



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

DEPARTMENT OF HEALTH KZN

TURT NEWS

ISSUE 2

JAN- JUNE 2013

Inside this issue:

Photo gallery	1
Mothers lodge	2
Turton CHC social work	3
Cancer awareness day	4
Cancer awareness day	5
Employee wellness healthy Lifestyle programme launch	6
New appointees	7
Izimemezelo	8
Editors corner	10



TURTON CHC STAFF MEMBERS PROMOTING LONG AND HEALTHY LIFE!!



MRS FICA ADDRESSING THE COMMUNITY DURING CANCER AWARENESS DAY



TUG OF WAR "ZINDALA ZOMBILI"



TURTON CHC STAFF SAYING "NO TO CANCER"



MOTHER'S LODGE

Turton CHC Mothers lodge started operating since the beginning of June 2013. It is one of CARMA'S strategies for health institutions to have mothers lodge in their respective facilities. So far we have four patients that have utilised the services of our mothers lodge and we are still encouraging the community to take full advantage of it. The whole objective is to avoid home deliveries where there is no suitable equipment for mothers to deliver their babies and to encourage our mothers to deliver in a safe and therapeutic environment, also to have a healthy mother and baby after delivery thus reducing maternal and child mortality. Mothers lodge department will also help those patients with transport challenges who are staying far from the CHC.



From the left: Mrs Qwagi (OM Maternity) Mrs L.N Madikizela (ANM-MCWH) Zinhle Xaba (PATIENT) and DR S. Govender



Mrs Qwagi and Mrs Madikizela embracing happiness with their patient Miss Zinhle Xaba



TURTON CHC SOCIAL WORKER
MRS N. NJILO

**WHAT IS THE PURPOSE OF THE
 SOCIAL WORK DEPARTMENT @
 TURTON CHC?**

The vision of our Dept. at Turton CHC is to render a holistic service to our patients. **We are part of the multidisciplinary team to provide a holistic care to our patients.** Our aim is to provide comprehensive quality care, support, Protection and development in vulnerable individuals, groups, families and community through relevant programs.

HOW DOES THIS PROGRAM WORK IN HEALTH CARE CENTRE?

Our patients are our priority and their health. Patients they can take medication but if there is an unresolved problem or issues, patients may end up affected psychologically. Social problem may also be the cause for the patient to be sick and get weaker and weaker. Social Work dept. therefore serves as a preventative merger and a support system to our patients and their families. We work together with health care workers to assist patients holistically. This shows that our dept. is committed in building a caring society.

HOW DO WE OPERATE?

Our operating hours are from 7:30 to 16:00 from Monday to Friday
 10:00 to 10:15 Tea time
 13:00 to 13:30 Lunch time

On Wednesdays and Thursdays we are not at Turton CHC but we are at the clinics as part of our community out reach

We are closed on public holidays and weekends

WHO CAN USE OUR SERVICES?

Our institution is nearby Umzumbe Social Development. We are servicing the same community that they serve. In order to identify our clients. We only attend the patients that have been seen by the health care worker and have the referral form. Our Doctors and professional nurses, they used prescribed referral slip to refer patients. Patients should bring the clinic chart together with the referral slip to the Social Worker. Those patients attending clinics, they are also referred by their Sister in charge. We also accept referrals from the Community Care Givers (CCG's). We do not accept self-referral for now due to staff shortage.

COMPILED BY: MRS N. NJILO
SOCIAL WORKER

CANCER AWARENESS CAMPAIGN

Ngomhlaka 4 February 2013 ITurton Community Health Centre yagubha I world cancer day ixwayisa umphakathi ngobungozi obungadalwa umdlavuzwa we cancer. Sabona kuyisu elihle ukuthi senze lesi sixwayiso mayelana nobungozi be cancer ekuseni ezindaweni zokulindela umphakathi ngoba siyaziukuthi ilapho esizobathola khona ngobuningi babo. Umphakathi nabasebenzi bathola izikibha ezixwayisa nge cancer ngalolu suku. Ukuphoxa kwesimo sezulu esasingesihle kahle kwaphoqelekukuthi uhambo olalu hleliwe lokuxwayisa ngalesisifo luphelele esangweni lungafiki eMtwalume rank njengoba kwakuhleliwe. Umphakathi waluthokozela lolu suku ngoba babe xhumana nathi ngendlela eyisimanga bekhombisa ukufuna ukwazi kabanzi ngalesi sifo. Umyalezo owawugqamiswa kakhulu ngalolu suku ukuthi I cancer ayihlaseli abantu besimame kuphela kodwa nabesilisa ngokunjalo, bakugqamisa ukuthi umuntu wesimame kumele azithinte emabeleni akhe ukuzwa ukuthi akukho yin okunga jwayelekile nowesilisa azithinte indawo yakhe yangasese. ITurton CHC yaphinde yahlola umphakathi I cancer ngalolu suku nabasebenzi ngokunjalo. Sithanda ukubonga laba abalandelayo ukuze lolusuku lube yimpumelelo, Miss Mpume Ngcobo (Cansa) Dr N Buso (Medical Manager) Ms Bongzi Zondi (X Ray ultra sound) siphinde sibonge nabaxhasi bosuku Dr A.K Valle, CANSA no Bonitas.



**Turton
CHC
workers & the
community
caring cancer
awareness post-
ers and wear-
ing cancer
awareness T-
shirts**

CANCER AWARENESS CAMPAIGN

5



Short walk Led by Miss Mpume Ngcobo from CANSA and Dr N Buso all in the name of cancer awareness



Miss Bongzi Zondi giving the community cancer awareness pink ribbons and T-shirts



Turton CHC C.E.O Mrs N.C Mkhize shared a few words with the community also thanking them for their participation

TURTON COMMUNITY HEALTH CENTRE

EMPLOYEE WELLNESS & HEALTHY LIFESTYLE PROGRAMME LAUNCH

MEC the Honorable Dr. S.M Dhlomo urged all Department of Health Employees to take part in physical activities for at least 30 minutes a day to promote fitness and healthy lifestyle. Late last year, the employee wellness & healthy lifestyle programme launch took place at district level where employees under the district participated in different activities and all C.E.O's under UGu district made a pledge to support this wellness programme.

On 2 April 2013, Turton CHC had its own institutional employee wellness programme launch where all employees participated in different activities like occupational health services conducted by Mr. T. Gumede (OHN) by doing Medical Observations where he observed weight, height, BMI, blood pressure, random blood sugar and interpretation of results to all clients. They also participated in activities like aerobics, tug of war, fun walk etc. This employee wellness programme launch was organized by Turton CHC wellness & healthy lifestyle committee members. The committee would like to thank each and every employee who participated on the day, special thanks goes to Mrs. N.C Mkhize (C.E.O) who led by example participating in all activities. The committee members would also like to thank the Traffic and RTI for controlling traffic and ensuring safety while we were doing our fun walk and love life team for being our guest members. We also like to thank the following service providers & sponsors:

- S. Khumalo— OLD MUTUAL**
- Mbatha— SANLAM**
- S Ntsetha—AFRICAN BANK**



MEET TURTON CHC WELLNESS COMMITTEE MEMBERS. *PLEASE NOTE* SOME OF THE MEMBERS ARE NOT AVAILABLE IN THIS PICTURE.



Bonga from superbodies showing Turton CHC staff how it's done



Turton CHC fun walk participants getting ready to rock n roll



FUN WALK TOP 7 . MR DLAMINI WHO IS CARRYING A TROPHY , TOOK THE NUMBER ONE POSITION AFTER PARTICIPATING IN THE FUN WALK. CONGRATULATIONS TO ALL OF YOU!!!

NEW APPOINTEES JAN- MARCH 2013

INITIALS AND SURNAME	RANK
N.P DLAMINI	PN
N.E MNGADI	PN
L.Z MPISANE	PN
R.S GUMEDE	PN
P.F SHEZI	PN COM SERVE
DR L.N ZANQA	MEDICAL OFFICER
S RAMASIR	PHARMACIST COM SERVE
L SINGH	DENTIST COM SERVE
DR J.E MKHIZE	MEDICAL OFFICER
DR S GOVENDER	MEDICAL OFFICER
J.A HAYANGAH	PHARMACIST
N.Q BENGU	PN
N BAAI	FINANCE MANAGER
T.G DLAMINI	NUTRITION ADVISOR
. DR S.P KHUMALO	MEDICAL OFFICER
.N.W NGCOBO	(INTERN) ENROLLED NURSE
DR LANGENI	MEDICAL OFFICER
MNOWABE	NUTRITION ADVISOR
Z.P MADLALA	NUTRITION ADVISOR
N.M MNGADI	NUTRITION ADVISOR
P.P.N MKHIZE	NUTRITION ADVISOR
S.D MBHELE	NUTRITION ADVISOR
N.H MNGUNI	NUTRITION ADVISOR
NN MNEMBE	PHARMACIST ASSISTANT

IZIMEMEZELO

UDOKOTELE WAMEHLO UBAKHONA NJALO NGOLWESIBILI. SINXUSA UMPHAKATHI UKUTHI UHAMBE UYOBHALISA E –MOPD KHONA NGAPHAKATHI E TURTON CHC UKUZE UKWAZI UKUBONA UDOKOTELE NGOBA UBONA ABABHALISILE KUPHELA

EMAZINYWENI KUVULWA NJALO NGEMI SOMBULUKO KUYA KULESILANU, AKUGCINWA NGOKUTHI KUKHISHWE AMAZINYO KUPHELA KODWA SIPHINDE SIWASUSE UKUNCOLA SIPHINDE SIWAGCWALISE. UMA UZOKHIPHA AMAZINYO UFIKA NGO 8 EKUSENI KUYA KU 12 EMINI. UMA UZOGCWALISA OKANYE UZOSUSA UKUNCOLA UYABHALISA KUQALA UNIKWE USUKU OZOFIKA

Editors corner



MR S. MBATHA

PUBLIC RELATIONS OFFICER

I would like to thank every one who contributed to this second publication, also thank the management team for making Turton CHC what it is today. Turton CHC Public Relations department is always accessible to our clients during working hours from 7h30 –16h00 - Monday's to Friday's. The main objective of the public relations office is to ensure that Turton CHC provides excellent customer service and to promote the image of our institution by working together with our internal & external stakeholders.

All departments must not forget to submit their newsworthy articles to the public relations office



NEW PUBLIC RELATIONS IN-SERVICE TRAINEE!!

Hi Everyone my name Zibuyile Mnguni I live at Nyangwini in Mthwalume area I am excited to be part of Turton CHC family. I studied public relations management at DCC in Durban. I chose PR because I have passion to work with other people by assisting them with their needs. I'm looking forward to gain a lot of exposure and willing to learn as much as I can through the assistance of Mr S Mbatha

If you have any questions, complaints, suggestions or compliments regarding Turton Community Health Centre, please feel free to contact the Public Relations Officer : Mr S.Mbatha