



# NEWCASTLE PLATFORM NEWS

October - December Edition

## HOD & Mayor welcome Xmas babies



**D**epartment of health HOD Dr S. Shabalala and the Mayor of Amajuba District Dr M. Ngubane visited Newcastle Regional Hospital on the 25th December 2019 to welcome Xmas babies.

They were accompanied by Dr Busi Mahalaba (Peads HOD) and the Speaker of Newcastle Municipality Cllr S. Yende. Speaking before the distribution of presents Dr Ngubane expressed his concerns about the high number of young girls who become mothers at a tender age. "It worries me a lot if I look at the ages of some of the mothers today, and that shows that there is a problem in our communities" he lamented.

Cllr Yende who is a Social Worker by profession said it is so unfortunate that our district is surrounded by bigger provinces which makes it a gate way to and from these provinces. "We have TVETs Colleges in our district and students migrate from the nearby districts and provinces to our district seeking for education, others end up not having a proper accommodation, which leaves them with no option but to get themselves "Blessers". We all know the problem of these blessers in our communities". She said

She closed by encouraging nurses and doctors to work hard and do their work with pride and smile.

Xmas joy continues.....



Hospital management posing with the Mayor Dr. M. Ngubane, HOD Dr S. C. Shabalala and Dr B. Mahlaba. Below is the Chairperson for OSS Dr Mahlubi second from right holding the 2nd Xmas baby.



## Hospital staff, patients and mothers celebrate life on World Prematurity Day

**O**n November 19, Newcastle Regional Hospital celebrated World Prematurity Day with staff, patients and mothers.

With the aim of informing and educating mothers about premature babies and how to care for them in the correct manner, the hospital's medical team had an informative meeting with the mothers discussing various topics.

"Women and mothers of Newcastle need to be aware that delivering a premature baby is not the end of the world, but the beginning of the long journey to ensure the child can grow normal and live a long and very happy life" said Dr Busi Mahlaba who is the Head of Department in Peads at Newcastle Hospital

As the hospital experiences over 700 deliveries annually and 120 of those deliveries are born prematurely, the medical team and Dr Mahlaba are persistent

that the public be aware of the complications that follow if the infants are not cared for correctly. "The baby that is born prematurely can experience malnutrition, a high BP, HIV and TB depending on the health status of the mother. It is therefore crucial that the child is cared for in the correct manner, especially in the first few months of their life" added Dr Mahlaba.

The medical team of the Hospital provided the following tips to the mothers:

- Functional family planning is a necessity
- Ensure you good nutrition plan before you plan on becoming pregnant
- Have a good support system that will be there for every step of the way, emotionally, physically and verbally
- Be sure to seek medical guidance



Medical team, Nursing staff and mothers of the children that were born prematurely posing for a photo





Mothers who have now old children that were born prematurely participating in a march on the day



Sr. Miya (OM from NICU) and Matron Ndlovu from O&G having fun during the World Prematurely Celebration



# Newcastle Regional Hospital talking Quality



## NICU clean sweep awards on Quality Day celebration

**N**ewcastle Hospital College Hall was full to its capacity on the 29th November 2019. The hospital was celebrating Quality Day as per the Health Department calendar.

Supporters and recipients of awards and certificates from different components came in numbers to embrace this day. Speaking during the event Dr Y Nyombayire said all those that received something should be a bright shining light to others. "After this event you should go out there and influence others so that they will do better and improve quality of work in all the components" he said

Medical team from Paeds was also another noticeable unit that did well on this day by scooping many awards and the certificates. Doctors from various components came in numbers to support and became part of the event. Clinical Manager at Paeds Department Dr Brain Xulu gave a moving speech and emphasized the issue of adhering to work ethics. In his speech he also touched base on the issue of team work. "Even in soccer fraternity if a team is disjointed then results do not come and it gets relegated. We therefore need each other as colleagues in order for this hospital to achieve its strategic goals" he concluded



Dr Mzimela, Dr Nepfumbada and Dr Xulu





# 2019 HIGHLIGHT GALLERY



On top is the MEC for Health Ms. Nomagugu Simelane Zulu having fun with women from various political parties during Women's Day Celebration at Osizweni Stadium. From left below is Mrs. G Nel receiving her retirement present from HR staf and on the right is the staff from Systems Department bidding farewell to Mrs. Thandi Shezi



KwaZulu-Natal Department of Health



kznhealth



KZN Department of Health



@kznhealth

[www.kznhealth.gov.za](http://www.kznhealth.gov.za)

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL



**N**ewcastle Regional Hospital had a busy 2019 in many ways. One of the noticeable highlights for 2019 was the unexpected visit by the MEC for Health Ms. Nomagugu Simelane where she actively engaged with patients and staff from various Departments. On top is the Clinical Nurse Practitioner Ms. Phumelele Ngema explaining to the MEC the day to day operations of Siyakhula Clinic.

Top right is Dr Sizwe Radebe from Eye Clinic answering questions from the MEC regarding the functioning of the clinic.

Below is Mr. Mxolisi Dlamini from Admitting Office discussing the filing system of Newcastle Regional Hospital with the MEC since the Department is currently working towards the paperless filing system.



## 2019 GALLERY CONTINUTES



The Accounting Officer for Newcastle Regional Hospital Mr. K.Z. Dlamini on the left was also not left behind, he had to answer some few questions from the MEC regarding the overall operation of the hospital. Second picture is the Medical Manager Dr Y. Nyombayire and the M&E Manager Sr. P. Masondo making sure that they leave no stone unturned in answering the questions from the MEC.



Below are doctors from POPD being encouraged by the MEC to work hard and with a smile when attending to the patients.

The MEC and her team left Newcastle Regional Hospital satisfied with the answers and promised to assist the hospital where possible.





**Written and Designed by:**



**Mr. P.S. Buthelezi**  
**Public Relations Officer**



## CONTACT DETAILS

Physical Address:

4 Hospital Street

Newcastle, 2940

Webs Address:

[www.kznhealth.gov.za](http://www.kznhealth.gov.za)

Switchboard Number

034 32 80000 / Fax 034 32 800 22



KwaZulu-Natal Department of Health



kznhealth



KZN Department of Health



@kznhealth

[www.kznhealth.gov.za](http://www.kznhealth.gov.za)

MY HEALTH, YOUR HEALTH, OUR HEALTH: A HEALTHY KWAZULU-NATAL