



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

Nie-Mail News

Niemeyer Memorial Hospital



July - September 2018

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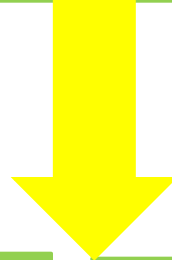
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DR SB NKOSI (CEO)



ORGANOGRAM

CEO and MEDICAL
MANAGER (DR SB
NKOSI)



NURSING
MANAGER
(MRS GN
NKOSI)

HUMAN
RESOURCE
MANAGER (MR
SGM MTSHALI)

FINANCE
MANAGER (MR
PMX VILAKAZI)

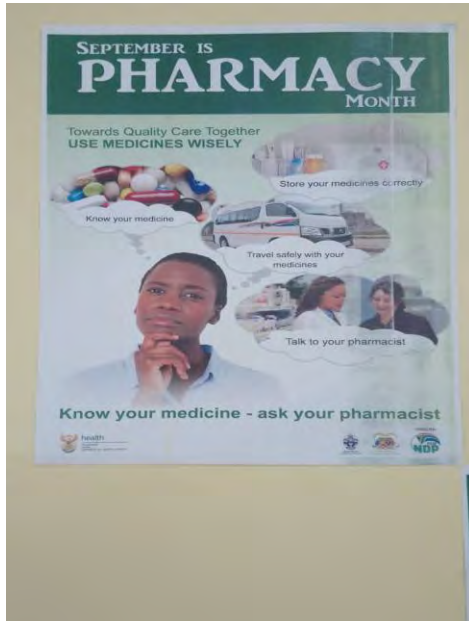
SYSTEMS
MANAGER
(MISS PMN
DLAMINI)



**EVENT THAT WERE
DONE IN THE
HOSPITAL**

PHARMACY MONTH

The Niemeyer Hospital Staff actively participated in the annual Pharmacy Month. The theme for 2018 was “Use Medicines Wisely”. The purpose of Pharmacy Month is for pharmacy professionals to help play a pivotal role in educating patients and the community at large in focal areas each year and promoting health in general. The old age home and Ndwakazane Combined School were visited during his pharmacy month.



NDWAKAZANE COMBINED SCHOOL:

The community service pharmacists Kimisha Parmaswar and Adriaan P. Booyesen along with pharmacist assistance Sebenzile Mhlongo went to Ndwakazane Combined School on 26 September 2018 to address the grade 11 learners.

NELSON MANDELA 67mintes

Dr Nelson Mandela spent 67 years making the world a better place. NELSON MANDELA'S birthday is on the 18 July and the call is for everyone to celebrate his birthday by acting on the idea that each person has the power to change the world .



Niemeyer Memorial Hospital dedicated 67 minutes by giving back to patients visiting the hospital on that day. There was a meet and greet on the day done by Nursing Manager – Mrs G.N. Nkosi to patients, as well handing over of fruits (Banana and Orange). The hospital is the place of health and in all the time we promote healthy living.



The 67 minutes was done for the outpatients in OPD/Casualty, ARV Clinic and Gateway Clinic.

Special thanks to Dr S.B. Nkosi Mrs G.N. Nkosi, Ms S. Ndebele, Mr M.T.C. Khumalo, Mrs B.E. Mlotshwa, Mr S.O. Magubane, Mr M.B. Zulu and Ms L. Mokoena

NATIONAL ORAL HEALTH MONTH

September is globally known as Oral Health Awareness Month – Therefore the week of 24 – 28 was chosen by our dental team to celebrate this month with our patients. As we would always say – “NO health without oral health”.

AIM:

To ensure that accurate knowledge is spread out regarding basic maintenance and awareness of oral health.

What was done:



Oral Health Awareness Posters were made and displayed on our doors with the aim that awareness can be raised with waiting patients and passing people who are attracted by the posters.

Education includes:

- +Anatomy of teeth
- +Identification & Functions
- +Common Diagnoses
- +Treatment Optional
- +How to floss
- +How to brush teeth properly

Educational Pamphlets were made, printed and distributed adequately.

Topic Pamphlets include:

- ◆ Oral health care
- ◆ Pregnancy oral health
- ◆ Baby oral health
- ◆ Children oral health





The experience of spreading knowledge and celebrating oral health awareness month was conducted in all the wards at Niemeyer Memorial Hospital.

WORLD BREAST FEEDING WEEK

Breastfeeding is an optimal feeding practice for all infants and young children. Exclusive breastfeeding for the first 6 months promotes growth and development of babies and is the ideal food and nourishment during this time. A baseline survey conducted in all 11 districts in KwaZulu Natal (KZN) to determine infant feeding practices at 14 weeks found that, in KZN an estimated 45.1% of infants were exclusively breastfed at 14 weeks (KwaZulu-Natal Initiative for Breastfeeding Support (KIBS,)2016).

The 2018 KwaZulu Natal proposed objectives are aimed at promoting, protecting and supporting breastfeeding and infant feeding practice.

02-07 August 2018 (Berou Phila mntwana center and Mxhakeni crèche)

On this year's breastfeeding week the dietician and nutrition advisor went to phila mntwana centers and crèches to educate the public about the aim of this year's breastfeeding week and the role that the communities can play in promoting continued breastfeeding at households. Promotion of exclusive breastfeeding was not the only message communicated, we also emphasized the safe introduction of complementary feeding at the age of six months, while continuing with breastfeeding for two years.

MESSAGES COMMUNICATED DURING CAMPAIGN

- * Promote, protect and support breastfeeding.
- * Promote exclusive breastfeeding for the first 6 months.
- * Promoting safe and timely introduction of complementary food from 6 months with continued breastfeeding.
- * Breastfeeding in the context of HIV.
- * Encourage breast milk expression.
- * Dangers of mixed feeding.
- * Safe preparation of infant formula.



NATIONAL WOMENS MONTH

The aim of this event is to celebrate the historical meaning of the day and also use the opportunity as health workers to highlight on all women related matters and create awareness on female related illnesses also promote a healthy lifestyle as per provincial mandate which also was the theme for this years' event. The event was traditionally themed and external stakeholder's were invited including the SAPS, DSD, CORRECTIONAL SERVICES, etc., to name the few. Representatives from other hospitals in the district were also invited. We all have learnt lot of different things from other ladies and has also learnt on how to deal with problems as well as on how to solve them as a women.



The event was a success as all pre-determined goals were achieved and everyone present was pleased.



EYE CARE AWARENESS MONTH

Eye Care Awareness usually takes the whole month as we have started on the 23 September to 18 October where we promote healthy eyes and a good sight to our patients at any age group.

Eye Care Nurse practitioner gave a health education to a group of clients .

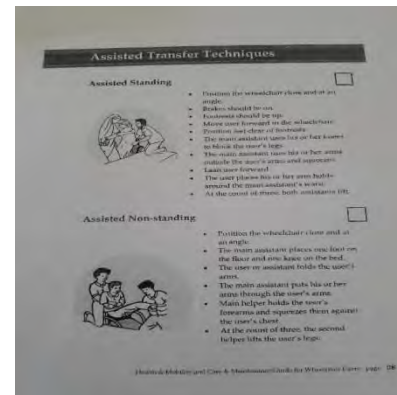
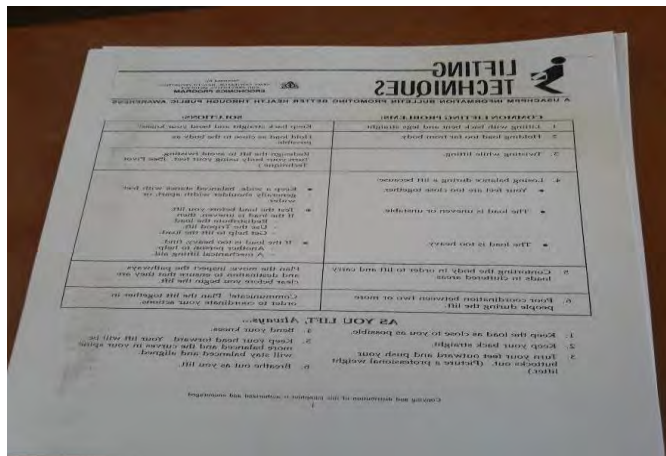
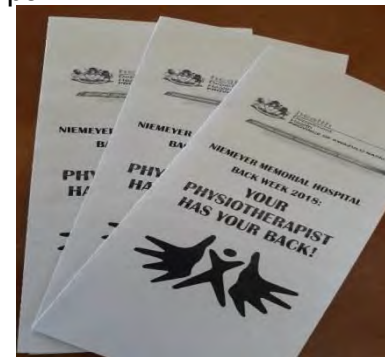


BACK WEEK



National Back Week

Between the 3rd and 9th of September, Physiotherapists nationwide embark on community campaigns to create awareness on all things related to back pain. This year the general theme for back week was adopted as “Your Physiotherapist has your back” with special focus on the role of a physiotherapist in preventing and managing back pain.



EXTERNAL SPORT DAY



We as the NIEMEYER MEMORIAL HOSPITAL has joined and competed with the different Departments which are (DEPARTMENT OF SOCIAL DEVELOPMENT, EMADLANGENI MUNICIPALITY, SOUTHE AFRICAN POLICE SERVICE etc). Surrounding our hospital as we promote a healthy life style where we encarrange our people to stay fit play sport and excise's more to avoid sicknesses or an unhealthy LIFE STYLE.



We hard lot of different sports to be played that accomodated everyone to take part. Even people with disability because health life style involves everyone and our aim is to see every people healthy.



FIRE TRAINING

In the interest of better life and enhancement of optimum health and safety in our institution it is envisaged that we have fire training in place safety precaution measures to our people,



The eMadlangeni fire fighters team assisted the hospital with the fire training.



NEWLY APPOINTED HOSPITAL BOARD MEMBERS



**MR. NE Nxumalo
(Chairperson)**



**MR. S.D Olifant
(Deputy chairperson)**



MS. M.P Khumalo



Mr. S.C Ntshangase



Mr. D.R Khumalo



Mr. M.P Zwane



Mr. S.L Mbatha

EDITED BY DR SB NKOSI (CEO)



**CREATED BY ST NDEBELE (PRO
intern)**