



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NIEMEYER
MEMORIAL HOSPITAL

THE NIEMAILER

NEWS

MARCH 2025

IF IT MATTERS TO YOU IT MATTERS TO US

WORLD GLAUCOMA WEEK

11-16 March 2025

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HEALTH MONTH

TB AWARENESS
MONTH

GATEWAY OPEN
DAY

ANNUAL
INDUCTION &
ORIENTATION



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INDUCTION & ORIENTATION.

COORDINATOR

MR SANDILE DLAMINI
HUMAN RESOURCE DEVELOPMENT

INDUCTION AND ORIENTATION PROGRAMME

- Nursing Dress Code & SOP
- Nursing Package
- Finance Demand Management
- Acquisition Management
- Contract Logistics & Warehousing
- Assets & Disposal
- HR Policies
- HR Planning & Development
- HR Practices
- Staff Relations
- Occupational Health
- Transport Services
- Food Services
- IPC Policies
- PHC SOP's
- Radiology Services
- Quality Management
- Institution Events
- Batho Pele Principles
- Complaints Mechanism & SOP

INDUCTION AND ORIENTATION WHAT IS IT?

Induction & Orientation is a comprehensive process that introduces new employees or members to the organization's culture, policies, procedures, and expectations. Its primary goal is to provide essential information, training, and support to ensure a smooth transition and successful integration.

OBJECTIVES

- Provide essential information*: Share organizational policies, procedures, and expectations.
- Familiarize with the work environment*: Introduce new employees to their workspace, colleagues, and supervisors.
- Develop skills and knowledge*: Offer training and support to help new employees perform their job duties.
- Encourage engagement and participation: Foster a sense of belonging and encourage new employees to contribute to the organization.





WORLD GLAUCOMA WEEK

Glaucoma awareness is crucial for several reasons:

- Early Detection and Treatment
- Prevents vision loss, Glaucoma is a leading cause of irreversible blindness worldwide. Early detection and treatment can prevent or slow vision loss.
- Reduces risk of progression. Awareness and timely treatment can reduce the risk of glaucoma progression, preserving vision and quality of life.

- Education and Empowerment
1. Informed decision-making: Awareness campaigns are aimed to educate people about glaucoma, its risk factors, symptoms, and treatment options, enabling informed decision-making.
 2. Promotes self-care: Empowered individuals can take proactive steps to maintain eye health, such as regular eye exams and adherence to treatment plans.

To effectively raise awareness for Glaucoma week the Optometrists with the assistance of the Outreach team targeted several schools in the district for eye screenings and education.



REPRODUCTIVE HEALTH MONTH

VAALBANK - 26 FEBRUARY 2025

Reproductive Health Month is observed annually in February. The goal of this month-long campaign is to:

Promote Education and Awareness

- Sexual health*: Educate individuals about healthy sexual relationships, consent, and safe sex practices.
- Reproductive health*: Raise awareness about reproductive health issues, such as family planning, maternal health, and infertility.

Reduce Stigma and Shame

- Break the silence*: Encourage open discussions about sexual and reproductive health, breaking down stigmas and shame associated with these topics.
- Foster inclusive environments*: Promote inclusive and non-judgmental spaces for individuals to discuss their sexual and reproductive health concerns.

Reduce Stigma and Shame

- Break the silence: Encourage open discussions about sexual and reproductive health, breaking down stigmas and shame associated with these topics.
- Foster inclusive environments*: Promote inclusive and non-judgmental spaces for individuals to discuss their sexual and reproductive health concerns.

Advocate for Access to Services

- Comprehensive education*: Advocate for comprehensive sex education in schools and communities.
- Access to healthcare*: Promote access to affordable and quality sexual and reproductive healthcare services, including family planning, STI testing, and treatment.

By observing Reproductive Health Month, we can work together to create a more informed, inclusive, and supportive environment for everyone's sexual and reproductive well-being.



PICTURED ABOVE: MRS SG NDEBELE GIVING HEALTH EDUCATION TO PUBLIC MEMBERS IN ATTENDANCE .



THE PUBLIC IN LINE FOR HIV TESTING.

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TUBERCULOSIS. AWARENESS MONTH



March is TB Awareness Month. Here are some key points to raise awareness about tuberculosis:

Facts About TB

1. Global impact: TB is one of the top 10 causes of death worldwide, with 10 million people falling ill with TB each year.
2. Infectious disease: TB is an infectious disease caused by the bacterium *Mycobacterium tuberculosis*, which primarily affects the lungs.
3. Curable: TB is curable with proper treatment, but early detection and diagnosis are crucial.

Symptoms and Risk Factors.

1. Common symptoms: Coughing, chest pain, coughing up blood, fatigue, weight loss, and fever.
 2. High-risk groups: People living with HIV/AIDS, malnourished individuals, smokers, and those with compromised immune systems.
 3. Transmission: TB is spread through the air when an infected person coughs, sneezes, or talks.
- Diagnosis and Treat

Diagnosis and Treatment

1. Diagnostic tests: TB diagnosis involves tests such as chest X-rays, sputum tests, and blood tests.
2. Treatment: TB treatment typically involves a combination of antibiotics taken for 6-9 months.
3. Importance of adherence: Adhering to treatment is crucial to prevent drug resistance and ensure effective treatment.

TB Awareness Month Goals

Raise awareness: Educate the public about TB, its symptoms, and its impact.
Promote testing and treatment: Encourage people to get tested and seek treatment if they have TB.

The target set out for TB Awareness in 2025 was the Uitkooms Mine, mines have inadequate airflow due to poor ventilation that leads to stagnant air allowing for bacteria to linger..

ISIBHEDLELA KUBANTU-

ACCESSABILITY!!



KwaZulu- Natal (KZN DoH) is making good progress in promoting and mobilising communities to take charge of their health through Isibhedlela kubantu initiative. This refers to continued efforts by the KZN DoH to take critical hospital services closer to where the people live.

The province still faces high poverty rates, youth unemployment, and a variety of socio-economic ills. Many households are led by the elderly who rely solely on social grants to survive, and who themselves are often physically challenged to travel and reach the province's health facilities.

Access to healthcare refers to the ability of individuals or communities to obtain timely, affordable, and high-quality healthcare services when needed. It encompasses several key dimensions:

Physical Accessibility

1. Geographic location: Healthcare facilities are located within a reasonable distance, making it easy for people to reach them.
2. Transportation: Availability of reliable transportation options to healthcare facilities.

Timeliness

1. Wait times: Patients can access healthcare services within a reasonable time frame, minimizing wait times.
2. Appointment availability: Healthcare providers have available appointments, ensuring patients can receive timely care.

Acceptability

1. Respect and dignity: Patients are treated with respect, dignity, and compassion by healthcare providers.

2. Confidentiality:

Patients' personal and medical information is kept confidential.

Ensuring access to healthcare is crucial for promoting health equity, reducing health disparities, and improving overall health outcomes.

GATEWAY CLINIC OPEN DAY.

19 MARCH 2025

WHY DO CLINICS HAVE OPEN DAYS,?

This can be by several reasons:

Community Engagement

- Raise awareness: The Open day provides the opportunity for the clinics to raise awareness about their services, specialties, and expertise.
- Build relationships: The Clinic is enabled to build relationships with the local community, fostering trust and establishing them self as a reliable healthcare provider.

Education and Awareness

- Health education: The Open day often include health education sessions empowering individuals to take charge of their health.

Promoting Services

- Showcase the Clinic: The Open days allows the clinic to showcase the Facility, equipment, and technology, demonstrating the commitment to quality care.

By hosting this open day the clinic, the above outcomes were the motivation, a successful open day was hosted, we saw public engagement and participation in a positive way, further assurance of the success and intention that was originally anticipated when the need for hosting an open day arised.



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OPEN DAY GALLERY



A patient raising her hand seeking clarification.



Mrs Magudulela ANM-PHC during the open day



Ms PF Lalla delivering a talk on TB



Sr Mathe starting a song during the open day



Mrs S Slava speaking on the importance of nutritional meals.



A Patient asking a question during the open day.

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COMPLIMENTS

WORD ON THE STREET IS THAT YOU ARE AMAZING!



FOOD SERVICES

- Bonginkosi Malinga
- Elizabeth Johnson

MEDICAL & ALLIED

- Dr Mchunu
- Dr Hlela
- Mrs Nzuza

NURSING

- GSA Mbatha
- Sr Ndaba
- Sr Khanyile
- NA Selepe
- Sr Nkosi
- Sr Siwela
- Sr McDonald
- Sir Mathonsi
- MS Ndinisa
- XZ Mngomezulu

... NO GOOD DEED GOES UNNOTICED



PHOTO GALLERY



Dr SB Nkosi—Delivering a presentation at the PSI training held at Famers Hall.



Sr AN Bophela—Conducting a training for IPC Champions at CETU center.



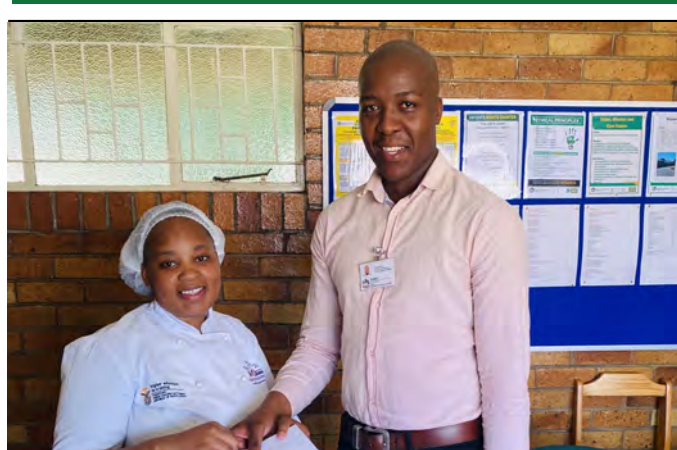
Mr MTC Khumalo demonstrating how to use a fire extinguisher at the CETU center.



Sr NM Dumakude conducting sexual education for Teenage pregnancy week at Nzimeane Combined School.



Mr MS Khanyile engaging with stakeholders at the peaceful walk against crime & GBVF held at Utrecht Town



Ms T Masuku on her last day posing for a picture with Mr SN Mavimbela at the Main Boardroom.

STAFF APPOINTMENTS



BT KUBHEKA MEDICAL OFFICER (CSO) 01-01-2025 "Where there is love for medicine, there is love for humanity as well".



K MCHUNU MEDICAL OFFICER (CSO) 01-01-2025 "Treat every Patient as though it were a family member".



S BUTHELEZI MAINTENANCE IN-SERVICE TRAINEE 10-02-2025 "You never really know if you can do anything unless you try"



MNTJ OLIPHANT MAINTENANCE IN-SERVICE TRAINEE 10-03-2025 "You get uplifted by uplifting other people"



N SHEZI SCM IN-SERVICE TRAINEE 13-01-2025 "There is no pressure when making a dream come true"



LF KUNENE HR IN-SERVICE TRAINEE 03-03-2025 "Trust in God's assurance that everything will fall into place in his perfect time"

STAFF APPOINTMENTS



TF NDLOVU PROFESSIONAL NURSE 01-01-2025



F KHUMALO SCM INTERN 10-02- 2025 "Whre there is unity there is a way"



LN KHUMALO MEDICAL OFFICER (CSO) 01-01-2025 "Passion for Peads"



SS MAKHOBHA PHARMACIST (INTERN) 01-01-2025 "Life shrink and expands to proportion with ones courage"



W TSAWE PHARMACIST (CSO) 01-01-2025 "Everybody wants to be good, but it takes a real one to be great, LETS GO!!!"



S NKOSI PHARMACIST (CSO) 01-01-2025 "You are the architect of your destiny, design it with purpose"

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STAFF EXISTS.

BEST WISHES

Mr Masondo (SIKA BOPHA)

"May your retirement be filled with happiness, relaxation, and the opportunity to pursue your passions."



"YOUR DEDICATION HAS BEEN TRULY INSPIRING, AND WE'LL MISS YOUR EXPERTISE."

We bid farewell to Mr Masondo in a joyous occasion, who has served at Niemeyer Memorial Hospital for over 20 years in the Maintenance Department as a carpenter.

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HEALTH ALERTS...



UTWAHLANE

Hand, Foot and Mouth Disease

(HFMD)

LUYINI UTWAHLANE?

Isifo somkhuhlane osatwayi, esihlasela izandla, izinyawo, kanye nomlomo - phecelezi i-Hand, Foot and Mouth Disease (HFMD). Lesi sifo sithathelana ngoku-hlangana komuntu negciwane laso okungafanele lithintwe noma kuhogeleke amaconsana alo (droplets), kanti siphatha ikakhulukazi izingane. Intsha kanye nabantu abadala nabo kuyenzeka sibaphathe, noma kungavamile. Asihlangene nesifo samatele esihlasela izilwane.



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HEALTH ALERTS!



HAND, FOOT AND MOUTH DISEASE (HFMD)

TREATMENT:

There is no specific treatment for hand, foot and mouth disease. Most people get better on their own in 7 to 14 days.

TIPS ON OTHER TREATMENT APPROACHES FOR HFMD:

- Use over-the-counter remedies for sore throat and blisters
- Stay hydrated
- Do not take antibiotics
- Seek medical help if the symptoms are severe or do not improve after 10 days.



IN THIS QUARTER VALENTINES WAS
CELEBRATED ACROSS WORLD, HERE ARE SOME

FUN FACTS

IN THE SPIRIT OF VALENTINES DAY.



DID YOU KNOW?

Sweet Traditions
Chocolates and roses:
The tradition of
giving chocolates and
roses on Valentine's
Day dates back to the
19th century.

**Heart-shaped
symbols:** The heart
shape, often
associated with
Valentine's Day, was
first used in the 17th
century to represent
the heart.

In Japan, women
give chocolates to
men on Valentine's
Day, while in South
Korea, Black Day is
celebrated on April
14th for single
people.

Over 6 million
couples get engaged
on Valentine's Day
worldwide.

In the 19th century,
it was believed that
birds chose their
mates on Valentine's
Day, further
solidifying the
holiday's connection
to love and romance.

Ancient Roman
festival: Valentine's
Day originated from
the ancient Roman
festival of Lupercalia,
celebrated from
February 13th to
15th.

Christian martyr:
According to legend,
St. Valentine was a
Christian martyr who
defied Emperor
Claudius II's ban on
marriage and was
executed on February
14th.



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