



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NIEMEYER MEMORIAL HOSPITAL

THE NIEMAILER



NEWS

IF IT MATTERS TO YOU IT MATTERS TO US

DECEMBER 2023

MENTAL HEALTH AWARENESS MONTH NESIBHEDLELA KUBANTU



MENTAL HEALTH



WORLD MENTAL HEALTH DAY

On the 10th of October 2023, The World Mental Health Day commemoration hosted by the National Department of Health. The event took place at Madadeni Hospital. The theme "Mental Health is a Universal Human Right. Our minds. Our rights". The conversation was around creating community unity.



Who was there?

The event was graced by the presence of the National Minister for Health (Dr Joe Phaahla, Deputy Minister for Health (Dr SM Dlomo) MEC for KZN-Health (Ms Nomagugu Simelane) and KZN Head (Dr SC Tshabalala)





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GROWING KWAZULU-NATAL TOGETHER



Editors Note



In pursuit of the provision of quality health care services, Niemeyer Memorial Hospital, has been striving to ensure that our administrative capacity, systems, policies as well as processes are improved and aligned with the policy mandate, set goals & objectives of the Department of Health.

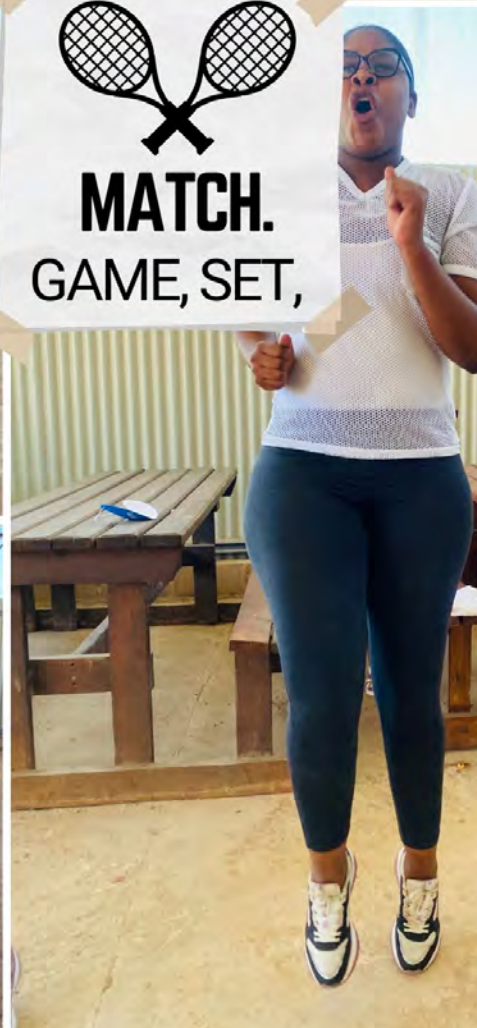
We are duty bound to go an extra mile to realise this by involving all relevant stakeholders for their positive progressive inputs.

The Niemeyer Memorial Hospital is bestowed with the responsibility to provide quality health care services in an integrated, comprehensive, sustainable, affordable, efficient and effective manner.

Wishing you a prosperous and a healthy festive season.



NIEMEYER WELLNESS DAY



PREPARATO-
RY to the Provin-
cial Sports
Games, set be
hosted in Durban
by the Department
of Health on the
24th of November
2023.

Niemeyer Memo-
rial Hospital host-
ed all the health
facilities in a

wellness day at
Utrecht High
School sports
field the wellness
day also doubled
up as an oppor-
tunity for sports
coordinators to
select individuals
on the various
sports codes to
represent Ama-
juba District at the
Provincial games.



GLOBAL HANDWASHING DAY



Global Handwashing Day

WASH YOUR HANDS



Global Hand washing Day was first celebrated in 2008. Washing your hands with soap at crucial points within our health Facilities to prevent the spread of infection is important



Five Moments of Hand Hygiene

WITH MILTON THWALA
NIEMEYER MEMORIAL HOSPITAL'S
PRINCIPAL TELECOMMUNICATION
OPERATOR

Our IPC Coordinator Sr. AN Bophela coordinated an awareness for Global Handwashing Day this October. She moved around most of the sections in the facility to give refresher lessons on hand hygiene and educate the staff on the importance of hand

hygiene especially in the sections that they work in and prevention of infection in their daily lives.



World Radiography Day

"Celebrating patient safety".

8 November

World Radiography Day



Healthcare Heroes

Today, we celebrate the incredible healthcare heroes in the field of radiography. These unsung heroes play a vital role in diagnosing and treating illnesses through medical imaging.

Covid-19 vaccines still matter. Don't forget to get yours.



NATIONAL HEALTH HOTLINE

0800 029 999

www.sacoronavirus.co.za

06



KWAZULU-NATAL PROVINCE
HEALTH
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**GROWING
KWAZULU-NATAL
TOGETHER**

World Radiography Day

IN VISUALS



07



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 KwaZulu-Natal Department of Health
 KZN Department of Health

 kznhealth
 @kznhealth

**GROWING
KWAZULU-NATAL
TOGETHER**

World Prematurity Day 2023

“Small Actions, BIG IMPACT: Immediate Skin-to-Skin Care for Every Baby, Everywhere”



One in 10 of all babies are born premature worldwide.

World Prematurity Day is observed on 17 November each year to raise awareness of preterm birth and the concerns of preterm babies and their families worldwide.

This year we showed some love to the patients who were with us on the day World Prematurity. We surprised the new mothers with gifts for the babies and gave them talks on how to take care of their newborns.



AMAJUBA HEALTH DISTRICT SERVICE EXCELLENCE AWARDS.



A SPECIAL CONTRATULATIONS GOES TO DR KILUFYA FOR ACHIEVING BEST EMPLOYEE FOR 2023, MRS KB MOLOI FOR ACHIEVING THE BEST LEADER OF THE YEAR, MR S MAJOLA FOR SECOND RUNNER UP TO THE MOST COMPASSIONATE EMPLOYEE AND LAST BUT NOT LEAST DR NKOSI FOR RECEIVING A SPECIAL AWARD FROM THE DISTRICT DIRECTOR . YOU HAVE MADE US ALL PROUD WELL DONE KEEP FLYING OUR FLAG HIGH.



2023 DISABILITY AWARENESS MONTH.



“CONSOLIDATE and ACCELERATE RIGHTS of PERSONS with DISABILITIES INTO THE FUTURE”

To mark National Disability Rights Awareness Month from 3 November to 3 December, which is a time for introspection on how we can advance the rights of persons with disabilities and ensure that people with disabilities are fully integrated in every area of our society.

We came up with a unique idea this year with the help of the Occupational Therapist Ms. B Zulu

and our Principal Telecoms Operator Mr. M Thwala who is also the Emadlangeni Municipality Chairperson for the Disability Forum, to identify different sections within the hospital and present them with physical challenges to carry out through out the day. We were all then to convene for a debriefing session with all our internal stakeholders and external stakeholders, such as the Taxi Industry, Department of Social De-

velopment, Department of Transport, SASSA and some local business to address some of the issues that people in our community are experiencing, with a shared voice. We had the honor and Privilege of hosting Mr. S Mawanda who forms part of the Provincial Disability Forum as our key speaker. He emphasized the importance of pushing barriers to make our society accessible for people living with disabilities.



QUALITY DAY 2023



2023
Quality
Day

Quality Day reminds us that it is not enough just to meet set standards but also necessary to exceed them in order to stay one step ahead.

WELL
DONE

This day gives us the opportunity to recognize and celebrate achievements in the field of quality.

The Department of Health is committed to providing the best quality care to patients and users of health services, in order to meet their expectations and needs. Every year every Health Institution hosts a quality day to recognize the efforts of staff members who have exceeded their call of duty by doing exceptionally well.





16 Days of Activism

A call for an end to violence against women and children



The Global 16 Days Campaign is an international campaign to challenge violence against women and girls. The campaign runs every year from 25th November, the International Day for the Elimination of Violence against Women, to 10 December, Human Rights Day. This year we had an extremely powerful seating deliberating issues that the commu-

nity we serve under are faced with, we took on this approach so that we can better serve them with more knowledge and empathy.

We had a diverse panel consisting of staff members from this Facility and a our facilitator was Sakhile Mazibuko a social worker fro Lifeline serving under the Utrecht SAPS.





This year Niemeyer Memorial Hospital started a new tradition called the Summer Party in honor of all Community Service Officers, Interns and In-Service employees leaving our Facility. On this particular summer day some staff members assembled for a bring and share afternoon filled with board games, good music and great laughs, we just could not get enough of the fun we moved on to Balele Park and for a pool party.

2023 SUMMER PARTY



3rd Quarter Compliments

A special thank you to;

Mxolisi Dubazane

Mbali Madonsela

Slindile Nkosi

Dr. Maseko

Dr .Sihlali

Dr Sikhakhane

Sr. Mntambo

Sr Chonco

Sr Tshutsha

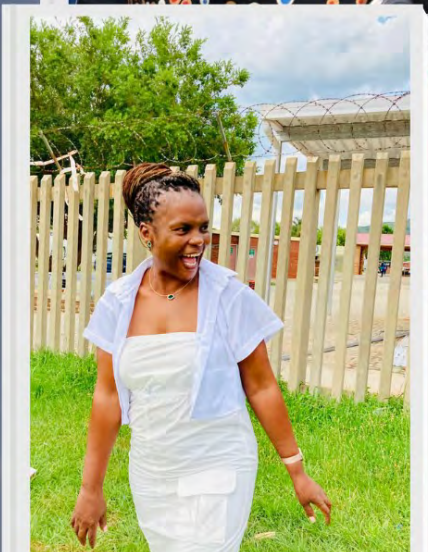
Sr Selepe

Sindi Ndlela

Nomvula Zwane

Ntombenhle

Sidlulisa ukubonga ekujuleni kwezinhliziyi zethu.



Isandla sidlula iphanda



FAREWELLS



24.10.2023



Farewell
Mrs. Moloi-
Groenvlei



*We wish
you
nothing
but the best*



FAREWELL



Farewell Tersha

To our dear beloved Tersha, Farewell we hope retirement treats you well.



Congratulations on your promotion Mr Ngwenya (Stanza) thank you for reminding us that life is a party



YOU COMM YOU SERVED.



Farewell to the
2023
Community
Service
Trainees



Thank you for
sharing your time
with us you all
have been
amazing and you
will be missed by
us all



STAFF EXITS.



We bid farewell to the following staff members;

Zwane T, Tshabalala S, Bhengu GTP, Nunn G, Sikhakhane NP, Mthethwa SN and Luthuli.



PHOTO GALLERY



Staff attending C-PEP orientation .



Sr Bophela delivering talk to Patients during Antimicrobial Week.



Male and Female wards staff posing for a picture with Dr. Kilufya in celebration of his award.



Mr. Manana partaking at a lunch at Mrs. Zulu's farewell.



Dr. Nkosi bidding Mrs. Farewell on behalf of Niemeyer Memorial Hospital



Management year end dinner



PHOTO GALLERY



Pharmacy staff after year end dinner .



Gateway clinic staff at year end dinner.



Groenvlei Clincistaff posing for a picture.



Staff attending staff prayer.



Mr Majola giving a patient directions .



Patients joining in the staff prayer.



STAFF APPOINTMENTS



LM Khumalo, Data Capturer - 01-11-2023



RM Nkosi CNP - 01-11-2023



PP Dlamuka , CNP - 01-11-2023



NH Shandu, CNP - 01-11-2023



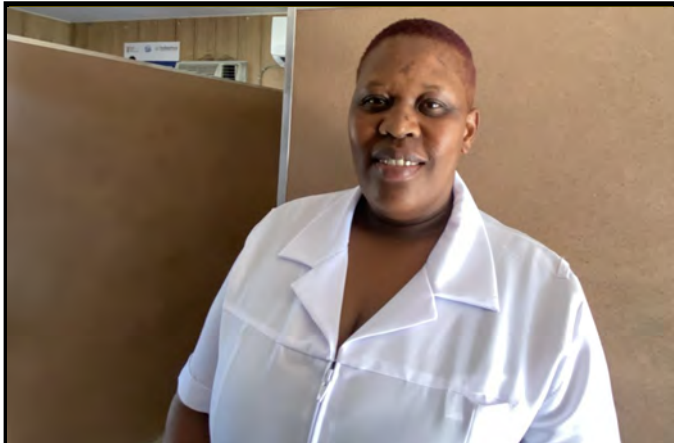
F Matshillanga, ENA - 27-11-2023 "There are better things ahead than any we leave behind." ...



L Sithole, Finance Clerk Supervisor- 01-11-2023



STAFF APPOINTMENTS



MN Nyandu ENA 01-11-2023



DI Mkhize ENA - 01-11-2023 "Daniel 12:4 "Khepha wena Daniel gcina amazwi ami, unamathele incwadi kuze kube sesikhathini sokugcina"



PP Ximba , Optometrist - 01-11-2023



BR Zondo ENA - 01-11-2023



F Zulu, Chief Radiographer- 01-11-2023



NL Ngwenya, Finance Intern 01-11-2023



STAFF APPOINTMENTS

APPOINTEE	DESIGNATION	APPOINTMENT DATE
NM Ndlovu	General Orderly	01-11-2023
NP Sikhakhane	CNP	01-11-2023
PL Siyaya	Enrolled Nurse	01-11-2023
I Lawrence	Enrolled Nurse	01-11-2023



SUMMER LAUGHS

What do ghosts like to eat in the summer?



I Scream.

Where do sharks go on summer vacation?



To Finland!

When do you go at red and stop at green?



When you're eating a watermelon!!!

WHAT DID THE WANDERING CRAB SAY WHEN HE FINALLY MADE IT BACK TO THE OCEAN?

LONG TIME NO SEA!



Why do fish like to eat worms?



Because they get hooked on them!

Summer Tips

**NANKA
AMATHIPHU
OKUZIVIKELA
ELANGENI**



**GROWING
KWAZULU-NATAL
TOGETHER**

**GQOKA ISIGQOKO
ESIVULEKE NGOKWANELE
UKUKUVIKELA ELANGENI**

**SEBENZISA IZIGCOBO
SOKUVIKELA ILANGA**

PHUZA AMANZI ANELE



**GROWING
KWAZULU-NATAL
TOGETHER**

**STAY IN
THE SHADE**

COVER UP

**WEAR SUNGLASSES
WITH 100% UV
PROTECTION**



**GROWING
KWAZULU-NATAL
TOGETHER**

**PREVENT
Heat Related
ILLNESSES
THIS SUMMER!**

Be cautious and Observant!
Keep an eye out for signs of heat illness.

If you think, you, your child, partner, family member, colleague or community member is suffering from heat illness, get medical help as soon as possible.

Always check and give care to children, pregnant women, the elderly, the disabled and persons with comorbidities, the are most vulnerable to heat.

Seek emergency medical attention at your nearest health facility or call an ambulance immediately on worse case scenarios.

Look out for regular weather updates from all media platforms.

Avoid heavy physical work or activities during peak hours of extreme hot days.

Cool yourself under the shade, when walking outside wear a hat or cap or use an umbrella to cover yourself from Sun rays.

Protect your eyes and wear shade glasses, apply sunscreen to exposed area of the skin.

Wear minimal to bright light clothing that reflect the sun.

Store your food, medicines at recommended temperature away from direct sunlight.

Prior to loadshedding or water shedding, store enough water in clean containers in a cool dry place away from the sun.



ACKNOWLEDGEMENTS

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