



# Inkanyezi Yethu

Ngwelezana Hospital Official Internal Newsletter Volume 2 Issue 1

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*Ngwelezana Hospital  
Commitment to caring*

## UNgqongqoshe uhambele esibhedlela

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UNgqongqoshe weZempilo kusifundazwe saKwaZulu-Natali uNkk Peggy Nkonyeni uye wahambela esibhedlela saseNgwelezana ukuzobona kuthi izinto zihamba kanjani kulesisibhedlela. Loluhambo bekungolokuqala kulesisibhedlela selokhu ethathe izintambo kuloMnyango ngon-yaka odlule.

Enkulumeni yakhe ebemfushane uye wabongela esibhedlela ngendlela esenzangayo umsebenzi wokunakekela iziguli. Ubuye wabonga abasebenzi ngikuzinikela abakubonisayo uma benza umsebenzi wabo wokuhlenga izimpilo. 'Nginyaninxusa basebenzi baseNgwelezana ukuba nazi ukuthi Impilo iyingxenye ya-

malungelo oluntu. Kumele ngasonke isikhathi nibenentshisekelo nimamatheke uma nihlenga izimpilo. Ukumamatheka kuyamthokozisa osuke esezinhlungwini.'



UNgqongqoshe ebingelela kwiziphathimandla zesifunda sezempilo sasoThungulu kanye nezasesibhedlela

Below: The Minister had a chance to visit around the Hospital to get inside information about different department

MEC visits Ngwelezana

The KZN Provincial Health MEC Mrs Peggy Nkonyeni visited Ngwelezana hospital for the first time since she took over last year. In her speech she encouraged staff to always do their job with a smile. 'Ngwelezana staff you need to always remember that Health is a Human Right. You do not need to perform miracles when attending to patients, only a smile will make a difference. Always carry a smile and you will see the difference.'

She further challenged the hospital to play a role in pushing the frontiers of poverty as it serves the poor community.

### Reminders:

- \* 24 and 25 July Choir Festival, DLI Hall, Durban
- \* 9 August- National Womens Day
- \* 5-12 September - Pharmacy Week
- \* Hospital Imbizo-Coming Soon



## Editor's note/ Ezivela kuMhleli

Welcome to our new look Inkanyezi Yethu newsletter. I am sure you have been missing it. Now it is back to our shelves and it remains a challenge to us to read it and to contribute either by writing stories or coming forward with suggestions of how to keep it on top. Due to the developments taking place in this world this newsletter will be available on the intranet for everyone to have access. Njengoba basho abadala ukuthi uma simunye siyonqoba nathi njengomphakathi walapha esibhedlela uma sibambi-sene siyokwazi ukuzibona siba sezingeni

lomhlaba ngokwenza izinto. Khona ngiyazi kulukhuni ukubhala kwabanye, angisho khona ukuthatha ipeni ulihlanganise nephepha bese kuphuma umbhalo. Ngiqonde ukubhala udaba oluzofundwa umphakathi wonkana. Ngizothanda ukunxusa kulabo abanokuthile abafisa ukukubona kushicilelwa kulelibhukwana lethu bakulethe kimi sikuhlaziye ngokubonisana bese sikubhala. Uma ungazi ukuthi uzoqala kuphi uma ubhala letha kimi mina ngizoba naso isixazululo. Lelibhuku lethu lizotholakala kwi intranet ukuze wonke umuntu akwazi ukulifunda This newsletter will always remain a challenge to all of us to keep it on top.

Through your contributions, both negative and positive we will keep it on top. We need to always keep in mind that life is both positive and negative. Through a negotiated settlement we reach a compromise.

Sekunjalo-ke uma izinto zihamba ngendlela lelibhukwana lizophuma kane ngonyaka ngokwehlukana kwezigaba zonyaka

**Mandla Gumede**

## Message from Hospital Manager

### WELCOME BACK

It is a pleasure to welcome back the Hospital newsletter –you have been missed.

The newsletter plays an important part in the communication systems within the hospital . It allows us to communicate on an equal footing , anyone can contribute an article and give input towards improving the services we render to our clients – patients. And I encourage you to do so.

We live in an ever changing world , Ngwelezana , together with Empangeni Hospital , are being upgraded to deliver tertiary

services – many important changes are taking place , and we all need to know about them. We face many challenges –staff shortages , financial and procurement problems , HIV/AIDs , structural problems , to name but a few . I know that by working together , dealing with problems and challenges , talking about them , and solving them together , that we shall overcome these challenges and continue to deliver a service of which we can be proud .



**Peter Haselau**

## Community receives Wheel Chairs

Ngwelezana Hospital Occupational Therapy Department handed over 28 Wheelchairs to local community from Amakhosi areas surrounding the Hospital. This initiative became a reality after Rotary Club from Richards Bay heard the call from Ngwelezana Hospital to donate these wheelchairs.

Occupational Therapy screened all the people in need and facilitated the whole process. Some of these people were in the past using wheelbarrows to move from point A to point B. Mr Bhekuyise Dube from Mpembeni who have been struggling to move after he suffered from the Stroke thanked Ngwelezana Hospital and Richards Bay Rotary Club for bringing back his life.

Speaking in the function to hand over wheelchairs Dr I Popa Medical Manager at Ngwelezana Hospital thanked Rotary

Club for extending a helping hand to the needy.

Mr Tony Binge the Chairman of Rotary Club Richards Bay said it is part of their duty to donate to the needy.

Mrs KE Mngomezulu, the Deputy Nursing Manager challenged those who received wheelchairs to take care of their wheelchairs and to share the information with others, of where they received help. She further thanked God for assisting Rotary Club to help even people they do not know.



Ms Ncumisa Makita-kita from Occupational Therapy assisting some of the kids who received wheelchairs.

## Umphakathi uhlomule ngezihlalo zokuhamba

Uphiko Iwakwa Occupational Therapy esibhedlela luyelwanikela ngezihlalo zokuhamba abakhubazekile ezingu 28 ne-bezinikelwe abakwa Rotary Club base Richards Bay. Abakwa Rotary Club baye bezwa ukunxusa kwesibhedlela ukuba bafake isandla kwabaswele.

Oyisekela lomphathi ophikweni lobuhlen-gikazi uNkk KE Mngomezulu uye wanx-usa bonke abebemukela izingqola ukuba baziphathe kahle futhi basize abanye abasazidinga nabo ngolwazi ukuthi bazithola kanjani.

Obemele abakwa Rotary Club uMnu Tony Binge uthe kuyingxenye yomse-benzi wabo wansukuzonke ukunikela kwabaswele. Ube esebonga ukusebenzis-ana okuhle okubekhona phakathi kwenhlangano yakhe nesibhedlela

## The New look Pharmacy

Ngwelezana Hospital Pharmacy has adopted a short shelves system to keep their supplies. According to Mr M.S. Cajee, the Pharmacy Manager, the new short shelves will help their customers to manage to see each and every staff member when ordering their medicine. In the long shelves it was easy for our customers to say pharmacy staff is loafing when in reality there are checking the medicine on



the lower shelves. Now that is the problem of the past as they will have a good eye contact with customers and customers can easily identify a staff member who treated him/her unfairly.



Pics: (clockwise) Staff enjoying working in the new environment and the old long shelf system

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**Important News**

Ingabe ungumbhali wezinkondlo, amahubo okanye noma yini ocabanga ukuthi ozakwenu bangayithokozela yithumele kithi siyishicilele mhlawumbe omunye angathuke eseyithanda bese uthola udumo ngokuba umbhali ngoba uyobe usunesiqinisekiso sokuthi ngeyakho ngoba yaqala ukushicilelwa kulelibhukwana lethu.

**The Employee Assistance Programme is here to assist YOU**

The Employee Assistance Programme (EAP) is a programme aimed at helping employees to cope with other problems outside the work environment. Most of these problems are life related. Nearly every second of the day human beings are in a struggle to solve a problem. Some of them get solved and some are shifted to another second. Then the following second has two problems to be solved. This struggle continues until the end of the day where piles of problems have been accumulated with few solutions. Personal problems can adversely affect our work performance.

Research's show that most employees involved in the following will fail to cope with their work: Alcohol and Drug Abuse, Depression, Emotional Problems, Interpersonal Relationships, Family/Children Difficulties, Marital Difficulties, Finances/ Budgeting, Work Related Stress, Health Problems or Legal Problems.

To get assistance contact:  
Mpho Hlophe, ext. 7214  
Happy Biyela, ext. 7266

[Kwelilandelayo ibhukwana lethu izotholakala ngesiZulu.](#)

**Choir to defend its title**

Ngwelezana hospital choir will defend their title. As it is difficult to defend your title, the current KZN Department of Health Choir Festival Champions hope the title will remain theirs for years to come. The only challenge they have to overcome is that most choirs will try their best to emulate and copy their style. They will only survive if they managed to improve from what they did the previous year.

As they have practice sessions nearly every week day they will have themselves to blame if they fail to rightfully keep what is theirs.



**BATHATHENI  
BANGABENU  
2005**