



MONTY NEWS

APRIL- JULY

VOLUME 3. ISSUE 5

WELCOME TO MONTEBELLO HOSPITAL



Entrance to Montebello Hospital

Montebello Hospitals' vision is to strive for excellence, functioning District Hospital providing high quality care, compassionate health care services to all persons in Ndwedwe Sub – District (KZ293). We at Montebello hospital are committed into prioritizing our patient's rights and needs, our staff are dedicated and devoted into abiding by the Batho Pele principles. We also strive to provide the best health care service to our clients.



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SPECIAL QUOTE

“People are always blaming their circumstances for what they are. I don’t believe in circumstances. The people who get up and look for the circumstances they want, and, if they can’t find them, make them.

George Bernard Shaw..



FOR ANY COPLAINTS, COMMENTS & SUGGESTIONS:

Private Bag X506, Dalton 3236.

Tel: 033-506 7000

Fax: 033-506 0102

Email: mzi.shuba@kznhealth.gov.za.

Webpage: www.kznhealth.gov.za/montebellohospital.htm





A chat with an Occupational Health and Safety Manager

Montebello's Occupational Health and Safety Manager, she is back with popular demand. She was one of our colleague during the past few years, she left for some particular reasons and this year she rejoined the family again. We had a little interesting chat with her:

Monty News: Ms. Magawaza please tell us more about your self?

R.P.Magwaza: I am Ms. Magwaza, residing at Ozwathini, kwaNodwengu area. I started working at Montebello in 1991 as an enrolled nurse until 1994 and I was also doing a bridging course to be a registered nurse. I became a registered nurse in 1996. when I was doing midwifery I started to think about what I want to specialize and also wanted to start something new, I discussed this with one of my friends and she approved Occupational Nursing Science. I was interested in this course in such a way that I decided to do it, I studied at DUT from 1994 - 1996 .

M.N: What were you doing in Montebello before you left?

R.P: In 1994 I started Occupational Health Clinic, by that time I was studying Occupational Health Nursing Science. It was for the first time in this Hospital to have a staff clinic operating. I worked in this staff clinic till 2007 October. I left Montebello for greener pastures. It was so painful because there was that bonding between me and the employees and I was also worried about their privacy since I left the clinic with no one to attend to and give report. .

M.N.: Tel us about the nature of your job?

R.P: We understand that the relationship between work and health is a two way process where the working environment may affect health of the worker and the worker's state of health may have an impact on his / her ability

to perform task for which he / she is employed. An Occupational Health service is therefore incorporate into its design a holistic health programme that will anticipate physiological and psycho social manifestations and disease. This component of an Occupational Health Service consist of two subdivisions : Occupational Hygiene and Occupational Health Nursing.

M.N: Wow that's interesting, tell us about the challenges that you normally face?

R.P: I am working in this clinic alone. I am suppose to have Occupational Health Nurse who is going to run this clinic but since we are having the financial constrains I am hands on / doing all by myself. Since there is no E.A. Practitioner, I am also going to render the service and there is also a need for O.H. Doctor. It is very difficult to work without having enough equipment because I have to run up and down look for that equipment.



Ms.R.P. Magwaza Montebello's OH&S Manager

M.N: What can you advice us to be aware of this winter?

R.P: People should take some flu vaccines and to take care of themselves by wearing warm clothes including young ones at home and to ensure safety at home as we know that everyone likes to be near fire since it is cold. PLEASE, WATCH OUT FOR BURNS !!!!

M.N: Where do you see yourself in the next 5 years and beyond?

R.P: I see myself having a well established O.H.C, having all the resources I need and also cater for external nearby companies or industries.

Thank you Ms Magwaza.

God Bless

ART/ARV CLINIC



Art Clinic is called ART or ARV which means Anti-Retroviral Clinic. The staff that work at this clinic is aiming at helping patients who are diagnosed as HIV Positive to learn to live positively with no regrets.

The patients are encouraged to do voluntary counseling and testing to know their status.

It is advisable to know your status nowadays so that you learn how to live positively, and to take ARVs if it is time for you to do so, rather than waiting until it is late. Once a person is diagnosed as HIV positive, is trained on healthy lifestyle. There is checking of CD4 Cell Count which detects whether a person needs to be started on ARVs or not. The person qualifies to start ARVs if CD4 Cell Count is below 200.

When the patients are ready to commence ARVs or if they have completed Literacy Training, there are some tests done namely: blood test, TB screening, pop smear, etc. If one is tested positive during TB screening then she/he must commence TB treatment first. If CD4 Cell Count is below 50 the patient must complete 2 weeks of TB treatment first then commence ARVs.

If CD4 is above 50 but below 200 then the patient completes 2 months of TB Rx, then commence ARVs. It must be emphasized that one needs to continue with both treatment until she/he finishes TB Rx.

There is Literacy Training to be attended by patients for the preparation of commencing ARVs. Literacy are scheduled into 3 sessions. It needs one to be fully committed if decides to take ARVs since it is a lifetime. In Literacy Programme there is healthy life style opportunistic Infections and ARVs including types and side effects. It is important that people understand clearly about ARVs so that they can notice the side effects and able to report to the Doctor at the Clinic. The patients are referred to other services like social services for social grant.

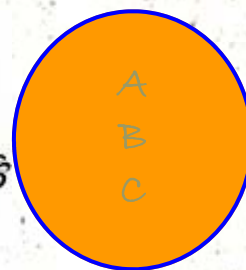
A person qualifies grant which is temporary if CD4 is below 200. It should be emphasized during Literacy Training that social grant is not permanent.

This clinic also caters for patients who are from fixed clinics to collect ARVs. There is a day of assessing the patients whether they qualify to commence treatment after they have attended the Literacy Training. An ongoing counseling is on daily basis and are assessed on adherence to treatment.

Everybody is encouraged to do VCT Voluntary Counseling and Testing as a result there is a lay Counselor allocated in every department or ward to ensure that this is done to in-patients.



Q
A
P
H
E
L
A



Abstain, Be Faithful and Condomise

JUNE - NATIONAL BLOOD DONOR MONTH



Donating a unit of this “precious gift of life” saves lives of those in dire need of blood. One must develop a habit of donating blood in order that South African National Blood Service (SANBS) has sufficient blood stock to ensure that in cases of emergency quality blood is always available for needy patients.

Safe blood saves lives. Thousands of people would die daily if there is no sufficient quality blood in stock. If one donates blood, the donor gives patient the gift money cannot buy or science cannot create. A unit of blood donation can equal three gifts of life in that almost every unit of blood is separated into red blood cells, plasma and platelets:

Below are categories of people who need blood transfusion:

- Women haemorrhaging due to pregnancy complication;
- Children with severe anaemia;
- Accident victims; and
- Surgical and cancer patients.

You make a difference in somebody’s life by donating blood.

People assume that when you donate blood you are putting yourself at risk only to find out that there no risks when one donates with blood. A finger prick test is performed in order to ascertain if your haemoglobin level is within a safe range for donation purposes. In addition, your pulse rate and blood pressure will also be checked.

By donating safe precaution are taken into consideration, strict procedures are in place to ensure that donors act responsibly when pledging their support by donating blood. These measures ensure that they are not donating blood as a way of getting free HIV/AIDS test, but for the sole purpose of helping to save lives.

The commitment of our blood donors ensures the safety of blood supply. SANBS attempts to encourage donors to give blood for purely altruistic reasons. People who participate in unsafe lifestyle behaviour such as casual sex, male-to-male sex or taking intravenous drugs are advised not to donate blood.

Take a moment and save lives

PROVIDING OUR CLIENTS WITH INFORMATION



This is the help desk with informative brochures.

As part of our client services, we had invented the help desk with brochures containing information about different diseases, how to prevent them and necessary precautions to be taken.

The clients are allowed to take home any broacher that they are interested in to read more about that particular issue. We had designed brochures in both English and IsiZulu, diseases like Malaria, TB

Yellow Fever, Rabies etc. are included in this Help desk.

The help desk was successfully compiled by the office of the PRO and Physio Department. Also available in the help desk is the services that are offered in the Physio Department like Speech Therapy, Dietetics etc. so that the community will be aware of such services since these services are not yet popular.

IXOXWA NGEZITHOMBE



1

1. Leli itafula obekuzohlala kulo izethameli.



2

2. U-Mrs. Luthuli omile ezibongela (Usingaye).



3

3. U-Mr. Ndlovu oyi Food Service Supervisor



4

4. Ithimba lase Food Service kanye naba-bephelezele uSingaye.



5

5. U-Mrs. Luthuli ubesekhumbule izinsuku zakudala.



6

6. U-Mr. Ncobela ongumphathi wakhe.

Lawa ngamazwibela omcimbi wokuvaliswa Mrs. Luthuli obengumsebenzi wase Food Service. Bekungemnandi kudelile, kusindwe ngobethole inkosi mpela. Sithanda ukwedlulisa amazwi okubonga kubaphathi bakhe, ozakwabo kanye nabo bonke ababe nesandla ukuthi umcimbi ube yimpumelelo kuyakhombisa impela ukuthi

umoya wobumbano usalokhu uheleza njalo emagcekeni ase Montebello. Sengathi ninqhubekela phambili, nime njalo nje. Siyabonga.

RENOVATIONS AT MONTEBELLO



BEFORE

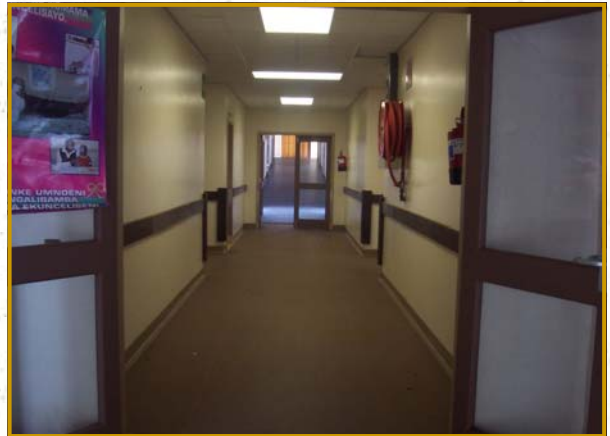
AFTER

ROOF



CONSULTING ROOM

OPD



BEFORE

PHARMACY EXTENSION



AFTER



EMERGENCY PARKING



X - RAY



*May God Smile
On You Today*



New appointees

Initials & Surname	Designation
K. Moodley	Comm. Serve. Physiotherapist
T. Moodley	Com. Serve. Occ. Therapist
B. Dorta Ruitz	Comm. Serve. Dietician
T. Reddy	Comm. Serve. Dentist
S. Govender	Comm. Serve. Medical Officer
B. Xaba	Comm. Serve. Medical Officer
W. Hassan	Com. Serve. Medical Officer
S. Sibisi	Com. Serve. Prof. Nurse
C. Zondi	Com. Serve. Prof. Nurse
P. Govender	Comm. Serve. Medical Officer
S. Mqadi	Comm. Serve Professional Nurse
B. Nzama	Intern Pharmacist
N. Magwaza	Intern Finance
Q. Gumede	Intern Office Admin (CEO' Secretary)
P. Khumalo	Intern Human Resource
T. Pillay	Principal Medical Officer
J. Jagathral	Principal Medical Officer
N. Mazibuko	Intern Data Capture
T. Ndlovu	Intern Data Capture

Transfers

Initials & Surname	Designation
M. Zibane	Lay Counselor
M. Maphanga	Professional Nurse
B. Zondi	Community Service Prof. Nurse
F. Buthelezi	Principal Pharmacist



Transfers

Initials & Surname	Designation
Dr. K.Bambi	Principal Medical Officer
Dr. N. Biyela	Principal Medical Officer

Retired

Initials & Surname	Designation
Q. Ngcobo	Food Service Orderly
N. Mhlongo	General Orderly
M. Mtshali	General Orderly

Resigned

Initials & Surname	Designation
O. Dlamini	Artisan Foreman

Deceased



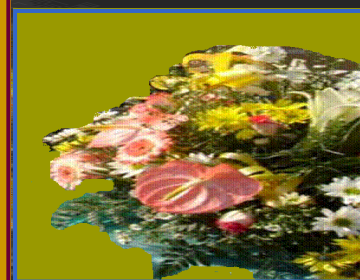
Mrs. B.I. Duma

Food Service Orderly

May your soul rest in peace

Ulale ngoxolo Mthombeni !!

Uyibekil'induk' ebandla*****



NEW FACES



1

**1. Ms Nomvelo Mazibuko
Data Capture Intern**



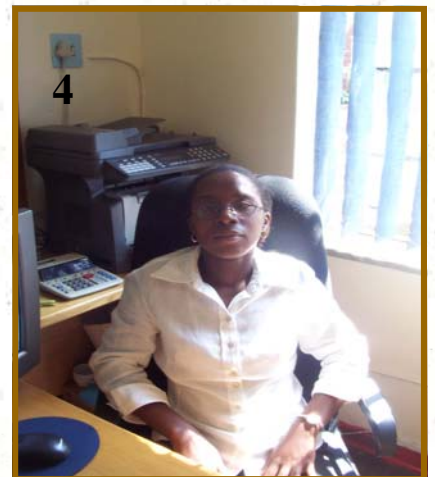
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**2. Ms Thakasile Ndlovu
Data Capture Intern**



3

**3. Mr. Phiwayinkosi Khumalo
Human Resource Intern**



4

**4. Ms. Qiniso Gumede
C.E.O's Secretary**



5

**5. Ms. Nonhlanhla Magwaza
Finance Intern**



Editorial Corner



*Mr. George Shuba
Acting P.R.O. & Quality Assurance*

This is our first publication for this year and it won't be the last one since I am working with creative and dedicated trainees, which will reduce my work load. We would also like to thank our colleagues for making this publication a success. Our appreciation is also extended to Montebello events organizing committee, which changed working environment by organizing moral boosting activities.

I urge our employee and patients to direct their complaints and suggestions to the PRO department with the hope of helping us to improve delivering of Quality Service to our Clients.

Farewell to our PRO trainee

I would like to take this opportunity to bid you farewell, As I am joining East Boom CHC. The decision was based on the fact that it is nearer to home. I would like to thank the Management of Montebello Hospital for allowing me to further my experience in the field of Public Relations, the staff for welcoming me with warm hands, and a special thanks to Mr. Shuba (My Mentor) whom I work with on daily basis for giving me the platform to grow both academically and socially, its been such a pleasure working with a person like him..

Ng'yabonga mina.



*Mr. Kwanele Shange
PRO. In serve.*

INTRODUCTION TO PRO INSERVE TRAINEE

GREETINGS, My name is Nomonde Mncube a third year student at Durban University of Technology (PMB Campus), who is doing Public Relations . I live in PMB. I'm honored to be part of Montebello Hospital. I will like to thank my mentor for the exposure and the experience which I have received for the past few months. Everyone was so welcoming even the hospital Management . It feels like I have been here for ever but it has only been a couple of months. I'm enjoying every minute of it and I try by all means to excel in whatever task I'm given by my supervisor. And I would like to thank the management for having faith in me and for giving me this opportunity to acquire skills and grow at the same time. Till next time, Peace.



Ms Nomonde Mncube
PRO In serve Trainee

God bless

*Our lives are
books and
each day is a
page. We cant
erase what
was already
been written
but we can
always try to
write a better
ending with
Gods grace.*

*Chosen by
Nomonde .*



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