



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

**IZWI LETHU**

*'Reaching you across the fields & Mountains of Our Land!'*

# NKANDLA HOSPITAL

# NKANDLA BREAST-FEEDING DAY 2022

STAY INFORMED

SEPTEMBER-2022

Nkandla hospital has conducted a breastfeeding awareness day. The main purpose of this day is to sensitize mothers of young babies and pregnant women about the importance of breastfeeding. According to the statistics a breast-feed baby is healthier than the one that get the formula milk. The Operational Manager of the Unit, told everyone who was part of the event that breast-feeding should take for the period of six months without any addition.



Breastfeeding also assists in minimizing severe malnutrition disease (SAM). All mothers and those who are expecting to get babies were motivated to breastfeed their babies so that we are going to have healthy babies. Another thing that was emphasize on this day was to breastfeed your baby for the period of two years. The was of a great success, all stakeholders enjoy to be part of the event.



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# BREAST-FEEDING MONTH

Operational Manager of the ward, Sr. B. C. Mhlongo was addressing the audience about the purpose of the day. She informed everyone gathered at the ward that Nkandla Hospital was once awarded with a MASEA award for being one of the facilities who are doing well in breastfeeding. She also told the audience that being HIV positive does not stop you from breastfeeding your baby. She further said, it will be a shame for Nkandla to have SAM babies. She requested our clients to assist our facility to maintain their good record, because without cooperation from the mothers babies, we are not going to achieve this goal. She told the clients that there is a big difference between the baby who is breastfed and the one fed with formula milk. She also told the clients that during breast-feeding, there is a relationship established between the mother and the baby. All the mothers who part of the event indicated that they are going to breast-feed their babies. The day was a big success and the message was passed to the mothers very well, thank you to the organizers.



**Above:** Operational Manager of the Unit addressing the audience that were part of the event.

**Below:** Patients and clients came out in numbers to attend the breast-feeding day celebration. It was a learning day, clients were asking questions and they promise to do as they were advised.

People came out in numbers to attend the breastfeeding day. Different methods of transmitting the message about the importance of breastfeeding were used. Mothers were encouraged to breastfeed their babies until the period of six months without mixing it with anything. Time for questions and answers was also given to the clients, it was a wonderful day for mothers





# PHOTO GALLERY



Above: Maternity staff , lead by their Operational Manager, were captured in grand march in celebration of a breast-feeding month.

Below: The Operational Manager was addressing the clients whilst the Nurse Manager was watching.





# PHOTO GALLERY





# PHOTO GALLERY





# ACKNOWLEDGEMENTS



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