



# MONTY NEWS

**JULY - SEPTEMBER 09**

**VOLUME 3,ISSUE 4**

*Whoever you are the is some younger person who thinks you are perfect. There is some work that will never be done if you don't do it. There is someone who will miss you if you were gone. There is a place that you alone can fill.*  
 By Jacob M Braude.

**COVER PAGE**

**The important of breastfeed- 2**

**TB Awareness 3**

**Women's day message 4**

**Farewell party 5**

**Chat with principal security officer 6**

**Heritage day 7-8**

**Welcoming New FIO 9**

**Welcoming of Spring 10**

**Editorial corner 11**

## Woman on a hot seat

*Setting the theme of women's month, we decided to interview our Nursing Manager Ms. J.J. Mchunu the only female in Montebello Executive Management team. Basically our interview is based on the fact that women's did find themselves under certain oppressions because of the past political environment especially in the work place. But now things have changed, here is what she have to say:*



Ms. J.J. Mchunu  
Nursing Manager

**J** am Miss Jabulile Mchunu. I matriculated at Makholwa High School in PMB; and here is my Post Basic Qualifications: Diploma in Community Nursing Science. Diploma in Nursing Management. Diploma in Psychiatry Nursing. B Cur (E etA) Nursing Education and admin.

I feel honored and humble that things have been finally made easy for women, getting promoted was not that easy before, it usually takes one 10 to 20 years to be promoted. In order to actually maintain my position I need to be firm as a woman and ensure that all my duties are carried accordingly. I also need to keep in mind the differences in people's morals, norms and cultures before interacting.

Challenges which I normally face:

- ◆ Attitude and perception of people.
- ◆ Cultural differences
- ◆ Myths about men being more dominant
- ◆ Norms and standards.
- ◆ Recognition by colleagues is not easy especially the males.

In order to succeed and reach your destination you need to be more sensitive to the people you interact with, be a good listener and very tactful when it comes to responses (good communication skills). Being Superior in your position you need to take it as a duty, not as a status. You need to be strong and mentally sound, confident, patient and good interpersonal relationship.

I have quite a strong opinion concerning Women's day, apparently it is a day for Women's emancipation where by women were given equal rights such as furthering their education, offered superior positions (50 % Of our health institutions are headed by women). It is so exiting to know that at last government has finally recognized this day since Women are pillars of the nation and, for every successful man there is a women behind.

Women's day basically should be celebrated internationally so that we can bury all the past and look towards our achievements as women. It should be celebrated at least twice a year to monitor the different situations e.g. abuse. As far as I'm concerned, all men need to attend continuous workshop on how to protect women and children, they should be more protective and supportive. Women should be equipped with basic needs since they are pillars of the nation.

A women has a strength that amazes men. We smile when they want to scream and they give moral support to their family and friends. We have compassion and ideas.

Never forget or let people undermine what you are worth.

HAPPY WOMEN'S MONTH

**MOTHERS AND MOTHER'S TO BE ON THE BREASTFEEDING WEEK...**



*Each year South Africa and the rest of the world celebrate Breastfeeding week. The aim of this week (01-07/09) is to raise awareness on the Protection, Promotion and Support of Breastfeeding. Breastfeeding has a number of benefits for the infant (baby), mother, family and nation. Mothers' milk is all that a baby needs until about 6 months of age (exclusive breastfeeding). No other food, drink (water formulae) is necessary until the baby is 6 months' old.*

**WHY IS BREASTFEEDING IMPORTANT?**

Breastfeeding is one of the most natural and beneficial acts a mother can do for her child. Dramatic health benefits have been proven to pass from mother to child through breast milk. From antibodies which protect an infant at birth...to the exclusive nutrients in mother's milk which have been shown to prevent a number of childhood diseases...the benefits are incalculable. There is no other single action by which a mother can so impact the present and future health of her baby.

Yet, in today's society, breastfeeding is often thought of as unnecessary. *Young mothers are mistakenly led to believe that formula does very well as a replacement for breastmilk. It emphatically does not!* Nothing can duplicate the properties of breastmilk, no matter how many vita-

mins, minerals and supplements are added to what is basically a chemical formulation.

Breastmilk remains the one and only natural, complete and complex nutrition for human infants. It is nature's formula for ensuring the health and quality of life for infants, as well as on through childhood to adult life. Just as importantly, breastfeeding promotes a very special bond between mother and child that only a mother can provide.

To fully understand the benefits of breastfeeding, these are some of the major, but by no means all of the benefits of breastfeeding your baby.

**Breastfeeding Facts  
Health Benefits to Babies  
Who Breastfeed**

- Reduced risk of chronic constipation, colic, and other stomach upsets
- Children receive the most complete and optimal mix of nutrients & antibodies
- Protection against meningitis, botulism, childhood lymphoma, crohn's disease and ulcerative enterocolitis
- Decreased risk of tooth decay (cavities)

**OBJECTIVES of WORLD BREASTFEEDING WEEK 2009**

To draw attention to vital role that breastfeeding plays in emergencies worldwide.

- To stress the need for active protection and support of breastfeeding before and during emergencies.

- ◆ To inform mothers, breastfeeding advocates, communities, health professionals, governments, aid agencies, donors, and the media on how they can actively support breastfeeding before and during an emergency.
- To mobilize action and nurture networking and collaboration between those with breastfeeding skills and those involved in emergency

**Breastfeeding and HIV/AIDS**

HIV passes via breastfeeding to about 14 percent of infants born to HIV-infected women, at least if the breastfeeding is not exclusive. Preliminary research suggests that HIV may transmit through breastmilk at much lower levels, perhaps hardly at all, during exclusive breastfeeding (that is, when babies receiving nothing but breastmilk, not even water).

**Key points on HIV/AIDS**

- Families need to have access to voluntary and confidential HIV counseling and testing (VCT)
- The best way to protect babies from becoming infected is to protect their mothers from being infected with HIV by their sexual partners.



**“Breastmilk remains the one and only natural, complete and complex nutrition for human infants.”**

## TB AWARENESS CAMPAIGN

Below are the highlights of activities at the T.B.Awareness Campaign at Wosiyane clinic on the 6th August 2009 .The Community was out in numbers to witness the occasion and to receive valuable information about the killer disease ( Tuberculosis). TB is curable, but due to ignorance and lack of information by our community we have high rate of deaths, hence the campaign. The Programme Director for the day was the honorable Mr. Velaphi Mkhize who works at Art Clinic as a Counselor. To take you through the scene, here are some of the pictures taken on the day:



1



2



Mr. Velaphi Mkhize  
Programme Director



3



5



6



7



8

1. T.B. Team entertaining the crowd.
2. Ms Shozi - Wosiyani Ops Manager addressing Community about TB
3. Wosiyane community in attendance
4. A stage play from T.B. Team
5. Sister Ndlovu on a stage play
6. Young ladies from the community entertaining the audience with Indlamu.
7. Our honorable guests for the day.
8. Future dancers shaking what their mama gave

## Why celebrate Women's Day?

**T**he day is an occasion to review how far Women have come in their struggle for equality, peace and development.

The 9th August marks the day when we as women remember the historic and powerful march of 1956. About 20 000 women of all races marched upon to the Union Building to show opposition against Apartheid pass laws.

But people tend to forget what it is we are supposed to be celebrating, we barely give a thought to what there is to be celebrated.

We all know that South Africa has made progress in becoming a more gender equitable society, as statistics shows that women are well-represented in government, and are also holding high leadership positions.

One of the biggest challenges that is facing this country is violence against women. Women are becoming victims of sexual abuse that why in 2007 government announced the new sexual offences Act which introduced the measurement to strengthen the fight against sexual offences from a policing and legal perspective as well as provide more assistance to victims of sexual crimes. The impact that the New Act will have on rape prosecutions may take some time to be felt in the mean while the risks of being a victims remains high. Let's us all unite as one and stand against violence on women and children.

There is nothing in this world that women cannot achieve. Recognizing the nature of such women we must encourage them and give them equal opportunities in society. No such encouragement is being given today. Men do not tolerate women joining together for a good cause in an Organization. Mother plays a very important role in shaping the character of the child. The contemporary education is largely responsible for the gradual deterioration of children's behavior

*"You never know what will happen in life but let what you have inside yourselves determine your path. Keep your eyes and ears open, be curious and prepare yourselves.*

*One day your dreams will be there right in front of you and you will have to catch it in flight."*

*By N Annan*

As we celebrate Women's Day, it is very important to remember that we are one human family. Since it is not men versus women, or girls versus boys, it is what we can achieve together. Let's make that dream possible. Together, we have it in our power to change South Africa for the better.

Women bears hardship and they carry burdens but they hold happiness, love and joy. The heart of a woman is what makes the world keep turning.

We as woman should stand up for what we believe in and we should not let man underestimate us. We can achieve anything we want with dedication, passion and hard work we can do it. The sky is the limit.

**Happy Women's Month**

By Nomonde Mncube



# Farewell party

It was a beautiful day and at the same time a sad day as we said ‘Farewell’ to our fellow colleagues. It is unfortunate to let go of the two most dedicated, devoted and hardworking colleagues. On Friday, July 31 we said goodbye to our dearest colleagues which are Mr. S Mzobe who worked as Facility Information System Officer and Mrs. S Luthuli who was a supervisor in the Sewing Room. Mr. Mzobe was transferred to East Boom CHC and Mrs. Luthuli has retired. In life there are times where we have to take different paths. We wish them all the best, they might be out of sight but in our minds they will always be with us.



1



3



5



7



9



2



4



6



8



10

1. Mrs. Luthuli passing her words of thanks.

2. Mr. Mzobe bidding farewell to his colleagues.

3. Mr. Khawula (Hospital Manager)

4. Mr. Ncobela, their supervisor.

5. Mr. Mzobe and his colleagues.

6. Guests for the occasion.

7. Miss Phindile Maphumulo and the CEO giving Mr. Mzobe a present.

8. Miss Gumede and the CEO offering Mrs. Luthuli a present.

9. Mr. Dladla, Programme Director for the day.

10. Refreshments that were prepared for guests.

## Safety is the most important factor in life

**S**ecurity is the first priority in life, either at home or in the work place. Security officers are there to ensure us that our safety and our lives are in their hands. A short chat with our Principal Security Officer Mr. M. Ngcobo:

I am Mr. M Ngcobo, My home town is P. M. Burg, Snathing area, but I was born and bread at Incwadi location, we are a family of four brothers and I am the third one, I am coming from a very humble family of Christians. Those that knows me better called me "M. V. I started to work for public services on 2001 at Grey's Hospital as a security guard I made my way up the ladder to various hospitals including R. K. Khan and Madadeni Hospital, I started to work at Montebello Hospital from 16<sup>th</sup> April 2007.

I studied at Msunduzi Technical College for N6 Marketing Management, Unisa for BTech degree Public Management, Unisa for National Certificate: Labour Relations, Currently Unisa, Second Year Security Risk Management. I am an ordinary person same like you and the rest of other people, although I regard myself as an industrious person which makes me different from others. In short what

you see is what you get; I am simple and open minded person.

Basically, my scope of work is very hectic, I am being trusted by this institution to protect lives of its stakeholders, its assets, buildings including five far apart clinics, and our works is more physical, than theoretical, you need to take right decision at a right time and you need to think and act fast.

That one is easy, as a head of security, I do not deal directly with access control since most of our entry and exit points were outsourced to private security company. I normally give advise to them on how to handle those situations, but since you have a knee interest in that question I will answer you but I will have to divide this question into two scenarios, firstly when one refuses to be searched whilst entering the hospital premises, any security personnel who is working in that particular entry point is allowed to deny any access to anyone if that particular person is a suspect and is refusing to declare all his/her contents that are in his or her possession, we are doing that guided by Access Control Act 55 of 1985.

Secondly when any person upon leaving the institution

refuses to have his/her contents that are in his/her possession to be inspected or searched automatically that particular individual is a suspect as per Criminal procedures Act 51 of 1977 as Amended to 1997, therefore he/she should not be allowed to leave the premises, she/he should be detained and S.A.P.S should be called. Shortly, refusing to searched or inspected is a criminal offence. To add on that, if that particular person is an employee he/she can be charged internal as per code of conduct i.e. for disobeying security instruction.

Thank you for asking me that question, really for me it is a daunting task to rise and shine above the occasion, knowing that you do not have a proper security structure, I feel that all heads of security in various institutions should report directly to the C.E.O's, by saying this I am not trying to offend or undermine hard work that is done by other managers and there should be more investment on security.

Security is the main key here as we all need security around us, to be honest, people should put



Above is Mr. M.Ngcobo our Principal Security Officer

themselves first, priorities their lives as we cannot be all over at the same time, we as security component, we have what we call proactive measures i.e. continuous patrols within the institution (high security visibility), and reactive measures, how do we react when someone lives is in danger, in addition we need to prioritized on enforcing hospital rules and regulation

Thank you Mapholoba....

*Success is a good fortune that comes from aspiration, desperation, perspiration and inspiration.  
By Evan Esar*

## HERITAGE DAY EVENT

It was the 22nd September 2009 where Montebello Hospital celebrated Heritage day. The aim of this event was to highlight the important of our culture because it helps us to determine where we come from, who we are and where we are heading as a Nation. On this day we had different activities. Our colleagues and management were wearing their traditional attires. Just a sneak preview of what was happening on this day, see photos below...

“Ubuntu demands that you forgive, because resentment, anger and desire for revenge undermine harmony”  
Unknown



1. A warm welcome to our guests by our Hospital Manager Mr. S G G Khawula.
2. Our HRM shares his cultural dance Mr. X D Selepe.
3. Staff who were part of the event
4. Our transport team.
5. A Zulu dance by ART amahle.
6. Sukasambe choir



Mr. K Mkhize and his group doing indlamo



Isicathamiya from Khanyisa High School students.



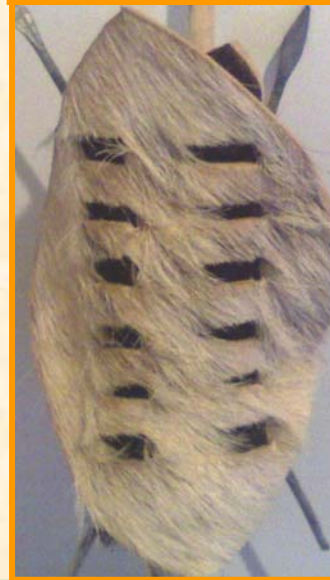
Winners for the best traditional attires. Thabile, Mzo and Portia



Winner for the ruffle. Mrs. S Msomi and Nomathamsaqa



A group of men from Montebello doing traditional dance.



Our colleagues showing off their Indian attires.

A short message from the organizing event committee, We would like to thank management and hospital board for allowing us to host this event. Indeed it was a great event. We also thank our colleagues for participating and ensuring that this day was successful, we couldn't have done this without you. Your presence and participation is highly appreciated. Your suggestions and ideas are welcomed. Thank you.

“Being comfortable in your skin means being authentic, speak the truth and be compassionate towards yourself and others.” Unknown



## WELCOMING OUR NEW FIO WITH WARM HANDS



*After bidding fare well to our former FIO Mr. Sthe Mzobe, we had to welcome the new FIO Mr. Sbonile Sithole. As usual Monty News had a close chat with him, here what he has to say”*



Firstly I would like to thank the management and the staff of Montebello Hospital for a very warm welcome and their trust in me. Also to thank the previous FIO Mr. Sthe Mzobe for his good work he has done during the past couple of years, ensuring the quality of data for this institution.

I'm Sbonile Sithole and I was born in Durban at Umlazi (G Section). I started my lower education at Ntwela L.P. School as Umlazi but due to political environment at that time I was moved to my grand mother at Maphumulo and that is where I completed both my primary and high school level. After Matric I furthered my tertiary studies at DUT at that time it was Natal and Sulttan Technicon.

I did a Diploma in Office Management and Technology for three years and I also included Financial Accounting I,II,&III, since it was not part of my Diploma I got a certificate for three and that shows how passionate I am

with numbers.

FIO is mainly responsible for collection, collation, validation and analysis of date. Reporting to stake holders both internal (Hospital Management) & external (District and Province). I am also responsible for compiling monthly, quarterly and annual Report for the institution. Ensuring that data collection tools are properly utilized and also to report back on regular basis (both verbal and written).

My main key aspect is to ensure the quality of data which is sometimes is not easy to keep but with Information /Data Management in place (working together) you find it easy & simple to overcome those difficulties. I think the best part of my job is when the Information Data Management team analyses and interpret data to the fullest. That's where the management evaluate and monitor services and programmes to formulate strategic planning.

My expectation from the institution obviously is a good warm welcome, working together as a team. Good communication, dedication and high team spirit from various departments that will be reporting or submitting data to information section.

Another aspect attached to my expectations is that departments or sections to continue with their good work that they were doing while Mr. Mzobe was still here. Reporting data or stats that is correct, complete and consistence at all times.

Basically for me there are three challenges for me in this kind job:

### 1. Handle personnel

There are times where by you are required to push or to follow people to submit data. Ensuring that they understand the need and importance of quality data and ensuring that people understand that it is a management decision.

### 2. Quality of Data

If the submitted data is being incorrect or incomplete, that becomes a challenge. That is why in Data Management we use 3 C's i.e. Correct, Complete and Consistence.

### 3.Support from Management

By support I mean Information / Data Management team because if they are not there to support us, it becomes a challenge to know where the institution stands in terms of information. Such that management can't be able to evaluate, monitor and make decisions for its services or programmes

# Welcoming SPRING EVENT



1. People who were awarded certificates of appreciation for wearing a full school uniform.



2. A song from Montebello Primary student



3. Best dressed school uniform winners.



4. The winner of a raffle.



5. Dudu receive certificate of appreciation



6. A stage play by student nurses.



Success is not a matter of being the best & winning the race  
Success is a matter of handling the worst & finishing the race...

- HAVE A CHEERFUL MORNING -

## QUOTES

“Be more concerned with what God thinks about you, than what people think about you” Unknown

“To find what you seek in the road of life, the best proverb of all is that which: “leave the stone unturned” Edward Bulwer.

“Looking on the bright side does not make you blind to the problems around you, but helps you to see them in a positive light” Unknown.

FOR COMPLAINS, COMPLIMENTS AND SUGGESTIONS  
PLEASE CONTACT US AT THE CONTACT DETAILS PRO-  
VIDED BELOW

Private Bag X506, Dalton 3236.

Phone: 033-5067100

Fax: 033 506 0102

Email: [mzi.shuba@kznhealth.gov.za](mailto:mzi.shuba@kznhealth.gov.za).

Webpage: [www.kznhealth.gov.za/montebellohospital.htm](http://www.kznhealth.gov.za/montebellohospital.htm)

