



# Nie-Mail News

July - December 2015

## HEALTHY LIFESTYLE AWARENESS DAY

*Promoting Healthy lifestyle by participating in sports which will benefit you by increasing your lifespan, increase productivity at work, decrease medical cost and enjoy life.!!!*

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**Message from Systems Manager :** I joined Niemeyer memorial Hospital on the 1<sup>st</sup> of September 2015 as Systems Manager. I am very honoured to have been given an opportunity to join a great and dedicated team which is passionate in delivering best service to the patients. As Systems support team, we are doing our best to ensure that the service rendered to our patients is of high quality and is being delivered timeously in order to contribute to the KZN department of Health vision in improving optimal health status for all people in KwaZulu Natal.



Miss PMN Dlamini  
Systems Manager

**Message from Nursing Manager PHC**

I Mrs KB Moloji PHC ANM joined the wonderful team of Niemeyer Memorial Hospital on the 1<sup>st</sup> of September 2015. I believe on innovation and adding value on service delivery especially at the PHC level as it is essential health core standard. I embrace the implementation of PHC re-engineering and Ideal clinic realization, these are the best models that will make us achieve optimal health and overall universal access for people of Emadlangeni Sub-District.



Mrs KB Moloji  
Nursing Manager PHC

**NEWLY APPOINTED MEMBERS**



Mrs C Siecker  
Pharmacist Supervisor



Mr LH Lukhele  
Clinical Nurse Practitioner



Mrs NM Thusi  
Clinical Nurse Practitioner



**Miss Z Sangweni**  
**Dental Assistant Intern**



**Mr KP Magwaza**  
**Clinical Nurse Practitioner**



**Mrs KB Moloji Assistant**  
**Nursing Manager PHC**



**Miss N Nyembe**  
**Finance Intern**



**Miss M Dlamini**  
**Systems Manager**



**Miss NC Nkambule**  
**Professional Nurse**



**Miss NF Kubheka**  
**Tradesman Aid**



**Mrs HNK Nkosi**  
**Enrolled Nurse**



**Miss ZI Sibiya**  
**Professional Nurse**



**Miss PBP Selepe**  
**Professional Nurse**



**Miss Z Mgabhi**  
**Professional Nurse**



**NLS Ntshangase**  
**Food Service Aid**



**Miss ZP Ntsele**  
**Pharmacist**



**Mrs SM Mbuyisa**  
**Clinical Nurse Practitioner**



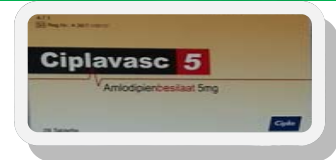
**Mr S Buthelezi**  
**IT Technician**



**N.P Zungu**  
**Professional Nurse**

***In order to have a successful 'Dream Team', you will need at least one more person with whom have a common purpose. You have to have a partner to think through situations and circumstances. These people should have limitless vision and work together for a single goal.***

# Pharmacy Week



Niemeyer Memorial Hospital Pharmacy department celebrated Pharmacy week once again on the 1-4 September 2015. The theme for this year's National Pharmacy Week was to educate patients on how to take control of their chronic diseases, the main aim for this was to ensure that the patients grasp the idea of using their chronic medication wisely and effectively. The Pharmacy staff worked tirelessly, to ensure that this week was a success



Pharmacy Staff members from left to right: Miss Z Ntsele, Mr M Zwane, Mr R Raynolds, Mr V Dlamini & Miss P Khanyile

## School Health Bus Hand Over



Dr SB Nkosi Hospital CEO, Mrs GN Nkosi Nursing Manager, Mr SGM Mtshali HRM and School Health Staff in their new School bus.



Mrs GN Nkosi Nursing Manager

## **NIEMEYER MEMORIAL HOSPITAL HERITAGE DAY CELEBRATION 2015**

### **“RECLAIMING, RESTORING AND CELEBRATING OUR LIVING HERITAGE”**

South Africans celebrate heritage day by remembering the cultural heritage of many cultures that makes up the population in South Africa various events are staged throughout the country to commemorate this day. Niemeier Memorial Hospital celebrated their heritage day on the 23<sup>rd</sup> September 2015 at Staff Residence from 11h00 till 15:30, by dressing up in different traditional attires & performing different cultural dances.



Programme Directors: Malibongwe Sibiya & Mbali Khoza



Mrs KB Moloi (Assistant Nursing Manager) Dr SB Nkosi (Hospital CEO) & Mrs GN Nkosi (Nursing Manager)



Ekhwezela umlifo usomlomo Mr M Dladla



Ziyabuya emabhodweni kusukela kwesokunxela: S Masuku, N Kubheka, X Mosia & B Zulu



# Letter of appreciation from a patient

P.O. Box 2844  
NEWCASTLE  
2940

Ngiyamibingelela egameni lenkosi yethu uJesu Kristu. Ngicela ukuncoma bonke abahle ngikazi abasebenzela eWard 1, ngincoma indlela enhle abaphatha ngayo iziguli.

Ngangena esibhedlela mhlaka 1 July 2015 ngaze ngaphuma ngomhlaka 6 July 2015. Ngendlela abaphathana kahle ngakhona mina ngalibala ukuthi ngiyagula kwavele kwabe sekhaya. Ababengeza emini nabase-busuku baghuba ngendlela efanayo bonke. Ngincoma okakulu oSo Naledi kamye noShamdu nalaba abanye noma ngingakhumbuli izibongo zabo.

Abantu abasebenza njengani yibona abengeza ngokubizwa kuTomsebenzi. Ukukhululeka sengathi amganibusisa nemizi yenu ningashintshi niwale ninje. Ngangena ngigula kakulu kodwa ngaphuma ngiphila ngibongana bo dokotela ngesineke sabo.

Obhalile  
Prisca Zondo

# Choral Music

Choral music was held at Madadeni Provincial Hospital on the 4<sup>th</sup> of November 2015. Niemeyer Memorial Hospital participated in three different categories Jingle, African and Western song and they managed to win all three categories. Hospitals that were participating within Amajuba Health District were Newcastle Hospital, Dannhauser CHC, Madadeni Provincial Hospital, Niemeyer Memorial Hospital and Amajuba Health District.



Hospital Management DR SB Nkosi Hospital CEO, Mrs GN Nkosi Nursing Manager, Mrs KB Molo Nursing Manager PHC, Mr SGM Mtshali Human Resource Manager and Mr PMX Vilakazi Finance Manager congratulated the Hospital Choir for their achievement.



# Wellness Day

On the 13<sup>th</sup> of November 2015 Niemeyer Memorial Hospital hosted a Wellness Day event. The event was held at Bersig Sports ground and it was opened by Mr SGM Mtshali (Human Resource Manager). The activities of the day were fun walk, aerobics, soccer, netball, volleyball to mention a few. The purpose of the event was to promote a healthy lifestyle in the work-place. We would like to send our thanks to Gems, Old Mutual, Niemeyer staff, PRO, EAP Department and Employee Health & Wellness Committee of Niemeyer for their time and dedication in making the event a success.



*Niemeyer Memorial Hospital Tug of War Team*



*Egg Race where Gcwali Kunene from Niemeyer Memorial Hospital got the 1st position.*

Department of Health Provincial Games held at Richards Bay Umhlathuze Sports Ground on the 20th of November 2015.

### **Amajuba District Soccer Team**



**Back Row:** Sandile Mosiya (Madadeni Hospital), Sakhile Mtshali (Niemeyer Hospital), Dumusane Kunene (Madadeni Hospital), Ntuthuko Mthimkhulu (Niemeyer), Sandile Dlamini (Niemeyer), David Howard (Captain-Niemeyer)

**Front row:** Siphwe Zulu (Niemeyer), Roland Raynolds (Niemeyer), Nhlanzeko Ndebele (EMS), Ntuthuko Mtshali (Niemeyer), Dumisane Sikhosane (Niemeyer)



# Provincial Choir Competition



*Iqembu lomculo lase Majuba District kanye nabalandeli balo okungu Xolie, Stanza & Mxobese PMburg e-Greys Hospital*



*Balibeka phezulu kwibalazwe lase KZN igama leMajuba Health District odadewethu kanye nabafowethu lapho sebeze bafinyelela ku Province kumculo woMzwilili. Basebenza ngokuzikhandla emsebenzini wabo wansuku zonke kodwa isikhathi abasitholayo benza izimanga emculweni. Ngezi 4 December 2015 leliqembu belimele Amajuba District ku Provincial Choir Competition lapho benza ezibukwayo, sibonga kakhulu Mrs AMET Tshabalala (District Manager) kanye no-Dr SB Nkosi (Niemeyer Memorial Hospital CEO) ngokusekela leliqembu.*

# ACKNOWLEDGEMENTS



**MR M DLADLA**

*WRITER, DESIGNER, PHOTOGRAPHER*



**DR SB NKOSI**

*EDITOR*



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