



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

MSELENI HOSPITAL

Zigeleza Nomsele

GROWING KWAZULU-NATAL TOGETHER

NEWS

MAY- JUNE 2025



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HAND HYGIENE CAMPAIGN



ABOVE IS THE KIDS AT EBERNEZER

Clean your hands . Save life !

On May 7th ,2025, Mseleni Hospital held a hand hygiene campaign at Helipad. Hospital employees from different departments attended the program in significant numbers. According to the department of health IPC Policy this must be done every year for all employees to be reminded of hand washing practices .The day was a success because all sections were represented , there were different activities demonstrating how to wash hands. Educational talks were also provided. During the games activities period judges chose the best among competitors and Congratulations goes to the HAST department for winning the award of Best song composers.

Guest speaker Dr Mwila highlighted the impact of poor hand hygiene among healthcare workers .He said poor hand hygiene perpetuates preventable infections, exacerbates antimicrobial resistance and imposes heavy economic burdens, addressing this required systemic investments in infrastructure, education and policy reforms .He further said every rand spent on hand hygiene generates exponential returns in health and economic resilience.

Activities for the day

- ☐ Quiz
- ☐ Hand rub/hand wash competition
- ☐ Music
- ☐ March to Ebernezer where kids we taught how to wash hand and they also demonstrate.

All staff that participated were given tokens of appreciation with others getting certificates.

Special certificates were received by Dr Damane, Mr Dlamini and Ms Ndawonde for honoring the invite and being the first to arrive for the event

PHOTO GALLERY



Ms Zandile G & Ms Buyisile holding hand hygiene flag



Mr Dlamini Receiving certificate for honoring the invite



GATEWAY CLINIC



Participant receiving tokens of appreciation



PHC PATICIPANTS



DR Damane



hand rub pledge by S.k Ngobese



HAST DEPARTMENT



Ms Ndawande Receiving Certificate for honoring the invite



Mrs B.P Mhlongo handing over the gift to our guest



IXOXWA NGEZITHOMBE



ABOVE :FEMALE MEDICAL WARD TEAM &BELOW :MATERNITY WARD TEAM



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PICTURE GALLERY—NURSES DAY



Joyful moment



Candle lightning , Play,DCTP handing over of the day N.B Dlamini &OUR Nurses

NURSES DAY CELEBRATION

Mseleni Hospital's Nurses Day celebration was a vibrant tribute to the dedication and compassion of its nursing staff. The event took place on the 28th of May 2025, Wednesday at the Recreation Hall, where the atmosphere was electric with excitement.

As the gathering commenced, Ms. NP Dlamini took the stage as the master of ceremonies, effortlessly guiding the audience through the program. The opening prayer, led by Mrs. ENN Ntuli, set a thoughtful tone for the day, while Miss PS Ndonga warmly welcomed guests, shared the significance of the celebration, gratitude and appreciation from the management to the staff for all of their hard work.

The highlight of the morning was undoubtedly the "Tomoyi yama Levels" where Mseleni Nurses showcased their impressive dancing skills. Their energetic performance was met with thunderous applause, setting the stage for a day filled with camaraderie and celebration.

A standout moment was the engaging talk show, "From cane field to the top", hosted by Ms. Q.G Dlodlo, featuring the hospital's esteemed CEO, Mrs. TR Sibisi. With humility and candor, Mrs. Sibisi shared her remarkable journey from a young girl who was a farm worker to a professional nurse and ultimately, to her current leadership role. Her story was a testament to the power of perseverance and hard work.

The afternoon session featured a poignant role-play "Nursing as a noble profession", where nurses and healthcare professionals worked together to care for a fictional 65-year-old patient struggling with TB and HIV. This thought-provoking exercise highlighted the importance of teamwork and empathy in delivering quality patient care.

As the day drew to a close, Mrs. BP Mhlongo delivered a heartfelt word of God, emphasizing the value of being good stewards in their profession. The ceremony continued with a nostalgic look back at the history of nursing, led by Sister J. S Mnguni.

The nurses then stood up for the solemn reaffirmation of the nursing pledge, led by Mrs. QB Ntuli as they all held lamps. This meaningful moment served as a reminder of their noble profession and commitment to delivering compassionate care.

The evening's highlight was the awards ceremony, where Deputy Nursing Manager Mr MX Ndlovu took the stage. Before presenting the awards, he took a moment to express his heartfelt appreciation and pride in leading such an exceptional team of nurses, "I am proud to lead such an amazing group of Mseleni Hospital Nurses," he said, his words filled with sincerity and admiration.



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The evening concluded with the presentation of awards to deserving nurses, recognizing their outstanding contributions to the hospital which included the nurse of the year 2025 award, an award for being an extra miler in the line of duty which was received by Sir Manzini. K, Sir Ngubane M, Nurse Mthembu . S ,Sir Nxumalo S, Maphanga S, Sir Mthembu NL and Sir Manukuza ND. Ms. DS Mthembu expressed heartfelt gratitude on behalf of her colleagues, while Mrs. DCPT Tembe delivered a sincere vote of thanks, wrapping up a truly unforgettable celebration.





MRS T.R SIBISI AND MS Q DLODLO DURING THE SHOW



MRS T.R SIBISI RECEIVING THE GIFT



(DNM) M.X NDLOVU WITH THE GUEST

Sneak– peak into Mseleni Hospital CEO MRS T.R SIBISI's Journey FROM NURSING TO THE TOP

From nursing to Corner Office: A Journey of Resilience and Leadership

This year's Nurse's Day celebration at Mseleni Hospital was unlike any other. In an intimate and emotional talk show hosted by Ms Dlodlo, our very own CEO Mrs T.R Sibisi opened up about her inspiring journey , a story that moved many to tears, and left all of us in awe.

Her story began in 1988, far from the halls of healthcare. She was working in the sugarcane fields, harvesting by hand. That job was tough, both physically and emotionally, but it built the strong foundation she still stands on today. Her promotion to a farm administrator soon took place quickly because she had her Matric certificate.

In 1993, she officially entered the world of healthcare as an enrolled nurse. Just four years later, in 1997, she joined kwaMagwaza Hospital, which became a stepping stone for even bigger dreams. With the hospital's support, she completed a bridging course and became a professional nurse in 1999, then rapidly moved up the ranks, senior professional nurse, then chief professional nurse by 2001. But her journey was far from easy.

While studying midwifery at Ngwelezana, life took a turn no one is never prepared for. At a young age of 31 years old her husband passed away , late Mr Sibisi left her a widow with a 5-months-old baby. Still, she did not give up. In 2003, she wrote her midwifery exams , out of 34 students, only three passed, and she led the group, earning multiple awards, including the Municipal Top Achiever and Principal's Trophy , which she held for three consecutive years.

Before the year 2004 closed, she added IPC to her qualifications and secured a managerial IPC post at Nkandla. There, her hunger for knowledge continued as she studied Community Nursing Science and Nursing Management , always reminding others of the importance of furthering one's education.

By 2013, she was serving as Acting Assistant Nursing Manager of all general wards. In 2015, she joined Bethesda Hospital as an M&E Officer, where she simultaneously took on the roles of Quality Manager and IPC Manager , holding three critical portfolios at once because she saw what the hospital needed and stepped in.

That same year, she moved to Nkonjeni Hospital as M&E. Just two weeks later, her CEO resigned , and to her surprise she was voted in as Acting CEO. Though she was not appointed permanently when the post opened (a painful moment she spoke about with raw honesty), she still trained the person who took the job and never let go of her passion continued to apply and prepare for the position she knew she deserved,

Today, she stands tall as the CEO of Mseleni Hospital not just as a manager, but as a living symbol of perseverance, service and courage.



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Throughout her journey, she's been fuelled by hard work, integrity, resilience, and an unshakable belief in service, she never let challenges define her. Instead, she allowed them to refine her. Her advice to us all? "Further your studies. Don't let your circumstances silence your potential. Don't stop just because it's hard, keep going. UZOYTHOLA KANJANI UHLELI EKHONENI"

As we reflect on this moving story, we don't just celebrate a CEO. We celebrate a nurse, a mother, a mentor, a widow who refused to break, and a leader who continues to blaze trails.





ASSEMBLY POINT 3 DURING FIRE DRILL



FIRE DRILL IN ACTION: SAFETY FIRST AT MSELENI

On Tuesday, 11 June 2025 at 10:00 AM, Mseleni Hospital successfully conducted a hospital-wide fire drill, led by our dedicated Safety Assistant, Mrs. Tembe. The goal of this exercise was to practice how we would respond in the event of a real fire or emergency and how quickly we could get to safety while staying calm and coordinated.

Every single department took part in the drill, including, Nursing, Switchboard, HR, Revenue, Doctors Office, Therapy, OPD, PRO, FIO, quality office, other Departments and supporting units across the hospital. Staff were guided to evacuate to designated assembly points outside the buildings, as per hospital safety protocol. Each assembly point had one person appointed as time keeper. A timekeeper was assigned to monitor the flow of the evacuation, noting:

- The first and last person to arrive at the safe zone
- Whether people were walking calmly or panicking
- Department presence and staff headcounts
- Commander Dr. Myeni and Dr. Hobe Nxumalo assisted with internal communication testing. From different assembly points within the hospital grounds, they used radiophone to check on the status of other teams — helping simulate how contact would be maintained in a real emergency.
- Staff responded quickly and responsibly, with no injuries or issues reported. This fire drill proved that Mseleni Hospital is not only serious about patient care, but also about staff safety and emergency readiness.

A massive thank you goes out to Mrs. Tembe for her leadership and coordination, all staff members for their participation and professionalism. The Safety & Security team for organizing and monitoring the drill.

Fire drills aren't just routine but they're life-saving rehearsals. Let's continue to stay alert, work together, and be ready for anything. Safety starts with you, for questions, suggestions, or feedback, please contact the Safety & Security Office.

Mseleni Hospital – Where Care Meets Readiness.



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@ZENZELENI HIGH SCHOOL

Shaping Futures, Saving Lives : Dialogue on Teenage Pregnancy, Drugs Abuse & Sexual Assault.

On the 6th of June 2025, Mseleni Hospital PHC team extended its healing mission beyond the hospital walls through a powerful and life-changing youth dialogue at Zenzeleni High School aiming and focusing at tackling the most urgent and pressing issues affecting our youth : **teenage pregnancy, drug and substance abuse, and sexual assault** . This community engagement formed part of our commitment to youth wellness in Umkhanyakude, where teenage pregnancy rates remain alarmingly high, the program was made possible by the warm welcome of Mr. Agisanti, the school principal, who opened the space for open, honest conversation. Our MC for the day, Ms .S.W Mkhize guided the event smoothly with confidence and empathy.

HEALTH EDUCATION: TRUTH OVER TABOOS

SR P.N Mlungwana, took the students through comprehensive pregnancy prevention education, covering all types of contraceptive options including: Nur-Isterate, Depo-Provera, Implants (Implanon), Condoms – both male and female. She also bravely tackled the topic of abortion (CTOP), stressing that Mseleni Hospital provides safe, legal, and professional services for students in need , unlike unsafe, illegal backstreet terminations that continue to claim young lives.

Our dynamic CEO, Mrs. TS Sibisi delivered the purpose of the day and gave a heartfelt message that left a lasting impact. She encouraged girls to value themselves, stay in school, and focus on building a better future. “Stay away from boys, phansi ngabafana phansi ,your future is too bright to be dimmed by short-term distractions”

STUDENTS & PARENTS SPEAK OUT

Students were engaged throughout. When asked why teenage pregnancy was so high in the area, they shared real, honest answers (Peer pressure, Lack of proper sexual education, Absence of guidance at home, Hanging out with bad friends), and students and parents were given a chance to come up with resolution for this issue, one student suggested that more awareness campaigns like this one could help their peers stay informed and make better choices. Parents were also asked what could be done, one parent powerfully said, “Azibuyele emasisweni” a call to return to cultural roots, values, discipline and respects for elders. Many parents agreed that respect among today’s youth has declined, and rebuilding that is essential, support, better communication at home must be restored.

PARTNERS IN CHANGE

We were honoured to be joined by several organisations, SAPS (Mr. Siyaya), spoke about the rise in dagga usage among both boys and girls, urging them to make better choice. Lifeline & DSD – Offered insight on GBV, Sexual assault, types of abuse, how to identify them, and how to report abuse safely. The students were later separated by gender, so nurses could go deeper into specific topics.

Boys received focused education on drugs abuse, condom usage and importance of medical male circumcision (its importance in HIV prevention and male reproductive system), and could ask questions freely.

Girls learned in detail about sexual abuse especially rape, steps to take after unfortunately becoming a victim, selfrespect, and access to health services(knowing their HIV status, condoms usage, types of contraceptive)

HEALTH SERVICES DELIVERED ON SITE.

Mseleni Hospital's PHC team came prepared, mobile clinics were fully operational at the school, ready to serve. The school was kind enough to allow us to use the school hall to set more stations, students had access to : Vitals (BP, weight, etc.), TB consultations and sputum collection, HIV testing & counselling, Pap smears, Sexual health education. Mrs Ndonga gave a heartfelt vote of thanks to Principal Agisanti and reminded all present of the urgency and importance of this kind of outreach.

This outreach at Zenzeleni High School was more than just a school visit but it was a reminder that the future of our communities lies in the hands of our youth, and it is our collective duty to guide, protect and uplift them.

Mseleni Hospital remains committed to reaching every corner of our distract with compassion, information and healthcare that truly transforms lives, the day ended with a renewed sense of hope, knowledge, and purpose. #MseleniCares , #SafeChoices #BrightFutures #YouthDialogue

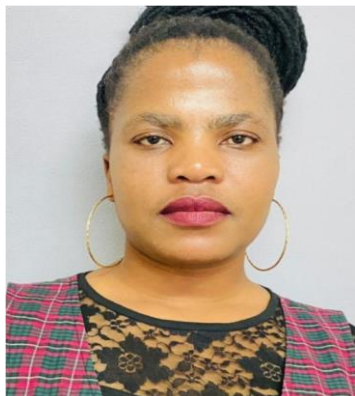


PHOTO GALLERY



ACKNOWLEDGEMENTS

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