

# TURT NEWS



health

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

Department of  
Health KZN

## MAKING HEADLINES: *Turton CHC choir shine's!!!*



What transpired at the Ugu Health Choral Music Competition held in Murchison District Hospital



Murchison District Hospital performing "isichathamiya"  
See full story on page 7& 8

July-December 2014

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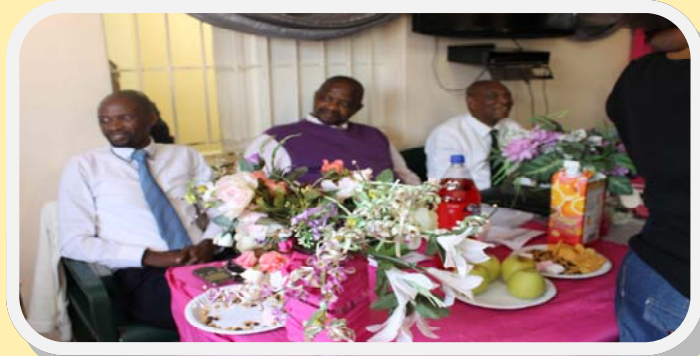
Miss N. Nciki who was the programme director sang with children



Turton CHC dignitaries in support of the event



HAST employees greeting the children and singing them songs



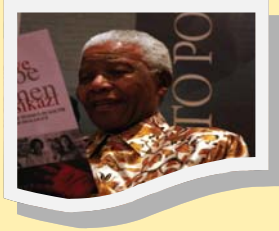
A big thank you to Sanlam, the sponsors of the day

HAST dept. hosted a Pediatric disclosure programme event on the 4th of July 2015, through a needs analysis they have identified a high rate of poor adherence in children. The biggest reason identified was that disclosure of the HIV status was not done to children by parents or care givers.

The unit decided to form a support group which meets once a month. Different issues were discussed and disclosure as one of the topic, which parents raised as a challenge. HIV is “too sensitive and confidential to be shared anyhow”. As a department they have decided to start a program called Journey to disclosure using “**HAND OF SAFETY**”.

Different stakeholders were invited to assist us on this journey; however the follow up care will be done by Turton multidisciplinary team, to tackle psycho social issues

Their target groups are 3 – 5 years, 6 – 9, 10 -12 years and 13 -15years. Also 16 and 17 years old will be included as need arises.



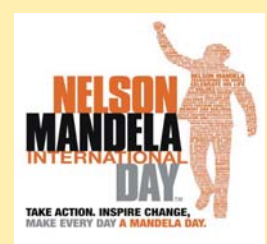
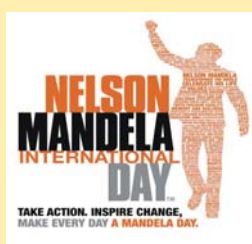
## *Turton CHC:* *International Mandela Day*

Nelson Mandela day is all about doing something good for 67 minutes by giving back to the community in any form in honour of our late father Nelson Mandela. We embrace Madiba's values and honour his legacy through humanitarian acts and initiatives that acknowledge his never-ending quest to change the world for the better.

President Jacob Zuma in his State of the Nation Address announced that this year Mandela Day would be celebrated by working to clean up the South Africa. The President encouraged all South Africans to dedicate 67 minutes of their time to clean South Africa.

President Zuma said: "Let us begin planning for a major clean-up of our cities, town, township, villages, schools and beautify every part of our country".

Turton CHC followed the president mandate by cleaning Nyangwini Clinic which is one of our clinic, as much as the theme was about cleaning we took one step ahead by preparing and providing meals for our patients while waiting to get service, we went around to all Turton CHC departments serving our clients with healthy sandwiches, juice and fruits. We like to thank you to all Turton CHC staff members for their contributions towards this memorable day which brought a smile to our patients because by working together we can do more.





Presidential mandate: cleaning of Nyangwini clinic



Turton CHC Pharmacy staff members bought fruits for patients—promoting healthy lifestyle



Staff members preparing food for the clients



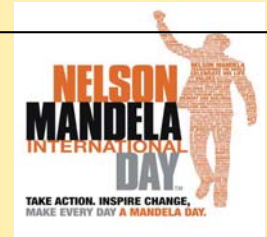
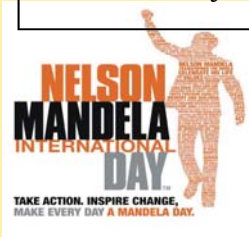
Mrs N.C Mkhize and Miss L. Baai assisting in serving food to the clients at MOPD department



Miss Z. Mzobe with Miss Baai serving food at X-Ray department



Our lovely clients enjoying fruit



## Turton CHC promotes breastfeeding

1-7 August 2014 was breastfeeding week.. The theme was “Breastfeeding a winning goal for life”. On 1 August 2014 Turton CHC had a breastfeeding campaign where employees walked around the facility singing songs that promoted breastfeeding, The campaign was a huge success as the mothers came in numbers. In attendance were pregnant & breastfeeding mothers , it was also interesting to see males supporting this campaign. All the speakers emphasised the importance of breastfeeding and described the advantages of breastfeeding. “Breastfeeding provides all the needed nutrition to all babies which makes them to be healthy and grow very well “ said Dr Buso. Mrs Madikizela (maternal & health care manager) with Miss V du Preez (dietician ) would like to thank Turton CHC Paediatric & Maternity Department staff members who contributed in making the campaign a success. We also like to thank Ugu Health District Dietician and Nutritionist Advisor Ms Adonis, Ms Masia and Ms Monegi from Head Office (DOH) for their support.



A walk in support of breastfeeding awareness by Turton CHC employees



Pregnant mothers raising their hands saying “yes” to breastfeeding



Mothers and clients listening to Miss V Du Preez (Dietian)



Dr Buso and Mrs Mdikizela with a mother & a mother to be during the campaign



Left: Miss V Du Preez, Mbali RSS FM, Dr Buso and Mrs Madikizela



Turton CHC team members promoting breast feeding Live on air with Mbali RSS

When we do something we always strive to go an extra mile as we did not only made the awareness within Turton CHC, we also went to Radio Sunny South 97.00 FM our local radio station so that our breastfeeding awareness can reach a larger audience.

# Turton CHC Heritage day celebration

SIYAZIGQAJA NGOLIMI LETHU,  
AMASIKO ETHU KANYE  
NEMVELAPHI YETHU

Ikuphindile lokho futhi ITurton CHC Ngomhlaka 3 October 2014 igubha usuku lama gugu (heritage day) lolu suku lwaba yimpumelelo ngendlela eyisimanga ngenxa yokuzinikela kwabasebenzi besikhungo, lokhu kuzinikela kwabo kwaveza ngokusobala ukuthi abasebenzi base Turton CHC bawakhonze kangakanani amasiko nemvelaphi yabo, izi-nhlelo ezazi khona ngalolu suku kwaba ukucula kwe choir yesikhungo, amahubo, ne ndlamu Kanye nomculo wokholo omnandi esawunikwa uKhaya nabaculi bakhe. ITurton CHC ithanda ukubonga uMr Chonco owuthisha eLuthuli High School owaye yimbongi yosuku ngomsebenzi wakhe oncomekayo, siphinde sibonge bonke abasebenzi base Turton CHC ababamba iqhaza ngokusebenza kanzima ukuze lolu suku libe yimpumelelo, nazo zonke izikhulumu zosuku sibonge nomphathi wohlelo uMrs Mnyeni owenza lomsebenzi ngobukhulu ubunono nobuchule

The Public Relations office would also like to give credit to the events committee who went an extra mile in making sure this day was a success, it really showed that nothing can beat team work!! as they say “by working together we can do more”



CHC management and guests



CHC Choir never seem to disappoint



Our very own Gospel Singer “Khaya” not “Khaya Mthethwa”



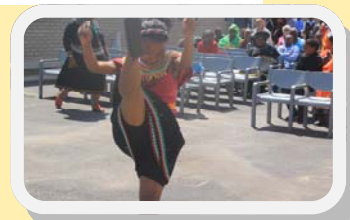
Traditional food– sazitika ngokudla kwesintu



Babahle abantu bevunulile kuhlangele izinhlanga ezahlukene kukhona umoya wo bumbano



Izinsizwa zase Turton Zis-haya amahubo kwancane indawo



Yasina kwakhala amakhwela intokazi yakwa Shinga



Wawungafunga ukuthi kwakunomcintiswano wemvunulo, kanti cha.



Parade by Turton CHC staff members on their traditional attires



Ushaya ingoma aze aqhenye uNksz Hadebe

**UGU HEALTH DISTRICT CHORAL MUSIC COMPETITION**



Mrs BL Ngesi Murchison CEO welcoming all guests

On 31 October 2014 Murchison District Hospital hosted the Ugu health district choral music competition where Turton CHC were the overall winners .The Choirs that participated were Murchison Hospital, GJ Crooks, Gama-lakhe CHC and Turton CHC The event was very well organised and all the choirs gave their best performance



Turton CHC choir going on stage to rock and roll



Our choir and choir master Mr Mhlongo showing them how it's done



Our neighbours Gamalakhe CHC choir gave a nice performance



Mr K Msomi( Acting District PRO) was the programme director of the day, what a gentlemen



The crowd went crazy when the hosts Murchison Hospital performed “isichathamiya”



The Judges had a tough time to select the winners as all choirs did not disappoint



The audience listening to good music from different choirs.



Mrs Z .Ndwandwe thanked all choirs for putting on quite a show and further said this is what Ugu District is made of.



**BRINGING THE TROPHIES HOME:** It was a great day at Turton CHC when our choir came with trophies which they won at the Ugu Health Choral Music Competition. Our CEO Mrs N.C Mkhize was very delighted by the performance of the choir and thanked each and every choir member for raising Turton CHC flag so high!!



# WELLNESS DAY EVENT WELL HOSTED!



Miss Pillay, Miss Mokgatloa, and Mrs Shabane looking good during the fun walk



A great game of netball by Turton CHC employees



A special thanks to GEMS employees for honouring our invite and doing health screening



Dr Buso educating Turton CHC staff members with health precautions and measures



Tug of war– zindala zombili !!



Our employees seemed to enjoy the aerobics session led by Miss Van - Zydham



# health

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Health

**PROVINCE OF KWAZULU-NATAL**

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**SHOULD YOU HAVE ANY SUGGESTIONS OR COMMENTS WITH REGARDS TO TURTON CHC, PLEASE FORWARD ALL COMMENTS TO THE FOLLOWING DETAILS:**

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**Turton CHC, “We have a good story to tell”**