



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

NKANDLA HOSPITAL

NEWS

IZWI LETHU

'Reaching you across the fields & Mountains of Our

STAY INFORMED

April – July 2017

Mandela day

JULY is a month of a great leader, the UN General Assembly declared 18 July "Nelson Mandela International Day" in recognition of the former South African President's contribution to the culture of peace and freedom. Mandela Day gives us the opportunity to be charitable and selfless! On the 27th of July Nkandla Hospital identified and paid a visit to two families residing in Nkandla to deliver donations. Both these families were identified as needy. The message we are sending out there is, it is not only for the government who has to intervene in fighting poverty but everybody can contribute by donating something to those in need.



Mrs. Khumalo with hospital employees as she accepts food parcels and blankets.



Measles campaign
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Above: The team of Nkandla Hospital and DSD members giving food parcels and blankets to the families.



Nkandla Hospital Measles Campaign

The primary objective of conducting mass immunization campaign was to eliminate measles by giving vaccines to as many children over a short period of time in a large geographic area. Nkandla hospital engaged in the measles campaign which ran from 12 to 30 June.

Children from 6 months to 4yrs & 11 months were vaccinated irrespective of their immunization status. Nurses visited the surrounding crèches situated far from health care facilities, this move even assisted in catching up for those children that are not brought for vaccination as well.

The commitment and the hard work of the staff contributed tremendously to the success of this campaign.



Nkandla Hospital nurses visiting the surrounding crèches to give vaccine

Circumcision Campaign



Medical male circumcision is one of the most common procedures performed worldwide and complications are very rare and usually easily resolved. Nkandla Hospital is among those that encourage males to get circumcised. On the 1st of July 2017, another MMC campaign was conducted at the Hospital for males aged 10–49yrs, this was the perfect opportunity for youngsters as they had a short break from school. It was pleasing to see a lot of youngsters taking the initiative and committing themselves in being circumcised. MMC has been proved to reduce the risk of HIV-negative men becoming infected with HIV.

Above: Young brave boys as they await to be circumcised

Mental Health Education

Mental well-being for all people around Nkandla sub district through an appropriate mental health and substance abuse programmes is of paramount important to Nkandla Hospital service providers. It is out of this notion that on the 7th of July 2017, Sir Mbatha rendered health education talk to patients and relatives in Out Patient Department about mental health problems. The purpose of the educational talk was to equip the community members with knowledge to better understand and be able to identify a family or community member who might have signs and symptoms of mental illness. Sir Mbatha concluded by requesting his audience to take care of their family members and ensure that they get all the help they need regarding health.



Above: Sir Mbatha educating clients about mental health

SPORT TOURNAMENTS

Sport in the workplace is essential for employees to keep a healthy lifestyle, socialize and to have fun.

On 22 July 2017, uMhlatuze municipality hosted King Cetshwayo district games at Richards Bay Sport Complex. Mr. Manqele was captured giving instructions and rules for different sport codes. Nkandla netball team was able to reach the semi finals but was defeated by the district netball team by 20 goals to 19 goals in the finals.



Above: Mr Manqele District PRO



Nkandla hospital Netball team, beautiful ladies



Nkandla Hospital soccer team,



Ilona lel' ithimba laseNkandla hospital elaliphume ngezinkani liye emcintiswaneni wase District. Siyawabongela lamaqembu. Abafana baphume kowandulela owamanqamu, kwathi amantombazane alala isibili. Haallaaalaa magirls



ACKNOWLEDGEMENTS

We would like to thank the following companies who made our day a success for their contribution.

Khoza funerals

Amahlobo funerals

Rhino Cash and Carry

Ackerman's

Fakumoya



The contribution made by our sponsors is acknowledged. The country is facing a high rate of poverty, identified families were very happy about the little that was contributed on that day. Our deepest appreciation goes to our partner DSD for accompanying us on the day.

PR INSERVICE TRAINEE

The office of the PRO received two In-service trainee who are both from the University of Zululand. They will spend six months with Nkandla. We hope that they will enjoy they stay with us and learn as much as they can. We wish them all the best in their practical experience, hoping that they will add a positive value to the institution

Below on the left. Snelungelo Mgabhi and on the right: Londiwe Mbhatha



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