



ZIGELEZA NOMSELE NEWSLETTER



MSELENI HOSPITAL
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Hospital Manager's corner

Zigeleza noMsele



HI ALL

This is another chance given to me, just to communicate with you. I am grateful for such opportunities.

This financial year has hit us terribly, but let God lead us through so that we survive. Victories you had currently achieved, use them as a benchmark for your future success, derive positive lessons from your failures.

Let us all use the cost saving measured that we apply at our homes, in the working environment. We should lift high the BATHO PELE PRINCIPLES so as to be able to achieve the acceptable required standard of service delivery.

LET US UNITE HANDS AND FIGHT THE FIGHT.

TOGETHER WE SHALL CONQUER OBSTACLES. BY: *MRS T.A. Mqadi*

QUOTE OF THE DAY

In life, many thoughts are born in the course of a moment, an hour, a day. Some are dreams, some visions. Often, we are unable to distinguish between them. To some, they are the same; however,

not all dreams are visions. Much energy is lost in fanciful dreams that never bear fruit. But visions are messages from the Great Spirit, each for a different purpose in life. Consequently, one person's vision may not be that of another. To have a vision, one must be prepared to receive it, and when it comes, to accept it. Thus when these in-

ner urges become reality, only then can visions be fulfilled. The spiritual side of life knows everyone's heart and who to trust. How could a vision ever be given to someone to harbor if that person could not be trusted to carry it out. The message is simple: commitment precedes vision.

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"Uyothi wabonani wemfazi ongazalanga"



kuthweswa iziqu zobuhlelengikazi

emazingeni ahlukahlukene. "Uyothi wabonani wemfazi ongazalanga", leli ngelinye lamaroni ebelihaywa lapho sekwentshiswa izinkulumo. Nawe Mseleni awumncinyane uma ukhinqiza izingqalabutho kwezobuhlelengikazi abaseqophelweni eliphezulu.

Kuqhume ubukikiki nenhlokomo lapho uNgqogqoshe wezeMpilo kwa-Zulu Natal ethula inkulumo yakhe njengesimenywa esiqavile.

"This is not the end of the road, continue to specialize, since the nurses are the back bone of the health Care service" kuqhubeka yena belu uMphathi wezempilo. Phakathi kwabanye bamanesi amaningi aseMseleni akulesisithombe esincane. Abanye ubuzibonela ngisho ebusweni ukuthi injabulo iyazichichimela. Abanye beze besho nokusho ukuthi bazolala bewaggokile amajazi. Lokhu kubonise abaningi ebebeyizithameli ukuthi "many are the beautiful keys but, education is the right key", ubungaze ufise nokuyobhalisa ngakusasa ngendlela isimo ebesikhuthaza ngakhona. Kodwa wonke lomsebenzi ubungeke ufezeke ngaphandle koThisha. Nathi eMseleni siyaziqhenya ngalaboTisha abahlala beyibambile ngisho ishisa.

Kwesincane: From left: Shamase N, Mntambo F.Z., Mncwango M., Dlamini H.S., Mngoma G.M., Mthembu B.E., Mawelela X.E., Hlabisa T.B

Kwesikhulu: iFarmers Hall ibigcwele iphuphuma ngalolu hlobo

Beyigcwele iphuphuma kanje iFarmers Hall e Newcastle (**kwesingenhla**) mhla ka 19 September 2008



Ms. R. Mofokeng,
Principal



Ms. S.P. Msweli



Mrs. J.S. Mnguni



Mrs. Z.E. Msikinya



Ms. G.D. Bengu



Mrs. M.P. Mbonambi

Othishela base Mseleni Sub Campus

ISAZISO: Siyathanda ukuququguzela umphakathi waseMseleni na-Maphethelo ukuthi ukhuthaze izingane ukuba zizitholele nazo lamathuba okufunda. Kubalule ukuvikela kunokwelapha.

Imfundo kayithengwa kodwa iyasetshenzelwa. Nawe-ke mfundi ungadoji ukufunda uthembe okuza kalula ngoba ngokwenzenjalo uzobe usulingcwabile ikusasa lakho uNkulunkulu akulungiselele lona.

Izwi leNkosi lithi "ngokuba nginemicabango emihle ngani, isho iNkosi", "imicabango yokuniphumelelisa, yenkathi ezayo nethemba" *Jeremiah 29:11*



UMBIKO NGOMCWANINGI

PHEZU KOMKHONO

Lethwese ihlobo

Matron Mdletshe, Infection Control & Prevention ebambisene no Matron Kubeka kanye no Dititian, Ms T.P. Mdluli.



MBWAZWANA CLINIC

LELITHUBA LIYINGQAYIZIVELE UKUBA NGITHABATHE USIBA KE NGIKLAME INDIMA ZE MASEZIBUYA EMASISWENI IBISIPHOTHULIWE INDIMA.

KUYADABUKISA UKUTHI USOMANDLA AKUPHE AMEHLO, IZANDLA, IZINYAWO KANYE NENGQONDO KEPHA UMUNTU AZENZE ULAZARU.

KODWA KUYAJABULISA UKUBONA AMAKLINNIKI ASEMSELENI ESIBHEDLELA EZIMISELA PHEZU KWEZIMO EZININGI EZIPHIKISANA NEZITSHALO. UMPHAKATHI UYAZIKHUTHALELA IZINGADI ZAWO, ONGANGOKUTHI NGISHO EZABELWENI ZABO SEBENEZABO IZINGADI. UCWANINGO LUTHOLE NOKUTHI BAZISEBENZISA UKUTHI BAKWAZI UKUTHOLA UKUDLA OKU-FRESH NGAPHANDLE KOKUTHENGA NJENGOBA UKUDLA KUMBA EQOLO KULEZI NSUKU. BAPHINDE BADAYISE UKUZE BATHOLE INZUZO.



MABIBI CLINIC



MQOBOKAZI CLINIC

NAKUBA BELIMA NGAPHANSI KWEZIMO EZIPHIKISAYO UKUKHA NJE EZIMBALWA, AMANZI AYINKINGA KWAMANYE AMAKLINIKI KANTI NOMHLABATHI WAKHONA KWEZINYE IZINDAWO AWUVUNDILE, NGAKHO LUYADINGEKA USIZO LWEZOMANYOLO. BAPHIKELELA KUNJALO.

“IMBILA YASWELA UMSILA NGOKULAYEZELA” ASISUKUME SILIME EMAKLINIKI



MDUKU CLINIC



MANABA CLINIC



TSHONGWE CLINIC



QONDWENI CLINIC



NIBELA CLINIC

OPEN DAY AT MSELENI HOSPITAL



OPENING & WELCOMING: Was done by Mr. E.S. Buthelezi (Human Resource Manager)



MOTIVATION: Was done by Mr. T.P. Mdluli (Public Relations Officer)

Mr. TP Mdluli made an impressive motivation note saying "You are not a tail but the Head" he continued with the following keys: Don't be discouraged about where you come from but, be encouraged about where you are going, Have your own lifestyle, Education is the right key. He lastly spiced his motivation with the following phrase "prevention is better than cure" meaning that, it is good to work hard as early as possible so that you won't have any problem when the examination comes.

SCHOOLS THAT WERE PRESENT: We were expecting 6 Schools to have 5 grade 11 students and 5 grade 12 students each school, but we requested to the nearby school to come with 20 students so that they will make 60 students. The names of the schools were as follow:

Nhlambanyathi High School ,Zenzeleni High School, Justice High School, Jikijela High School, Mntanenkosi High School

PRESENTATIONS:

Medicine : By Dr. D. Nkosi



Dr. Nkosi is a local guy who went to local schools as well and he is working as Medical doctor at Mseleni Hospital. He mentioned that he was coming from the disadvantaged background, but through persistence he managed to achieve what he

wanted to achieve. He gave the students a picture of what is expected when you want to be a doctor. First of all, one must have science subjects, but due to the passing rate, at the moment if a students does have exemption with science subject she/he qualifies. He also mentioned it clearly the Institutions that offer Medicine in the country.

Dietetics: By T.P. Mdluli. Ms. TP Mdluli is working as a Dietitian at Mseleni hospital. She presented a wonderful presentation, explaining what is meant about this carrier. She explained as well about expected requirements needed and the need for dietitians in the country. She emphasized that if you don't find any bursary, that is not the end of the future but there are other schemes available, e.g. Edu. Loan, NSFAS, etc



Dep of Occupation Therapy presented by: Mr. N.B. Mantengu (Com Serve Occupational Therapist)

He is a local guy who attended local schools. Moreover he is a former student of the Friend of Mosvold Bursary Scheme. He gave presentation on Occupational Therapy.



Six schools from Mbwana ward



Nursing Sub Campus presented by : Ms. D.G. Bhengu (Educator) was giving a presentation on nursing related issues and how can someone qualify.

Dep of Social Work presented by: Mr. M. Gumede (Social Worker). Moreover he is a former student of the Friends of Mosvold Bursary Scheme. He was giving a presentation to the group about social work Career and how someone can qualify to study social work



Laboratory was presented by: Ms. K. Mthembu

Pharmacy presented by: M. Gangadin



Dep of Physiotherapy: By Ms. J. Thomas (Physiotherapy)

ROLLOUT & CLOSURE



Mr. S. Mbonambi (Human Resource Practitioner) was giving a rollout. And all schools were given the file full of everything that was being discussed during the whole programme. Forms and hand outs were distributed to each school as well.

Closure was also done by Mr. S. Mbonambi with a prayer



The above three were successful mothers whom their children were found healthy enough by the local Judges to continue with the competition sponsored by Jonson & Jonson . From left to right is number 1,2 & 3

**ZITHOLELE INGQAYIZIVELE
YETHUBA NAWE
NGOKUNCELISA UBISI
LWEBELE**

Isi Bhedlela sase-Mseleni singezinye zezibhedlela ezikhuthaza ngokubaluleka kokuncelisa ubisi lwebele. Muva nje sisanda kuphuma phambili ngo 100% kulandela inhlolovo ebikade yenziwa yithimba lomnyango ophezulu weZempilo.

Kuyo inyanga yabantu besifazane uAugust 21, 2008 ithimba eliqguquzela ukuncelisa ubisi lwebele (Breastfeeding activists) laseMseleni



esiBhedlela litheleke endaweni yakwa Mduku ngokubambisana nabakwa-Johnson & Jonhson ukuzoqguquzela ubisi lwebele. Ukubonisa ngesithombe esingenhla umphakathi obuhambele le-Awareness bebuzwa imibuzo, bewina nezi-monyo zoDADO.

Kuthokozise kakhulu ukubona omama bezingane ezinakekeleke kahle ngokomgomo wokuncelisa ubisi lwebele bephuma phambili ngamalengiso.

Yibo laba oMama abathathu abasesithombeni esikhulu abazizuzela imiklomelo, baphinde bazitholela ingqayizivele yethuba lokumela uMkhanyakude Health District emncintswaneni weSifundazwe (KZN) obuse Stanger walo belu ubisi lwebele.

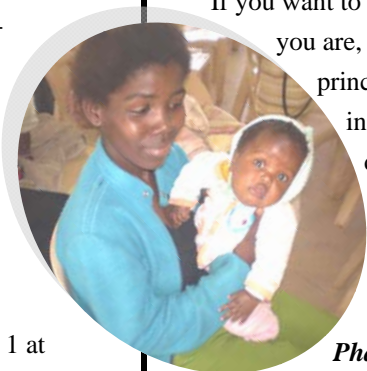
Jonson & Johnson and Department of Health-Breast Feeding Awareness for KZN Districts Stanger.

On the 29 August 2008 breastfeeding finals for all KZN Districts were held at Stanger. The Above babies that won at Mduku under Mseleni Hospital (Umkhanyakude Health District) were the part of the finalists. Fortunately for us as Mseleni Hospital under uMkhanyakude District, we managed to beat all other Districts by getting position two from 0-6 months. Guess what? The baby who got no. 1 at Mduku, is the same baby that got no.2 at Provincial Competitions. See inserted

Mother of the baby expressed her happiness by dancing on the floor, her words ' *lonyaka lo ngeke ngiwuk-hohlwe empilweni yami, ngiyabonga kuMdali'*

Nawe Mseleni awumncinyane

If you want to shine where ever you are, simply just know the principles of Breast feeding and have up to date and accurate information of your baby.



Phambili ngobisi lwebele phambili !!!!

What God says about Breastfeeding ?

Breastfeeding was created by God's magnificent design for all mammals and he is not silent on the topic of infant feeding. His children can receive more than food from the breast of their mother. What greater gift can a mother give her child than the gift God has given.....breastfeeding. The biblical perspective of breastfeeding makes references to show breastfeeding to be a joyful, rewarding blessing to both mother

and child.

NO MAN CAN IMPROVE ON WHAT GOD HAS DESIGNED.

In Isaiah 55, the scriptures declare that His ways are higher than our ways, and his thoughts higher than our thoughts. His way to provide infant feeding is from mother to child. In Hosea 4:6 the word states," His people are destroyed for lack of knowledge." Choosing not to breastfeed a child does increase the child's risk of sickness. If parents are informed of the risk of formula feeding and still choose not to breastfeed, they will not receive all the blessings that God intends for that developing child.



Complements from the Clients

“My daughter, Patricia Prinsloo, gave birth to a son on the 05/08/2008 at +- 6.26pm at Mseleni.

I was visiting from Cape Town and was fortunately to be there for her during the process. I just want to complement the ALL nursing staff, before, during and after the delivery with there exceptional "service".

I can lie and say I had no expectations from the government hospital but truthfully I expected the worse.

The service and care was phenomenal and no words can thank the staff as its evident that this treatment and compassion is standard practice at the hospital

Thank you very much

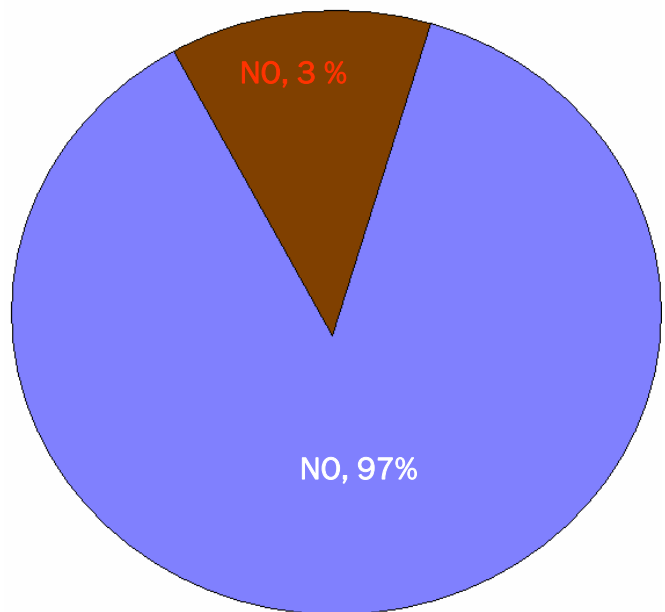
Peads staff members are being complimented almost five patients. More over a patient (0729772107) from Kwa-Skhemelele complemented them with 100 % as devoted soldiers.

Mrs. Guumede (Mablose) was complimented by OPD patient for her consistent positive attitude to all patients.

Special compliments to S. Slambo & Dr. Ferns as well as the staff for a good work shown in Ward 2

Client survey 2nd Quarterly results

The survey was conducted on twenty cases, the following is the indication of the rollout percentage.



Thanks to all staff members that participated in this survey since on our last survey we scored 81%. Asigeleze njalo nina bakaPhunga noMageba size sifike ku 100%



MIRACLE IS BORN

Nomalanga is a General Orderly who has performed miraculous duties when performing mid-wifery on the 27th

June 2008, 09:45 AM at Mseleni Hospital premises.

This miracle happened just some few meters from the main gate. A pregnant mother, was coming from Mbazwana (Mntanenkosi Area). She felt labor pains in the morning and immediately got into the taxi to Mseleni Hospital. When she had gone past the gate, she suddenly felt that she should sit down. Maternity ward was too far for her to get there immediately. Nomalanga Dlamini (small inserted picture above) found her in a state of delivery, since the process of delivery



NOMALANGA DLAMINI

had been taking place; Nomalanga swiftly put on plastics as there were no gloves and helped the mother. Within the twinkle of an eye the baby was out.

Maternity nurses were called to collect the mother with a stretcher to labor ward. Negama lakhe uSimangaliso vele.



diabetes) and high protein levels (which can put you at risk for pre-eclampsia, a type of high blood pressure during pregnancy). Blood tests to check for low iron levels (anemia), blood cell count, infectious diseases (such as syphilis and hepatitis) and blood type are also performed.

Sometimes, an ultrasound may be done to help figure out when your baby is due or to check on your baby's growth and position in your uterus. An ultrasound uses sound waves to create an image of your baby on a video screen.

Other tests may be needed if you or your baby are at risk for any problems.

**SIYABAKHUMBUZA O-MOTHERS
UKUBA BAVAKESHELE EM-
THOLAMPILO NGEZIKHATHI EZIN-
QUNYIWE, UKUZE SIZONQANDA
UKUTHOLA O-SMANGALISO
EMGWAQENI**

Taking Care of You and Your Baby While You're Pregnant

1. Is prenatal care important?

Prenatal care is very important. You can help make sure that you and your baby will be as healthy as possible by following some simple guidelines and checking in regularly with your doctor.

2. What will happen during prenatal visits?

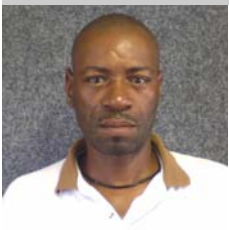
After you find out you are pregnant, you should make an appointment with your doctor.

Your first prenatal visit will likely be when you are 6 to 8 weeks pregnant. Your doctor will probably start by talking to you about your medical history and how you've been feeling. You'll be weighed and have your blood pressure taken. These measurements will most likely be taken during each doctor's visit.

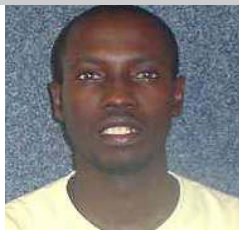
On your first visit, you'll also have a pelvic exam to check the size and shape of your uterus (womb) and a Pap smear to check for abnormalities of the cervix (the opening of the uterus).

Urine and blood tests samples will be taken on the first visit and again at later visits. Other tests are performed, such as urine tests to check for bacteria in your urine, high sugar levels (which can be a sign of

PARTING IS SUCH A SWEET SORROW , BUT WE SHALL MEET AGAIN



TH Mkhonto,
Grounds man



SH Msane, ward Clerk

Abasishiyile eMse-
leni Hospital ku-
sukela unyaka ka
2008 uqalile. Sithi
amadlelo aluhlaza
Halalallllaaaaa!!!!



N Phungula Chiya



Mr. Hlophe C. P. N

Finance & Systems Manager



T Mthembu, Security
Guard

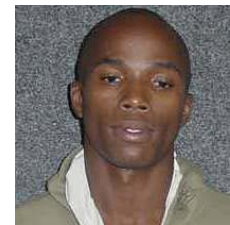
Abasishiyile
emhlabeni ku-
sukela unyaka ka
2008 uqalile



Dr. MA Enkake, Medical
Doctor



SM Ntanzu, Dental
Therapist



Mr. S. Manqe, Quality
Assurance Manager

Izakhiwo eziqhubekayo ESIBHEDLELA SASEMSELENI



LEDAWO IYISIWA NGEMUVA KWE
WODI-4 IQALE UKUSETSHENZWA
KULENYANGA KA-September 2008
EMVA KWESIKHATHI ESIDE YAMEN-
YEZELWA NJENGEZOKWAKHIWA
UMNYANGO WAKWA (PUBLIC
WORKS). NAMI NGALESOSIKHATHI
NGANGISATHI INYAMA YINAMA,
NGANGINGAKABI NGISHO NAMAZ-

INYO. KODWA SIYABONGA
KUMDALI OSENZELE
UMUSA WASIKHUMBULA
NGOSUKU OLUBI OLU-
B I Z W A N G E
“Financial Con-
straint”.

YISO LESI SAKHIWO
ESIZOMUMATHA IMIB-
H E D E E N G A -
MASHUMAMANE NESISHIYAGA-
LOMBILI, OKUZOBA YIGUMBI
LEZIGULI LABANTU BESIFAZANE.
(KWESOBUNXELE)
KANTI I-PARKING YABASEBENZI-
NAYO ISEZITHENDENI
(KWESOKUDLA)



**Iize ladumela emansumpeni naseM-
seleni esiBhedlela njengoba be-
kusweleka indawo yokupaka.
Iziqaliwe nayo ukhwakhiwa njen-
goba ubona esithombeni esingenhla
phambi kwe Workshop/ Man-
tainance.**

Lethimpilo School Project



LAUNCHING OF NEW LETHIMPILO SCHOOL PROJECT AT MSHANGUZANA HIGH SCHOOL

On the 11 June 2008

The first session of this day was opened with a prayer and the words of welcoming members from different Departments. The following Departments were available to render their services to the Community of Mashabane place.



AMAZWI KA MEYA WOMHLABUYALINGANA MUNICIPALITY

Ngibingelela zonke izikhulu ngokwehlukana kwazo ngama

Department ezisihambele kulendawo yakwa-Mashabane ngenhloso yokuletha izidingi ngqangi zomphakathi.

Thokoza namuhla wena ongenalo ipasi, uzolithola namuhla, ongenaso isitifiketi sokuzalwa uzosithola namuhla nje uyogoduka usiphethe.

Wena ongaholi impesheni uzobhalisa namuhla, wena odinga ibank uzolithola khona lapha eMshanguzana namuhla.

Nisenhlanhleni –ke mphakathi wakaMashabane ngiyani bongela ngosuku lwanamhlanje.

Sengizohlala phansi ngifisa ukusho ukuthi njengoMasipala woMhlabuyalingana uma sifikile

Endaweni sishiya umehluku kumphakathi wakithi, sizolungisa ibhilidi elidala lalesikole sase Mshanguzana kuwo lonyaka.

DEPARTMENT OF EDUCATION

This is the driver of the Lethimpilo School Project with the aim of making Schools to be the Centers of care and support to the community. School extract are given to parents for their children to apply for Identity documents. Departments of Education wants the Community to obtain all their needs and want without paying a lot money on transport.

HEALTH

Department of Health provides the most important role in the community, as it is the backbone of all Departments. There are two categories of services done by Health.

Namely: Screening and VCT Screening is aimed at checking BP, weight, vision, HGT checking's and general health assessment

VCT: Is aimed at Pre- test counseling to patients, checking of HIV Bacteria whether it is available or not, Post- test counseling.

Home affairs

This department is dealing with application of the Identity documents, new birth certificate, Lost identity documents and lost birth certificate, and death certificate.

SASA

SASA department is rendering an important service to community by offering all types of grants such as application of old age grants, disability grants, child support grants, and foster care grants. And those who had no identity documents are now able to apply for all types of grants.

Social development- Provide the community with counseling to the community who have social problems. Approving of grants

SAPS- This Department ensure the safety of the community for 24hours a day. Minimizes the number of crimes in the community.

They also provide the community with affidavit to those who need them.

Ithala Bank- Provide the community with the following: Home loans, Loans to Co- operatives, SMME'S, opening of new accounts and informing the public about different services they deliver.

GCIS- These are co-coordinators of the event and the provide government pamphlet and alert the community about the event through local media. They also alert the leader of the community to make the event successful.

Councilors and Izinduna- They provide the community with the proof of being residents when they want to apply for the identity documents.

STUDIO- They provide the community with photographs for application of Passports and identity documents.