



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NIEMEYER
MEMORIAL HOSPITAL

THE NIEMAILER

NEWS

IF IT MATTERS TO YOU IT MATTERS TO US

JUNE 2024



IN THIS NEWS-
LETTER YOU CAN
EXPECT:

—
PREGNANCY
AWARENESS

—
HAND HYGIENE
UPDATES

—
YOUTH DAY
COMMEMORA-
TION

—
TEAM BUILDING
SESSION UPDATE

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INGCAKA COMBINED SCHOOL



PREGNANCY AWARENESS

11 April 2024, the ward-based outreach team visited Ngcaka combined School, the aim of the visit was to bring awareness to the learners on the dangers of falling pregnant at an early age,

The rise of teenage pregnancies has been alarming at Emadlangeni sub-district.

Niemeyer Memorial Hospital, ward-based outreach team coordinated a day with key stakeholders such as the South African Police, Department of Social Development, ESST and the Department of Education to edu-

cate and bring awareness to the learners of Ngcaka Combined School.

The event was a success and educational activities went as planned. The learners responded well with questions and inquisition.

We also offered health services to the learners and preventative measures, such as condoms and birth control.

03



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NDWAKAZANA COMBINED

SCHOOL



PREGNANCY AWARENESS

06 June 2024, the ward-based outreach team under Niemeyer Memorial Hospital & Gateway Clinic paid a visit to Ndwakazana Combined School, The visit was informed by the high rise in teenage pregnancy and the great concern it has become.

During this visit we were supported by other stakeholders such as ESST, South African Police Service, Department of Social Development, SAVF and the Department of Education

All the various stakeholders had an opportunity to speak before the learners and offered advice and support from their professional perceptions.

The learners were very much eager & excited and did not hold back to interact with us, asking questions for their benefit as well as their peers.

04



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PHILA
MNTWANA



PHILA MNTWANA

'the survival of the child'

Phila Mntwana is a community-based child health initiative aimed at reducing morbidity and mortality from preventable conditions including HIV, Pneumonia, diarrhea, and malnutrition.

On the 24th of April 2024 the ward-based outreach team, Community health workers and several mothers at Emadlangeni Municipality ward 05 who had opted to only breast feed their babies from birth, met for an educational morn-

ing awareness.

They were empowered by the ward-based outreach team on how to continue taking care of their children to ensure that they continue to grow healthy.

05



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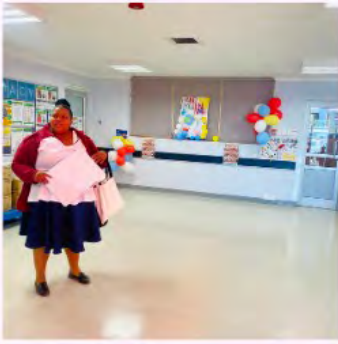
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World Hand Hygiene Day - 31 May 2024



In an effort to raise awareness the Niemeyer Memorial Hospital embarked on a handwashing campaign targeting healthcare workers and the public about the significance of hand hygiene.

The 05th of May 2024 is observed as World Hand Hygiene Day.

Our IPC Coordinator had giant task ahead of her and she was tasked to remind & re educate all staff members and patients on the importance of hand hygiene. Awareness was about how ensuring that our hands are always clean to save our lives. World hand Hygiene Day is an all time favorite awareness for most staff members, as it usually translates to a fun activity.

This year Sister Bophela (IPC Coordinator), targeted

various sections of the Hospital as well as Patients. Her sole mandate was to remind everyone how to wash their hands the proper way and reinforced the five moments of hand hygiene.

She also used this opportunity to create a short fun video using everyone who participated as stars of the show.

06



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UNLEASH



the



youth



in



you



Youth



Day



2024



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Youth Day 2024

CONTINUES



June 16 marks the commemoration of National Youth Day in South Africa. This is the day the country reflects on the massacre of school children during the Soweto Uprising of 1976, for many years we have observed this day through youth development and ensuring that the youth being ushered to each generation contains substance and strong values.

This year we decided to look outside ourselves and give back.

We decided to beautify the children's ward, through

re covering their files, painting the walls and donating some toys to the children that will be admitted into our facility and calling this ward their home for any period of time.

The intention was also to let loose and express all the feelings into creativity. As the youth we are constantly faced with daily frustration creating a block in us to be the best versions of ourselves. The day was a great success for everyone involved. We would like to thank everyone for their dedication, time and selflessness.

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INTERNATIONAL NURSE DAY

12 MAY 2024 – SANC. International Nurses Day is celebrated globally on 12 May each year. The theme for this year is: *Our Nurses. Our Future.*

This beautiful and vibrant event always call for a well deserved celebration. Honoring all our nurses who always go beyond their call of duty in the execution of their daily activities.

This year on the 22nd of May 2024, we pulled all the stops as all the nurses gathered to recite their nurses pledge, remembering the promise they made to serve. We invited various guest speakers to encourage the nurses and give them the much deserved praise . A special thank you to Pastor Nstiki Ndlovu who ushered the event in, Mr. Mntambo Chairperson of the board, The Deputy Manger Nursing and ANM_PHC for Dannhauser CHC, Sr. Mkhize.

We would also like to thank the entire team that worked tirelessly in the background to ensure that this Nurses Day was a success.

#Nurses 2024



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Quarter Reviews & Operational Plans



The second Batho Pele Principle is Service Standards, it speaks to the standards required in the service delivery which by no means cannot be lowered but rather be raised and continuously reviewed

19 April 2024, **Quarterly reviews** were held at the hospital boardroom. The focus was more on performance and improvement of various sections.

The 09th & 10th May 2024 was set aside for **Operational Plans**. An operational plan is a detailed outline of what a team or section will focus on in the immediate future, typically within the upcoming financial year.



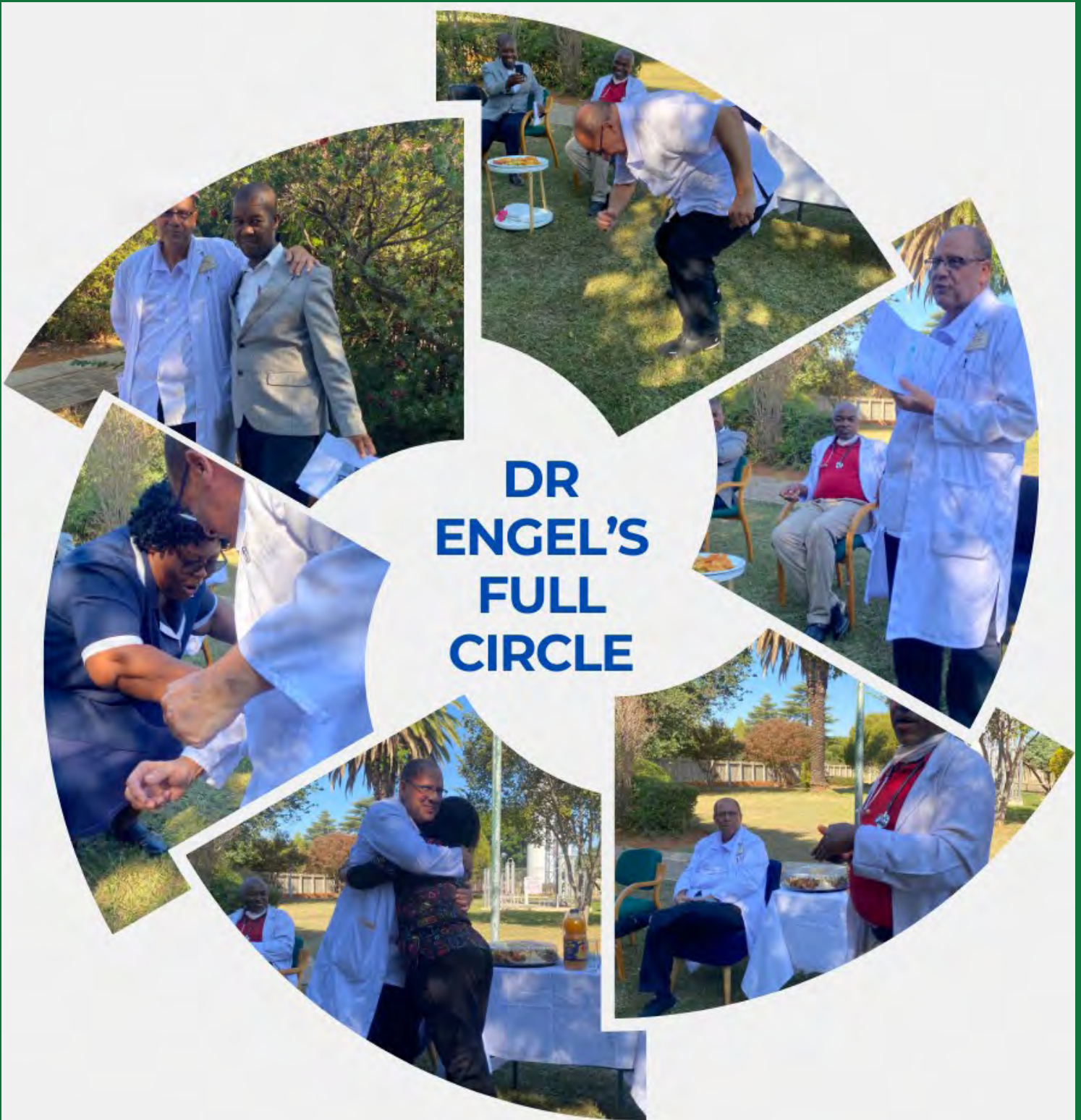
We have recently ushered in a new practice. We are focusing on trying to find ways to help staff member know each other better and improve communication.

Team building is an ongoing process that helps a work group evolve into a cohesive unit. The team members not only share expectations for accomplishing group tasks, but trust and support one another and respect one another's individual differences.

Pictures to the right reflect activities from a recent team building session held in our Facility.



DR' ENGEL'S FAREWELL



**DR
ENGEL'S
FULL
CIRCLE**





A Farewell Night



1st Quarter Compliments.



A HEARTLFELT THANK YOU GOES OUT TO:

Sr. T Nyandeni (OPD)
Dr. Kubeheka
Nurse Nxumalo
Nurse Zwane
Sr. Mgcina
Sr. Khanyile
Sr. Sibisi
Sr. Ndaba
Sr. Langa
Sr. T Nyandeni (Pediatric Ward)
Sr. Mbatha

Sir Radebe
Sr. Chonco
Nurse Mncube
Sr. CCJ Khoza
Dr. Mlombile
Nurse Ntshingila
Sr. Sithebe
Dr. Dladla
Sr. Nkosi

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PHOTO GALLERY



Maternity Ward Staff posing for a picture during their nurses day lunch.



Mobile team members posing for a picture before Nurses Day breakfast.



Staff settling down for a night training on Batho Pele and Patients Rights.



Outreach team doing aerobics with the public during a pregnancy awareness.



Staff members setting up for Nurses Day.



Occupational Therapist giving members of the public health education on Down Syndrome



PHOTO GALLERY



Social Worker ,Mrs. Nzuzo giving a talk on Drug Abuse Awareness.



IPC Coordinator at HR during Hand Hygiene Day.



Mrs. Ndebele getting ready to demonstrate hand wash during Hand Hygiene Day



Staff members gathering to see Dr. Engel off to retirement.



Management and Guests partaking in a lunch for after nurses day event



Mrs. Magudulela , Sr. Ngubane and Sir Dlamini before nurses pledge



STAFF APPOINTMENTS



Z Mlombile MO (CSO) 01-01-2024



MB Radebe Professional Nurse (CSO)01-01-2024



X Luthuli Enrolled Nurse - 01-05-2024



S Mathebula IT Technician 01-05-2024 "John 10:10" Impilo ecicimayo"



NS Guquka Finance Inter 02-05-2024 "If you can change your mind you can change your life"



NG Xulu Enrolled Nurse 01-05-2024



STAFF APPOINTMENTS



B Hlela Dentist 01-06-2024 "Tooth be told, behind every beautiful smile is a fabulous Dentist"



L Mazibuko SCM Intern 02-05-2024 " Psalms 23"



S Nkosi Professional Nurse - 02-05-2024 " I'm a nurse because miracle worker isn't an official title"



S Nxumalo HR In-service Trainee 02-05-2024 "Isiah 60 When the time is right I the Lord your God will make it happen"



STAFF EXISTS.

Goodbye

Ntinga S

Mbatha NS

Majola PP

Engel CA

Khoza NG

Msibi JS

Dlamini NP

Mgcina MF

Ngidi SA

Msibi BG

We wish you all the best on your new journey! Thank you for being a great coworker. Your professionalism, knowledge, and enthusiasm have been a valuable asset. We are sad to see you go, but we are excited for the new opportunities that lie ahead for you!

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HEALTH ALERTS...



MONKEYPOX

WHAT IS MONKEYPOX?

It is a rare disease transmitted to humans from infected animals such rodents, and monkeys. Once a person is infected by an animal, person-to-person transmission may then occur.

MONKEYPOX IS TRANSMITTED THROUGH:

- Physical contact with bodily fluid of infected persons.
- Contact with materials used by infected persons (bed sheets, towels etc), and surfaces that have been used by a person with monkeypox.
- Respiratory droplets or oral fluids(e.g., fluid that comes out of the mouth and nose during breathing, talking, sneezing, and coughing) or fluids during sexual intercourse.

SIGNS AND SYMPTOMS



Rash on face



Rash on hands



Rash on legs



Swollen lymph nodes



Back and Muscle aches



Intense headache



High fever

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HEALTH ALERTS!



MONKEYPOX

TREATMENT

There is no treatment for Monkeypox and most people recover within a few weeks after being infected. Stay at home (isolate) and avoid close contact with other people for a period of 21 days or until fully recovered.

HOW TO PREVENT GETTING MONKEYPOX

- Wash hands with soap and water frequently or an alcohol-based hand rub.
- Clean and disinfect any contaminated surfaces.
- Avoid contact with contaminated materials of an infected person (ie: bedding) Wear a mask when handling any clothes or bedding of an infected person.
- If contaminated materials need to be cleaned, wash them with warm water and detergent.

IF YOU HAVE A NEW OR UNEXPLAINED RASH, SORES, OR OTHER SYMPTOMS VISIT YOUR NEAREST CLINIC OR COMMUNITY HEALTHCARE CENTRE TO SEEK FOR IMMEDIATE MEDICAL ATTENTION.

It is important to diagnose Monkeypox on time to aid in the efforts to contain the transmission of the virus and avoid more cases from occurring.

For more information on Monkeypox, visit the National Institute of Communicable Diseases (NICD) Website: <http://www.nicd.ac.za/monkeypox>

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Autumn Jokes That Will Have You Fall-ing Over With Laughter

HOW DID THE TREE GET A NEW JOB? SHE HAD THE RIGHT QUA-LEAF-ICATIONS.

Why did the apple pie go to the dentist? Because it needed a filling.

WHAT DO YOU CALL A SMALL PEPPER IN LATE AUTUMN? A LITTLE CHILI

How do you fix a broken pumpkin? With a pumpkin patch!

WHAT IS IT CALLED WHEN A TREE TAKES SOME TIME OFF? PAID LEAF.

Why does Humpty Dumpty love autumn so much? Because he had a great fall.

WHAT DID THE LEAF SAY TO THE OTHER LEAF? I'M FALLING FOR YOU.

What happens when winter arrives? Autumn leaves.

WHAT DID THE GROUND SAY WHEN FALL CAME? WELL THAT'S A RE-LEAF

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