

#### **VOLUME 7**

## **USINDISO NEWS**

#### FROM THE CHIEF EXCUTIVE OFFICER POINT OF VIEW

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WOMEN'SDAY

BMCP 14 LAUNCH



"CEO Mrs N.P Ngcobo: My colleague you are my inspiration I value your support and respect."

he support and respect that I have received, and continue to receive, since I came in March 2012 is extremely valued. I have almost met everyone in the institution both on one to one basis and as groups, and you really are wonderful. Thank you for allowing me to be your leader.

We have started to map our way into taking this hospital to another level. The department has provided us with all the necessary tools, information and guidelines to perform and realize its goals and objectives. Ours is to put on dedication, passion and commitment in uplifting our standard of performance.

We have been able to hold important events with success and have received appreciation from our principals. That is regarded as a morale booster, to put in more effort and go extra five miles ( not one) in providing effective and efficient service delivery. We commit to excel in patient care

"Let's unite and do better"

#### **67 MINUTES OF MANDELA DAY**

#### **USINDISO LUSHINTSHA IZIMPILO ZABANTU**

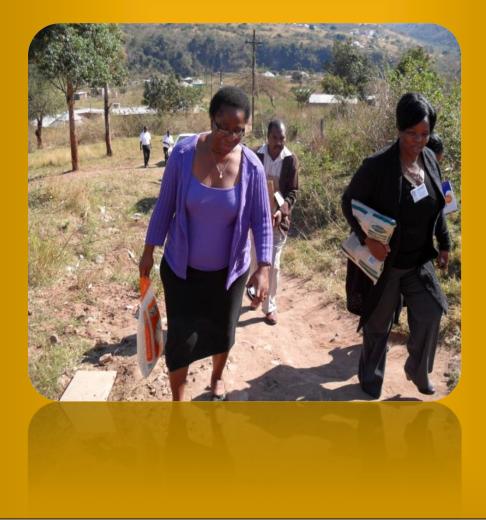


FROM LEFT TO RIGHT: OMISHA PILLAY (PHARMACIST INTERN), K.NAICKER (PHARMACIST), SR. MVELASE, MRS. NP NGCOBO (CEO), MR. MTHIMKULU (PRO), MR. DES. NTULI

This is the day which is cerebrated even internationally where everyone should extend a helping hand to those in need. Osindisweni Hospital took part by dedicating this day to Paediatric ward. The day was celebrated on the 18<sup>th</sup> of July 2012. It started by painting of the ward, small party was arranged where we welcomed Verulam Nandos, who came with meals, fruits and teddy bears for about four children which were admitted in paediatric ward. Verulam Shoprite donated a big cake to cheer up our children.

The party was declared open by the Pharmacy Manager Miss King .The Pharmacy staff were dedicated to make a mark and bring hope by giving love and support not only to children but to their mothers as well.

Akugcinanga ke lapho umphathi nethimba lakhe babe sebevakashela umphakathi wasoGunjini namaphethelo lapho beqoke khona imizi emihlanu edinga ukululelwa isandla. Imindeni le ihlonyuliswe ngegilosa base behlonyiswa nangokwezempilo ikakhulukazi kulabo abaphila nezifo ezahlukene



Kwesobunxele: CEO Mrs NP Ngcobo ehambisana no Miss Gela (HR manager)

Kuyakhuthaza ukubona abaphathi bezibambele mathupha.

### IXOXWA NGEZITHOMBE EYEMANDELA DAY



Bebezitika ngoncamnce nezipho odado







EThekwini Municipality joined Osindisweni Hospital family in celebrating of Mandela Day



#### OSINDISWENI HOSPITAL CELEBRATED WOMENS DAY



Verulam Rotaract Club members with Osindisweni staff

This is the day held in high esteem and it is a reminder of all contributions and sacrifices



women make
to better our
society.
Osindisweni
Hospital
welcomed
visitors from
Verulam
Rotaract Club
who came to

honour women and children who were admitted in the hospital. This day was celebrated on the 9<sup>th</sup> of August. All the mothers were given gifts which included roses and teddy bears for children and the members of staff also received roses...



#### MCDI representatives giving presentations.

On the 14<sup>th</sup> of August Medical Care Development International (MCDI) together with Osindisweni hospital staged an event which was to honour women and give a discussion on different topics which seems to be challenging our communities. Amongst guests who were invited were Mrs Mahlinza from Education Department. Whizzkids United, Golden Horizon and local CBO's & NGO's also took part. Issues like violence towards women &children were discussed, impact of drugs to youth, HIV and AIDS.

#### FIRE EDUCATION DRILL WENT WELL



Miss P Cele (Health & Safety Officer) giving a lecture about health and safety.

Osindisweni Hospital tested its safety measures by conducting a mock fire drill on the 21<sup>th</sup> of August 2012. It was more like a reality when "patients" were evacuated from Female ward which is in the last floor on a three story building. The nurses assisted by fire fighters from EThekwini Municipality made the session a success.

"A fire drill is part of orientation and inservice education for existing and newly appointed staff. The main aim is to make sure that all the role players in the institution are quite aware of their roles in case of fire or other emergencies". Staff participating was provided with action cards which directed them on what to do during a fire outbreak .

Above: Demonstration by fire department



# FROM THE OFFICE OF THE PRO

Warm greetings I am Thabile Mkhwanazi. I have joined Osindisweni on the 1<sup>st</sup> of February to do my in-service training on Public Relations. I would like to thank the management and the staff for welcoming me with warm hands.

The experience that I got at Osindisweni Hospital will enable to perform optimally in future



Let me take this opportunity and introduce myself. My name is Sthenjwa Bhengu from KwaDukuza I just join Osindisweni in July to do my experiential learning which is a requirement to finish my Diploma of Public Relations. I have gained a lot of experience in and out of the office. Through diversity of hospital environment I have acquired and being exposed in various experiments. I am also prepared to grasp all the knowledge that my mentor will continue to provide while I am around.

I want to thank everyone for making me feel as part of the family.



#### OSINDISWENI STAFF AIMS FOR HEALTHY LIFE STYLE

Osindisweni hospital took a step forward and launched its wellness programme to support the initiative of the MEC Dr S Dlomo to maintain healthy lifestyle in the work place.

The launch took place on the 19<sup>th</sup> of October 2012. Staff and the management participated in different sports code which included fun walk, soccer, male and female netball, sack race, egg and spoon race, tennis, tug of war and many more.

The Wellness programme is aimed to assist employees on how to maintain a healthy lifestyle through walking, sports and other physical activities.

It also promotes inter-personal relationships amongst the staff, help to distress, thus making work environment less stressful, and promote team work and more productivity.



Above: Staff was ready to kick off the event by a fun walk

Third from left CEO Mrs NP Ngcobo to lead the fun walk







Osistaz umuntu nesphuzo sakhe







Indonda emva iqanda phambili



Bathathe Masuku



They call it ingqabeshu



Ladies doing the men's job



Miss N.B Gela awarded four medals to "the big winner" Miss S Mkhize.



Sited from left: Ms 5 Mkhize, Mrs Mngoma, Mondli Phewa, Shaun Ragavan and Amith Singh

Behind sited raw: Sihle Ngcobo

Front raw standing: Zameka Makalisa, Samke Mahaye, Nomus Madlala, Lungi Ngobese, Zinhle Hlongwa, Lungi Khumalo, Miss N.B Gela, Anusha Ramjiwan, Nkosinathi Shange, Sthenjwa Bhengu, Siyolo Gela

Third raw: Sasha Kemrajh, Portia Zikhali, A Mahabir, Sbu Ntombela, Nishan Suwarain, Mphi Masuku, Logie Naidoo, and Scelo Nzama.

# LAUNCH OF CLINICAL ASSOCIATE PROGRAMME IN SOUTH AFRICA



Above from right: Honourable MEC for Health, Mr M Maphumulo (BCMP) and Ms Z Tshabalala (Lecturer from University of Pretoria)

Once again Osindisweni Hospital has made a mark on the country's map when MEC for Health Dr SM Dlomo launched a new programme of Clinical Associates at Osindisweni Hospital on the 23<sup>rd</sup> of October. This is a new programme in the Department of health in South Africa. It is a three year programme which award graduates with a Bachelor of Clinical Medical Practice (BCMP). There are three accredited universities in South Africa offers training on this programme in partnership with the Department of Health.

These universities are Walter Sisulu University, University of Witwatersrand (Wits) and University of Pretoria.

The idea of this programme was born in 2004 and the enrolment started in 2008. The province of KwaZulu Natal has benefited with seven graduates and they were deployed in rural areas.

Osindisweni Hospital was allocated with two clinical associates Mr M Maphumulo and Mr S Ngcobo. Clinical associates will make huge difference in rural communities since there is shortage of Doctors. They are equipped with essential skills needed at district hospitals where they will be practising under Doctors supervision and they are very much competent in management of chronic diseases like TB, asthma, diabetes and hypertension. Their vital role will impact more on our Province which is faced by burden of HIV/Aids with all the package of opportunistic diseases which has posed a huge demand on health profession. The Department of Health is committed on expanding this programme by training more people to close the gap by producing competent practitioners with mid-level skills in a short period comparing to Doctors period of training.



Front row from left: Cllr A Chellapen, Cllr MK Ndzimbovu, Mr S Tembe (BMCP), Mr S Ngcobo (BMCP) and Mr M Dlamini (BMCP)Back row: Mr M Maphumulo (BMCP), Cllr N Ndlovu, MEC Dr S Dlomo, Mr M Ntuli (BMCP), Ms C Mbatha (BMCP) and honourable Chief M Ngcobo







The MEC, CEO & NM sing with the Choir Osindisweni Choir







