

# VENCASTIE Platform The Newsletter for the Caring Profession June 2009 Volume I No. 1

### A thousand words in one: Aura





#### NEWCASTLE PROVINCIAL HOSPITAL

4 Hospital Street, 034 438 0000

## CONTENTS

April-June 2009

#### REGULARS

Editors views	.4
Provincial Management	.7
Birthdays	.8
What's new	.15
In Honour	.9

#### MAIN NEWS



School accredited as a HPS......5

Photo by: Tshepo Mokoena

30 Years in service	10	)
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#### ? IS IT TRUE

Lets hear about it	18
Is it credible.	18
From the source.	18
Lets solve it	18





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#### Department of Health Call Centre

- EMRS provincial operations
- Antiretroviral therapy info
- Reporting of fraud and corruption
- Reporting of complaints
- General Health Help Desk...

0800 005 133—toll free 24/7



# **Editors Thoughts**

I would like to start by saying " Courage comes from wanting to do it well. Security comes from knowing you can do it Confidence well. and comes from having done it well". I've been wanting to compile this newsletter for such a long time but guess what courage was not there, I have only became secured after knowing that I can do it well which then made me to have that strong and powerful confidence of being able to take one step forward.

When I first arrived in this hospital the management said it boldly and clear that they believe and trust that I will bring a way forward and success in as far as Communiconcerned. I cation is think and believe that by producing this Newsletter our level of communication as staff will be of high quality.

I have decided to brand this Newsletter "Newcastle Platform" because of one reason.

According to Oxford dictionary a platform is a raised floor or stage used by public speakers or performers. For the mere fact that in the above mentioned definition they mentioned speakers and performers, it means this Newsletter is not only mine alone but it is a stage where we are all going to perform on, air our views and disseminate constructive information.

Colleagues I would also like to thank all the members of the Newsletter Committee for giving me

?

the strength and courage to come up with this wonderful publication.

Our doors in the Public Relations Office are always open for those of you who would like to provide suggestions and views in order to improve the quality of our Newsletter.

In our next publication I will then introduce to you a young talented and industrious man Mr. Tshepo Mokoena (PR Intern)

I conclude by saying "The future depends on the present not the past".

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**?** BATHO PELE (PEOPLE FIRST)....

? 1 Consultation

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All levels of society will be consulted and your feelings will be conveyed to Ministers, MECs and legislators.



#### **Health Promotion At Schools**

Newcastle Area.

Last month Mandla Masha our local Newdubbed a Health Promoting School.

First to be reviewed was Mandla Masha Combined School, on the 24th of April 2009, which had applied in the previous year to be included in assessments of being health promoting institutions.

The whole process was governed by the Provincial Department of Health, and School Health Nurses assisted the school educators, SGBs' (School governing Bodies), etc to prepare their school that it may be a Health Promoting School.

It was that time again, for an assessment The 1st assessment was done in the year of transformations that one wouldn't believe due at schools in and surrounding the 2008, and went accordingly, bearing the to be true, were accomplished. A school state that the school was in during the situated in rural areas that maintains stantime it applied to be part of this initiative. dards that compete with urban and subur-

castle school along with Hlabana Primary Although the 1st assessment was done by School were on the list for a review Local Representatives, it wasn't to be the whether they were still maintaining the same during the second assessment where Although this has been achieved it is imstandards, as they were close to being Sub-district representatives were to be portant that this accomplishment is mainpresent to provide an external assessment, tained, and that's when the true test of one that wasn't going to be jeopardized by courage starts, mind the fact that these any pardons that the local representatives schools may not have the resources and may have offered.

> The assessment at Mandla Masha proved to be a success, it met all the requirements of a Health Promoting School as well as proved to be knowledgeable on various aspects such as HIV/Aids, Safety and Security, that contribute to being a Health Promoting School.

The assessment at Hlabana Primary School also proved to be a success,

ban schools proves that nothing is impos-

funds that are available in urban and suburban schools.



Students being questioned on HPS policies.





?	?	?	?	?	?

- ? BATHO PELE (PEOPLE FIRST).... ?
- ? 2.Servcice Standards ?

They will be monitored at least once a year and be raised progressively...



#### **Chief Executive Officer**

#### Nursing Management



Ms M.V. Mayundla CFO 2362 / \*661

#### Ms D Ndumo

Nursing Manager 2330 / \*657

**Nursing Management Team:** 



\*014

\*618

#### **Top Management Team & Support**

2. Medical Manager:	Dr S.D. Hadebe	2358	*167
3. Nursing Manager	Ms D. Ndumo	2330	*657
4. Finance & Systems Mar	a. Mrs. Y Meiring	2361	*551.
5. Human Resource Man.	Mr J.J. Ndaba	2320	*680
6. Pharmacy Manager.	Mr. J. Meijerink	2263	*126
7. Quality Manager	Mrs. N.T.E.	2450	*024

2. ANM Sikiti **ANM** Magugu 4.

**ANM** 2323 Sokhela \*616

5. **ANM** 2272 Zikode \*617 6. **ANM** Sikiti 2321 \*014

7. **ANM** Ndlovu 2324 \*621

The success and the failure of Newcastle Provincial Hospital lies up on the shoulders of all abovementioned senior personnel. Their polished managerial skills can take this hospital to a greater heights. It is also a responsibility of all the staff members in the hospital to make it a point that they strive for excellence in as far as service delivery is concerned, not to mention respect for our clients.

The supervisors of all the components are not excluded in as far as the issue of providing a professional and quality service is concerned within the institution.

2321

2322

As an institution we can reduce the level of complaints if we work together as a team. Let us adopt the First National Bank payoff line "HOW CAN WE HELP YOU" towards our clients whenever we meet them or serving them.

- Ward 5A: Sisters and Nurses in the ward at hand have been commended by various people for excellent service at all times, both day and night duty.
- Stoma: Excellent service by staff and it is said that the staff at Stoma are very friendly, and offer a genuine feel of 'home away from home'.
- Credit goes to the rest of the wards and the service they offer to patients that are admitted to them, especially that of Wards 2.4-5, the service of your wards has been complemented on various occasions, and that of the Casualty Ward.



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•	•	•	•	•	•

- ? BATHO PELE (PEOPLE FIRST).... ?
- 3.Access

Departments will have to set targets for extending access to public servants and public services.

# Newcastle Provinical Hospital Board



Back row: Mr S. Surujballie (082 847 5999); Mr A.R. Hoosen (082 806 7568);

Mr L. Harripersad (072 691 6406); Mr K.B.Nyembe (078 358 9915); Mr N.S. Mahaye (072 544 4617).

Front row: Pastor Ntombela (082 931 2439); Dr O.H. Seedat (083 414 8786);

Mr M.F. Rehman- Chairmnan (084 578 6066); Mr P.R.B Bhagwandas -Vice chairman (083 419 0599); Mr J.J. Shabalala (082 351 9806); Mr Z.P. Mabuya (073 801 2801)





Transparency and public consultation is a constitutional requirement to be honored by all public entities; it is therefore my task and responsibility as the Chairperson of the Newcastle Provincial Hospital Board to ensure that these principles are thoroughly implemented especially in our hospital.

In all previous meetings we had with the hospital management it had been noted that the hospital is experiencing substantial problems which can be avoided. However, in order to prevent these problems the hospital management is relying on you as clients to assist them by following and resurrect routes before coming to the hospital.

It is also my plea to all the community members who are utilizing this hospital to obey various policies regulations of the Provincial Health Department so as to minimize delays in as far as service delivery is concerned.

It is an undeniable fact that the hospital OPD and Pharmacy have become a centre of troubles due to long queues caused by people who are coming from various places.

Kind Regards: Mr. Farouk Rehman Chairman of the board



#### **Light of Hope!**

The Newcastle Provincial Hospital recently commemorated World Aids Day, with a candlelight service that is renowned worldwide, in the Month of May.

The staff of Newcastle Hospital, patients, and community of Newcastle attended the service along with various dignitaries from churches all over Newcastle, and joined hands as they prayed and gave hope for those that are affected and infected by HIV & Aids.

"Light a candle for Hope" ...

ARV Clinic (Nkosinathi) staff in songs of praise...

#### POST-GRADUATES AND

#### THE WORKPLACE

It is evident that opportunities lie for those who search for them...

Meet the young faces of Newcastle Provincial Hospital, postgraduate students that are there to prove their ability in



the different spheres that they of Health is doing its bit to Qwabe-HR Intern.... wish to venture into one day. promote post-graduates into

It is clear that the Department gaining the required experience

in the form of internships, for a permanent position and to learn from their successors, as each individual has a personal mentor.

#### From left to right are:

Sabelo Mchunu-HR Intern, Nokwazi Mokoena-HR Intern, Nondumiso Mbuli-Office Management Intern, Siyabonga Langa-Finance Intern, Thabane Owabe-HR Intern....

# Watch the space for Sis Futhi's commentary on interns in the next Newsletter!!!!



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? BATHO PELE (PEOPLE FIRST).... ?

? 4. Courtsey ?

All departments must set standards for the treatment of the public and incorporate them...



Newcastle Provincial Hospital is both District and Regional Hospital. It is situated at 4 Hospital Street, Newcastle, under Amajuba Health District (DC 25), walking distance from CBD. The Hospital has 186 beds. Our beautiful hospital provides" home away from home" accommodation for staff. Our wide variety of accommodation, range from nurses' home to hospital houses and flats. Newcastle Provincial Hospital is the best when it comes to quality services, care, accessibility and reliability. We have variety of patients from Majuba Health District and other Health Districts. Our professionally helpful nurses and doctors are dedicated to hard work and adhere to our Vision, Mission, Objectives, Batho Pele Principles, and Patients' Rights. We always strive for excellence, which is our goal.

#### Our motto or slogan

#### "STRIVING FOR EXCELLENCE IS OUR GOAL"

#### Vision

Newcastle Provincial Hospital is committed to provide a quality, efficient and effective service to all the members of the community in conjunction with the Primary Health Care Sector.

#### **Mission**

Newcastle Provincial Hospital endeavors to provide, quality care to all patients, professional services in support of all staff and cost effective utilization of all resources, through the self-actualization of all personnel.

#### **Objectives**

To provide high quality care and to maintain dignity for both our patients and clients who are the focus of our activity.

To perform according to acceptable norms, resources and standards.

To create a safe and friendly environment for both patients and health providers.

#### <u>Health services rendered at</u> <u>Newcastle Provincial Hospital</u>

**General Surgery** 

**General Medicine** 

Obstetrics / Maternity

Gynecology

**Pediatrics** 

Orthopedics

Oncology

Occupational Health and Safety

**Primary Health Care Services** 

VCT (Voluntary Counseling and Testing)

**ARV Nkosinathi Clinic** 

#### **Clinical Support Services**

**ICU (Intensive Care Unit)** 

Casualty /Trauma Department

**Medical Emergencies** 

**Theatres** 

**Radiology & Diagnostics** 

PMTCT (Prevention of Mother to Child Transmission)

Anesthetics

Laboratory

**OPD (Out-Patient Department)** 

**Pharmacy** 

**Specialist Clinic** 

**Dental Clinic** 

**Eye Care Clinic** 

Crisis Centre

Stoma and Wound Care Clinic

PHC Gate Clinic / Mobile

CSSD (Central Sterilizing Department)

**Mental Health Services** 

Infection Control

TOP (Termination of Pregnancy)
Services

#### **Supplementary services**

Social work

**Psychology** 

**Dietetics** 

Physio-Therapy

Occupational Therapy

Registration of births

Mortuary

# Department Profiles ARV - NKOSINATHI CLINIC

The first thing that To monitor and pro- for comes to mind when a persons reads the words 'ARV' we suddenly think of the epidemic faced by the whole world, but what is truly done in clinics that focus mainly on these contraceptives...?

#### **VISION**

To provide care that ensures access to diagnosis, medical care, pharmaceutical and supportive services for HIV infected individuals, their families and the community and also ensuring that prevention strategies are communicated to clients and their mote equal access to gramme. support structures and ARV s. the community at large.

#### MISSION

well co-ordinated,

To promote transpar- als ency and honesty

To promote integrity of government operation and actions.

То encourage team work ,individual and collective responsibility

**ART** 

the

Staff of ARV (Nkosinathi Clinic) Newcastle Provincial Hospital...

#### WHAT ARV COMPO BY ARV CLINIC **NENT ENTAILS.**

To develop a sustainable This component about ensuring that all HIV infected individueducated about their condition {positive 1 i v ing ] ensuring that all individuals qualifying for ARVs access care and treatment and helping clients to maintain adherence and ensuring Clinical and laboratory that quality is sustained staging.

#### SERVICES RENDERED

Registration onto the is ART programme.

> Literacy classes on different types of drugs used and side effects.

Screening and /or treatnancy and giving contraceptives.

readiness and counsel- 1 social worker

Initiation of treatment 2 general orderlies and counseling about 2 ward clerks. received drugs.

Adherence counseling with each visit.

Laboratory and clinical monitoring.

ment of opportunistic Palliative care (home infections, TB, preg based care, social welfare, spiritual support.

Support groups

Pap smears

pro- Patient pre treatment ongoing counseling

Nutritionalds`onal sessments and giving out nutrition supplements

health education to clients and families.

Social services rendered by the social worker.

#### SERVICE HOURS

Monday to Friday from 7H00am to 4H00pm

#### **TEAM**

4 Professional nurses

1 enrolled nurse

1 site mentor

10 lay counselors

2 data capturers

1 pharmacist



# Inhile.

TEAM I TEAM 2



'it's all about dedication and devotion to your work... These people depend on our service'



the needy.

With a vision to provide comprehensive accessible cost effective non discriminative service to all members of the community, the mobile team has set out to do just that, nor forgetting their alliances the SHS team, TB team, and CHW facilitation who are all part of this magnificent department.



PHC Mobile is a division of The PHC component inte-noticed or felt a rather higher The PHC Mobile service is the the Primary Health Care Sec- grated its core elements with a presence within the depart- only service within the DC25 tor, it is a team assigned to mission that is to provide a ment, and that was before the district that travels around the travel to the outskirts of the sustainable integrated and com- departure, when I had an op- District with these kind of ser-DC 25 district, where there are prehensive Health service at all portunity to have a word with vices. no visible structures that offer levels in line with Batho Pele the whole team together. health services to the poor and Principles and Patients' Right Charter, these core elements

- Prevention of diseases
- Promotion of Health
- Curative continuation of care
- Rehabilitation

e.g.: counseling

Physiotherapy

Skill development

Now lets get down to the core of this department, and find out what they do? During my visit to this department I

and we headed to a far out sub entities, mainly that of place in the outskirts of the SHS (School Health Services) DC 25 District, boy or boy that is an initiative that travels what a trip it was.

To think of the extreme conditions these people travel in to reach those far out places, with less regards of how they feel, the road we traveled on had no tar, the conditions in which we traveled were adverse, and you should see the vehicles that we traveled in (pictured left) they were left in a horrible state, why I ask? 'It's all about dedication and devotion to your work.... These people depend on us and the service we provide' said Sr. Zikalala.

Further more the PHC Mobile Then we had to be on our way department is divided into 3 to schools in contrast to offering health education and training to students in underprivileged schools that do not have the opportunity or are not offered the appropriate curriculum that educates them on health services, this team is conducted by 5 individuals from the Service. The other team being that of CHW facilitation that conduct services and workshops for the department, and the last team that of PHC Mobile that is our main focal point.

# T.O.P (clinic) - Reproductive Health Facility

Not so far back into our second democratic third democratic election our former President Mr. Thabo Mbeki passed a legislature that gave way to a new era in teenage pregnancy, when he altered that children over the age of 12 years had the right to abortion.

Reproductive health is prescribed and taken uder medical supervison to spontaneously expel a pregnancy.

After confirmation of the pregnancy, history taking, a vaginal examination and taking the blood pressure and pulse, the first medication will be administered at the clinic.

What does an individual receive at the clinic?

- 1st tablet given at the clinic
- 4 tablets to take home
- Pregnancy test strip (to be done after
   3 weeks)
- Painkillers
- After care leaflet with 24/7 contact no.

Now during the whole process of abortion this is what the patient will go through.

#### 1 Consultation

You will be seen by a doctor or nurse who will discuss the different methods of abortion



'in all its uncertainties; the service we provide do change the young girls lives for the better, although we do not condone the utilization of this service to very young children'

and help you to choose the treatment that is best for you, which will depend on the stage of your pregnancy and personal choice.

#### 2 Ultrasound-scan

You will need to be assessed on how many weeks or months have you been pregnant using ultrasound.

There after you will be given an appointment date to revisit the clinic to perform the procedure, depending on your stipulation during the first stage.

Now how is an abortion perfored?

The kind of treatment you have will depend on how many week or month you are pregnant. The different option will be discussed in full during your consultation so that you can make an informed choice.

The component within the Newcastle Provincial Hospital envisions a caring and developmental health and welfare system, which promotes well-being, self reliance and a humane society in which all people have access to affordable and good quality service, as outlined in Batho Pele Principles.

Further more they are committed to providing comprehensive, integrated and equitable health and welfare services which are sustainable, cost-effective and which focus on the development of human potential in partnership with relevant stakeholders.

Services that will be available in future will be those of Cervical Smear Test (pap smear) which is a way to check up on the health of a woman's cervix—the entrance to the womb which is situated at the top of a females vagina.



- ? ? ? ? ? ?
- ? BATHO PELE (PEOPLE FIRST).... ?
- ? 5. Information ?

You will get full, accurate and up-to-date facts about services you are entitled to. Information should be provided at all service points and in local media and languages.

#### PHC-CLINICS PLATFORM\*

During a visit to the below profiled clinics, it was evident that these various clinics had not been exposed to various stakeholders and were not perceived to offer adequate services that one would come to find in a larger institution or did it al lie in the fact that they had not been exposed to the public as public health facilities with as much potential as larger institutions?... What is evident is that these clinics are fixed clinics rendering all services, and integrating with other stake holders in order to improve service

#### **CHARLESTOWN CLINIC**



2006 broke a new era in the town of Charlestown. Charlestown clinic is situated just by the border of Kwa-Zulu Natal and the Mpumalanga Province, and it falls under the KZN administration.

Head of the Clinic Sr. CC Malinga alliterated that geographical location that they are at posed various problems for the clinic as the closest town in KZN is in Newcastle 58km away and Volkrust which is in Mpumalanga 5km away. 'This poses a problem because in critical conditions a patient has to be referred to a place that is quite far from the clinic, and may enter a shock state at that time' said Sr. Malinga. Yet above it all the clinic seemed as a place of serenity with various health services at disposal to the public namely Preventative Services, and Chronic Services.

#### Charlestown staff establishment:

- 1 Operational Manager
- 3 Clinical Nursing Practitioners
- 3 Enrolled Nurses

2

2 Counselors

Enjoy your stay at Charlestown Clinic...

#### **DURNACOL CLINIC**



'believe it or not? We do have a lot of space to move around, it is sufficient, yet we are short of staff'

'finally, what took you so long to provide us with a platform to express our views?'... where the first words that came out of Sr. Shange the Operational Manager (OM) of the Durnacol Clinic.

Durnacol is a fixed clinic rendering all services to the community including Youth friendly services, and integrating with other stakeholders in order to improve service deliver.

The clinic also has a functional clinic committee that acts as the 'board' of the Clinic in the absence of the Newcastle Hospital Board, this committee is formed by individuals within the clinic region, members of the surrounding community, the clinic further caters for a vast population, as the population catchment's of the area is +\- 2000 people in multi-racial spheres.

According to Sr. Shange the major problem they are faced with is the lack of staff and staff establishment as there are no facilities that cater for their safety.

#### THANDANANI CLINIC

The moment I walk into the Thandanani Clinic all out in the Danhauser area I am greeted by warm smiles from the patients in the waiting room of the clinic, it couldn't have been my weird hairdo because that is not the same reaction I received when I entered the Durnacol clinic.

As I approach the front desk, I notice that there is a television set in the waiting room provided for the by the staff of the clinic just to keep the patients entertained while they wait to be reviewed and examined by clinic staff.

I meet up with Sr. Danisa OM of the Clinic, she offers me a seat and says to me; 'we are short of space, that is our main concern, the consultation rooms are transformed into physio-rooms in one week and are doctors examining rooms in the next week, the following week they are VCT counseling rooms'. What a mouth full I say, do you have any problems beyond that? 'We are grateful for our community as they are supportive and understand our infrastructure as we consult with them every time we propose an idea that will improve on service delivery and they are very supportive.' Beyond that the clinic infrastructure and staff establishment is relatively the same as in all previous clinics I visited, but their service is exceptional.

(to view more pictures contact: 03432 80086) PRO



\*not verified website-misleading info

## Your birthdays!!!!!

Surname & Initials	<u>Occupation</u>	Date of birth	Years in service
Bhoodram RR	Pharmacy Assisstant	07 June	04 years
Breytenbach JS	Staff Nurse	26 June	14 years
Buthelezi DS	Staff Nurse	03 June	06 years
Buthelezi JPN	Operational Manager (S)	05 June	17 years
Buthelezi NE	Security Guard	28 June	02 years
Buthelezi SC	Operator	03 June	05 years
Fakude SM	Food Service Orderly	22 June	20 years
Grassmann DW	Art Foreman	08 June	14 years
Hadebe VZ	Cleaner	05 June	23 years
Hlatshwayo ME	General Orderly	20 June	03 years
Jolaoso AA	Medical Office Snr	11 June	02 years
Khanyi TF	Professional Nurse	15 June	03 years
Khazi N	Nursing Assisstant	29 June	03 years
Khoza MSZ	Staff &urse	09 June	05 years
Kruger L	Pharmacy Clerk	24 June	23 years
Madondo PX	Lay Counsellor	02 June	03 years
Maduna NL	Seamstress	01 June	08 years
Magasela AT	Nursing Assistant	27 June	08 years
Maharaj SR	Finance Service Officer	15 June	03 years
Masin NT (Thwala)	Intern Medical Officer	15 June	02 years
Mavundla MV	CEO	28 June	26 years
Mbanjwa MB	Medical Officer	20 June	01 year(s)
Mbatha WTP	Clinical Nurse Practitioner	26 June	08 years
Mkhize VM	Staff Nurse	05 June	07 years
Mncube	Nursing Assistant	02 June	05 years
Mthethwa FR	Operational Man (S)	29 June	17 years
Mtshali NA	Cleaner	14 June	24 years
Naidoo R	Therapist Occ	17 June	02 years
Ndlovu SG	Professional Nurse	28 June	05 years
Ndumo PN	Lay counsellor	09 June	02 years
Newville MH	Nursing Assistant	29 June	37 YEARS
Ngwenya KT	Cleaner	07 June	02 years
Ntshangase NF	Medical Officer (CS)	11 June	02 years
Nyembe KN	HRO	09 June	02 years
Radebe BB	Nursing Assistant	16 June	03 years
Radebe BE	Handyman	22 June	21 years
Robson DE	Financial Service Officer	30 June	04 years
Saola MM	Food Service Aid	29 June	03 years



### HONOURING 30



#### YEARS OF SERVICE

Surname & Initials	<u>Occupation</u>	Date of birth	Years in service
Booysen H	Professional Nurse	10 January	
Chatturgoon F	Professional Nurse	16 September	
Dreyer TEF	Financial Services Officer	01 January	NMM
Gokul S	Linen Orderly	01 December	Z 22 Z
Graham L	H/K Super Senior	07 September	₹ 30 ₹
Jansen LL	Nursing Assistant	29 December	\$ 30 \$
Koch HSH	Professional Nurse	25 October	MM,
Maharaj AD	Nursing Assistant	27 October	
Mahlaba SJ	Food Services Super Senior	25 November	
Makhanya PM	Cleaner	29 January	
Manyat MD	Staff Nurse	01 July	
Mbele PR	Operational Manager (S)	17 January	
Mchunu SS	Nursing Assistant	25 March	NA44.
Mentoor MJD	Nursing Assistant	23 March	Thursday.
Mnguni EM	Art Foreman	31 October	\$ 30 3
Mokoena AN	Clinical Nursing Practitioner	05 May	300
Msimango MM	Nursing Assistant	24 March	MMM
Mthombeni KE	Cleaner	09 July	/ <b>/                                  </b>
Mthombeni SE	Driver	10 July	
Mtshali MP	Handyman	16 April	
Mtshali NE	Linen Sup Snr.	05 February	
Mtshali TE	Cleaner	25 March	
Ndaba JJ	HR Manager	01 January	
Ndlovu M	Professional Nurse	05 July	<b>&gt;                                    </b>
Newville MH	Nursing Assistant	29 June	MANA
Nxumalo AL	Cleaner	03 February	£ 30 }
Nyembe KG	General Orderly	17 November	30 ×
Sing BJ	Nursing Assistant	14 March	MANNE
Thabede MA	Trades Aid II	02 December	, , , , ,
Thango EH	Cleaner	18 March	
Wilson AJ	Assistant Manager Nursing	23 September	, <b>W</b>

VE THANKYOU FOR THE CONTRIBUTION THAT YOU HAVE MADE IN TO MAKING THIS INSTITUTION WHAT IT IS TODAY!!! YOU ARE THE FORE-ROCKS OF THIS FOUNDATION, WITH YOU WE WILL NEVER FALL!!!





Even the PRO-intern couldn't contain himself from the manifest of Vicky the friendly cat... Who would not want to be near a cat as friendly as Vicky...?



Young children from local school show their care as they pose for a picture in Ward 2A with Vicky and Nombulelo.



Vicky the Cat shows how truly loved she is as they handed over goodies to sickly children during their visit to Newcastle Provincial Hospital...





Even the elderly where entertained by Vicky the friendly cat during the visit to Newcastle Provincial Hospital.





# gic of the Months

Don 't forget to vote for your favorite pic...

Vote by sending your vote to:

Public Relations Office

Ext: 2003

\*100/\*209





#### Picture Ratings

Pic 1.	55	%
Plc 2.	28	%
Pic 3.	10	%
Pic 4.	6	%
Pic 5.	1	%





### Nhat's New

#### BABY FRIENDLY A SUCCESS

The Newcastle Provincial Hospital was recently visited by officials from the Provincial Health District, to assess whether the Institution would qualify to be deemed as a Baby Friendly Institution.

The Department of Health has embarked on a mission to shape 23 institutions in the Kwa-Zulu Natal Region to be Baby Friendly Institutions. The Baby Friendly assessment is a provincial initiative where officials sent out by the province visit various institutions in Natal and determine whether the Institution meets the Department's required standards.

Mrs Ndebele, one of the officials from the Province, explained the concept of a Baby Friendly Institution. "A Baby Friendly institution is a place where all members of the institution are well informed about the procedures to follow from the first three weeks of pregnancy when a patient attends antenatal clinics, up to the date where the patient will give birth, and at this time the patient should be informed on the choices they have whilst giving birth, and how to feed the infant."

Further more the assessment is no longer Mrs J Naidoo, Operational Manager of based on Breastfeeding, but has moved to the labour ward at the Newcastle Hos-'infant and child feeding', as it also en- pital said: "we had a lot to do in prepacourages HIV+ mothers to feed their chil- ration for the assessment and had to dren with breast milk following certain undergo weeks of training of all the heat treating procedures to ensure baby personnel within the institution and

Only 6 institutions have been visited by initiatives and the creation of a postthe officials, and are yet to be declared natal booklet that highlighted all the baby friendly institutions. As the final resources that may be utilised by mothassessment is due in the month of August, ers after birth for six months". which will determine whether or not the institution can be deemed a baby friendly institution as the initiative should be ongoing and is not a once off assessment, it should be preserved.

The process of producing a baby friendly institution is not always smooth. Mrs Ndebele advised the Institution to take one step at a time, "different institutions face different problems. It all varies on the size of the institution and whether funds are available within the institution that will cater for promoting a baby friendly initiative."

training of clinic staff along with training of patients on the breastfeeding



Zanele Ndhlovu with YT Ndebele (assessor)

life.

I can teach you things, but I cannot make you learn.

I can give you direction, but I cannot be there to lead you.

I can allow you freedom, but I cannot account for it.

I can take you to church, but I cannot make vou believe.

I can teach you right from wrong, but I cannot always decide for you.

I can buy you beautiful clothes, but I cannot make you beautiful inside.

I can offer you advice, but I cannot accept it for you.

I can give you love, but I cannot force it upon you...

I can teach you to share, but I cannot make you unselfish...

I can advise you about friends, but I cannot choose them for you.

I can advise you about sex, but I cannot keep you pure.

I can tell you about life, but I cannot build your reputation.

I can warn you about drugs, but I cannot say 'no' for you.

I can tell you about lofty goals, but I cannot achieve them for you.

I can teach you about kindness, but I cannot force you to be gracious.

I can warn you about sins, but I cannot make you morals.

I can love you forever, but I cannot place

you in God's family

I can tell you how to live truthfully, but I cannot give you eternal life...

I am your mother and I LOVE YOU

I cannot think of anyone better than you

You are 'my' pillar of strength...

You are my child!

Author: Unknown



## EZEMIDLALO 'phecelezi' SPOR



## Who will shine on the day?

The department of Arts, Culture, Sport and Recreation will be event is similar to the one that was organized by the Newcastle having a Work and Play Event which will take place on the 24th SAPS in 2008, and that tournament was won by Newcastle Pro-July 2009 at 9 am till 4 pm. However, six departments have vincial Hospital. Moreover, if their hard training on the field is been invited to take place in this forthcoming event.

The goal of the Work and Play program is to create a healthy lifestyle under the government employees by getting them more active. The event will be held at Arbor Park sport field. This

anything to go by, we can say without a shadow of a doubt that they will bring the trophy and medals at home and they will do that with ease. The last two pages show our heroes celebrating their VICTORY...



