



# Zizwele—ngeNkonjeni

VOLUME 2

OCTOBER 2008



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ISSUE 5

## CEO's DESK

Through it all our God has been with us. There are many challenges facing us as an institution, but I want to commend those who, in their small corners, do their best to serve and service the clients the best they can.

Like all other hospital within the department our hospital was affected by overspending in the last financial year (07/08). Every cloud has a silver lining. The status quo has helped to make financial management everybody's responsibility in a very meaningful way as everyone interrogates and scrutinizes every passing cent. The advent of MTE committee has empowered a lot of people and all of us are eager to become part of the solution. Twelve eyes are better than one.

I want to commend all of you who are willing to cut down and make some improvising without compromising the quality of services.

Although we are passing through a rough patch of bad publicity, I

want to acknowledge those that are doing their best to contribute to the quality of compassionate care.

Good things are happening in the hospital. I am particularly proud of the EAP team for taking care of staff. Around service delivery; we have managed to increase access to health care by increasing the number of mobile points by an additional nine; especially around Babanango area.

For the first time since the District quality assessment started the hospital broke its own record as it obtained 95% to the amazement of the assessors. This was more so because the hospital does not have a quality manager since June 2008. To all who made us a winning team- I want to say KUDUS!!

Focus has to be turned to quality of clinical care. Shortage of doctors has not made things any easier especially to the clients/patients. In spite of the status quo the Medical Manager has put a plan to visit all clinics twice a month and this has reduced the influx of patients to OPD. Our doctors have stretch themselves beyond measure and their efforts

do not go unnoticed. Management would like to assure its support in these trying times.

We are only left with 3 months before year end. It seems like yesterday when we all welcomed 2008. A lot is changed and more changes can still be expected.

There is only one constant factor in health care service delivery that will not be changed even by technological explosion; and that is a human touch. Health care will always remain people driven and this is more of a challenge because what affects society affects health care workers the same way. As my principals always say, these times need people who are innovative and can think outside the box.

To the people who compiled this newsletter – Thank you, thank you, thank you!!! You have bridged the gap of us having no PRO!!!

DJ Linda (Hospital CEO)



## EDITORIAL COMMENT

It's been a tough year for everyone, but thank you that we are the family, You cannot suffer if you are having parents, sisters and brothers. Meaning as we are the Nkonjeni District Hospital family nothing is impossible we are one and working towards one goal.

I hope our readers have been long waiting for this issue.

### Editor's Heritage Message

South Africa is one of the first countries in the world to formally protect places associated with "Living Heritage" that is based on stories passed down from generation to generation by for e.g. Grandmothers telling children stories about the places in which they live. One of the first projects in South Africa that looked at how we can protect such sites took place in KwaDukuza

(formerly Stanger) in KwaZulu-Natal. The town was the site of King Shaka's royal residence and interviews with old people in the community revealed an amazing store of information passed down over nearly 180 years concerning things like from which spring the royal water was drawn, where the King swam, under which trees particular events and councils occurred.

## INSIDE THE HOSPITAL— EZENZEKA EMAWODI



1. Nontobeko Chonco = 2 KG
2. Ndabenhle Chonco = 2.2KG
3. Nokukhanya Chonco = 1.8

### **2008 TRIPLETS**



2008 had lots of surprises for our hospital. Our Maternity Ward was blessed with triplets which was unbelievable as everybody wanted to witness the powers of our Almighty. Our August month was marked as a blessed month. On 23/08/08 our theatre Service succeeded in bringing to us Ndabezinhle Chonco weighing 2, 2 kg (boy) arrived first followed by his 2 sisters Nokukhanya 2,0kg and Nontobeko (3<sup>rd</sup> –born) 1,8 kg “Oh what a surprise”.

Their mother Phindile Chonco was so excited to have them for the 1<sup>st</sup> time in her life. She stays at Lomo Reserve with her partner Ntuthuko Khanyile 41. They are also blessed with 4 other children.

Social workers played their role in seeking donations for this unemployed mother around Ulundi Business Centre. Some of the shops i.e Boxer Store & Pep Store responded well by donating some clothes and bathing accessories for the babies. Thanks to those who responded when notified.

**From left:** Sr Mthembu (Maternity Sister, Mrs DJ Linda CEO, Ms Phindile Chonco (the mother )and Mr Thulani Ntuli– Pep Store Manager

# HERITAGE DAY/ USUKU LWAMASIKO 24.09.2008

On the 24 September 2008 Nkonjeni District Hospital hosted their Heritage Day Event/ Usuku lwamasiko

Mr. ES Mazibuko, Human Resource Manager explained the purpose of the day that it was for Nkonjeni District Hospital to celebrate this day



"Ngomhlaka 24 Mandulo 2008 Isibhedlela saseNkonjeni sabungaza usuku lwamasiko esintu sonke.

uMnu. E.S Mazibuko, wachaza ngenhloso nembangela yokuthi isibhedlela sibungaze lolusuku



Mrs T.G Ngubane

The event started with a word of Prayer by Mrs T.G Ngubane from X-Ray Department. Staff members of Nkonjeni Hospital, pupils from Dikane High School for indlamu and stage play, the community members were also available to celebrate this day with us.



Mr. T.C Mahaye delivering the speech of the day



Mrs D.J Linda Chief Executive Officer

Our Programme Directors on the day was

The day was blessed by our Chief Executive officer Mrs DJ Linda.

In her speech she mentioned that knowledge is the power and thanked everyone for participating in this event. She also expressed her gratitude and her sincere to the staff for knowing their origins and traditional hymns that they've sang on the day.

## HERITAGE WEEK

The E.A.P. Team has organised the Heritage Week or all employees which started 18-24 September 2008 and employees were allowed to dress traditionally. Traditional dancing was held during lunch hours to motivate staff on traditional dancing. A heritage day organised on 22 September 2008 where traditional items were done. The team organised traditional dance from local girls who use to attend Reed Dance Ceremony. One of our staff members Mr. T.C. Mahaye shared with all members on Inhlonipho esikhathini esiphila kuso kusukela kumuntu omncane kuya komdala. The day was so motivating looking at different cultures practised by us as employees in a hospital environment. Usuku lwaba mnandi kakhulu. (P



## HAMBA NAMI SIYOBUKA I -ALBHAMU YOSUKU!!



Mrs. DJ Linda: wazibamba mphathi!

Hhayi bo lilizela mlilizeli, Ladies enjoying themselves on the heritage day



Sidla ngoludala amatshitshi achithekile.



Sasibazi benje! abahlengikazi.

Heee..bee...e! Usuth...uu—Ibutho leli



Shono wethu! Usho ngempi untuli zempi usibiza u hha hha!!! Asho njalo amabutho.



**ENDULO AMATSHITSHI AYEGADWA OMAMA, KUYAJABULISA LOKHU, BACK TO OUR ROOTS**



Mama Mafa with scholars from Dikane High



Amabutho doing their thing



# NKONJENI IS MOVING TO HIGHER HEIGHTS

## EPI ( EXPANDED PROGRAMME FOR IMMUNIZATION ) AWARENESS CAMPAIGN INGANE NENGANE IBALULEKILE



**Above:** Onompilo basesibhedlela eNkonjeni on the workshop held at district on EPI, we know that knowledge is power, with their unlimited wings to serve our community we know that they will use skills and abilities and apply this knowledge in their innovative way preparing the healthy nation.



MABEDLANE CLINIC— Ugogo wengane ebuza ku  
IPC Manager Ms N.C Mbatha back: ASO- Ms Zulu



A' CLINIC— O mama bezingane  
no mphakathi belale.

### The message from the IPC

1. that is look for the kits that are qualifying to be investigate for AFP .
2. Let's keep our window open and doors to reduce the TB bacterial load in our working areas.
3. Remember to adhere to cough hygiene
4. **NB: your hands are the caries transport of all type of germs**

**On the district Survey for IPC we obtained 83% well done!!!**

IPC wishing you all the best for the Festive Season

MARRY X-MAS & HAPPY NEW 2009

## NKONJENI HOSPITAL Psychology service



DR S Gwala

Psychologists work under the principle of beneficence to prevent or remove harm and promote well being. This has been the primary driving principle of medical and psychiatric practice throughout history. Normal efficacy is the duty of the psychology to avoid either inflicting physical or emotion harm on the patient or increasing the risk of such harm.

### COMMON CONDITION THAT MAY BE THE FOCUS OF CLINICAL ATTENTION ARE AS FOLLOWS:

- ◆ Substana related disorders
- ◆ Psychotic disorders
- ◆ Mood disorders
- ◆ Anxiety disorders
- ◆ Somato form disorders
- ◆ Factitions disorders
- ◆ Adjustment disorders

- ◆ Personality disorders
- ◆ Mental retardation
- ◆ Learning disorders
- ◆ Attention deficit disorders
- ◆ Disruptive behavior disorders .etc

**WHEN TO CONTACT US:  
THE CLINICAL PSYCHOLOGIST SERVICE IS AVAILABLE FROM MONDAY TO FRIDAY FROM 7H30 –16H00**

**THE SERVICE IS OBTAINED AT CRISIS CENTRE OFFICE**

**CONTACT PERSON:**

**Dr S Gwala**

**PHONE: 035 873 0013 EXT 7142  
FAX: 035 873 0031  
WRITE TO:**

**NKONJENI HOSPITAL  
PRIVATEBAG X 509  
MAHLABATHINI  
3865**

### CELEBRATING WOMENS' MONTH IN STYLE

The E.A.P. service is functioning though our practitioner Mrs. S. Pi-toyi left the institution mid year (July 2008). The service is being held by our Occupational Nurse Sr. B.D. Makhoba, Ms. Zungu I.P.C. Manager, Mrs. F.T. Zulu – Social Worker as well as our H.R. Manager Mr. E.S. Mazibuko. All these practitioners work as volunteer to render necessary service to all employees. The team organised a Women's Day on 27/08/08. The theme of the day was "UBALULEKILE NAWE, UN-GAWENZA UMEHLUKO". Dr B.G.Cele addressed women employees on different types of cancers women encounter, how to manage cancer, the use of contraceptives. Our dietician Ms. K. Mathebula spoke about healthy living styles including diet, exercises etc. (PHOTO)

Mrs D.J. Linda (C.E.O.) mentioned ukubaluleka komuntu wesifazane ekhaya, emphakathini, nasemsebenzini. She is stressed that each person is so important wherever she is. Wakhulumama ngobumqoka kukanoma ubani kuleyondawo asuke ekuyo njengoba sonke sisemsebenzini.

Rev. D.B. Khumalo gave the Word of God motivation women spiritually.

A poem was read on Halala Makhosikazi which was done by Mrs. T. L. Msimango praising the women.

The team organised a cervical screening week which started on the 28 August 2008- 7 September 2008. It was where screening was done for Pap smear by our occupational Nurse Sr. B.D. Makhoba.

### Occupational health and safety services

A health discipline concerned with the relationship between work, safety health and environment.

#### **feeling well ,staying healthy and doing well.**

Occupational health and safety programme is a leading health programme which protects employers, employees, contractors, visitors and patients in working place.

This is the programme that focuses on health and safety issues in the working place. This programme aims to give you quality safety measures in the workplace. This is in accordance with the legislation – occupational health & safety act number 85 of 1993.

To be on the safe side wear your personal protective equipment at all times. Report accidents and injuries immediately.

**Be safe in the workplace**

Compiled by: B Makhoba  
**Occupational Health and Safety Nurse**

### **Child Protection Week at Nkonjeni**

Nearby schools were visited by the Crisis Care Unit Team. The following schools were visited

- ◆ Maliyamakhanda Primary
- ◆ Snikayempilo Primary
- ◆ Thengisangaye Primary
- ◆ Nkonjeni Primary
- ◆ Sicoco
- ◆ Vumabakushoyo
- ◆ Zikhonele
- ◆ And Sivananda primary

The aim of the visit was to empower the school children on their issues of child abuse and what they should do. The Crisis centre was also marketed as being available and accessible in case children are faced with these challenges. The team later left contact details for teachers and children for 24 hour access in cases of suspected abuse.

Nursing Management



**TO ALL CLINICS AND HOSPITAL NURSING COMPONENT  
TO ALL CLINICS AND HOSPITAL NURSING COMPONENT  
WISHING YOU THE BEST OF THE FESTIVE SEASON  
WISHING YOU THE BEST OF THE FESTIVE SEASON  
HAPPY XMAS AND HAPPY NEW YEAR 2009  
HAPPY XMAS AND HAPPY NEW YEAR 2009**

### **IMPROVING PRIMARY HEALTH CARE OUTREACH**

Our Mobile Clinic Team has worked very hard to increase access to health care in our community and bringing services to their doorstep. In the month of August 2008 nine (9) additional mobile points were opened for the community. These are

1. Mpolweni
2. Ondindindi
3. Sizanempi
4. Cokolo
5. Mzololo
6. Zibomvu
7. Mahlabathini
8. Ngubeni
9. Zulu Rock

**a healthy nation is a happy nation**

### **HLOLAMANJE TB CAMPAIGN**

On the week of the 27 July to the 1st of August 2008 the TB teams conducted Hlolamanje TB campaign. Three teams were involved in the campaign and a lot of households and community members were reached.

- ◆ Number of households reached = 45
- ◆ Number of individuals reached during door to door visits = 398 ( 238 adults and 160 children)
- ◆ Total number of people screened = 3355 including both suspects and those willing to be screened.
- ◆ Number of HIV pretest counseling conducted = 66
- ◆ Number tested for HIV = 64
- ◆ Number of those who tested positive = 12

Screening for other health problems was also done. These included STI, eye problems, MDR, and cervical cancer screening which was done to eight (8) clients.

Well done to the TB teams!!!

TB Coordinator



**BEAM WISHING YOU ALL THE BEST OF THE FESTIVE SEASON**



# Human Resources - Ezabasebenzi

*We would like to welcome all new staff members who joined us in this past two months, we want you to know that indeed you are at home. Warm welcome, we have been long waiting for you!*

## TRANSFER-IN

- Dove B.K.-Finance Services officer from KwaMagwaza Hospital
- Shobede D.N.-Nursing Assistant Gr.I from Ngwelezane Hospital
- Mtshali G.N.-Staff Nurse Gr.I from St.Elizabeth Hospital

## TRANSFER-OUT

- Gumede S.M.-Admin.Clerk Grade 1 to KwaMagwaza Hospital

## Transfer In



**Ms N Vilakazi.-Senior Radiographer from Madadeni Hospital**

## TRANSFER-OUTS

- Hlela G.-Senior Radiographer to Greytown Hospital
- Ogle k.-Physiotherapist Comm. Service to G.J.Crookes Hospital
- Khumalo N.F.-House Hold Aid to untunjambili Hospital

## RETIREMENTS

<u>SURNAME</u>	<u>INITIALS</u>	<u>RANK</u>	<u>RETIREMENT DATE</u>
1.MBULI	D.O.	CHIEF PRO NURSE	31/08/2008
2.XULU	S.E.	CLEANER II	30/09/2008
3.MKHIZE	S.	SECURITY GUARD	30/09/2008

HUMAN RESOURCE STAFF AND MANAGEMENT  
WISHING YOU ALL THE BEST OF THE FESTIVE SEASON

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## ENTERTAINMENT—EZOMCEBELEKO



Sishaya umgwaqo no Mrs Hlengiwe Shandu—Assistant Manager Radiography—okwaziwa ngokuthi kusesithombeni.

Q; Who is uHlengiwe?

A: UHlengiwe, u Mrs HM Shandu uMaNtombela

Q: Hlengy tells us uhambangani?

A: What a pleasant question, ngiqhuba iFord Focus 1.6 Trend

Q: Why did you choose this car?

A: I like ford cars and Mazda cars

Q: The colour yayo angiyazi kuthiwa injani?

A: Hee icolour it is Ruby Red.

Q Before this what was your ride?

A : as I've said that I like ford and mazda, it was mazda Astina 1.6 and then my Focus Ya.

Q Is it focused?

A: Oh yes it is and I love it.

Q: Injani emgwaqeni?

A; Kusuka amaphepha dear, it has a very powerful engine ngiyayihlonipha



## Quotable quotes

*“ Do what you can, with what you have, where you are” Theodore Roosevelt*

*“ Do not regret the past, do not fear the future, just enjoy the present” Unknown.*

*“ Looking on the bright side does not make you blind to the problems around you, but helps you to see them in a positive light” Unknown.*



# SOME CUSTOMERS ARE HAPPY WITH OUR CARE

TO ALL STAFF 10.09.08  
OF MAILE WARD.

THANK YOU SO MUCH  
FOR YOUR LOVE AND  
CARE WHILE I WAS  
IN THE WARD.

God Bless you all

From.

MR. S. Louw

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***The hospital has been without the PRO since April 2008.  
Because of this our newsletter will come out only twice a year.  
A special thanks is befitting for the FIO and the CEO's secretary  
for putting this issue together.***

***Thanks also goes to all those who made a contribution  
to make this edition a success.***

***To everyone of you go out there and  
make a difference and remember it  
doesn't cost anything to be friendly!!!***

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