



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

NKONJENI ST.FRANCIS
DISTRICT HOSPITAL

INKONJANE

NEWS

EZASEMAHLABATHINI, ZULULAND HEALTH DISTRICT

JULY–SEPTEMBER 2023

IMBOKODE BAYIBAMBE ISHISA!



Bayibambe ishisa bebungaza usuku lwabesimame, befundisa intsha esakhula ukuzinakekela nokuzazi njengabantu besifazane nezimbali zezwe nangezinto okumelwe baqine kuzo ngokwezigaba zabo.

Also inside this newsletter



uDokotela Wenzindlebe



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CEO'S CONER .



I appreciate the opportunity to join team Nkonjeni St Francis and I'm ready to contribute my knowledge and skills to the team.

As we are approaching the third quarter of the financial year and towards the festive season, let me take this moment and appreciate hard work of the staff towards improvement in the performance of the Sub-District.

'Starting is easy but finishing is hard...'

Great things come from hard work and perseverance.

Perseverance goes a long way and is superpower. Let us work hard to get and exceed the goals of the Department and make the destination the most important focus.

Powerful words:

- Believe in yourself
- Stay strong
- Never give up
- Be grateful
- Work hard
- Stay humble
- Be kind
- Keep smiling

MRS. M.T ZULU
CHIEF EXECUTIVE OFFICER
NKONJENI ST. FRANCIS HOSPITAL

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KwaZulu-Natal Department of Health



KZN Department of Health



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GROWING
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TOGETHER

Women's Day Celebration '23

Theme: "Wathinta Abafazi, Wathinta Imbokodo" Health Care Women's



Women are the epitome of courage, hope and life.

Sisenyangeni la sigubha khona usuku lwabesifazane. Abantu besifazane bayigugu lesizwe, futhi asikho isizwe esinganda ngaphandle kwabo. Likhulu iqhaza abalibambayo emphakathini kanye nase-makhaya abahlala kuwona, ngakhoke akumele si-wangabaze amandla aphethwe owesifazane ngezandla zakhe kanye nangokomuqondo wakhe. Abesifazane banekhono eliyinqayizivele lokunqoba izinselele zansuku zonke, belwela ukumelana nazo zonke izinkinga ukuze bethuthukise umhlaba futhi bavikele abathandekayo babo.

Photos: Ms B Mhlongo



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**GROWING
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BLACK AND DOEK ON FLEEK

One woman can make a difference but together we can rock the world.....

Photos: Ms B Mhlongo



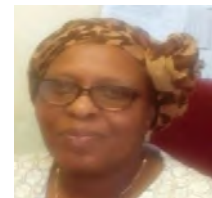
Chairlady



Deputy Chairlady



Secretary



Deputy Secretary

Let's respect and protect women and children at the workplace....



DEAF AWARENESS

UKUQWASHISA NGEZINKINGA ZOKUZWA



UKUQWASHISA NGEZINKINGA ZOKUZWA

Ukulahlekelwa ukuzwa kuyisimo esivamise ukuphatha abantu asebebadala kakhulu. Kepha zikhona nezinye izimo noma izifo eziyimbangela yokuthi umuntu azithole engezwa kahle ezindlebeni. Inkinga yokuzwa yenza noma idala kube nzima ukulalela inkulumo phakathi kwanoma ubani osuke ukhuluma naye.

UMSEBENZI WADOKOTELA WEZINDLEBE PHECELEZI (AUDIOLOGIST)

Ukuhlola izindlebe nokuqikelela ukuthi zihlala ziphephile nokuqwashisa ngezinto ezidala inkinga yokuzwa. Ukuhlola nokwazisa abantu ngohlobo lezinkinga zokuzwa abanazo, kanye ukubazisa ngezinsiza zokuzwa (hearing aid).

IZINHLOBO ZOKUNGEZWA

- **i-Ototoxicity:** kunezinhlabo ezihlukane zemithi ezilimaza indlebe.
- **i-Ear infection:** ibangwa amagciwane aphakathi endlebeni.
- **i-Presbycusis:** kuwuhlobo lokungezwa oludalwa ukukhula komuntu ngeminyaka.



Inkonjane News
The burn swallow



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BREAST FEEDING WEEK

UMKHANKASO WOKUQWASHISA ABANTU KANYE NOKUGQUQUZELA IZENZO NGEZINDIKIMBA EZIHLOBENE NOKUNCELISA IBELE. KANYE NOKUKHUTHAZA OMAMA ABASEBENZAYO NGOKUQINISEKISA UKUTHI UMSEBENZI UNGABI YISITHIYO SOKUTHI BAYEKE UKUNCELISA IZINGANE ZABO IBELE.



iBreast Feeding Week: iqwashisa ngokuvikela, ukukhuthaza kanye nokweseka ukuncelisa ibele okungasindisa izimpilo eziningi zezingane. Ukuncelisa ibele kungasiza ukuvikela izingane ezifweni ezithile zesikhashana neziskhathi eside. Izingane ezincela ibele zinengozi ephansi yokuba nesifuba somoya, ukukhuluphala ngokweqile, isifo sikashukela nesifo sokufa kwezingane ezisanda kuzalwa (SIDS). Mancane futhi amathuba okuthi zibe nezifo eziphatelene nezindlebe kanye nezilokazane zesisu.



On the occasion of World Breastfeeding Week, let us inspire every mother to breastfeed her child as that is the most precious gift a mom can give her child. Embrace the power of breastfeeding: Nourish and Thrive.



PHARMACY MONTH

MATERNITY WARD EDUCATION AND AWARENESS

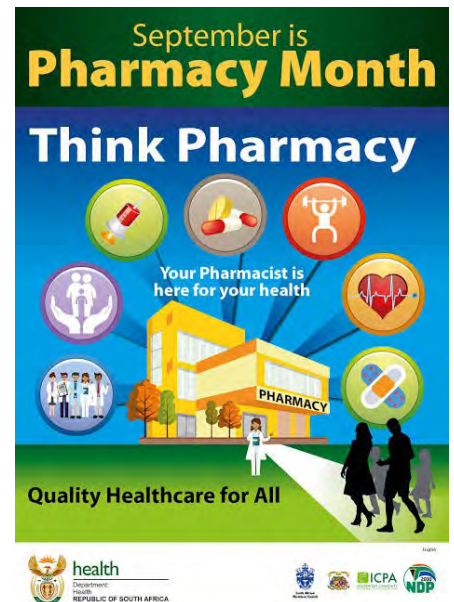


Designed and sold by a
Healthcare Worker



Inyanga kaSeptemba yiNyanga yokubungaza i-Pharmacy Awareness, kanti indikimba yalo nyaka ibi-**Impilo Yabesifazane Nentsha.**

Ikhemisi liyindawo ephephile nethembekile yokuthola izeluleko nosizo. Le nyanga igqamisa ukubaluleka komsebenzi wasekhemisi kanye nomthelela osokhemisi abanawo emphakathini yabo. Ikhemisi ibalulekile ezimpilweni zethu ngoba osokhemisi bakhapha imishanguzo esindisa impilo esuke iyalelwe uDokotela. Bafundisa iziguli ngomthamo nesikhathi somuthi ngoba lokhu kuqinisekisa ukululama ngen-dlela efanele futhi okusheshayo.



LET'S HELP PEOPLE
ACHIEVE OPTIMAL
HEALTH OUTCOMES,
BECAUSE HEALTH IS
THE GREATEST
WEALTH.

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PHARMACY MONTH

WARD 19 WAROOM AND PAEDS WARD EDUCATION AND AWARENESS FOR MEDICATION ADHERENCE



NATIONAL NUTRITION WEEK EVENT AT MAHLABATHINI PRIMARY SCHOOL



AS PART OF SCHOOL NUTRITION AWARENESS AT LOWER LEVELS , OUR DIETICIANS WORKING HAND IN HAND WITH LOCAL PRIMIRY SCHOOLS TO PROMOTE FOOD WITH GOOD NUTRITIONS .



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**GROWING
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MANAGEMENT WALKABOUT

ST. FRANCIS, ULUNDI A CLINIC AND UMDUMEZULU CLINIC.



UMDUMEZULU CLINIC



ULUNDI 'A' CLINIC

The CEO had taken a decision for Exco members to visits Primary Health Care facilities on bases of management walk about. This is to assist all component managers in Exco to make sure that their daily execution of duties, clinics need not to be left out.

The St. Francis hospital management walkabout are done on monthly basis by Exco. Mdumezululu Clinic and Ulundi A Clinic are our higher volume clinics in a Sub- district , they are being visited to ensure that the community services are being rendered efficiently and effective.

The focus is mainly on a Maintenance of buildings, Medical support , Nursing services and administration support services.



Walkabout by District officials and OSS Cabinet—Ulundi A Clinic .



EZEMIDLALO

WORK AND PLAY BY ZULULAND HEALTH DISTRICT TO UPLIFT THE SPIRIT OF STAFF MORAL AND DESTRESS IN A WORK PLACE



The aims of these work and play sessions at institutional level such as walking, aerobics classes etc.. to assist employees on how to:

1. Maintain a health lifestyle.
2. Indirectly impacting on absenteeism.
3. To overall improve productivity and service delivery, as a healthy mind+healthy body= productive employee.

Ngaleyo ndlela abasebenzi besibhedlela abazibekile phansi, njalo ngolweziThathu evikini kuba nemidlalo okubalwa kuyo, ibhola labesilisi kanye nebhola labesifazane.

Okuyimanje lamathimu aseguqise ama Department amaningi uma kudlalwa kanti neZululand Team isithembele kubo abadlali be Nkonjeni St.Francis ekuwineni isicoco kumaDistrict amanye.

'Lets work and play.....'



“Moving forward together...

....with passion to strive....

“MOTTO”

...for the best”



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PHOTO GALLERY



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