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EDITORIAL COMMENT

I wish to take this opportunity to thank those who contributed to the publication of this newsletter and would like to welcome you all to our second issue of this newsletter, hoping this will effectively improve our communication.

I am proud to present the second issue of our newsletter. The views that shall appear on these pages shall serve as a sole purpose of improving the communication. This publication is the voice of our readers, our clients and community. We aim to educate on various issues, not only health issues but also other worthy human endeavors.

We therefore invite you to participate fully in terms of writing, phoning, e-mailing regarding all your ups and downs, your joys, your sorrows and your achievements.

The newsletter shall appear quarterly.



Your view and input is critical for the success of this publication and we call on you to submit and share with us any ideas you might have. You can reach the PRO at her Office or contact Ext. 2309.

Thank you very much to those who have responded and submitted their stories and reports. This newsletter is a result of the information we received from you.

I hope the readers of this newsletter will find it valuable.

I thank you

Ms MN Ntshangase

Public Relations Officer

**FROM THE CEO'S DESK
MRS DJ LINDA - CHIEF EXECUTIVE OFFICER**



It is a great pleasure for me to witness the revitalization of this publication. It is long overdue. As a commu-

nication tool we hope that this will appeal to everyone who sets their eyes on it, to educate, inform and entertain both young and old alike. We will use it as a platform to share with our customers and friends of the hospital, what is happening at Nkonjeni. We will also expect that our customers use it to share their inputs for improved service delivery. Nkonjeni Hospital has its own Awareness Week/Day

plans to strengthen and enhance functions of various sections and /or Committees. various activities will take place during the earmarked week and these will culminate in a day of meeting of all stakeholders to share ideas and information. Please drop by to see what happens during that week/day.

NKONJENI HOSPITAL AWARENESS DAYS -2006

May

8 – 12 : Batho Pele

22 – 26 : Information Week

30 : Hospital Physiotherapy Awareness Day

June

1 : Children's Day

3-7 : Occ. Health & Safety and EAP Awareness Week

22 : Batho Pele Re- Launch

26 – 30: HCF Week

July

01 : HCF Awareness day

17 – 21 : Security Awareness Week

24 – 28 : Procurement Awareness Week

August

01 – 07 : Breastfeeding Week

September

04 – 11: Pharmacy week

October

08 – 13 : Disaster Management Awareness Week

10 : Polio Day

16 : Hand Washing Awareness Day.

23 – 27 : Nursing Education Week

26 : Nursing Education Awareness Day

November

13 – 17 Chronic illness week.

17: Diabetes Day

NKONJENI CELEBRATES WORLD MOVE FOR HEALTH & BATHO PELE AWARENESS DAY

Community of Ekudubekeni Area gathered at Nkonjeni hospital to listen to the speeches that were delivered by SANCA, Batho Pele Team and Board Members to create Health Awareness.

The event received excellent public attendance. The day was blessed with a prayer by Rev S Mbatha, Anglican Church .On behalf of the Management ,Mrs SD Dladla, Assistant Nursing Manager welcomed everyone present and thanked the Community for coming to see what the hospital is doing to better the lives of the clients of the institution. The purpose of the day was to empower employees and the community with the knowledge to increase control over and improve their own health through healthy lifestyles. The motive for the Batho Pele Day was that of portraying openness and transparency, information to the Ekudubekeni community.

The event was spiced with fun. The Nkonjeni Hospital Choir did wonders , the Community

Health Workers, Single Queens and the Aerobics Team. Dr SV Mathe SANCA an eloquent speaker geared an audience towards the proactive process that empowers individuals and systems to meet challenges of life events and transitions by creating and reinforcing conditions that promote healthy behaviors and lifestyles. Furthermore he mentioned drugs that are counted under a broad overall network of list of drugs. In conclusion he mentioned the importance of Community Outreach Programmes and that the Community Health Worker is a vehicle through which we could easily reach our goals. S/He is the first link in a chain of Primary Health Services aimed at reaching the people at their homes.

Mr Z Makhathini and Mr B Khuzwayo ,Batho Pele Team from Head Office did their part by giving a brief overview on the Batho Pele Principles.Ms

SM Cebekhulu ,Quality Manager asked questions and a person who answered it correctly received a token.

The Physiotherapy Team demonstrated how to safely handle someone who is disabled and on how to handle our backs.

Mrs GT Zulu thanked all who contributed towards the success of this day.

To the Batho Pele Team: Thank you

To the staff of Nkonjeni Hospital: You are the best

To our clients and the Community: Siswele imilomo eyizinkulungwane.



MRS SD DLADLA WELCOMING THE GUESTS



DR SV MATHE-SANCA NONGOMA



THE COMMUNITY ATTENDED IN NUMBERS



MR Z KHUZWAYO -BATHO PELE TEAM HEAD OFFICE

HEALTH PROMOTION AWARENESS DAY AT NKONJENI HOSPITAL

This Awareness day took place on the 26th of May 2006 at the Open Space in Ulundi Plaza. The theme of the day” **HEALTH CARE SERVICES BROUGHT TO THE PEOPLE”**.

This programme was co-ordinated by Ms SM Cebekhulu, Miss EZ Sibiya and CPN TJ Zibane.

The objectives of the awareness .

- Promotion of Health by early detection of diseases prevention of complications.
- Creating awareness to people about silent killer diseases mainly, diabetes HPT and cancer.
- Promoting awareness on the importance of vision for all the right to adequate sight.
- Marketing of all the services provided by the Health Care services as per stations.

These were the activities that were done on the day.

- BP Checking
- Weighing
- Haemo Glucotest Screening
- Eye Sight Screening
- Family Planning and Spacing
- Voluntary Counselling and Testing
- Cervical Screening
- TB Case Finding

Of all the awareness that have been conducted this was the most successful and community demanded. It was an indication that communities do need outreach programmes to extend their arms and reach out for them. Most people were shouting in excitement that **“FOR THE FIRST TIME IN HISTORY NKONJENI HOSPITAL HAVE BEEN MOVED TO PLAZA TO CARE FOR ITS COMMUNITY”**

We would like to thank the:

- ⇒ Hospital and District Management team for their continued support to make such days a success.
- ⇒ The PHC team for their commitment and dedication especially on this day as it was a very hectic one.
- ⇒ We extend our special gratitude to the Manager of Pick ‘n Pay supermarket for giving us his parking area to utilize it on this day.

“FOR THE FIRST TIME IN HISTORY NKONJENI HOSPITAL HAVE BEEN MOVED TO PLAZA TO CARE FOR ITS COMMUNITY”

FROM THE HUMAN RESOURCE DEPARTMENT

The Human Resource Development and Training Committee wish to pass the word of thanks to all the Heads Of Departments/ Sections who co-operated and submitted their Departmental Training needs. On the same note it must be noted that all the Courses/Training needs identified under each categorized occupational classes will be allocated in accordance with the Departments’ Operational Plan field needs.

VISION

To strive for excellence in Human resource Management.

MISSION STATEMENT

To provide efficient, cost effective and quality Human Resources Management that is in line with Batho Pele Principles, within available resources.

- ⇒ Knowledge
- ⇒ Skills
- ⇒ Expertise
- ⇒ Experience

CORE VALUES

- ⇒ Professionalism

We will Endeavour through commitment and responsibility to render a professional service.

- ⇒ Teamwork

We will work together to achieve a common goal

- ⇒ Equality

We will Provide equal treatment, fairness and disciplined service for all.

- ⇒ Recognition

We will recognize, respect, and address the needs for everyone.

WELLNESS WEEK 3-7 JULY 2006

The EAP Team together with Occupational Health and Safety Team organized a wellness Week .This was meant to create awareness to staff members on functioning of these team.

ACTIVITIES INVOLVED

Preparations were done as follows:

100 name tags were designed to be worn for that week with a slogan" **YOUR EMOTIONAL,TOTAL HEALTH AND WELL BEING IS MY CONCERN**" .The said name tags were distributed to any staff member found.

A brochure was also drawn stating the mission,Objectives,the Role of the EAP Practitioner and that of a Supervisor. This was to assist the staff members as to how EAP can be contacted. Photos of all Practitioners appeared on the brochure as well as their contact details. A week program was also drawn for Awareness purposes through the use of EAP posters where each unit was given some posters and pasted on walls.

For these 2 days a central venue was targeted, open space between OPD & Pharmacy was used. The said days were meant

to do vital signs to all staff members. Members were to be checked for BP, Diabetes and Weight. A total number of 133 staff were seen and assessed as follows. There was 35% on abnormalities detected, 16% found to have elevated blood pressure. There was 8,2% staff members with elevated blood glucose, 9,7% with ABNORMAL BMX.

About 75% of employees have normal BP,HGT BMX.Catering unit was recognized to have unwell employees and females were discovered high BP & HIGH BMX.A follow-up on those staff members was to be done by Occupational Health & Safety and EAP Teams. Recommended that employees be checked on Quarterly basis. Z-cards on EAP were given to all staff members written in both languages.i.e. Zulu & English.

DAY 3

This day was meant for educational talks by the OHS Nurse SR BD Makhoba & SR NC Zungu. Those talks were based on the importance of regular check ups for BP,HGT & BMX and how to cope / or prevent it. The Dietician Miss N. Mkhize was involved based on Health diet and its importance to one's life.

DAY 4 & 5

EAP was introduced s drama to all staff

members showing up as to how ones work performance is being affected, when one has got problems e.g. domestic,financial,illness etc. This message has a way of introducing EAP which is not fully functioning to our hospital. After this drama employees had a picture on the functioning of the EAP.The last day (DAY 5) was meant for doing Unit/Service Rounds looking at the dress code of employees i.e. Do they comply with the dress code, wearing of name badges correctly, are professionally dresses, are the working conditions safe to their lives. Rounds were done and some problems were noted down for being communicated to maintenance service. Hygiene was also noted and this was communicated to the Quality Improvement Team for receiving attention.

EVALUATION

Wellness week was planned for employees mainly especially on the availability of EAP services. The drama gave a message to our employees as they are aware of its role. Follow up to do check up was recommended and most of our staff felt a need for it to be done.



THE CEO MRS DJ LINDA-WEIGHING HERSELF.



NURSING COLLEGE STUDENTS DOING A DRAMA ON DAY 4

EAP INTRODUCED AS A DRAMA



EDUCATIONAL TALK BY OHS NURSE SR NC ZUNGU



RENOVATION OF THE PAEDS WARD(IXOXWA NGEZITHOMBE)



THE RENOVATED PAEDS WARD

Emva kwezinyangana izingane zifakwe kwamanye amaWard ngesizathu sokuthi bekusalungiswa iward lazo.Zithe uma zibuyela zazithokoze kak-hulu zibone ubuhle obabuseWardini ezilala kulo.

.Siyabonga kubaphathi besiBhedlela kanye ne Maintenance ngokuzinikela kwabo ukuze ukulungiswa kwaleliWard kube impumelelo.



THE NEWLY PAINTED WALL



SR MTSHALI IN THE NURSES' STATION AT PAEDS WARD



WALL



THE WALL PAINTED WITH EDUCATIONAL MATERIAL

VISIT FROM THE BEREAU FOR THE PREVENTION OF BLINDNESS

Quality Service Delivery is based on Health Promotion and Disease Prevention by giving health education and proper examination.

This is what CPN TP Vilakazi and the Eye Team were doing on the 16th of June 2006. The community came in numbers to have their eyes tested.

234 patients were screened

173 had their eyes tested for spectacles.

131 are those who were able to afford R50.00 to pay for a pair of glasses.

26 were operated for cataract removal.



CPN TP VILAKAZI



PATIENTS RECIEVEING SPECTACLES FROM THE VEHICLE OF THE BEREAU FOR THE PREVENTION OF BLINDNESS



POVERTY ALLEVIATION PROGRAMME

Nkonjeni Hospital is actively involved in the Poverty Alleviation Programme for the surrounding community as it is shown in the pictures.



Inhlanzeko Community Project comprises of six members who are busy with watering of their garden as shown in the picture



NEW APPOINTMENTS AS FROM 01/01/2006- 30/06/ 2006**NURSING STAFF**

- Khumalo SP Professional Nurse
- Sokhela NI Professional Nurse
- Khumalo SK Professional Nurse
- Nxumalo YR Staff Nurse
- Mgwaba TT Chief Professional Nurse
- Mtshali TG Chief Professional Nurse
- Zwane FH Nursing Auxiliary
- Khuzwayo DHN Nursing Auxiliary
- Ntombela JP Nursing Auxiliary
- Mdladla MP Nursing Auxiliary
- Mbatha SP Nursing Auxiliary
- Buthelezi CJ Nursing Auxiliary
- Xulu LN Chief Professional Nurse
- Cebekhulu SM Assistant Nursing
Manager (Quality)
- Qwabe KN Assistant Nursing
Manager (Night Duty)

SUPPORT SERVICES

- Gwala MV Radiographer
- Dlungele AP Pharmacist
- Mkhize MV Dentist
- Mathebula K Dietician
- Mzimela JN Dental Assistant
- Dr HL Mukhari Chief Medical
Officer
- Mkhize NHA Physiotherapist

ADMINISTRATION

- Sibiya NF Admin Clerk
- Moloji NT Ward Clerk
- Dlamini BS Ward Clerk
- Thabede NP Finance & Systems
Manager
- Zulu EB Secretary
- Mathenjwa TS Admin Clerk
- Dladla T Admin Clerk
- Ramoater S Telecom Operator

**A WARM WELCOME TO NEW STAFF AT
NKONJENI HOSPITAL. WE BELIEVE THAT
YOUR STAY AT NKONJENI HOSPITAL IS
GOING TO BE VERY FRUITFUL .**

**“SIYANAMUKELA NGEZANDLA EZIFUDU-
MELE”**

We're on the Web :

Www.kznhealth.gov.za

NKONJENI HOSPITAL

Private Bag X 509

MAHLABATHINI

3865

Phone: 035 873 0013

Fax: 035 873 0031

E-mail: h993929@dohho.kzntl.gov.za



NKONJENI HOSPITAL

Do something. If it
doesn't work , do
something else. No
idea is too crazy.
~Jim Hightower

How wonderful it is
that nobody need
wait a single
moment before
starting to improve
the world.
~ Anne Frank

MAN MUST READ

READING IS THE ART OF THE MIND

LIKE STOMACH

THE MIND BECOMES HUNGRY FOR KNOWLEDGE

FOOD IS THE REMEDY FOR PHYSICAL HUNGER

READING IS THE REMEDY FOR MENTAL HUNGER

TO STAY IN GOOD HEALTH, MAN MUST EAT

TO MAKE THE MIND THINK CLEARLY AND QUICKLY

MAN MUST READ

LIKE AN ATHLETE WHO PRACTICES EVERY DAY

THE MINDS ALSO NEEDS PRACTICE

TO READ EVERY DAY IS

TO ACQUIRE MORE KNOWLEDGE

TO ACQUIRE MORE KNOWLEDGE IS

TO FEED THE MIND

AND TO FEED THE MIND

IS TO DEVELOP SKILLS

BY: CARLO MATABANE, ARGYLE

THE FOLLOWING ARE ACTUAL
STATEMENTS FOUND ON INSURANCE
FORMS WHERE THE CAR
DRIVER ATTEMPTED TO SUMMARISE THE
DETAILS OF AN ACCIDENT IN THE
FEWEST POSSIBLE WORDS.

I WAS THROWN FROM MY CAR AS IT
LEFT THE ROAD. I WAS LATER FOUND IN
A DITCH BY SOME STRAY COWS.

THE DIRECT CAUSE OF THE ACCIDENT
WAS A LITTLE GUY IN A SMALL CAR
WITH A BIG MOUTH.

COMING HOME, I DROVE INTO THE WRONG
HOUSE AND COLLIDED WITH A TREE I
DIDN'T HAVE.

THE OTHER CAR COLLIDED WITH MINE
WITHOUT GIVING ME WARNING OF ITS
INTENTIONS.

I THOUGHT MY WINDOW WAS DOWN, BUT
I FOUND IT WAS UP WHEN I PUT ME
HEAD THROUGH IT.

I COLLIDED WITH A STATIONERY TRUCK
COMING THE OTHER WAY.

A TRUCK BACKED THROUGH MY
WINDSHIELD INTO MY WIFE'S FACE.

THE GUY WAS ALL OVER THE ROAD, I
HAD TO SWERVE A NUMBER OF TIMES
BEFORE I HIT HIM.

I PULLED AWAY FROM ME THE SIDE OF
THE ROAD, GLANCED AT MY MOTHER IN
LAW AND HEADED OVER THE
ENBANKMENT.

SOURCE: EZECHWEB A