



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

MONTEBELLO HOSPITAL

JULY – OCTOBER 2019

MONTY NEWS

Staff hit the streets of Montebello to promote breastfeeding

There was thrilling excitement as the women staff of Montebello Hospital took the streets of surrounding areas to promote the importance of Breastfeeding. This hype came about in celebrating World Breastfeeding week, which is an annual promotional activity that takes place on the 1 - 7 August in order to send out the message that “Breast is Best”.

The Breastfeeding week was a two day combined event, where the Dietetics department held a formal event on the 1st of August which was followed by a fun walk on the 2nd of August.

The theme this year was “Empower parents, Enable Breastfeeding. This theme gave platform to numerous speakers from the different departments within the hospital to share information to the mothers on breastfeeding.

The topics varied, as they went up to the different contraceptive methods that a mother can use after birth. “The IUD is the safest and long - acting reversible Birth control” as Matron Ngceza was sharing this information to the mothers, and further mentioned that IUD birth control assists in proper family planning. Day two saw the women of Montebello Hospital walking the streets and sending



MONTEBELLO STAFF GETTING READY FOR THE BREASTFEEDING FUN WALK



BREASTFEEDING WEEK EVENT GALLERY



WABA | WORLD BREASTFEEDING WEEK 2019



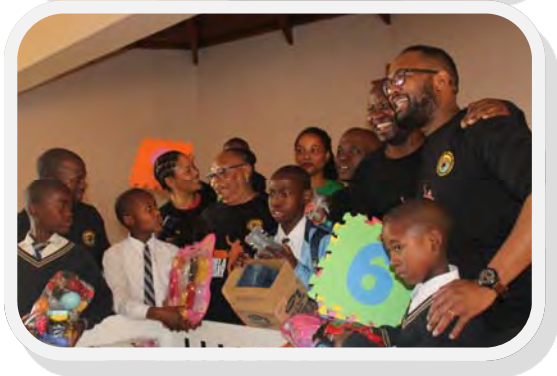
TAKE ACTION, INSPIRE CHANGE, MAKE EVERYDAY A MANDELA DAY

It was a joyous gathering at the Vianney Child and Youth Care Centre as the Ndwedwe Local Task Team (LTT) graced its presence for commemorating Mandela Day. The LTT which is formed of different government structures and led by the Ndwedwe local municipality were all present to make change and give smiles to the children situated at the Centre.

The children and assistants at the Centre were overwhelmed with joy as they received blankets to keep warm and toys to keep the little ones busy. Montebello Hospital did not only form part of the LTT but also gave health services during the course of the day.

All the stakeholders got their hands dirty since the day was planned out with painting the walls, trimming of the center's grass and planting of trees. The Mayor Cllr N.V CHILI thanked the management of the home for giving the LTT a chance to do their bit for 67 minutes of Mandela Day, since the greater job of the LTT is playing a big role in Social Cohesion and bringing change to the less fortunate.

The day ended with lots of fun and laughter as the Ndwedwe Municipality had provided some treats



UCL COMES BEARING GIFTS AT PAEDS WARDS FOR MANDELA DAY



Injabulo emphakathini wakwa Nyuswa ngosuku oluvulelekile (OPEN DAY)



Umpathi weklinikhi uSr M.B Manyathi

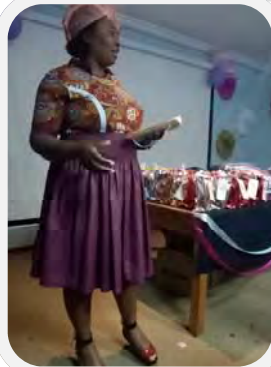
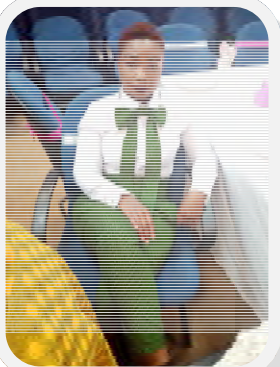
Kwaba usuku olunentokozo emphakathini waseNkumba Nyuswa mhla umtholampilo wabo iNyuswa Clinic ibamemile ukuzothokoza kanye nabo osukwini labo oluvulelekile kanye nokubungaza iviki lokuncelisa ibele. Lolusuku usuku olusuke lwenzelwe umphakathi ukuba bezozwa ngezinsiza kusebenza zaleli klinikhi kanye nokuthi lisebenza kanjani. Kuyilapho ke abasebenzi baleli klinikhi babededelana inkundla ukuchaza ngokwehlukahlukana kosizo olutholakala kuleli klinikhi. Okubalwa lapha izifo eziyimbelesela, abagula ngezifo ezahlukenene kanye nabakhulelwe nezingane (umama nomntwana).

Lwaqhubeka uhlelo sekungenwa esgabeni somncintiswano wezingane ezisukela kwezizelwe kuya eminyakeni emibili. Lomncintiswano wawubheka izingane ezikhula kahle kanye nezigoma ngesikhathi nangendlela efanele.

Unkskz Ndlangamandla ongusomsoco wesibhedlela iMontebello kanye nama klinikhi wayese thatha inkudla ngokukhuluma kabanzi ngokunceliswa komntwana ibele, kuyilapho ke achaza kabanzi ukuthi ibele linikiza umntwana umsoco ofanele, kanti futhi alitholwa amagcikwane ngoba lihlezi livalelekile futhi lisesimeni lokuba ntukuntuku, okusho ukuthi luhlezi lilindele ukuthi ingane incele noma ingasiphi iskathi. Izihambeli zalomcimbi zabe sezinikwa ithuba lokubuza ngoklinikhi okwakuyiyona nhloso yalomcimbi.



MONTY WOMEN'S DAY GALLERY



HAPPENINGS AT MONTY



CLINIC COMMITTEE TRAININGS

On the 26th - 30th of August a training was held for all Clinic Committee members serving under Montebello Hospital Clinics, these trainings were conducted to support and empower them to achieve meaningful and optimum participation, and there by ensure quality of care in our facilities .



ORAL HEALTH WEEK

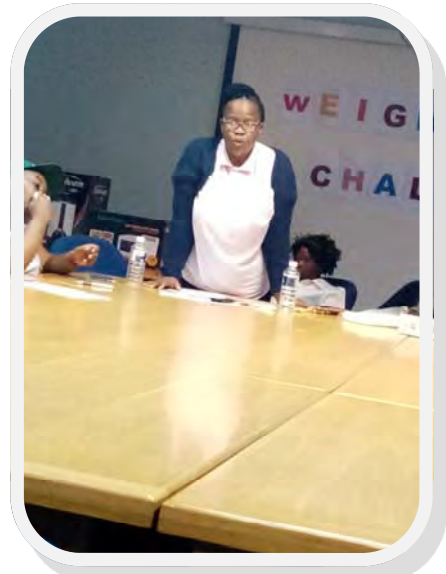
September is Oral Health month, and the Montebello dental team celebrated Oral Health week from the 16th - 20th September. The week comprised numerous activities such as staff and patient screening, oral talks both to in patients and out patients. The team also went around all the Monty clinics which are covering Chibini, Esidumbini and KwaNyuswa Clinic, which were glad to join in the festivities and patients managed to win themselves Oral care goodies, the week was a great success thanks to the participation of staff and patients.



WHO WILL BE THE BIGGEST LOSER ?

Montebello Hospital staff took on a weight loss challenge which was aimed at promoting a healthy lifestyle. This challenge took off on the 17th of July - 18th of October which was merely a challenge of three months full. On the first day the Ms Cele who is the EAP of the hospital and also the host of the competition explained what was expected of the participants and how the participants should watch their diet and get enough exercise in order to win the competition. The participants then proceeded to do vitals signs with the assistance of the Staff Clinic Nurse and recorded the weights in order to monitor progress. The staff dedicated themselves to this competition till the last day, where the participants gathered for morning exercises which were lead by the Ndwedwe Municipality Sports and Recreation department, and from there it was the big announcement of the two winners of the competition, of which the second runner up was Mrs PD Chamane (Pharmacy Assistant) who won

herself a earner and first prize winner was Bridget Radebe who won herself a microwave. All the participants also received some goody bags which also included reading material on healthy eating and exercise, which was also part of Nutrition week lead by the Dietetics Department.



Sr T.R Ndlovu (Staff Clinic Nurse) welcoming the staff

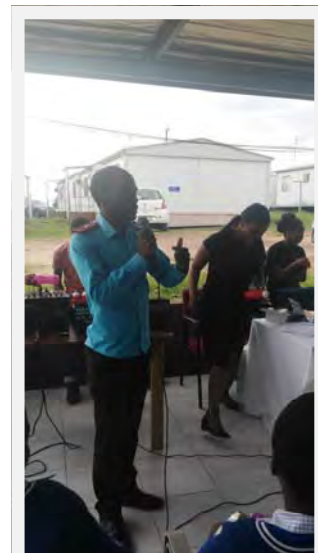


The winners of the weight loss challenge

GENDER BASED VIOLENCE AWARENESS



Gateway Clinic and Love Life hosted a Gender Based violence Awareness for the youth of Montebello. This event targeted schools in surrounding areas to educate them on the burning issue that is affecting our country which is Gender Based violence. The speakers exchanged the platform as they addressed different issues that are affecting the youth, which also included sexual health education, different types of crimes that the youth get involved in and social problems that affect the youth.



Ezemidlalo !!!



MONTEBELLO HOSPITAL SOCCER TEAM AT THE ILEMBE DISTRICT TOURNAMENTS



MONTY DOING IT THE BATHO PELE WAY



Mrs Msomi (CEO) & Matron Mchunu (Nursing Manager) handing over the certificates to the Nurses



The OPD and MDR staff received written compliments from patients praising these Nurses on their great service and treatment in these units. The management with great honour and pleasure awarded the Nurses with certificates for a job well

ACKNOWLEDGEMENTS



Sinothando Mthembu
DESIGNER & WRITER
PUBLIC RELATIONS OFFICER



Mrs B.R Msomi
EDITOR
CHIEF EXECUTIVE OFFICER



Luyanda Sibisi
PHOTOGRAPHER
PUBLIC RELATIONS IN - SERVICE TRAINEE



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address: P102 MONTE-
BELLO RD, DALTON 3236

SWITCHBOARD:
033 - 506 7000

SWITCHBOARD FAX NUMBER:
033 - 506 0102

Postal Address: PRIVATE BAG
X506, DALTON 3236

Web Address:
www.kznhealth.gov.za