



# NKANDLA NEWS HUB

# NEWS

AUG - DEC 2023

## HERITAGE CELEBRATION AT NKANDLA DISTRICT HOSPITAL



2023 QUALITY DAY EVENT



WORLD AIDS DAY COMMEMORATION



NKANDLA HOSPITAL FC (2023 DISTRICT TOURNAMENT)





**On** the 27th of September Nkandla district hospital was celebrating heritage day, on this day different staff members brought different traditional food. The employees were wearing different colorful traditional attires. This day was celebrated in order to show how we're proud of our culture. The staff members were very excited about this day as it brought unity amongst them. There's a traditional wedding that was performed in order to celebrate this day, if it wasn't for the unity amongst the employees, this event wouldn't have been a success.


**#OUR CULTURE. OUR PRIDE**

02



**KWAZULU-NATAL PROVINCE**  
HEALTH  
REPUBLIC OF SOUTH AFRICA

 KwaZulu-Natal Department of Health  
 KZN Department of Health

 kznhealth  
 @kznhealth





# HERITAGE CELEBRATION AT NKANDLA DISTRICT HOSPITAL



**THE BRIDEMAIDS AND THE BRIDE.**



**THE GROOM'S FAMILY.**



**THE BRIDE'S FAMILY.**



**THE FATHER OF THE BRIDE AND THE BRIDE.**



**BRIDE'S FAMILY WENT TO GROOM'S FAMILY TO REPORT THEIR ARRIVAL AS BRIDE FAMILY.**



**THE PROUD MOTHERS.**





# NKANDLA DISTRICT HOSPITAL QUALITY DAY



MRS. M.S MKHIZE WAS HOUNERED FOR LONG SERVICE AT NKANDLA HOSPITAL (42 YEARS OF SERVICE.)



OUR MC'S OF THE DAY



CLINICS OPERATIONAL MANAGERS





# NKANDLA DISTRICT HOSPITAL QUALITY DAY



Nkandla District Hospital recognizes and values the hard work, commitment and achievements of all staff. So the institution was hosting quality day event, this event is celebrated annually by the hospital. The main aim for this event was to reward excellence to the deserving employees. Rewarding excellence provides recognition to staff across in that particular department. These awards were awarded in order to encourage innovation to the employees, healthy competition should be encouraged amongst the employees. Innovative ideas and good work should be shared and be appreciated no matter how small it is.

## EMPLOYEES WERE AWARDED ACCORDING TO THE FOLLOWING CATEGORIES:



- Compliance in uniform (dress code)
- Compliance in ethics and professionalism
- Best performing employee
- Best performance in ideal clinic
- Best performance in couple year protection
- Compliance in ccs management
- Compliant on Batho Pele principles
- Compliant unit clinic in reporting PSI's
- Employee who received most compliments
- Best sport,s woman & man
- Compliance in cleanliness etc.



Employees were very happy about this quality day, the management recognizes their hard work.





# KWAZULU-NATAL LEGISLATURE



## KWAZULU-NATAL LEGISLATURE GOVERNING BODY VISITED NKANDLA DISTRICT HOSPITAL.



A Legislature is an assembly with the authority to make laws for a political entity such as a country, nation or city. They are often contrasted with the executive and judicial powers of government. Laws enacted by legislature's are usually known as primary legislation. KwaZulu-Natal legislature is one of the provincial legislatures in South Africa. Based in Pietermaritzburg, the KZN legislature is constitutionally mandated to pass legislation, provide a forum for public participation, involve the public in the law-making processes, and oversee the activities of the provincial executive. Their main aim for their visit at Nkandla Hospital was to monitor the performance of two of our clinics, and to take resolution if there are any gaps identified during this visit, Ewangu clinic and Mandaba clinic were the clinics visited.





# MPANDLENI CLINIC WOLRD AIDS DAY COMMEMORATION



NKANDLA WORLD AIDS DAY CELEBRATION.

Every year the 1st of December commemorates World AIDS Day. People unite to show support for people living with HIV and to remember those who have died from AIDS related illnesses. Each World AIDS Day focuses on a specific theme which this year was **LET THE COMMUNITY LEAD**. Change depends not on the moment but on the movement. This message will not only ring out on one day, but it will be at the core of activities that will build up across the world.

On the 30th of November 2023 Nkandla district hospital and Mpandleni clinic decided to celebrate World AIDS Day. This day was commemorated successfully by Nkandla District Hospital, Mpandleni clinic joined by authorities of Nkandla and the community





# THALANENI CLINIC QO. QO. QO. CAMPAIGN



**M**obile team went to Thalaneni area to perform different outreach services to the community. The mobile team went door to door and gave the deserving people medication. On this program there are also social workers who deals with social issues and the environment people they live in, as well as the children that lives in this area. On this day, nurses were checking different diseases from the families that they went to in the community, diseases like BP, diabetes, TB, HIV etc. Nkandla district hospital outreach team also helped children and parents to cope with any emotional difficulties that they may face. This program also helped the community in giving major preventive medical care and treatments to ensure that the kids and community are health.





# NXAMALALA CLINIC (KUKHOBA TB BLITZ)



NKANDLA DISTRICT HOSPITAL TOOK THEIR SERVICES TO KUKHOBA COMMUNITY.



Since it was TB BLITZ campaign the focus was on TB prevention, suspicion and presenting to health facility when you have suspicious signs.





# EWANGU CLINIC (QO.QO.QO CAMPAIGN)



Nkandla District Hospital took their services to Ewangu community. The community was taught more about taking care of their bodies by exercising and how eating health food can reduce diseases. Social workers were also present to educate community about taking care of their children and the consequences they can face when they don't. On this day the nurses were checking different diseases from families that they went to in the community, diseases like BP, diabetes, TB, HIV etc.

Our outreach team was working tirelessly to ensure that community is given efficient services accordingly. The hospital management was present during this huge campaign (QO. QO. QO.). The feedback received from the community this campaign was awesome.

## NKANDLA DISTRICT HOSPITAL TOOK THEIR SERVICES TO EWANGU COMMUNITY



OUTREACH TEAM WENT DOOR TO DOOR TO OFFER THEIR SERVICES.



SOME FAMILIES WE SAW THAT THEY NEED ASSISTANCE BY THE SOCIAL WORKERS.





# (MAPHUTHU AREA) ISIBHEDLELA KUBANTU



OUR OWN NKANDLA HOSPITAL DIETICIANS AND MENTAL HEALTH PERSONNEL RENDERING SERVICES TO THE COMMUNITY

On the 28th of September, Nkandla District Hospital took their services to Maphuthu community. Dieticians were present on this campaign to give health education about healthy food and the importance of having healthy lifestyle. The community was taught more about taking care of their bodies by exercising and how eating health food can reduce diseases. Social workers they were also present to educate community about taking care of their children and the consequence's they can face when they don't.

The doctors were present for consultation and to ensure that mobile team is doing excellent job. Mental health coordinator taught the community about the importance of taking care of the mental ill patients, to ensure they don't become defaulters. This was done in order to reduce the stigma around mental illness. Physiotherapist also rendered their services by giving our elderly community walking sticks to make their walking struggle little bit better.

Our outreach team was working tirelessly to ensure that community is given efficient services accordingly. The hospital management was present during this huge campaign (isibhedlela kubantu) the feedback received from this campaign was awesome.



OUR DOCTORS RENDERING THEIR SERVICES TOWARDS THEIR COMMUNITY.



MOBILE TEAM (OUTREACH) WERE THERE TO RENDER THEIR SERVICES



THE MOBILE TEAM WAS DEDICATED TO RENDER THE SERVICE TOWARDS THIS COMMUNITY.





# PROSTATE CANCER AWARENESS



OUTPATIENT DEPARTMENT PARTICIPATING ON PROSTATE CANCER AWARENESS.



**P**rostate cancer is one of the most common types of cancer. It begins in the gland cells of prostate which is only found in males. In order to reduce the risks of prostate cancer, you need to do screening regularly. One of the symptoms of prostate cancer is that when you pee or engaging anal sex you get pains. When you encounter such problem you have to visit the doctor. Mrs. F.G Magubane discouraged males on using herbal enemas at home to solve prostate problems but they must go to their nearest health providers to be attended to.

On the 28th of July of 2023 the out patient team did an awareness by giving health education about diseases that affects men especially at the age of 50 and above. Miss N.L Ntombela from the woman's health clinic, explained more about the prostate cancer, health diet was also recommended by the dietitian. The patients were taught about how they can do the self examination of prostate cancer at home by S.C Sithole (OPD), he also encouraged men to circumcise since it reduces the chances of getting STI's. Matron N.V Ntuli encouraged males to always come to health facilities any time because some men are scared while they are sick.





# WORLD BREAST FEEDING WEEK



**MARTENITY NURSES CAMPAIGNING FOR BREAST FEEDING AT NKANDLA HOSPITAL PREMISES**



**#LETS MAKE BREASTFEEDING A NORM**



**NUTRIENTS FROM BREAST FEEDING CAN MAKE THE BABY GROW MUCH HEALTHIER**





# ACKNOWLEDGEMENTS



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**KWAZULU-NATAL PROVINCE**

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