



**health**

Department:  
Health  
PROVINCE OF KWAZULU-NATAL

**NKONJENI DISTRICT HOSPITAL**

# *Inkonjane News*

# NEWS

STAY INFORMED/HLALA UNOLWAZI

2018 Sept- March 2019 FY HIGHLIGHTS



**Nkonjeni District Hospital with its staff members comomerated TB Month awareness, information sharing, education to all catergories (page 03)**



**TB AWERENESS AMONG STAFF**

*READ MORE ON PAGE 3*



**HIV DISCLOSURE TO CHILDREN AND ADOLIS-CENTS**

*READ MORE ON PAGE 4*



*READ MORE ON PAGE 07*

**FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE**



**DR N. XHAKAZA**  
**ACTING : CEO**

**Professional background:**

Medical Manager at Nkonjeni Hospital.

Former Clinical Advisor—HAST at Anova Health Institute.

Former Advanced Clinical Care—Dr at Wits RHI.

Former Medical Officer at Right to Care South Africa.

Former Medical Officer at Dept. of Health.

Studies MSc Clinical Epidemiology at Stellenbosch University.

Studied Project Management at MANCOSA.

Studied at College of Medicine of South Africa.

Studied Medicine at UKZN.

Went to Mavela High School and Baqulusi Combined School.

**CEO's DESK**

**'HOSPITAL MOTO'**

***“Moving towards together with passion to strive for best “***

Ngicela ukubonga imisebenzi emihle engiyithole yenziwa esiBhedlela Nkonjeni Kanye nemitholampilo ephakela isibhedlela.

Indlela yokusebenza ngokubambisana iyona eletha noma inikeze imiphakathi eyakhele Umasipala wase Zululand impilo engcono.

Ngibonga ukubambisana okukhona njengamanje nokuzinikela kwabasebenzi abasezingeni lobuholi besibhedlela.

Ngibonga ngethuba enginikwe lona iZululand Health District nangendlela ubuholi bakhona obuzama ngawo onke amandla ukulekelela isibhedlela.

Kuningana obekunezinselelo kodwa ngokubambisana nobuholi bezinhlaka zangaphathi esibhedlela, bavumile izinselelo abekade benazo, nokusebenza ekuphokopheleni impumelelo ehle yokulwela izimpilo zabantu esizengabo ngokomsebenzi.

Ngethemba ukuthi nakumazinga aphantsi kubasebenzi nezinyunyana sekukhona okukhulu ukubambisana ukuba silethe ezempilo ezisezingeni elifanele.

Siqalile unyaka omusha wezimali , sethemba ukuthi izidingo zomphakathi wethu esiwusebezelayo zizothuthuka ngokubambisana sonke nezinhlaka ezikhona ekuletheni ezempilo ezingcono.

Ngiyabonga okunye ngifisela nabazoqubeka ngokubambisana sithuthukise izinga lezempilo yemiphakathi esiyisizayo.

**DR N. XHAKAZA.**

**NEW TEAM MEMBERS OF NKNONJENI DISTRICT HOSPITAL**



**MR Z.E ZULU**  
**ACTING: DEPUTY MANAGER NURSING**



**DR NDUMISO XHAKAZA**  
**MEDICAL MANAGER**  
**ACTING: CEO**



**MR D.S B MHLOPHE**  
**PLANNING , MONITORING AND EVALUATION MANAGER**

**THE THEME OF A DAY: 'I PROTECT AND YOU PROTECT ME'  
TARGET GROUP: NKONJENI HOSPITAL STAFF , ALL CATERGORIES—MARCH 2019**



**YOU , ME .  
ALL OF US  
TOGETHER  
MUST STOP  
TB NOW!!**



**Aim:** to capacitate the Nkonjeni hospital staff with TB information by TB awereness , to promote the acceptance of the TB diagnosis and good adherence , to reduce the fear of stigma and discrimination about the TB status, to eliminate the death rate, to avoid judgement beliefs about the TB dignosis, to promote emotional support to one another past the TB dignosis and to spread information by flooding the staff with information leading to flooding the patients with information

**Guest speaker:** MS N.I Mncube (Zululand District Health, HAST Co-ordinator, accompany with Rev. B.D Khumalo and Hospital Chaplain : Rev. Ndaba



**The method that was used to plan the day :**

- We identified a plannery committee
- We conducted the ongoing plannery meeting
- We identified the guest speaker
- We organized the promotional material
- We made the contribution amongst our clinic
- We organized the entertainers amongst Nkonjeni and the plannery team .
- Date of and venue of the event.



**Above:** Mrs T.S Mpontshane , PHC supervisor for some of the clinics under Nkonjeni District Hospital. She was sharing information with staff member on an importance of adherence on TB treatment. She welcomed all presents.



# Winning the battle for viral suppression through HIV disclosure to children and adolescents

In September 2017, a multidisciplinary team from Nkonjeni District Hospital and its clinics in Zululand Health District devised an intervention to address the challenge of HIV-Positive children's and teenagers who had been born with HIV being not aware of their HIV status and defaulting on their antiretroviral therapy (ART).

## AIM

To help parents and caregivers to disclosed their children's HIV status, so as to achieve full adherence, retention in care and viral load suppressed.

## METHOD

A total of 181 patient (of whom 112 were HIV Positive children and teenager) were taken through a process of group and individual disclosure counseling using the *KidzAlive programme*, with post-disclosure clinical monitoring and psychosocial follow up. Support groups for the adult and child patients were established.

**Author" Ms T.P Mthabela**

**Author's organization and Affiliation:**

**KwaZulu-Natal Department of Health, Ulundi local Municipality, Zululand Health District.**

## Results

Following the disclosure interventions, good adherence and viral suppression have been recorded for the cohort children.

The patient cohort support groups continue to meet, appointments are kept and the patient communicate their health issues freely to the health workers. 15 kids were viral suppressed through disclosure programme.



'Taking community -orientated primary care from Jerusalem back to Pholela in KwaZulu-Natal, Voice from the Ground'



Lapha ngezansi ngeminye imisebenzi emihle ayenzile ngokubambisana nozakwaba, Faith Based organization ekulekeleleni izinga lokukhumisana neziguli.

Imikhuleko ehlelwe kahle iyona ndlela afinyelela ngayo nasekusizeni abantu abaphila nesandulela ngculazi Kanye nasebengenathemba lempilo engcono.

Lena indlela ehle nokumelwe ilandelwe yiwo wonke umuntu osebezela umnyango wezeMpilo.

Buka nje ngezansi izinkumbi ebezihlangene Durban kuqhakanjiswa ukunakekelwa kwa abantu abadala nezingane ezihaqekile, ukhombisile ikhono elingajwayelekile ebalazweni lwakwa Zulu-Natal yonkana.



## PHARMACY WEEK AWARENESS : SEPTEMBER 2018



Pebenita Gounden, the Community Service Pharmacist, presenting to Hospital members about the importance of using medicines wisely.

Mr MW Mthembu, the Pharmacy Manager assists Pebenita during her presentation by asking the members questions about the presentation and rewards those who answer with gifts.



Pharmacy staff during Pharmacy month, lovingly distributing hampers to mums and children in Paediatric ward.

The Theme for this year was “Use Medicines Wisely”

Pharmacy staff distributing presents in the Paediatric ward.





QUALITY DAY EVENT : USUKU OLWALUMNANDI - ZONKE IZINHLAKA EZIKHONA ESIBHEDLELA NAMA KLINIKHI ABONGWA

# LAST FINANCIAL YEAR EVENTS 2018/19: HUMAN MILK BANK LODGED



Briefing session for Human Milk Bank Launch by Provincial Department of Health lead by Zululand Health District at Nkonjeni District Hospital in Mahlabathini Ulundi



Izimenywa ezisuka ngaphakathi eZululand District zizothamela ukumiswa ngokusemthethweni kweBhange lobisi lwezingane.

Amalunga omphakathi kusukela eDumbe Sub-District ayemeyiwe ezoba ofakazi.

Izinduna zendawo eyakhele Nkonjeni Hospital, abefundisi, Amakhansela kanye nobuholi bomdabu bendawo ward 09, Buthelezi Tribal Authority and Mbatha Tribal Authority kuhlanguanise namakomidi emitholampilo kanye neBhodi ezibhedlela zonke.

## KUVAKASHELWA IZINDAWO LAPHO KUZOBE KU BHANGWE KHONA UBISI LWEBELE UKUBA IVULWE



Lena indawo lapho oluzogcinwa khona ubusi lwebele ukuze kusizakale zonke izingane ezingaphansi kwesifunda iZululand Health District.

Lena kuzoba indawo lapho kuzogcinwa khona ubusi olunikelelwe omama abakulungele ukuba banganikela ngobisi.

Nezinye izibhedlela ziyodlulisa labo abafisa ukuba banikele ngobisi lwabo ukuze kusizakale abantwana abaludingayo emva kokuhlolwa isimo sabo.



Kwesokudla isandla unesi obhekele lendawo yobisi ekhombisa ukusebenza kwayo



Kwesokunxele kuvulwa indawo ngokusemthethweni amalunga ahloniphekile omphakathi kanye nabefundisi abasiza umnyango wezempilo nobuholi besibhedlela.





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Mrs Dlamini (TB Services)

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