N Chelin and other staff members took the audience by storm with musical performances, while enjoying the delicious meal.

6 Days of activism for no Violence against women and Children Awareness Campaign Held on 6 December 2016

The department of Social Work hosted an awareness campaign for no violence against women and children on 6 December 2016. It was held in the Eye Clinic and attended by patients and all staff from various departments.

An invited guest for the morning was Ms P Blose from Kerr House, a shelter for abused women and children. She shared her knowledge and experience about the different forms of violence like domestic violence circle and symptoms of abuse.

A stage play was performed by a group of staff members including our in-service students which displayed all kinds of violence which happens in our homes without many of us being aware. It was an eye opening to everyone as sometimes we overlooked at things happening in our families and to the neighborhood.

The second speaker was from Mayville Police Station, Warrant Officer Zikalala who addressed the audience encouraging everyone to report any form of abuse as soon as it is suspected.

He also warned parents not to abuse their children by using them in custody battles. Their department often realizes that parents have asked their children to lie on their behalf and he cautioned the audience that this wastes their departments expertise and efforts where their time should be used on real cases of abuse and domestic violence. A contact number was given where you can leave a message if you want to remain anonymous.

There was a question and answer session on the psychological effects of abuse. Dr S John (our psychologist). Invited those whom would like to see her on one on one session. It was quite a moving experience for everyone.

Warrant Officer Zikalala addressing the audience

Below:

Social work Mrs. N Sosibo,
Guest Speaker Ms P Blose and CEO
Dr J Mannie



McCord Provincial Eye Hospital Commemorated World Aids day on the 1st December 2016

McCord Provincial Eye Hospital together with the community stood as one to commemorate World Aids Day on 1 December 2016.

Sr Mncwabe, the speaker encouraged everyone to get tested in order to know your status. Also pleaded to the community to stop discriminating people with HIV and TB. Males were also encourage to circumcise to reduce the percentage of contracting HIV and other illnesses . Parents were also encouraged to teach their children about safe sex and also to educate young girls on the issue of “blessers” where young girls are being used for sex and are often getting infected with HIV and this is causing the spread of HIV to other families in the community as these men go back to their wives. It is a vicious and sad cycle that needs to be stopped was her plea.

Staff and patients light a candle of hope led by Nursing Manager Mrs. BM Madlala. All staff member were encourage to go for HIV and TB screening on the day.



Sr Mncwabe—Guest Speaker & Pastor M Mkhize



Attendees



Mrs. BM Madlala and Nursing staff lighting the candle of hope.

McCord Hospital Board Orientation Held on 17 November 2016

McCord Hospital Board enjoyed the orientation workshop held on 17 December 2016 facilitated by Ms PJ Maharaj from Corporate Governance and ISC.

It was attended by eight Board Members and two Senior Management members.

The workshop was informative and well presented. Staff found the session to be en-lightning and also gave direction to what is expected from Board Members.

The Hospital Management thanked the Cooperate Governance and ISC Team for a job well done and for making time to organise such a workshop.

Training in progress



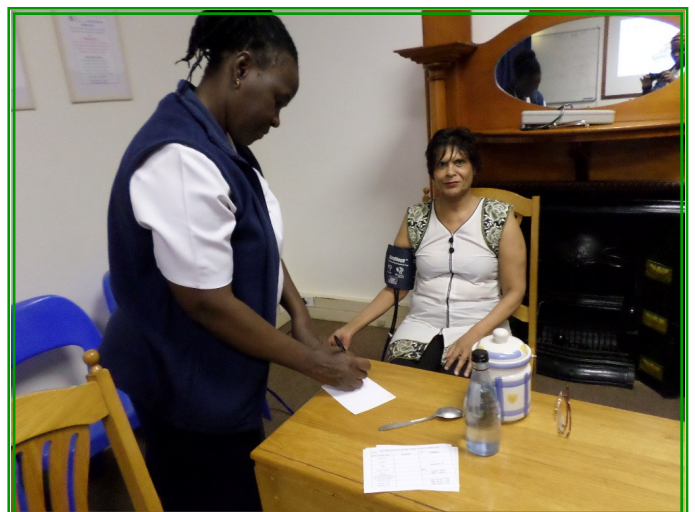
McCord Hospital Celebrated National Nutrition Week On 18 November 2016



Mrs. J Perks—Dietitian demonstrating how to prepare a healthy, tasty dish using legumes

National Nutrition Week's theme this year was "Love your Beans". The dietetics department scheduled an interactive wellness event that started in outpatient with talks by the Hospital Dietitian about how to include more beans into your diet and what their benefits are. The Psychology department also gave an informative talk about mindfulness. This was followed by Weigh in's and body fat % check, blood pressure monitoring, and waist to hip ratio measurements for staff only. Julie Perks gave a health talk on Loving your Beans and gave a cooking demonstration on how to prepare a tasty dish using only legumes.

Recipes was distributed to all attendees. The event ended with information sharing.



World Sight Awareness Week Held from 10 –14 October 2016



L-R Sr D Ngidi, Sr T Fakude , Sr M Govender and E/N M Blöse are seen with the patient Mr S Shezi in recovery after his cataract operation

MMcCord Provincial Eye Hospital celebrated World Sight Week with a record of 150 planned cataract operations.

The hospital normally operates between 15 to 20 patients in a day but we increased this number to least 30 to 35 per day for the World Sight Week.

We were close to the target because we managed to operate 146 in a week. On the picture is Mr S Shezi who was coming all the way from Zululand for his operation. He was seen very excited and sharing with the nurses that he waited too long before coming in for treatment but is very happy that he will be able see clearly now.

A job well done to team for the hard work throughout the week.

Community outreach on World Sight Week



L-R E/N/A Mbotho, Sr R Govender, Sr PP.Bhengu, E/N HL Ngcobo, E/N NJ Mthimkhulu

The Eye Clinic Team visited St Martins Children Home on 12 October 2016 to do eye screening as part of community outreach program.

The screening started at 14h00 as the children were at school in the morning. The screening consisted of visual acuities, history taking, examination of the eye and fundoscopy. A total number of 77 screened and 33 were referred for further management.

After the eye screening the children were given goodie bags which were donated by Sr R Govender and her husband Mr Sam Govender.

Due to children safety pictures were not taken.



HERITAGE DAY HELD ON 23 SEPTEMBER 2016



McCord Provincial Eye Hospital celebrated its Heritage Day on 23 September 2016. Heritage it's about knowing your culture and to learn more about other people's cultures and to understand more about them and how best to respect other people's culture.

Everyone was looking amazing in their cultural attire. We got together in the dining hall which was decorating accommodating all cultures.

It was a day to remember, where staff was singing, dancing and entertained by a stage play group who left the audience speechless.

Musical item by the Eye Clinic Team





Mrs. J Perks (Dietician) demonstrating healthy diet



Attendees



Stage play



Poetry by Sr Magubane



Xhosa dance by Sr Magwaza

Accolades

Attention: The Office of the PRO
Mc Cords Eye Specialist Hospital

I wish to thank the Doctors that were passionate about their work and actually showed concern, patience, dedication and love when they attended to my daughter Asibonge Ncwane on the 26th and 28th September 2016.

I salute you Dr. Phindile Mdlalose and Dr. Khanyisile Mposula. It was truly a blessing to have my daughter treated by you.

I also appreciate the respect I received from Mr Mbiza (Admin Clerk) and the appropriate directions he gave leading us to the eye clinic as it was our first visit.

Wish you all the best you richly deserve.

Thanking you sincerely
Mrs Thembeke Ncwane

The first impression is lasting. Mr Mbiza in outpatient is absolutely outstandingly helpful. The doctors, the sister in ward A3, they leave their desk to make children comfortable McCord has always been the best as a General Hospital and now continues its excellence as an eye hospital. Well done

Ms B Israel

Quite good reception and welcoming. All staff give good attention and doctors spend time to explain every details.

Anonymous

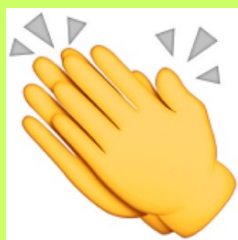
A4 ward has a very good team spirit. Very helpful and friendly.
Patric Shangase

The hospital is very clean, excellent service and staff very friendly.
Jabulani Meyiwa

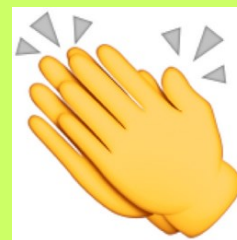
Thanks to all nurses and doctors for the excellent care given to my son. They were very warm and caring. That's what we needed during this trying of our lives.

Hospital has maintained its excellence. The nurses Mr Naidoo, excellent hospital. They spoke very well towards all patients. The fire drill was a huge success, whereby the staff kept patients safe. Excellent hospital. Kevin

Ngicela isibhedlela siqhubekele phambili nokuphatha kahle iziguli. Bayanakekelana abahlegikazi balesibhedlela bakhululekile. Bayakwazi ukuphatha kahle iziguli. Phambili Ngesibhedlela McCord.
Thandoluhle



Well Done keep up the excellent service



ACKNOWLEDGEMENTS



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