



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NIEMEYER MEMORIAL HOSPITAL

THE NIEMAILER



NEWS

IF IT MATTERS TO YOU IT MATTERS TO US

DECEMBER 2024

GLOBAL HANDWASHING DAY.



READ MORE
INSIDE THIS
ISSUE.

WORLD SIGHT DAY

DISABILITY RIGHTS
DAY

16 DAY OF AC-
TIVISM

SERVICE EXCEL-
LENCE AWARDS

BREAST CANCER
AWARENESS

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CEO'S ADDRESS

As I reflect on the past year, one word comes to mind... gratitude. Employees have given 100% to "turn the ship around" when there were times that our hospital staffing was in trouble but we achieved more than what we anticipated.

The executive management is working around the clock on improving hospital operational strategies and we are proud of the hard work/efforts made by our employees to overcome the challenges in the past year and we hope this can be sustained in the upcoming financial year.

Now, it is time to begin the new year focusing on growth, which includes every possible means to strategize on efficient utilisation of critical staff, maximizing team spirit and improving patient care services.

Our goal is to be the best district hospital of choice by continuing to reinforce and build a culture of excellence within our hospital and clinics.

By working together, we can ensure that our community retains important healthcare services.

Thanks to all of you who have supported the mandate of the Department and the healthcare teams.

The executive management is very positive and confident that together we can continue to provide exceptional healthcare services for the longest time to come.

Thank you.



GLOBAL HANDWASHING DAY 2024

#Global Handwashing Day



On the 31st of October 2024, Sr AN Bophela the IPC Coordinator, Ms BN Khumalo the Public Relations Officer, Ms N Mdlalose, Ms H Mdlalose & Ms XCT Kheswa the Community Health Workers, went directly to the community of Emadlangen, targeting highly populated areas in the small town.

The message we were relaying is that everyone can protect themselves, their families, and their communities through handwashing with soap. Though it requires few resources—soap and a small amount of water—the benefits are significant.

The community was largely engaging eager to learn the proper way to wash their hands and ask questions where clarification was needed.

01

Sr AN Bophela & CHW's outside Big 5 supermarket.



02

A Community Health Worker sanitising men outside a take-away place.



03

Sr AN Bophela speaking to members of the public at the taxi rank.



04

A member of the public outside Spar supermarket asking questions on hand hygiene.



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WORLD SIGHT DAY. "LOVE YOUR EYES"

On World Sight Day, we cast the spotlight on the importance of eye care.

Every October, world sight day is observed, attention is focused on what it means to have eye care that is accessible and available.

Mrs. Qwabe, our Optometrist discussed the importance of taking care of our eye sight. she spoke to the patients, on common eye problems and how they can be avoided. Emphasis was made on how to prevent eye problems food to gravitate towards and protecting our eyes from the sun especially by wearing sunglasses to minimize exposure to the sun.

A question and answer session was conducted at the end of the talk, a fun way for Patients to reflect on the discussion, patients that interacted were thanked with a bag of carrots, further encouragement to eat healthy for healthy eyes.





National Nutrition Week & World Food Day.

18 OCTOBER 2024.

Mr Zulu (Dietician) and Mr Mavimbela
(Food Services Manager)
Collaborate to address patients on
the importance of a well balanced
diet for life preservation.

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DISABILITY AWARENESS 2024.



"Celebrating 30 years of Democracy: Creating a Disability-Inclusive Society for a Better Quality of Life".

Disability Rights Awareness Month (DRAM) in 2024 was observed from November 3 to December 3.

On the 20th of November 2024, Niemeyer Memorial Hospital brought awareness to disability. We shifted our common approach by focusing on bringing awareness to Patients. Mr. NM Thwala and Mrs. SG Ndebele brought awareness to Patients at the gateway clinic waiting area. Mr. Thwala discussed dif-

ferent types of disabilities and eliminating stigmas that come with different disabilities. We challenged Patients to live a life of a disabled person in the service areas. A few Patients went through all service areas with constraints posing as disabilities.

At the end of their visit they reported back to other Patients the challenges and lessons learnt from their experience. They all were in agreement to the fact that society needs to move towards a more inclusive society for all.

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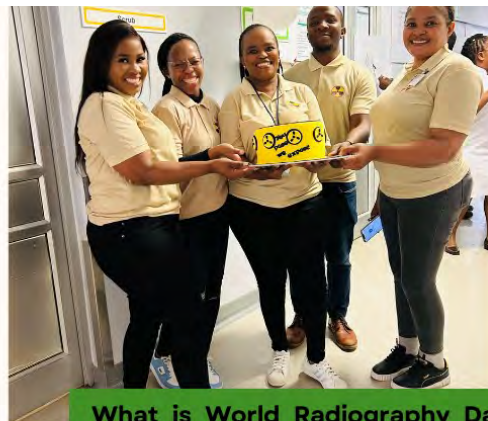


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WORLD RADIOGRAPHY DAY.

"Radiographers: Seeing the Unseen". The theme highlights the critical role of radiographers in healthcare by capturing what would otherwise be hidden from the human eye.



What is World Radiography Day and When is it Celebrated?

Observed every year on November 8th, World Radiography Day is a global event dedicated to raising awareness around the contributions of radiography to healthcare.

What is the importance of Radiology Day.

1. Raising awareness is a primary focus. Not only does awareness help the general public understand the importance of radiography, it also contributes towards the quality of healthcare as well as the various diagnostic procedures it looks after.
2. Driving education is another goal that this day aims to achieve.
3. Medical Breakthrough.
4. Recognizing the incredible contribution of radiologists is another facet of World Radiography Day. November 8th serve.



Celebrating Radiography at NMH

The radiography Department observed World Radiography Day on the 13th of November 2024, the aim was to bring excitement and educate to radiography. The focus was directed to staff members with the afternoon filled with laughs, quizzes and prizes.

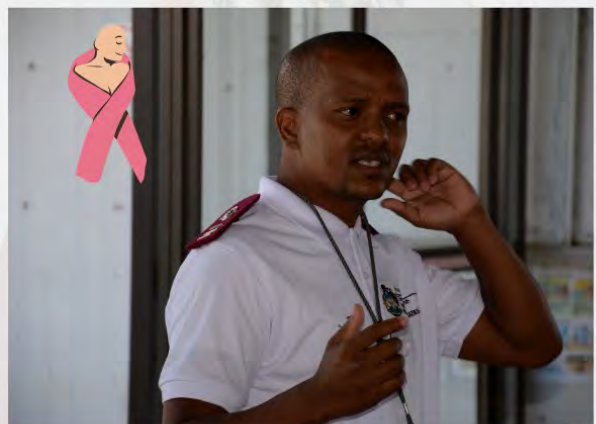
PINK - EVENT



The month is about more than pink ribbons. While some feel inspired, many people living with breast cancer feel like the month overlooks their experience with the disease.

Breast Cancer Awareness Month can mean different things to different people. For some, it's a trigger – 31 days in the fall of pink-ribbon reminders of a disease that forever changed them. For others, it's a chance to show their support for the more than 2 million women around the world who are diagnosed with the disease each year.

Understanding the goals behind the global campaign and the emotions felt by the many different people living with the disease helps many of us decide how we wish to commemorate the month. We hosted a pink event, with the patients shining the light on breast cancer awareness and the help available to them. We had various speakers to address the general public, various other cancer was discussed and encouraged Patients to screen for early detection.



WORLD DIABETIC DAY.

"Diabetes and well-being"

The theme emphasized the importance of providing access to diabetes care and support, including mental health services. The goal was to help people with diabetes live healthier lives.



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16 Days of Activism

for no violence against Women & Children.



A CALL TO MEN AND WOMEN TO JOIN IN THE FIGHT.

Various stakeholders within the Amajuba Department of Health and other Government Departments gathered to implore that all women and men in the community join forces to end gender based violence.



EZIMBUTHU LIBRARY.

Niemeyer Memorials Hospitals Social workers and Public Relations Officer with the help of PHC's outreach team, convened 16 Days of Activism at Izimbuthu Library.



VARIOUS FORMS OF ABUSE.

Various experienced speakers took the floor, speaking on various kinds of abuse emphasizing that abuse does not present itself as physical abuse and that many other forms of abuse exist such as Domestic violence or abuse, Sexual abuse, Psychological or emotional abuse and Financial or material abuse amongst others.



END VIOLENCE.

- Educate yourself: Learn about the root causes of GBV and how to identify it
- Educate others: Teach people how to reject harmful gender norms and how to report violence.

SERVICE EXCELLENCE AWARDS.

ENCOURAGING INNOVATION & REWARDING EXCELLENCE.



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RETIREMENTS.



FAREWELL

- Mr Mvulane
- Mrs Mhlongo
- Dr Kilufya

Congratulations on your retirement! Wishing you the best of health, happiness, and success on your new journey in life. 15. Best wishes as you retire.

IN LOVING MEMORY



SR. VNB BANDA

lived a vibrant life filled with love, kindness, and joy.
She touched many hearts and will be deeply missed.
Her spirit will forever inspire those who knew her.
May she rest in peace.

September 21, 1972 - October 08, 2024

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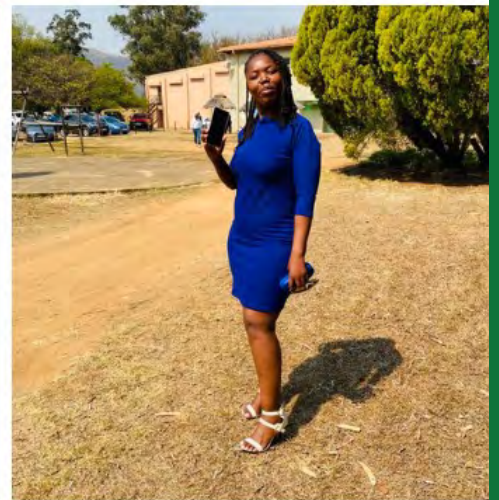
3rd Quarter Compliments.



- DR NKOSI
- DR KUBHEKA
- DR SIKHAKHANE
- DR MAILULA
- DR SIHLALI
- DR DLADLA
- MS B KHUMALO
- SR NYANDENI
- MRS NZUZA
- TS SHONGWE
- MS N DLAMINI



WE
APPRECIATE
YOU, THANK
YOU FOR
BEING
AMAZING IN
WHAT YOU DO.



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YEAR END FUNCTIONS GALLERY



Management team building and year end trip at Karridene Beach.



Gateway Christmas Clinic Lunch at Blackrock Casino.



Pediatric Ward, staff lunch at Dr. Kotze House.



Finance Department Christmas braai and farewell to Mr Zulu



Outreach team and Eye Clinic Christmas lunch at the eye clinic.



HR Christmas braai at Balele Park.

PHOTO GALLERY



Niemeyer Memorial Hospital and PHC posing for a picture after certificate awards.



Sr. MN Dumakude administrating HPV injection during ,School Health Week.



Sr. AN Bophela, Mr. M Tshabalala and Ms. GNP Kunene, awarding IPC certificate.



Groenvlei Clinic during year end and farewell function for Sr Dlamuka & Ms Shange.



Mrs. TP Maguludlela, Ms. GNP Kunene, Dr. Mlombile & Sr. Nyandeni awarding Community Service Officer of the year certificate.



Mr. Reynolds and Mr. Mbatha exchanging a gift during Groenvlei Clinic yearend function.



STAFF APPOINTMENTS & EXITS.



APPOINTMENT -SS Radebe— Electrical Engineer (Intern)—MO (CS0) 02-12-2024
 "Success is not how high you have climbed, but how you make a positive difference to the world"



EXIT—Sr Dlamuka— Groenvlei Clinic



EXIT—Ms Z Shange—Groenvlei Clinic.



EXIT—Mr S Zulu—Supply Chain Management.



EXIT—Mr.SSA Masonodo - Maintenance .

HEALTH ALERTS.

PREVENT HEAT RELATED ILLNESSES THIS SUMMER!



Be cautious and Observant!
Keep an eye out for signs of heat illness.

If you think, you, your child, partner, family member, colleague or community member is suffering from heat illness, get medical help as soon as possible.

Always check and give care to children, pregnant women, the elderly, the disabled and persons with comorbidities, they are most vulnerable to heat.

Seek emergency medical attention at your nearest health facility or call an ambulance immediately on worse case scenarios.

Look out for regular weather updates from all media platforms.

Avoid heavy physical work or activities during peak hours of extreme hot days.

Cool yourself under the shade, when walking outside wear a hat or cap or use an umbrella to cover yourself from Sun rays.

Protect your eyes and wear shade glasses, apply sunscreen to exposed area of the skin.

Wear minimal to bright light clothing that reflect the sun.

Store your food, medicines at recommended temperature away from direct sunlight.

Prior to loadshedding or water shedding, store enough water in clean containers in a cool dry place away from the sun.

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THE LIGHTER SIDE.

DID YOU KNOW?

Santa Claus's age: Santa Claus is said to be 1,750 years old and is believed to have been born in Patara, which is part of modern-day Turkey

Coca-Cola and Santa Claus: Coca-Cola helped create the image of Santa Claus that we know today.

For Christians, gift giving at Christmas mimics the presents the Wise Men gave to Jesus and the charitable giving of the ancient St. Nicholas (the forerunner to Santa!).

The original Santa Claus was actually St. Nicholas, a Christian bishop in the 4th century. He didn't wear the red suit that's so famous today, but he did give all of his inheritance to the poor and needy. In Dutch, his name is Sinter Klaas, which later morphed into Santa Claus.

"Silent Night" is actually the most-recorded Christmas song in history. It's had more than 733 different versions copyrighted since 1978.



ACKNOWLEDGEMENTS

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