



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MONTEBELLO HOSPITAL

MONTY NEWS

NEWS

INTERNAL NEWSLETTER

JULY–DECEMBER 2018



HOSPITAL STAFF AT THE CHILDREN'S HOME FOR MANDELA DAY

FEATURED ARTICLES:

- **MANDELA DAY**
- **KWANYUSWA CLINIC OPEN DAY**
- **WORLD BREASTFEEDING WEEK**
- **NATIONAL NUTRITION & OBESITY WEEK**
- **WOMEN'S DAY**
- **HERITAGE DAY**
- **SCHOOL HEALTH WEEK**

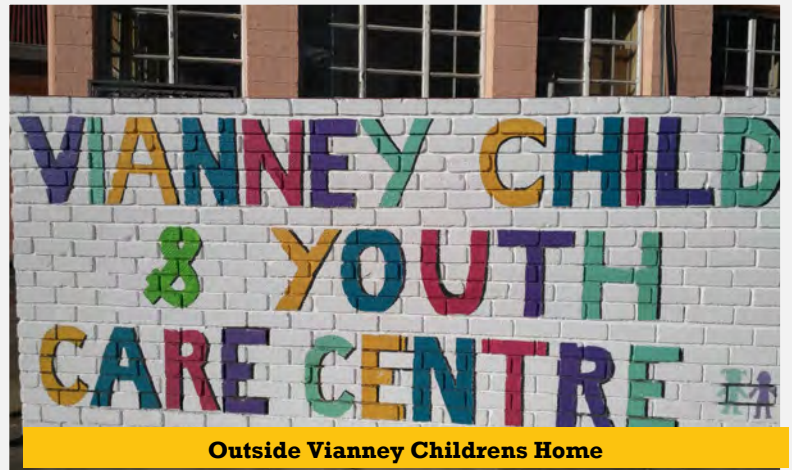


MONTEBELLO HOSPITAL CELEBRATES BREAST-FEEDING WEEK

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

MONTEBELLO HOSPITAL BRINGS SMILES TO THE CHILDREN AT VIANNEY

Nelson Mandela International Day was launched in recognition of Nelson Mandela's birthday on the 18th of July. No matter how small your action, Mandela Day is about changing the world for the better, just as Nelson Mandela did everyday. This year, Montebello Hospital took it upon themselves to visit Vianney Children's home, which is a home situated



Outside Vianney Childrens Home

ated not far from the hospital, with orphans from ages 3 - 18 years old. The children's faces were thrilled with delight as we had brought goodies for them, and clothing that was put together by the staff of Montebello Hospital. Mr Ngcobo who is the Systems Manager at Montebello Hospital, addressed the children and staff of the children's home on behalf of Montebello Hospital Management, and emphasized the importance of this day to the children at the home. The children were very knowledgeable of this day, as they were quick to answer to Mr Ngcobo's questions about Mr Mandela, and Mandela Day. The day was sealed with singing and laughter from the children as a way of showing their appreciation for the visit by the Hospital staff.



CHILDREN OF VIANNEY CHILD & YOUTH CARE CENTRE



MONTY HOSPITAL DIETICIANS HLENGIWE SOKHELA & STEPH ROULLAND ASSISTING WITH THE GOODIES.



THE CHILDREN AS THEY SING FOR THE MONTEBELLO STAFF & THE STAFF ASSISTING EACH OTHER IN SERVING THE CHILDREN



MANDELA DAY IN PICTURES



Ms Nontobeko Thusi (Social Worker)
Vianney Children's home



Mr Ngcobo (Systems Manager)
Montebello Hospital



Ms Mthembu (PRO)
Montebello Hospital



The staff and children singing and dancing with delight



KWANYUSWA CLINIC HOSTS AN OPEN DAY



COMMUNITY OF KWANYUSWA ATTENDING THE OPEN DAY



KWANYUSWA STAFF ENTERTAINING THE CROWD

On the 13th July 2018 Kwanyuswa Clinic hosted an Open Day for the community of Kwanyuswa. On this day the clinic was marketing their services and its operations to the community. This event gave the community a chance to be more informed of the services of the clinic and also ask questions and get clarity on how the clinic works. The day was full of activities as the clinic staff took turns on addressing the community about their services. The Community Care givers also introduced themselves to the community and got a chance to also let the community know on the work they do in the community. The Acting CEO Mr Ndaba thanked the staff of Kwanyuswa Clinic for planning this day, and also the community for taking their time to come listen and get more information on their clinic.

The day commenced with sports activities that were arranged for the youth of Kwanyuswa which were netball and soccer, which ended up being a fun day for all.



THE GUESTS FOR THE DAY



THE CCG'S ADDRESSING THE COMMU-

WORLD BREASTFEEDING WEEK

The World Breastfeeding Week is celebrated on 1-7 August every year to encourage breastfeeding and improve the health of babies around the world. It commemorates the Innocenti Declaration in August 1990 to protect, promote and support breastfeeding. This year Montebello Hospital celebrated Breastfeeding week on the 17th August 2018. this day was planned by the Dietetics team to promote Breastfeeding to mothers in and around

Montebello area. The event had different speakers who were all talking about the importance of Breastfeeding. One of the speakers Sr Ngcobo who works with mother's and children at Gateway Clinic, talked about the natural God given milk, which is the breastmilk, and explained that the milk of the breast is always at the right temperature for the baby, it is at the right storage, and no germs can have access to the milk. Sr Ngcobo explained the correct way to hold the breast when breastfeeding which is the "C" shape and not the "V" shape. Sr Gwamanda who works at Maternity also explained on the importance of healthy eating when you are a breastfeeding mom. The day was full of activities for mother's who had attended the event and some goodies for the little ones.



Information table at the Breastfeeding event



Registration desk of mother & child



Mrs C.G Ndlangamandla (Chief Dietitian) doing the welcoming



The mothers and staff as they enjoy the event



BREASTFEEDING DAY GALLERY



Our Dietitians (Hleh & Steph) singing along
With the mother's



The mother's attending the event



MC: N.C Dlamini



speakers: Sr T. Ndamane



Sr Gwamanda



Sr N.I Ngcobo



EN L.O Ndlovu



EN N.



Sr S.G Ndlovu



Sr N. Gumede & H.
Sokhela Dietitian at the
registration desk

NATIONAL NUTRITION & OBESITY WEEK



Proud staff members who participated in the Nutrition & Obesity programme

For the first time a broad coalition of health partners including leading Non - Profit organisations, Health professional Associations as well as the National and Provincial Departments of Health, have aligned National Nutrition week (9 - 15 October 2018) with National Obesity week (15 - 19 October 2018) to promote a shared and very important message that “eating breakfast is the best way to start your day”. With the theme “Breakfast is the best way to start your day”, on the 11th Of October 2018, the Dietetics Department put together staff members to educate them about the importance of healthy eating and drinking. The day started off with exercises and from there the staff was teamed into groups for different activities which involved eating healthy and the importance of eating breakfast, as well as the type of breakfast one should eat. All the staff that attended the programme were awarded with medals to thank them for taking their time to be part of this educational programme.



NATIONAL NUTRITION & OBESITY WEEK GALLERY



The staff grouped into teams for their activities



The staff warming up with exercises

MONTEBELLO HOSPITAL WOMEN'S DAY



Montebello ladies who attended the event

On the 9th of September 2018 was a very special day for the female staff of Montebello Hospital, as it was a day where they celebrate womanhood. The theme for the day was “Doek on fleek” as it is known in most cultures that a head wrap symbolizes womanhood. The women of Montebello hospital showed up in their beautiful coloured headwraps as they were ready to celebrate this day. The day started with a march around the hospital, singing songs that embrace women, and from there they moved to the main venue where the programme of the day started. Different speakers took turns on topics that speak highly of woman, Khethiwe Luthuli read a beautiful poem with the name “What is a woman” who was also a very active Programme Director for the day. The day ended off beautifully as the ladies were taking turns to the dance floor .

MONTEBELLO HOSPITAL WOMEN'S DAY GALLERY



HERITAGE DAY 2018 GALLERY

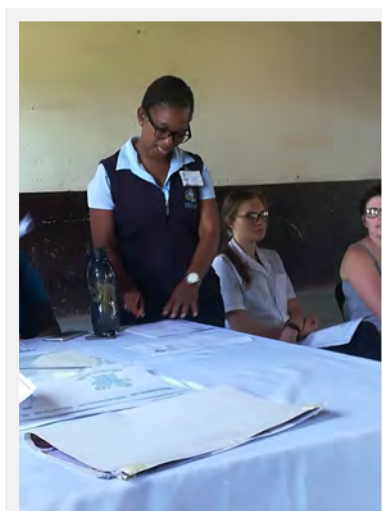


SCHOOL HEALTH WEEK

On the 15 - 19 October was School Health Week, and in honoring the week, Montebello Hospital School health teams had a schedule for visiting schools that were identified by the team. The first of the School health week the School Health team together with the Clinical team visited Ozwathini Primary School to give health education. The Clinical team involved Physiotherapists, Dentists, Pharmacists, Dieticians, Audiologists, Occupational therapists and IPC (Infection, Prevention and Control) Coordinator. The teams took turns in giving talks to the children and the importance of taking care of themselves. After the health talk session the children moved to a class where the team from Montebello Hospital did checkups, from checking heights to checking their teeth if they are being taken care of and growing as according to their age. The team did thorough check ups of the children and identified those who will need referral to the hospital. There after they were visited into the classrooms to have a brief session on what had they learnt from the talks that were given on that day. The team also brought along some goodies for the children who answered correctly to every question they were asked.



The pupils of Ozwathinini Primary School as they open with a prayer song



The School Health Team : Right: Sr Z. Shezi

Middle: Sr H.N Gcumisa

Left: Ms S. Ngcobo

SCHOOL HEALTH WEEK



The Clinical team waiting their turns for presentation.



The pupils listening attentively to the speakers



Dietician S. Roullard



PRO S. Mthembu



Pharmacist N. Mbatha

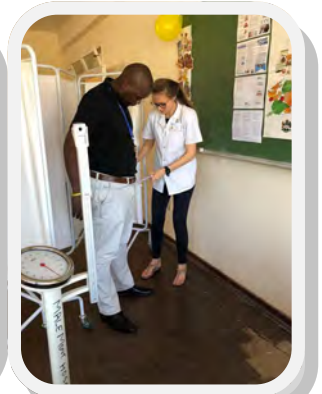


The pupils as they were doing their checkups

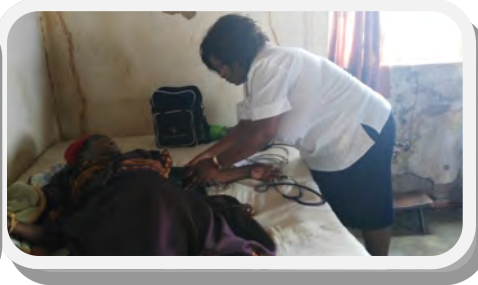


Sr P.K Chamane teaching hand wash

GALLERY



NUTRITIONAL WEEK

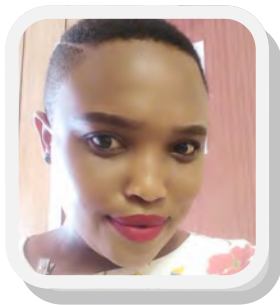


MEC'S DOOR TO DOOR CAMPAIGN



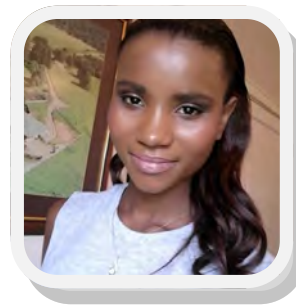
BOXER STORES BRINGS MANDELA DAY CAKE FOR THE KIDS AT GATEWAY CLINIC

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