



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# MSELENI HOSPITAL

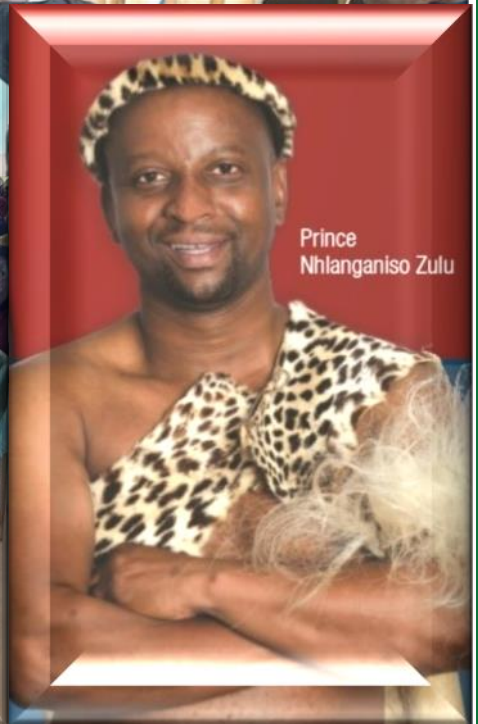
## ZIGELEZA NOMSELE

# NEWS

STAY INFORMED

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# MSELENI HOSPITAL HOSTS ISIBAYA SAMADODA SESSION



Prince Nhlnganiso Zulu

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# The Men's Kraal– Isibaya Samadoda



**P**rince Nhlanganiso Zulu, son of the late Goodwill Zwelithini kaBhekuzulu visited Makhasa area in Mduku under the reign of Inkosi Gumede through a programme that was designed to target men under a men's health concept called Isibaya Samadoda (loosely translated as the circle/kraal of men).

Men are believed to face multiple of challenges in life. Responsibilities and expectations are high, yet guidance and support is often lacking in their busy lives. For young men, in particular, messages are mixed and confusing. The Prince aims to remedy this by creating a support structure that allows men to work together to address social challenges.

His vision is to replicate the circle or kraal of men, who come together to share knowledge, provide guidance and seek advice in a safe, supportive space. By creating a platform for open dialogues and the free-flow of reliable information, His Royal Highness hopes to harness the power of collective wisdom for the benefit of the physical and emotional well-being of the individual. Education, responsibility, cultural expectations and respect are among the priority subjects to be addressed by the 'kraal', alongside important personal, cultural and medical issues affecting men's health.

The session took a special focus on addressing variety of issues such as: family planning, male medical circumcision, HIV & Aids, gender based violence et cetera. Inkosi Gumede was very happy that Isibaya samadoda programme was held at Makhasa and he commended Prince Nhlanganiso for visiting men and instil values.



Prince Nhlanganiso Zulu leading the discussions

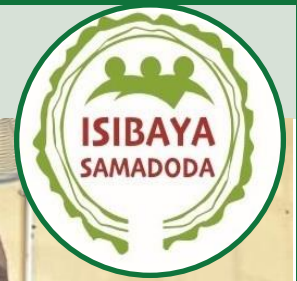


Inkosi uGumedeYeSizwe swakwaMakhasa





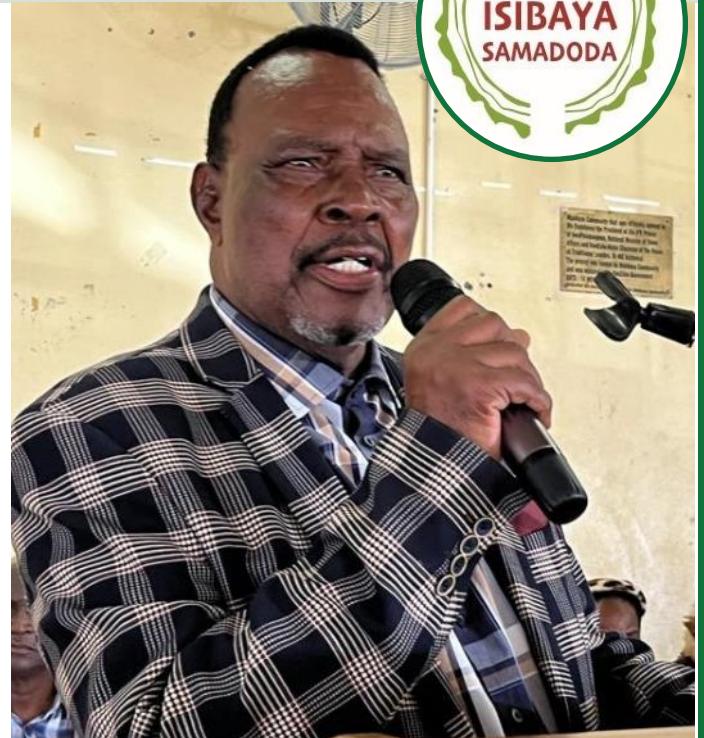
# Madoda! Ndoda!Madoda! Ndoda!



Prince Nhlanganiso Zulu motivated men and encouraged behavioural change. He talked at length to men about issues such as: teenage pregnancy, gender based violence, alcohol abuse, men's health and many other family related topics that men should consider.

Government Departments, Non-governmental organization, civil society group and other community based organization participated in the programme and shared various teachings to men who had attended the Isibaya Samadoda session.

Umkhanyakude Health District Director Ms Makhosazana Themba was a rose among thorns at the Isibaya Samadoda and shared extensively on health matters and encouraged men to take serious consideration when it comes to their health.



uNdunankulu uMnu Mathenjwa



Officials from various department and sectors



District Director Ms MP Themba addressing men on health issues

