

MONTEBELLO HOSPIT&L

JULY-OCTOBER 2019

MONTY NEWS

Staff hit the streets of Montebello to promote breastfeeding

There was thrilling excitement as the women staff of Montebello Hospital took the streets of surrounding areas to promote the importance of Breastfeeding. This hype came about in celebrating World Breastfeeding week, which is an annual promotional activity that takes place on the 1 - 7 August in order to send out the message that "Breast is Best".

The Breastfeeding week was a two day combined event, where the Dietetics department held

a formal event on the 1st of August which was followed by a fun walk on the 2nd of August.

The theme this year was "Empower parents, Enable Breastfeeding. This theme gave platform to numerous speakers from the different departments within the hospital to share information to the mothers on breastfeeding.

The topics varied, as they went up to the different contraceptives methods that a mother can use after birth. "The IUD is the safest and long - acting reversible Birth control" as Matron Ngceza was sharing this information to the mothers, and further mentioned that IUD birth con-



MONTEBELLO STAFF GETTING READY FOR THE BREASTFEEDING FUN WALK

trol assists in proper family planning. Day two saw the women of Montebello Hospital walking the streets and sending







BREASTFEEDING WEEK EVENT GALLERY



























TAKE ACTION, INSPIRE CHANGE, MAKE EVERYDAY A MANDELA DAY



It was a joyous gathering at the Vianney
Child and Youth Care Centre as the Ndwedwe Local
Task Team (LTT) graced It's presence for commemorating Mandela Day. The LTT which is formed of
different government structures and lead by the
Ndwedwe local municipality were all present to
make change and give smiles to the children situated at the Centre.

The children and assistants at the Centre were over whelmed with joy as they received blankets to keep warm and toys to keep the little ones busy. Montebello Hospital did not only form part of the LTT but also gave health services during the course of the day.

All the stakeholders got their hands dirty since the day was planned out with painting the walls, trimming of the center's grass and planting of trees.

The Mayor Cllr N.V CHILI thanked the management of the home for giving the LTT a chance to do their bit for 67 minutes of Mandela Day, since the greater job of the LTT is playing a big role in Social Cohesion and bringing change to the less fortunate.

The day ended with lots of fun and laughter as the Ndwedwe Municipality had provided some treats

UCL COMES BEARING GIFTS AT PAEDS WARDS FOR MANDELA DAY







MONTY NEWS

DPEN DAY

Injabulo emphakathini wakwa Nyuswa ngosuku oluvulelekile (OPEN DAY)



Umphathi weklinikhi uSr M.B Manyathi

Waba usuku olunentokozo emphakathini waseNkumba Nyuswa mhla umtholampilo wabo iNyuswa Clinic ibamemile ukuzothokoza kanye nabo osukwini labo oluvulelekile kanye nokubungaza iviki lokuncelisa ibele. Lolusuku usuku olusuke lwenzelwe umphakathi ukuba bezozwa ngezinsiza kusebenza zaleli klinikhi kanye nokuthi lisebenza kanjani . Kuyilapho ke abasebenzi baleli klinikhi babededelana inkundla ukuchaza ngokwehlukahlukana kosizo olutholakala kuleli klinikhi. Okubalwa lapha izifo eziyimbelesela, abagula ngezifo ezahlukene kanye nabakhulelwe nezingane(umama nomntwana).

Lwaqhubeka uhlelo sekungenwa esgabeni somncintiswano wezingane ezisukela kwezizelwe kuya eminyakeni emibili. Lomncintiswano wawubheka izingane ezikhula kahle kanye nezigoma ngesikhathi nangendlela efanele.

Unkskz Ndlangamandla ongusomsoco wesibhedlela iMontebello kanye nama klinikhi wayese thatha inkudla ngoku-

khuluma kabanzi ngokunceliswa komntwana ibele, kuyilapho ke achaza kabanzi ukuthi ibele linikiza umntwana umsoco ofanele, kanti futhi alitholwa amagcikwane ngoba lihlezi livalelekile futhi lisesimeni lokuba ntukuntuku, okusho ukuthi luhlezi lilindele ukuthi ingane incele noma ingasiphi iskathi. Izihambeli zalomcimbi zabe sezinikwa ithuba lokubuza ngeklinikhi okwakuyiyona nhloso yalomcimbi.





MONTY WOMEN'S DAY GALLERY





























HAPPENINGS AT MONTY









CLINIC COMMITTEE TRAININGS

On the 26th - 30th of August a training was held for all Clinic Committee members serving under Montebello Hospital Clinics, these trainings were conducted to support and empower them to achieve meaningful and optimum participation, and there by ensure quality of care in our facilities.



ORAL HEALTH WEEK

September is Oral Health month, and the Montebello dental team celebrated Oral Health week from the 16th -20th September. The week comprised numerous activities such as staff and patient screening, oral talks both to in patients and out patients. The team also went around all the Monty clinics which are covering Chibini, Esidumbini and KwaNyuswa Clinic, which were glad to join in the festivities and patients managed to win themselves Oral care goodies, the week was a great success thanks to the participation of staff and patients.



WHO WILL BE THE BIGGEST LOSER?

Montebello Hospital staff took on a weight loss challenge which was aimed at promoting a healthy lifestyle. This challenge took of on the 17th 0f July - 18th of October which was merely a challenge of three months full. On the first day the which was also part of Nutrition Ms Cele who is the EAP of the hospital and also the host of the competition explained what was expected of the participants and how the participants should watch their diet and get enough exercise in order to win the competition. The participants then proceeded to do vitals signs with the assistance of the Staff Clinic Nurse and recorded the weights in order to monitor progress. The staff dedicated themselves to this competition till the last day, where the participants gathered for morning exercises which were lead by the Ndwedwe Municipality Sports and Recreation department, and from there it was the big announcement of the two winners of the competition, of which the second runner up was Mrs PD Chamane (Pharmacy Assistant) who won

herself a earner and first prize winner was Bridget Radebe who won herself a microwave. All the participants also received some goody bags which also included reading material on healthy eating and exercise, week lead by the Dietetics Department.



Sr T.R Ndlovu (Staff Clinic Nurse) welcoming the staff













The winners of the weight loss challenge

MONTY NEWS

GENDER BASED VIOLENCE AWARENESS





Gateway Clinic and Love Life hosted a Gender Based violence Awareness for the youth of Montebello. This event targeted schools in surrounding areas to educate them on the burning issue that is affecting our country which is Gender Based violence. The speakers exchanged the platform as they addressed different issues that are affecting the youth, which also included sexual health education, different types of crimes that the youth get involved in and social problems that affect the youth.











Ezemidlalo !!!





WIND DEFE

MONTEBELLO HOSPITAL SOCCER TEAM AT THE ILEMBE DISTRICT TORNOURNAMENTS

MONTY DOING IT THE BATHO PELE WAY







Mrs Msomi (CEO) & Matron Mchunu (Nursing Manager) handing over the certificates to the Nurses



The OPD and MDR staff received written compliments from patients praising these Nurses on their great service and treatment in these units. The management with great honour and pleasure awarded the Nurses with certificates for a job well

MONTY NEWS

COMPLIMENTS!! COMPLIMENTS!! COMPLIMENTS!!!



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22.05.2019
Attention to: The Montefells Hospital management
Government hospitals has been presented as the worst places to visit or attend because of the way its service delivery is rendered, I also had that mentality, in such a way that I freaked when I was told by my nearest clinic that I will be treated at Montebrilo hospital.
I pictured the services, long queues, delays and staff's attitude, not knowing I was actually being referred to the earthly heaven
let me applied you, for the nurses who runs the MON TE department, These two nurses strond me arong, they showed me that there are use government officials who are still passionate about with what they are doing. These two nurses are to carrier, very passent, and full of empathy. Must of the time gustering are known to be demanding, short sempered and sensitive, during that moment you need commone who will relative your faith, give you that support. Since Chairman and site Chileman and site of that, they are so good in stealing with patients, living all the nurses were like theme two nurses.
Siter Ehizuayo and sister Dianniu are beyond the word woodsofful, their caring attitude encourages you soit to miss the appointment date, and they make you feel at lume. I know sometimes the public can be so handful but what outlets is how you react sowards them.
have move met nursus who are always willing to reiss their lunch breaks just because they want to finish all the patients at Fanad, lister Plausways and sister Olamed liber styll, twel sheaked on me finishment of 100 flow good that no maybe it's a one off thing but during my with added it have noticed some consistency, they are so efficient and well trained.
I am a questioning patient, these nurses know their work there's an arm.





If you have any complaints, compliments or suggestions kindly drop them off at any of our complaints, compliments and suggestions box at Montebello Hospital or email the Public Relations Officer Ms Sinothando Mthembu at : sinothando.mthembu@kznhealth.gov.za

MONTY NEWS

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