



NEWCASTLE PLATFORM NEWS

September - Edition

Viva World Breastfeeding week Vivaaaaaa!



You will be forgiven as the reader of this edition for thinking that Newcastle Hospital has recently been under siege. This wasn't a strike or a march but it was when World Breastfeeding Week was commemorated at the Hospital in August 2017. Siyakhula clinic staff planned a march that started at the Hospital Foyer and went all around the hospital until it ended in the children's ward. Management of the hospital also joined the staff who carried placards with Breastfeeding messages. During this march patients were told about the importance of breastfeeding. The march was led by Mr. Siyabonga Magwaza from Information Department seen in the front of the main picture.

Mrs. Sizakele Nyawo, the Hospital Dietician spoke strongly about

the mothers who do not want to breastfeed. "It is us as mothers who kill our own children. Why get a child if you are not ready to breastfeed. Why decide to give your child a formula when you have a ready-made milk in your breast. I'm saying this because those mothers who do not breastfeed are depriving their children of very important nutrients that are found in human milk, said Mrs. Nyawo.

Dr R. Nyombayire, the Medical Manager of the Hospital thanked all the Siyakhula clinic staff for organizing such an educational march for the patients.

In the next few pages are the photos of the march in various parts of the hospital. Just take a look and enjoy..



Staff members marching around the Hospital holding placards with Breastfeeding messages



Breastfeeding education about was also given to Patients in the Hospital High Risk clinic, then followed question session.



The march ended in the children's ward where everybody was happy and smiling, especially Sr. Nair on the left and Sr. Naidoo in the front



Fitness is everything.....



Fitness junkies from various institutions around Amajuba District converged at Newcastle Hospital to showcase their fitness levels. This was in celebration of Health and Wellness day on the 7th July 2017.

Activities on the day included walking, aerobics, mixed volleyball, netball, mixed soccer seven a side and other sporting activities. Delivering his speech Mr. Phumlani Ndlovu (Hospital EAP) said it is important for all people to exercise on a regular basis including the government employees. "We are always working so hard and some of us use computers in their offices and come lunch time, we just go out and eat unhealthy food which leads to us gaining a lot of weight, hence we are today promoting healthy life style. He said

GEMS, Liberty, Home Loans, Sanlam and Old Mutual were there to support the event. They came with their stalls to showcase their products to the employees. Closing the event the instructors encouraged all the participant



Mr. S. Buthelezi directing the programme



Zinhle and Manono were also there to give support to the participant. Mrs. Mtshali taking a sip of water during the interval



Speakers from various companies that supported the event had an opportunity to talk to all the attendees about the available products in their companies. Tholakele below engaging SANLAM employees.



Hospital Radio Talks Shows - Newcastle Community Radio



Dr Kubheka far right and Sr. Maphaphu speaking on NCR about the dangers of Enema



During the month of August most health facilities in the Amajuba District were all out conscientizing mothers about the importance of breastfeeding. Newcastle Hospital was one of those facilities who did just that to make awareness about breastfeeding. Mr. T. Mzolo (Comm. Serve Dietician) was talking on NCR about the importance of breastfeeding. The community also phoned in and asked questions on the subject.

Written and Designed by:



Mr. P.S. Buthelezi
Public Relations Officer



CONTACT DETAILS

Physical Address:

4 Hospital Street

Newcastle, 2940

Webs Address:

www.kznhealth.gov.za

Switchboard Number

034 32 80000 / Fax 034 32 800 22