



TURT NEWS

VOLUME 1, ISSUE 1

JULY – DECEMBER 2012

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WELCOME TO TURTON CHC



ABOUT TURTON CHC:

TURTON COMMUNITY HEALTH CENTRE IS A NEW 24HR FACILITY UNDER UGU HEALTH DISTRICT SITUATED IN UMZUMBE MUNICIPALITY WARD 19, SERVING A CATCHMENT POPULATION OF 47,992 AND ALSO SUPPORTING 8 OTHER CLINICS AND TWO MOBILE CLINICS INCLUDING ONE SCHOOL HEALTH TEAM. IT HAS REPLACED THE OLD NYANGWINI WHICH WAS CATERING FOR AN AVERAGE NUMBER OF 7,845 PATIENTS PER MONTH AND DUE TO CHANGES IN DISEASE PROFILE, IT COULD NOT MEET THE SERVICE DELIVERY DEMANDS AND THE FACILITY WAS TOO SMALL THAT IS WHY THE DEPARTMENT OF HEALTH SAW A NEED TO OPEN A CHC. TURTON CHC IS A MODERN FACILITY THAT SEEKS TO IMPROVE THE QUALITY OF LIFE FOR THE PEOPLE OF UMZUMBE.





C.E.O—MRS N.C MKHIZE

It gives me pleasure to share with you our first Newsletter. As a new Community Health Centre in Ugu District, we spent a lot of time putting systems and processes in place in order to ensure alignment to the vision, mission, core values and strategic priorities of the department.

The Negotiated Service Delivery Agreement for Outcome 2 ie. A long and Healthy life for all South Africans, 10 Point Plan and Millenium Development goals served as basic framework for the development of institutional Strategic / Operational Plans 2012/2013

Specific focus was put on the 4 output areas:

- Increasing Life Expectancy
- Decreasing Maternal and Child Mortality
- Combating HIV & AIDS and decreasing the burden of disease from TB
- Strengthening Health Systems Effectiveness

The Committed Management Team and Staff within the facility has worked tirelessly to ensure that key strategies and activities to achieve the 4 outputs are developed and implemented. This is highly commended.

We also want to thank Management Teams from District Office and other hospitals within Ugu District for the support they offered during the commissioning of Turton CHC.

“UNITED WE
STAND ...DIVIDED
WE FALL”

TURTON COMMUNITY HEALTH CENTRE



MEET THE EXCO MEMBERS



FINANCE MANAGER—MISS N. BAAI



MEDICAL MANAGER—DR N BUSO



SYSTEMS MANAGER MR. K.N NGCOBO



NURSING MANAGER—MRS N.O GWEXE



HUMAN RESOURCE MANAGER—MR S.T VILAKAZI

OPENING TIMES/IZIKHATHI ZOKUSEBENZA

24 HR SERVICE/UBUSUKU NEMINI

**CASUALTY & TRAUMA CARE
KILE**

IZIMO EZIPHUTHUMAYO NABAHLUKUMEZE-

MATERNITY SERVICES

ABA KHULELWE NABA BELETHAYO

WAITING MOTHERS LODGE

ABALINDELE UKUBELETHA

X-RAY SERVICES

EZITHOMBENI

07:30 : 16:00

CHILD HEALTH

UKUNAKEKELWA KWEZINGANE

MOPD

ABAGULAYO NEZIFO EZINGATHATHELANI

TB CARE

UKWELASHWA KWESIFO SOFUBA

HIV/AIDS CARE

UKUNAKEKELWA KWESANDULELA

NGCULAZA NENGCULAZA

PHYSIOTHERAPY

UKWELULWA KWAMATHAMBO

OCCUPATIONAL THERAPY

INDAWO YOKUKHUTHAZA NOKU

LUNGISELELWA

DIETETICS

UKWELULEKWA NGOKONDLEKA KOMZIMBA

SOCIAL SERVICES

EZENHLALAKAHLE

DENTAL CLINIC

EMAZINYWENI

WOMEN HEALTH

UKUNAKEKELWA KWABANTU BESIFAZANE

YOUTH FRIENDLY SERVICES

EZABASHA

OUTREACH SERVICES

UHLELO LOKUFINYELELA EMPHAKATHINI

MALE MEDICAL CIRCUMCISION

UKUSOKWA KWABESILISA

EYE CLINIC

UMTHOLAMPILO WAMEHLO

PHARMACY

IKHEMISI

MORTUARY SERVICES

EMAKHAZENI

ORAL HYGIENE

Oral Hygiene

Oral Hygiene is a part of dentistry that deals with the prevention and treatment of oral diseases and other related areas. It focuses more on empowering and educating the public on how to take care of their mouth on a daily basis and how to detect any abnormalities in order for them to seek help.

As we all know, the mouth is the portal entry for any type of food that is consumed, therefore if the mouth is not well taken care of, the rest of the body will also suffer. So here at Turton Community Health Centre we want to make sure that the public know exactly how to take care of their mouth and oral hygiene instructions are given to each and every patient after treatment.

The type of oral hygiene services available at Turton are:-

- Scaling and polishing (done on appointment basis)
- Consultations
- Oral Hygiene education
- Treatment of dry sockets
- Fissure sealants (will start in 2013)

Atraumatic Restorative Treatment - ART (temporal filling)

We urge each and every patient to brush their teeth twice a day, floss their teeth, use mouthwash and report to the clinic at least every six months for a checkup or when necessary .

While the dental team is a friend of you and your teeth, plaque is the enemy. Let's fight bad breath together!!

Wandisa Ndindwa (Turton CHC Oral Hygienist)

TURTON CHC– SYSTEMS COMPONENT

The Struggle Continues

“You are either alive and proud or you are dead, and when you are dead you can’t care anyway”. **The Quest for True Humanity.** These were the words of the Black Consciousness Movement founder and anti-apartheid activist, Steven Bantu Biko.

Despite my inborn willpower to contribute in the struggle for emancipation of our people from mental slavery, contributing to individual self-awareness and societal change for the better, being in the systems management component in the Department of Health, sitting in various PFMA related committees, seeing the government efforts and large amounts of funds pumped in various spheres of government aimed at improving lives of our people has also enlightened me tremendously on what being a public servant should mean to all of us.

Having a Duty to The Public

Since the Systems Component is made up of about over twelve (12) sections and four (4) of which are the face and first impression for our clients (patients), I have learnt that our institution need be more than just a Healthcare facility but a Home of Hope.

I have learnt that a public servant will not be judged by the size of the house one lives in, but the number of households that now can sustain themselves through your positive contribution.

Not by the level of higher education one has, but by the number of night schools one helped establish.

Not by how healthy you are among sickly lazy brothers and sisters around you, but by how much effort you’ve put in in promoting healthy life style around you.

Not by the number of bars on your epaulette, but the number of those benefited from your health education in your church, sports team and friends.

Not by how colourful your menu is at home, but how many vegetable gardens you’ve help establish in your area.

Not by the make and model of the car you drive, but the make and model of the cars they drive having been empowered by yourself.

How much fruitful information you have made available to them so as to change their lives for the better?

The Quest for True Humanity.

Are we doing justice to the public service, the Almighty God and ourselves? Some other sins are written in fine prints.

By Mr K.N. Ngcobo

Systems Manager

(Turton CHC)

EDITORS CORNER



I would like to greet you all. My name is Siyanda Mbatha Public Relations Officer for Turton CHC. It brings me great pleasure to finally bring you the first issue of Turton CHC Newsletter. I would like to thank each and everyone who contributed to this first publication of Turt News. It has been a long journey, the Public Relations Office has worked tirelessly on maximizing compliments and minimizing complaints. It's an honour to announce that we receive more-compliments compared to complaints each and every month and I like to thank the management team and all the HOD's for playing a major role in making this possible. I am positive that in 2013 we will continue to work as hard as possible as public servants in the name of service delivery. "Batho Pele"

INDLELA YOKUFAKA ISIKHALAZO / UMBONO

Noma ngubani angasifaka isikhalazo / umbono noma ngabe yini ephathelene nokwelashwa okusesigabeni sokuqala

UKUBIKA ISIKHALAZO

THINTANA NALABA ABALANDELAYO:

1. Umphathi we ward
2. Uma ungagculiseki faka isikhalazo / umbono wakho emabhokisini okukhalaza
3. Umxhumanisi wesikhungo kanye nomphakathi
4. Umphathi wesikhungo

IMINININGWANE YOKUXHUMANA

Inombolo yocingo: 039 972 6054

Inombolo yesikhahlamezi: 039 972 6098

IKHELI LOKUPOSA: P/Bag X07

Hibberdene 4220

IKHELI LENDAWO ESITHOLAKALA KUYO: Ward 19, Mnamfu Area, Turton

MTHWALUME 4186

SIPHE LEMINININGWANE EGCWELE MAYELANA NESIKHALAZO SAKHO

IGAMA NESIBONGO

IKHELI

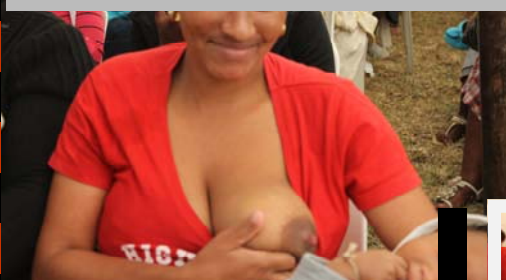
INOMBOLO YOCINGO

UHLOBO LWESIGAMEKO

IMIPHUMELA OYILINDELE

PMTCT CAMPAIGN

THE UMZUMBE LOCAL MUNICIPALITY ORGANISED A CAMPAIGN ON PREVENTION OF HIV TRANSMISSION FROM MOTHER TO CHILD; WHICH WAS HOSTED AT THE CHC SO AS TO REACH AS MANY PREGNANT WOMEN AS POSSIBLE. THE PMTCT CAMPAIGN IS A NATIONAL HIV/AIDS STRATEGY TO REDUCE THE INCIDENCE OF HIV INFECTION IN BABIES AND IMPROVE CARE OF THE INFECTED CHILDREN, TO IMPROVE THEIR QUALITY OF LIFE AS WELL AS TO ASSIST IN IMPROVING LIFE EXPECTANCY. THE MAYOR COUNSELLOR THEM BINKOSI GUMEDE WHO WAS THE KEY SPEAKER AT THE EVENT GAVE A HUMOROUS TALK THAT KEPT PEOPLE ATTENTIVE YET SMILING AS SEEN ON THE FACE OF THE CEO MRS N.C MKHIZE. IN HIS ADDRESS THE MAYOR, URGED MOTHERS TO PRESENT EARLY TO THE CLINIC FOR ANTE NATAL CARE . HE ALSO ENCOURAGED FATHERS TO SUPPORT THEIR PARTNERS. HE EMPHASISED THE ISSUE OF TEENAGE PREGNANCIES AND THE NEED TO SUPPORT THE SUGAR DADDY CAMPAIGN. HE ALSO PRAISED THE DEPARTMENT OF HEALTH AND ITS EMPLOYEES FOR MAKING HIV/AIDS CARE AND TREATMENT A PRIORITY PROGRAMME. HE URGED THE COMMUNITY HEALTH CARE MANAGERS TO ENSURE ALWAYS THAT THERE WAS NO SHORTAGE OF ARV'S IN THE CHC SO AS TO SAVE THE LIVES OF THE UNBORN BABIES. THE EVENT WAS WELL SUPPORTED BY UGU DISTRICT MUNICIPALITY REPRESENTED BY MRS MABUYI MNGUNI WHO IS THE SPECIAL PROGRAMMES MANAGER., THE DEPUTY MAYOR (CONCELLOR MWESHE AND THE SPEAKER (CONCELLOR SIZWE NGCOBO) OF UMZUMBE MUNICIPALITY . OTHER EXCO CONCELLORS WERE ALSO IN ATTENDANCE .



MMC CAMP

MMC CAMP



Ngomhlaka 30 March 2012 iTurton CHC yenza iMedical Male Circumcision yabafana abangu 190 eyaba impumelelo kakhulu. iTurton CHC ithanda ukudlulisa ukubonga kakhulu amathimba ahlukene abamba iqhaza njenge GJ Crookes Hospital, Port Shepstone Hospital, Murchison Hospital ne Gamalakhe CHC nabanye ababe yingxenye ye Medical Male Circumcision (ukusokwa) ngoba yayi ngeke iphumelele ngaphandle kwabo. Sonke siyazi ukuthi isifo sengculaza sidlange kakhulu KwaZulu Natal yingakho iTurton CHC yathatha isinyathelo sokulwa nalenkinga ngokwenza iMedical Male Circumcision. Bonke abafana abenza le circumcision badonswa ngendlebe beyalwa ukuthi njengoba sebeyenzile akusho neze ukuthi akumele basebenzise ama condom kodwa kumele bawasebenzise njalo uma beya ocansini ngoba akusho ukuthi uma sebenze icircumcision ngeke basatheleleka ngezifo ezithathelana ngocansi.



UNWELE OLUDE TATA UMADIBA

Turton CHC also contributed to the 67 Minutes of Madiba Magic. The staff of Turton CHC played a major role in making this day a success by buying food and drinks for patients on the day. It did not end there as the Dental team led by Dr N Buso invited 23 kids from Sacred Hearts Children's Home for restorations, fissure sealant, extractions, screening, fluoride treatment and tooth brushing programme. Love life team led by Mr Khulani Chiliza also did their part by cleaning Nyangwini Clinic inside and out.



NEW WHEELS FOR PEOPLE LIVING WITH DISABILITIES

Smiles were all over the faces of 10 physically challenged patients of ward 19 in UMthwalume area when they were given brand new wheelchairs by Turton Community Health Centre . The project was initiated by Operation Sukuma Sakhe and war room members of ward 19 and Turton CHC was happy to give a helping hand. These patients were assessed by occupational therapists and physiotherapist of Port Shepstone and GJ Crookes. Dr N Buso from Turton CHC and Mrs. N.Madikizela who is the chairperson for ward 19 war room representing Turton CHC both played a major role in making this project a success. The patients were also taught how to operate these wheelchairs. Turton CHC would like to thank all the people that were involved in making this project a huge success including the local councilor Mr. A.E Zindela, war room members and Community Care Givers (CCG,s) etc.



PHOTO GALLERY / IXOXWA NGEZITHOMBE



EZEMIDLALO, ZIXOXWA NGEZITHOMBE



Izintokazi ze Netball zase Turton CHC zathathwa zidlala nezingane zase Luthuli High School khona ngaphakathi esikhungweni sase Turton CHC. Zahamba zingayifisi indaba izingane Zase Luthuli High School u-Sister Khalala neqembu lakhe bezifundisa ukudlala iNetball



Bagila izimanga abadlali bebhola base Turton CHC emidlalweni eyayise uGu Sports and Leisure eGamalakhe lapho ebanqoba khona lomqhudelwano obizwa nge uGu Health Departmental Games

SITHI HALALA BAFANA I TURTON CHC IYAZIQHENYA NGANI!



Iqembu labesifazane le Netball lase Turton CHC nalo laziwinela izindodo kwi District Tournament eyayise Harding.

SIYANI HALALISELA ZINTOKAZI!



Iqembu lebhola lezinyawo lase Turton CHC lapha lathathwa ngaphambi komdlalo walo Egamalakhe.



health

Department:
Health

PROVINCE OF KWAZULU-NATAL

SHOULD YOU HAVE ANY SUGGESTIONS OR COMMENTS WITH REGARDS TO OUR NEWSLETTER PLEASE FORWARD ALL COMMENTS TO THE FOLLOWING DETAILS:

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