



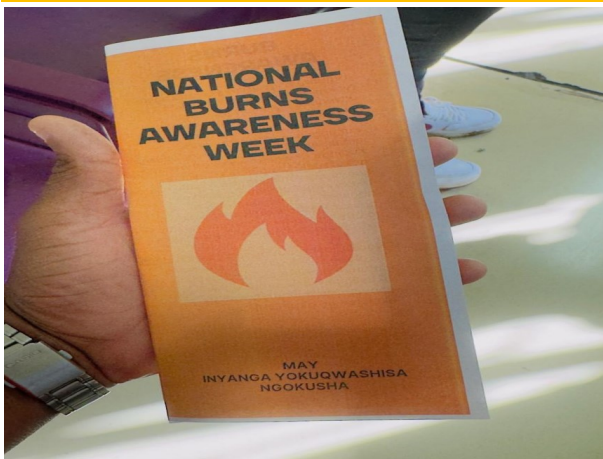
KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NKANDLA DISTRICT HOSPITAL

NKANDLA NEWS HUB

NEWS

March - June



**NATIONAL BURNS AWARENESS
WEEK 2025**



NURSES DAY CELEBRATION 2025

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NATIONAL BURNS AWARENESS WEEK 2025



Burn injuries remain a significant public health concern globally, affecting individuals of all ages and often resulting in long-term physical, emotional and financial consequences. Survivors often experience significant emotional distress, including anxiety, depression, post-traumatic stress disorder and body image issues. The rehabilitation term had an educational talk at OPD on the 15th May 2025. The aim was to promote Burns Awareness through targeted educational talks, community outreach and collaboration with healthcare professionals by fostering greater understanding of burn prevention, first aid, and recovery support, the initiative seeks to reduce the incidence of burn injuries and improve outcomes for survivors.

WORLD OBESITY DAY 2025



Obesity has emerged as one of the most pressing public health challenge. It is associated with a wide range of health complications, including cardiovascular diseases, diabetes, and musculoskeletal disorder. Addressing this issue requires a multidisciplinary approach involving public health education, clinical interventions and community support. The rehabilitation team took the initiative to conduct obesity day to educate the public about the health risks associated with obesity, to promote healthy lifestyle choices, including balanced nutrition and physical activities and to highlight the role of physiotherapy in managing obesity.

NDABANINGI YFS PROGRAMME 2025



NDABANINGI YOUTH DAY CELEBRATION YFS PROGRAM 2025

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Communication week is held in June every year to raise awareness regarding the speech therapy and audiology profession and the role these professions play in patient care. Speech therapists and audiologists play an essential role in the communication, swallowing and hearing aspects of life respectively. Speech therapy and audiology services are a relatively new addition to the rehabilitation department in Nkandla District Hospital, promoting of these professions during communication week will play a vital role in encouraging the community of Nkandla and other surrounding areas to utilize these services. Additionally, communication week helps promote the collaborative roles played by these professions in the multidisciplinary team in providing quality care to patients.

TB DAY 2025



On the 24th of March 2025 Nkandla District Hospital commemorated World Tuberculosis Day, to raise awareness about this infection due to high number cases of Tuberculosis that were identified. This initiative assisted Nkandla Hospital to raise an awareness regarding the signs and symptoms, preventions and treatment of Tuberculosis. Symptoms includes drenching night sweats, fever, cough for more than two weeks, unexplained weight loss, and fatigue, etc.

This awareness also helped to encourage people to check themselves regularly in order to detect the infection early. By detecting this infection early it will give patients an allowance to get proper medical treatment against Tuberculosis as it continues to be one of the most deadliest disease.

The community was reminded that Tuberculosis affects any part of the body including the lungs, bones, glands as well as the nervous system. It is spread through inhaling tiny droplets from cough, or sneezes of an infected person.

On the world Tuberculosis Day Nkandla District Hospital reminded the community and surrounding areas that Tuberculosis is curable and everyone is called to get screened.



FIRE DRILL 2025



Nkandla District Hospital employees along with the municipality fire department conducted a fire drill on the 26th of March 2025 to ensure staff readiness and safe patient evacuation during fire. Emergency also to ensure all occupants know how to evacuate the building or relocate to a safer area within the facility. It was also to familiarize staff with alarm signals and appropriate actions to take during a fire. Knowing what to do in an emergency is the goal of any fire drill, in addition to knowing their evacuation routes and closest exit. Some other information to test occupants on includes building alarm system features, extinguisher location and extinguisher operations utilizing the (PASS) method.





April is known as the World Autism Awareness month and the ASD awareness day, it is an internationally recognized day held on the 2nd of April annually encouraging healthcare workers to raise awareness about persons who live with autism spectrum disorder (ASD). The Speech therapy and Occupational therapy components of the rehabilitation department conducted Autism Awareness on the 08 April 2025 at the OPD and at the PHC clinics throughout April as per the clinical roster. The aim of these awareness was to educate people about ASD by providing them with accurate information about how to identify the signs and symptoms of ASD and the importance of medication compliance for people with ASD and other relevant healthcare professionals involved.

WORLD HAND HYGIENE DAY AT THE FACILITY



Each year the World Health Organization (WHO) campaign aims to progress the goal of maintaining a global profile on the importance of hand hygiene in health care and to bring people together in support of hand hygiene improvement globally. With this years slogan “Save Lives Clean Your hands” aims to encourages everyone to be inspired by the global movement to achieve universal health coverage . All people at all ages, are encouraged to wash their hands. The campaign also strives to ensure that the staff members at the facilities understand the importance of hand hygiene, the prevention and the control of diseases in the work place. Also to ensure that hand hygiene is demonstrated to improve quality of care and patient safety across all levels of the health delivery.



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HAND
HYGINE
DAY
2025**

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NURSES DAY 2025



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NURSES DAY 2025



On the 14th of May 2025, all of the nursing and support staff gathered at Recreational Hall to commemorate International Nurses Day, which holds great significance for our nurses and serves as a reminder to recognize and appreciate their unwavering dedication and compassion towards the community. Nurses play a vital role in caring for us when we are ill, working with people from all walks of life to promote healing and healthy living. The celebration of Nurses Day at Nkandla District Hospital was one of a kind, full of singing, dancing, praise, and worship.

“Our Nurses. Our Future. Caring for nurses strengthens economies”



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ISIBHEDLELA KUBANTU EMAZONDI AREA



Isibhedlela kubantu is a community outreach program that targets hard to reach areas in provision of health care services to the community, where by integration with different stake holders in providing their services as well. The Isibhedlela Kubantu program does not only deal with providing health services to communities, but it also educates, inspire and motivates people in communities about the health issues and encourage the importance of visiting health facilities in order for their health to be taken care of, however isibhedlea kubantu campaign works in collaboration with different stakeholders in rendering services to people. Nkandla District Hospital visited Amazondi Area to provide services to the community.

ISIBHEDLELA KUBANTU EMAZONDI AREA



ISIBHEDLELA KUBANTU



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ACKNOWLEDGEMENTS



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