



KWAZULU-NATAL PROVINCE  
HEALTH  
REPUBLIC OF SOUTH AFRICA

# NKONJENI ST.FRANCIS DISTRICT HOSPITAL

## INKONJANE

## NEWS

EZASEMAHLABATHINI, ZULULAND HEALTH DISTRICT

JANUARY - APRIL 2025



**Empowering Autistic voices** which aims to provide greater support and empowerment to individuals with Autism, enabling them to lead meaningful lives and pursue successful careers.

**Also inside this newsletter .....**



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# AWARENESS ON HAND-FOOT AND - MOUTH DISEASE (HFMD)

## THE PHARMACIST EXPRESSED THE MESSAGE ON SIGNS AND SYMPTOMS TO PATIENTS



### What it is ?

Hand, Foot and mouth disease is a viral infectious disease.

It causes blisters or sore in or around the mouth, and on the hands, feet and other body parts of the body.

It is not linked to foot- and - mouth disease that affects animals

### Who is at Risk?

Hand, foot and mouth disease is common in infant and children. But it can also affect adolescents and occasionally adults

### How its spreads:

1. Fluid from blisters
2. Coughs and sneezes
3. Stool/ faeces
4. Contaminated surface and objects

### How it is prevented

Avoid contact with an infected person.

Keep your hands clean and ensure children wash their hands often.

Cover your mouth and nose when you cough or sneeze.

Avoid touching eyes, nose and mouth.

Avoid sharing household items.

Clean and disinfect frequently touched surface and object.

Keep children home from school/daycare if they present symptoms



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NATIONAL DEPARTMENT VISITS TO ZULULAND HEALTH DISTRICT UNDER ULUNDI LOCAL MUNICIPALITY  
BLITS FOR TB- HIV/AIDS AWARENESS AT KWABUTHELEZI TRIABAL AUTHORITY.



### TB—HIV/AIDS CAMPAIGN

Lona bekuwumkhankaso wokuqwashisa ngesifo sofuba ukuthi siyelapheka, sikhumbuza umphakathi ngezimpawu zaso. Obekubaluleke kakhulu ukuqinisekisa umphakathi ukuthi udle amaphilisi uwaqede, i-TB iyelapheka.

Yana emtholampilo oseduzane nawe, zinakekele, vikela isandulela ngculaza, idla imis-hanguzo yakho ngesikhathi esifanele, buyela emtholampilo ngezikhathi onikwe zona, CCMDD indlela yokosondeza iKhemisi kubantu.



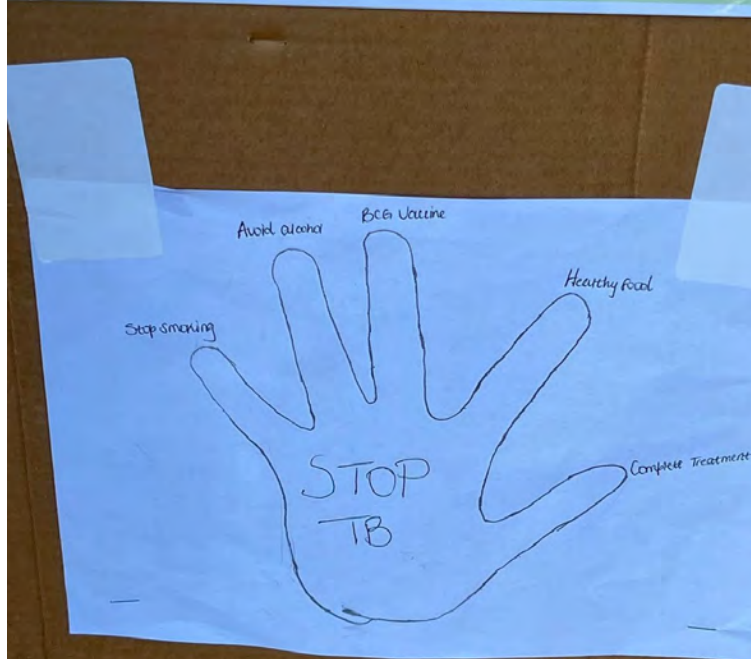


# UMKHANKASO WESIFO SOFUBA OSOKHEMISI BEQWASHISA NGESIFO SOFUBA KUZIGULI



I-TB iyalapheka

24 March, 2025



## IZIMPAWU ZE—TB

1. Ukukhwehlela okungaphezu kwama-sonto amabili kodwa uma u HIV+. Uku-khwehlela noma kungaba okwesikhathi esingakanani kumelwe kuhlolwe ngokushesha.
2. Ukungathandi ukudla nokwehla emzim-beni.
3. Ukuzizwa ukhathele noma uphelelwa amandla .
4. Ukujuluka ebusuku noma kubanda.
5. Ubuhlungu esifubeni nokukhwehlela igazi,

**“Uma unezinye zalezim-pawu thintana nomtholampilo oseduze ukuze uthole ukuhlolwa okwelashwa kwamahhala”**

**TB  
CAN  
BE  
CURED**

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# WORLD AUTISM AWARENESS DAY

Listen , Understand, Support



Special thanks to Sr Dhlomo and the team of Mdumezulu Clinic and the whole organising team. Siyabonga!



LET US SUPPORT THEM, LISTEN, UNDERSTAND, SUPPORT: THANK YOU TO OUR SPONSERS: BUILD IT, CAPITEC BANK, SPAR STORES  
CEBOLETHU FUNERAL SERVICE, REHABILITATION TEAM NKNJENI, SANLAM, OLD MUTUAL, SDS DEPARTMENT, ULUNDI MUNICIPALITY.



## THEME OF THE DAY:

Empowering Autistic voices which aims to provide greater support and empowerment to individuals with Autism, enabling them to lead meaningful lives and pursue successful careers.

**UMDUMEZULU CLINIC INITIATIVE: SIYABONGA!!**

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# WORLD AUTISM AWARENESS DAY

Listen , Understand, Support



**SUPPORT AUTISM END THE STIGMA, ASIBASEKELE ABANTWANA ABAPHILA NGOKUTHATHELWANA KOFUZO OLUNGAJWAYELEKILE!**

*"If you suspect that you and your family members or child may be having autism spectrum disorder, visit your nearest healthcare facility or provider for screening and assessment to enable them to provide the necessary interventions, or refer where necessary"*

In South Africa, the Road to Health Booklet or Clinic Card that is issued to all children at birth helps parents to monitor health and development of each child until the age of 5 years. This also assists in early identification and intervention when a child's development is not in line with the expected developmental milestone.

Parents are encouraged to familiarise themselves with the educational information contained in the Clinic Card.

Although, there is no cure for autism spectrum disorders, some medications are used to help people with ASD function better by treating co-occurring symptoms such as:

- higher energy levels
- Inability to focus
- Self-harming behaviour including head banging or hand biting.

Treatment can also help manage co-occurring mental health problems, such as anxiety or depression, and physical conditions such as seizures.

## Symptoms of autism

Symptoms and causes of autism may differ from child to child, but some common symptoms include:

- difficulty with social interaction
- Delayed speech and language skills, repetitive behaviours.

Autism is primarily caused by nature (a genetic disorder), but the severity of autism can be influenced by nurture (environmental factors).

*This information is sourced from NDoH*

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# ESHOWE DISTRICT HOSPITAL ANNUAL

**Nkonjeni's soccer team emerges victorious! Teamwork makes the dream work!**



We are thrilled to announce that our soccer team won at the Eshowe District Hospital Annual Sports Day event. The team's commitment to working together towards a common goal is an inspiration to us all. Their hard work and dedication paid off, and we couldn't be prouder of their achievement. Congratulations to the team on this well-deserved win!

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## Nkonjeni's soccer team emerges victorious!



### Siyabonga! Siyabonga! Hhallaallaa Nkonjeni Hhallaallaaa!

Sekunomlando omude isibhedlela saseNkonjeni St. Francis kwisifundazwe senza into yamehlo ebholeni likanobhujuzwayo.

Eminyakeni edlule sike sanqoba indebe sishaya onke ama District ezempilo esifundazweni, kanti nakuma department afana no SAPS, uMasipala, Education namanye bebezidlulela ngehube.

Lokhu kuhlengansi nebholi labesifazane lomqakiswa noma ke izinto kule season zingabahambeli kahle kodwa bazimisele ukubuyisa isithunzi sabo.

iNkonjeni hospital idume kakhulu esifundazweni ngoMculo wamakwaya lapho kulonyaka belale isibili bemele Zululand Health District.

Imidlalo ebixube ama Region okubalwa kuwo uMkhanyakude, Itheke, Ilembe, King Cetshwayo obesezinkundleni zimidlalo eShowe Hospital bazidlele amahlanga, nama teams aseThekwini awalubonanga oludlalayo, kwale nngisho sebecindezelwe ngemigomo engaqodile bawina kunjalo, Hallala Red Devels.





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