



THE NIE-MAILER

NEWS

JUNE 2021

IF IT MATTERS TO YOU IT MATTERS TO US

COVID-19 PHASE 2 VACCINATION ROLL-OUT.



NIEMEYER MEMORIAL HOSPITAL SUCCESSFULLY LAUNCHES VACCINATION.

The COVID-19 vaccination is the largest immunization programme undertaken in South Africa to date and has been broken down into 3 phases.

On the 21st of May 2021, Niemyer Memorial Hospital commenced with Phase 2 of COVID-19 vaccination which targets high risk groups. That is individuals over the age of 60

years. A vaccination task team was put together to ensure a successful launch into the community. Every patient was handled with the outmost care and the compliments we receive at every vaccination site attest to that.

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THE NIE-MAILER NEWS



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THE CLOTHING DRIVE.

19 –25 April 2021



Dr Mkhize and Ms Khumalo started the clothing drive to assist some of the disadvantaged or underprivileged community members of Emadlangeni sub-district who walk through our hospital premises , the drive started on the 5th of April 2021 and ended on the 7th of May 2021, many of the staff members responded to this call extremely positively. We collected well over 500 clothing pieces and over 20 pairs of shoes.

Mr Mafika Khanyile assisted to identify families in all 6 wards in need of clothes. We set aside a date and delivered the clothes to all identified families. The remainder of the clothes were taken to clinical sections for patients in need of clothing assistance whilst some of the clothes have been reserved for emergencies and any other unforeseen circumstances.

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BURNS AWARENESS WEEK 2021

INFORMATION PAMPHLET



Approximately 1.8 million South Africans suffer from a burn related injury each year

What is a burn and what causes a burn:

A burn is more than just a burning sensation of the skin and is often associated with severe skin damage.

Most burns are caused by:

- Heat, fire or hot fluids
- Cold such as with dry ice
- Electricity
- Radiation such as with sunburn
- When chemicals come into contact with the skin
- Chafing

STOP, DROP AND ROLL

When there is a fire with large flames and your clothes catch fire, do the following 3 steps.

1. Stop with what you are busy with.
2. Drop to the ground and cover your face with your hands.
3. Roll over and over until the fire is out.



If you see that someone else's clothes are on fire, calmly explain to them how to STOP, DROP AND ROLL.

If you or the other person are not able to drop to the floor, take a blanket and place it over the person to smother the flames.

WHAT DO I DO IF I BURNT?



If you or someone you know have suffered a burn, follow the next 4 steps:

1. Remove any jewellery, clothing, diapers, tissue or any material from the burnt area so that nothing is touching it.
2. Put the burnt area under cool (not ice or cold water) water for at least 20 minutes to stop the burning process.
3. Cover the burnt area gently with cling film or glad wrap. Never use butter, cream or oil over the burnt area as it may worsen the burn.
4. If the burn is severe and deep, go to your nearest hospital or clinic

Compiled by Zané Gerber OTCSO Niemeyer Memorial Hospital
Source used: <https://www.westerncape.gov.za/general-publication/national-burns-week-2016>

Ungalindi Goma

Njengoba kubalulekile ukugomelaezinye izifo njengo sofuba kanye nesimunyumungwane, nakanjalo ukugomela iCovid-19 uma kuvela ithu

Kubaluleka kokthola umgomo une Covid-19

YEHLISA
AMATHUBA
OKUGULA
KAKHULU UMA
IGCIWANE

INHLOSE
UKUVIMBELA /
UKUNQANDA
LOLUBHUBHANE

KULABO
ABASINDE
KUCOVID-19
NABO
BANETHULA
LOKUGOMA
FUTHI

NOKUVIKELA
NABANYE
ABANTU
EKUBHEBHE-
THIKISENI
LELIGCIWANE



COMPILED BY TYLA
GROBLER,
PHYSIOTHERAPIST

AFRICAN VACCINATION
WEEK 2021

African Vaccination Week: 19—25 April 2021.

National Burns Awareness Week: 6-12 May 2021.

Here are some information flyers prepared by Zane Gerber and Tyla Gerbler to bring about more awareness in these issues. These posters can also be found on notice boards around our facility.

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INTERNATIONAL NURSES DAY

12 MAY 2021

The International Council of Nurses (ICN) has celebrated this day since 1965.

In January 1974, 12 May was chosen to celebrate the day as it is the anniversary of the birth of Florence Nightingale, the founder of modern nursing.

Niemeyer Memorial Hospital nurses observed International Nurses day on the 12th of May 2021, a beautiful sunny Wednesday.

The day oozed with happy dressed to kill nurses . A beautiful programme was set in motion with our very own nurses often taking the podium and our song birds occasionally coming out to serenade us with their beautiful voices.

There is no denying the joy and success of a day this was as the entire hospital celebrated our hearos on this momentous day.



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GLOBAL MOVE FOR HEALTH 10 MAY 2021.

UKUNYAKAZA KOMHLABA WONKE KOSUKU LWEZEMPILO

10 Meyi 2021

UKUBALULEKA KOKUVIVINYA UMZIMBA

- Yehlisa isisindo futhi ugcine isisindo sempilo
- Ingozi kaLower yokuthola izifo ezinjengesifo sikashukela sohlobo 2 nomfutho wegazi ophezulu



UKUBALULEKA KOKUVIVINYA UMZIMBA



- Ithuthukisa impilo yakho yengqondo nemizwa yakho
- Kuthuthukisa ukulala kwakho
- Ithuthukisa impilo yakho yezocansi
- Kwandisa amathuba akho okuphila isikhathi eside

UQALA KANJANI

- Ukuzivocavoca imizuzu engama-30 ngosuku
- Ukuhamba kungukuzivocavoca umzimba
- Thatha izitebhisi kunelifiti
- Yenxa ukuzivocavoca nabangani
- Iya emakilasini



UKWENZA UKUZIVOCAVOCA KUBE YINGXENYE YEMPILO YAKHO



- Ukuzivocavoca umzimba kulula uma ulandela indlela yokuphila enempiyo okubandakanya ukungabhemi nekudla ukudla okunempilo

The Move for Health day (10 May 2021), forms part of the development of global and national strategies on diet, physical activity and health.

The main objectives are to;

1. Facilitate the development of sustained national and local physical activity initiatives, policies and programmes
2. Increase population-wide participation in physical activity.
3. Increase participation in physical activity through sport organisations, events and other socio-cultural forums
4. Promote healthy behaviour and lifestyles and address health related issues through sports and physical activity such as no tobacco use, healthy diet, reduction of violence, stress and social isolation.

These information pamphlets can be obtained at the Rehabilitation Centre (Physio), they are also being distributed to all physio patients.

GLOBAL MOVE FOR HEALTH DAY

10 May 2021

IZINTO EZINHLE ZIZA KULABO ABAJULUKAYO

Compiled by Tyla Grobler
Physiotherapist

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Seconds Saves Lives— A theme provided for this years World Hand Hygiene Day.

This year to get everybody involved we decided to host a poster competition “ What does hand hygiene mean to you” a day was set aside to get the patients involved and educated by reading and voting for the best poster.

Everyone was in high spirits as we all broke into a song as we paraded the premises for votes and participation.

Later the votes were revealed, they are as follows;

1. Gateway Clinic
2. Mobile Clinic & Laundry Services
3. SCM

Congratulations to the winners and well done to all the efforts of the other components on an amazing job with the posters.



FLU CLINIC OPENING

Niemeyer Memorial Hospital has recently opened a Flu Clinic structure in response to the outbreak of COVID-19 as our new normal.

The main functions of the clinic are to screen everyone entering the premises for COVID-19 and conducting tests for people who present signs and symptoms of COVID-19 immediately before it spreads to other people unnecessarily.

Pictured to the right; The Nursing Manager (Matron GN Nkosi), Gateway Clinic Operational Manager and Flue



CHILD PROTECTION WEEK - 30 MAY –06 JUNE 2021



National Child Protection Week is commemorated in the country annually to raise awareness of the rights of children as articulated in the Constitution of the Republic of South Africa and Children's Act (Act No. 38 of 2005).

Government calls on all South Africans to support Child Protection Week by ensuring that the most vulnerable in our society do not suffer abuse. It is in our hands to stop the cycle of neglect, abuse, violence and exploitation of children.

For Child Protection Week, Our Social Worker, Ms S Ndlela in partnership with the Department Social Development and SAPS embarked on week long educational tour of a select Schools in Emadlangeni.

Child Protection Week

Teenage pregnancies remain a serious health and social problem in South Africa that poses a health risk to both mother and child, it also has social consequences, such as continuing the cycle of poverty including early school dropout.

In efforts to help reduce the high rate of teenage pregnancy, Niemeyer Memorial Gateway Clinic has started a programme to educate learners about the risks of Teenage pregnancy and options available to them to curb the rising numbers.



Mzilikazi High School

FAMILY PLANNING OUTREACH



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Go Turquoise for the Elderly.

15 MAY –15 JUNE 2021

GO TURQUOISE FOR THE ELDERLY

NIEMEYER MEMORIAL HOSPITAL



Go Turquoise campaign is to demonstrate that the elderly in our country are not forgotten!

We have 2.75 million older people in our country, of which 1 million are already over the age of 75.

Unfortunately, older people are often seen as soft targets for crime.

To do our bit and demonstrate our love for the elderly we baked turquoise cupcakes for the elderly visiting the institution.

To close off the campaign we visited Huis Joanna to offer them cupcakes in time for their morning tea.

GO TURQUOISE FOR THE ELDERLY

HUIS JOANNA - OLD AGE HOME





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OPEN DAY.

Our Gateway Clinic set up an Open Day for the public on the 17th of June 2021 to market primary healthcare services that are offered at the clinic through presentations, dialogue (engagement/talks) and information flyers to take home.

The open day was a huge success with the patients participating by answering questions imposed on

them and asking clarity seeking questions.

A huge thank you goes out to the entire Gateway team for working in partnership to make this day a success.

The community at large know that they have a clinic with a wide range of primary healthcare services and

the clinic staff members are available to assist them with great expertise.



June 16 Commemoration.

June 16 marks the commemoration of National Youth Day in South Africa.

This is the day the country reflects on the massacre of school children during the Soweto Uprising of 1976.

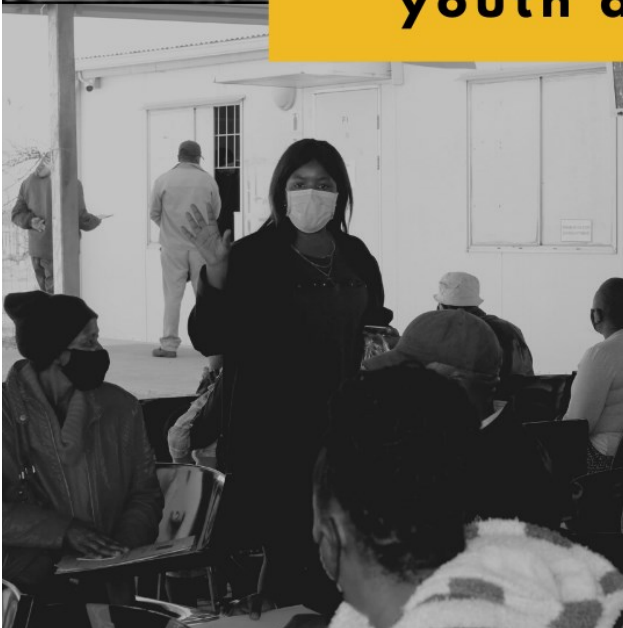
To commemorate this day as Niemeyer Memorial Hospital on the 17th of June 2021, during the open day we had a slot for the youth only

to teach all the audiences what youth day is all about, what it means to them and how we as the youth can ensure that we act with bravery and encouragement always.

We also had quizzes for both the adults and youth based on the teachings where prizes were won for the answers that were right.



youth day 2021

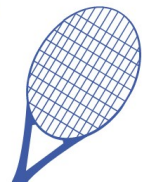


NIEMEYER RE-LAUNCHES NETBALL & SOCCER

Niemeyer Memorial Hospital

NETBALL RE-LAUNCH

2021



NMH



2021

SOCCER RE-LAUNCH





+

THE LAUGH CORNER.

I used up all my sick days so I called in sick

Patient: Doctor, I think I need glasses.

1 Teller: You certainly do! This is a bank.

2 Patient: Doctor, I get heartburn every time I eat birthday cake.

Doctor: Next time, take off the candles.

3 What's the difference between a general practitioner and a specialist? One treats what you have, the other thinks you have what he treats.

"Did you hear about the guy whose whole left side was cut off? He's all right now."

"Statistically... 9 out of 10 injections are in vein."

STAFF APPOINTMENTS



BM MANQELE Professional Nurse (Community Service) :01 April 2021



NND MCINEKA professional Nurse (Community Service): 01 April 2021



NS KHUMALO Professional Nurse (Community Service) : 01 April 2021



ZZ MKHWANAZI-YENDE Medical Officer: 01 April 2021



LV THANGO CNP: 01 May 2021

"Striving for excellence everyday"



NV MAHLABA Enrolled Nurse: 10 May 2021

"uNkulunkulu uluthando"



STAFF APPOINTMENTS



NC MOTLOUNG Enrolled Nurse: 10 May 2021

"Put my Patients first"



NP MBUYISA Data capturer: 10 May 2021

"The numbers add up and they don't lie"



NP MKHONZA Data Capturer: 10 May 2021

"Fear not and do your best"



S NTSWELEKILE Pharmacy Assistance: 27 May 2021

"Making the impossible possible"



N SIDINANA Pharmacy Assistance: 27 May 2021

"It's a pleasure to take care"



NS NTINGA Desktop Technician: 02 June 2021

"The best things in life are worth waiting for"



STAFF APPOINTMENTS



NC SHABANGU Professional Nurse: 04 June 2021

"The health of my Patient will always be my first consideration"



LH NKOSI Professional Nurse: 04 June 2021

"Do not find a career a purpose, a purpose crosses all discipline"



LSB MDLULI Community Based Rehabilitation: 14 June 2021



ZP NKOSI Enrolled Nurse: 14 June 2021

"God is hope"



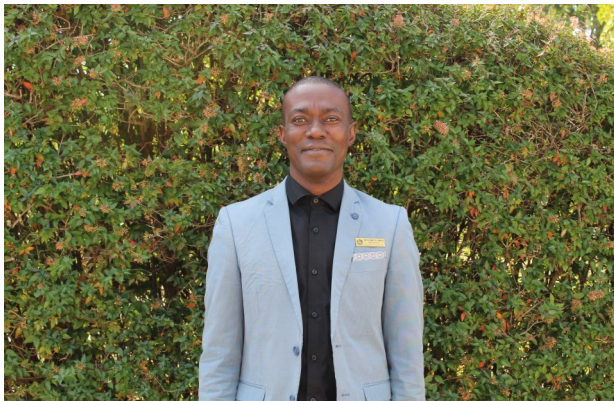
PP MDLALOSE Data Capturer : 08 March 2021

"Uma wehova engakithi akekho ongamelana nathi"



ACKNOWLEDGEMENTS

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