KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

OTHOBOTHINI COMMUNITY HEALTH CENTRE

EZANAMUHLA NEWS

April-September 2022

STAY INFORMED

HAPPY NURSES DAY CELEBRATION

There were no enough words to extend our greatest gratitude to our Nursing personnel as they celebrated their first ever international Nurses Day. Othobothini CHC hosted its first international Nurse's day on the 25th of May 2022 and our nurses were celebrated and encouraged on their passion of saving lives. Nurses of Othobothini CHC proudly recited their Florence nightingale pledge as they promise to always practice professionalism and be dedicated in their work to improve the standard on nursing profession.

We thank all the nurses of Othobothini CHC for providing selfless service and for caring for our patients. We will never forget how you stood by the patients during the Cvid-19 pandemic. Thank you all for selfless service remain were words of gratitude conveyed by the facility management.

KwaZulu-Natal Department of Health | kznhealth | KZN Department of Health | @kznhealth

GROWING KWAZULU-NATAL TOGETHER

PHOTO GALLERY

Candlelight symbolizes a peaceful

Left : Ms N.I Mthethwa Acting CEO introducing the guest speaker (Mrs Simelane) the speaker of the day .

Reciting of nurses pledge has revived the spirit of Ubuntu" and brought in to the acting of what is their role . By

On the left Sr. Nkosi (IPC) and Sr. Myeni (Operating Manager) handing over a gift of appreciation to the guest speaker of the day. Bottom right: Cutting of cake led by Nursing Manager –Ms N.I Mthethwa (center).

WORLD HAND HYGIEN DAY

Hand rub demonstration by IPC Coordinator
(Sir. N.N Nkosi)

Signing of IPC pledge led by Facility Manager
(Ms. N.I Mthethwa)

Who knew washing hands could be so much fun! . On the 11th of May 2022, Othobothini CHC staff members held its first World Hand Washing day as they were promoting the fight against workplace infections under the theme “Healthcare quality and Safety Climate”

Staff members were gathered and educated on the importance of hand wash and keeping the working environment clean at all times as out IPC coordinator demonstrated the proper hand wash and hand rub procedure.

Various platforms were also used to disseminate information throughout the facility to caution clients on the risks of not washing their hands.

Infection, prevention and control results in protection for both patients and healthcare workers from illness and virus infections found in the workplace.

Othobothini CHC members committed themselves by signing of the IPC pledges ,led by the Acting CEO Ms.N.I Mthethwa.

UGU DISTRICT TEAM COMMENDED OTHOBOTHINI CHC

Othobothini CHC,as the first CHC in uMkhanyakude District attracted officials from Ugu District as they made their visit on the 17th of August 2022. Officials from Ugu District visited Othobothini CHC for benchmarking their services . The facility started operating in April 2018 and great improvement has been noted for the past four years as the Ugu District officials could not stop praising the facility on the good infrastructure and great team work from the management and all staff members

Above: The team from Ugu District and Othobothini CHC team posing for a group photo.

ABASEBENZI BABUNGAZE INYANGA YAMA GUGU

YIBO LABA ABASEBENZI BASO –OTHOBOTHININI CHC BEDLE INQEPHU NGOKWAHLUKAHLUKANA KWEZINHLANGA

Bakhumbule imvelaphi yabo abasebenzi besikhungo sezempilo Othobothini CHC. Umcimbi wokugubha usuku lwamagugu obeluhlelwe khona ngaphakathi ngabasebenzi Mhlazi 28 kuMandulo 2022. Lomkhosi ogujwa minyaka yonke.

Isasasa beliphezulu kubasebenzi besikhungo Othobothini CHC bekubonakala nje ukuthi abantu benza into yabo abayizwa ngaphakathi. Kulomcimbi kugqame ubumbano nokubambisana ezisebenzini kwazise phela kade kwagcina ukuhlangana njengoba ngeminyakeni emibili edlule abakwazanga ukuligubha ngenxa yokubheduka kwe COVID-19 . Ingqephu yemvunulo enhlobonhlobo ibibonakala kuwowonke amahhovisi njengoba kulesisikhungo kukhona zonke izizwe ngokwehlukana ngamasiko. Kukhona abebehlobe ngemvunulo yaseNdiya, eyaseSwazini, abakwaXhosa nezinye izizwe.

Leli bekuyithuba lokufundana kwabasebenzi kunanemidlalo yeshashalazi ebebeyihlelile. Imidlalo yeshashalazi ibigxile ekufundiseni ngezimo zempilo ezinhlobonhlobo. Kukhona abetshengisa ukuthi intombi kwa Zulu yayishelwa ngenhlonipho nangesizotha hhayi lemihlola esiyenzeka esikhathini samanje. Kulomdlalo bekuyisifundo ke kwintsha yakithi ukuthi umuntu wesifazane uyahlonishwa awuveli umbhudukeze nje isinoma kanjansi . Ukuhlukumeza kwanoma yiluphi uhlobo akusilo isiko nomkhuba wabantu kuyinto nje eyasungulwa yizigcwelegcwele.

Kanti khona manjalo abanye babab ebenzi bebenomdlalo obugxile kakhulu ekufundiseni ngokusetshenziswa kwemishanguzo. Lomdlalo wona ubonise bha ubungozi bokwabelana ngemishanguzo uma omunye wesiguli engayanga ukuyolanda imishanguzo yakhe. Ukungayi emtholampilo ngosuku oqokwelwe lona kuyingozi ngendlela yokuthi ungagcina usudla imishanguzo engafanelanga isifo esikuphethe. Kubalulekile ukulanda imishanguzo yakho ngosuku oziqokele nona okanye ngumhlengikazi.

IXOXWA NGEZITHOMBE

PHARMACY WEEK CELEBRATION

September is National Pharmacy Month, a period of creating awareness on various health matters and how pharmacy professionals (pharmacists and pharmacy support personnel) as healthcare professionals can help enrich the health of communities.

The Pharmacy is a safe and trusted place for advice and assistance on use of medication. Pharmacy Week usually takes place from 1-8 September every year. The theme for Pharmacy Month 2022 was "Woman & Youth Health" On the 25th of September 2022, Othobothini CHC. Pharmacy department commemorated pharmacy week. Clients were educated on use of medicine. Various topics were covered on the day ie Teenage pregnancy , HIV / AIDS, Mental health services, Substance abuse and domestic violence. The public were engaged on the above mentioned topics as part of consultation.

They were also encouraged to visit the healthcare facilities and access the health services as patients' rights charter stated.

Health education on progress

The audience listening attentively

KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA
KwaZulu-Natal Department of Health
KZN Department of Health
kznhealth
@kznhealth
GROWING KWAZULU-NATAL TOGETHER

FACILITY ACHIEVEMENTS

Dental services

The first patient attended at Audio therapy department struggling of hearing. The assessment is on progress by the audiologist.

Occupational therapy services at Makhathini clinic .

It is a great pleasure to announce that the facility has opened another wing of health service . The facility had been joined by the Audiologist . It was the wish of facility management to have full operational services from allied department . This was followed by the full operational of Physiotherapy department, Dental services ,Psycho social and counseling support , Optometric and Occupational therapy department.

Ezemidlalo.

Bathuke sebehlomula nabo abasebenzi besikhungo sasoThobothini kwezemidlalo obizwa phecelezi nge Work & Play.

Yilo leli qembu lebhola lezandla elimele isikhungo –Othobothini CHC.

Lemidlalo ibihlelwe yisiFunda sezempilo uMkanyakude . Lapho kubalwa khona zonke izibhedlela ezingaphansi kwaso okubalwa uHlabisa Mseleni ,Manguzi, Mosvold , Bethesda kanye noThobothini CHC. Lemidlalo ibibanjelwe enkundleni yezemidlalo iMakhasa kwaMduku ngaphansi kwemigcele yesibhedlela saseMseleni ngomhla zi 20 ku Ntulikazi 2022.

Kuthiwa bezidlana imilala inkosi impela . Okuyilapho iqembu lezinyawo laso- Thobothini CHC lihlomule indebe kanye nezi ndondo. Kubikwa ukuthi injabulo ibiphezulu kakhulu kubadlali. Isifunda sibe sesidlulisa ukubonga okukhulu kakhulu kubasunguli nakulabo kade bexhasile ngemikomelo okubalwa khona inhlangano ezimele Old mutual ngokudlala iqhaza elikhulu kakhulu nokuyikhona okwenze kwaba yaphumelela.

Iqembu lebhola lezinyawo libungaza indebe ewuklomelo ekuzikhandleni kwabo.

HEALTH PROMOTION PROGRAMME THROUGH LOCAL MEDIA

Proving information through media broadcasting following the Departmental media policy is one of the best strategy to keep the community and give updates on new things and responding quickly to any issues or questions they might have concerning health issues.

The department of health from Provincial level introduced the new online programme called "KZN HEALTH CHAT " . Stay tune with them on every Saturday on 1 KZN television and on Facebook page (KZN Dept. of Health).

Everyone is invited to join and watch the MEC for Health Live and you will never be same again. All information and answers will be answered.

The team from Othobothini CHC gives update on various topics touches ; COVID-19 after declaration of the states an adjustments.

Photo captured at Maputaland-community radio in Jozini

On the left :Ms N.I Mthethwa (Act. CEO), Mrs

By Sr .STH Masondo

AMAZWI OKUZIBONGELA

Impela kugcwalisekile kimi ukuthi isikhungo sezempilo OThobothini CHC siyanakekela futhi asikhethi bala lamuntu. Ngithatha lelithuba ukuzibongela ngethuba engilinikwe ngumtholampilo OThobothini CHC loqeqesho lwangaphakathi ezifundweni zami iPublic Relations Management.

Ngibonga angiqedi ngithi enikwenze kimi nikwenze nakwabanye. Ngibonga bonke abaphathi kusukela esifundeni uMkhanyakude emnyangweni wezempilo abangibone ngifanele yile ngqayizivele yethuba. Ngiphinde ngibonge abaphathi bami ngaphakathi esikhungweni uMs N.I Mthethwa (CEO) no Mrs ZN Myeni (PRO)ongumphathi ehhovisi lokuxhumanisa

NguMnu Velaphi Buthelezi obeyi PR-Intern ehhovisi lezokuxhumanisa umphakathi nomtholampilo: (Communication Compo-

umphakathi nesikhungo. Imvamisa amathuba anjengalawa ayimvela kancane kanti ayadingeka kakhulu empilweni yomuntu obekade efunda eNyuvesi. Ngizifisela mina nabaphathi bami unwele olude baqhubeke njalo nokusebenzela umphakathi ngokuthembeka nangokuzimisela.

Ngithole ukwamukelwa ngezandla ezimhlophe nangabasebenzi balomtholampilo, abangiphathise okweqanda ngemfudumalo abanayo.

Ngiyaqinisekisa nami ukuthi lelithuba ngizoliphathisa okwezikhali zamantungwa. Ngokuhlonipha nokuzimisela njengoba leli bekuyithuba kimi lokufunda ngokwenza phecelezi (practicals). Ngizobeka phambili ukuzithoba kanye nokuzehlisa.

Ukusebenza ngokuzikhandla nokuzinikela kanye nokubambisana yikho okwenza impumelelo empilweni yomuntu. Inhlonipho kumele ihambe phambili ngasosonke isikhathi nalapho kufika ubunzima nezingqinamba kubalula ukuthola usizo ngoba nawe uba wusizo kwabanye abasebenzi. Ngiyethemba ulwazi engiluthole emnyangweni weZempilo ngizolusebenzisa ngokuyikho nangokuzuza kwabasebenolwazi, nginezele kwenginakho.

Ngyabonga!

JUNE IS A HEALTH MENS MONTH

A happy Family is a Healthy Community. Stop gender based violence.

According to the president Mr. Ramaphosa , Gender based Violence and femicide is the second pandemic the world is facing after Covid-19 . It has been months since the last wave of Covid-19 was reported, which means GBV and femicide is now #1.

Gender based violence refers to the violence committed against men, women or children ,and femicide refers to the killing of women especially by their intimate partners.

We encourage Men to be good.

To be considerate,

To be loving,

To be kind,

To protect, not only their families but the entire nation especially women and children.

God created a man in His image.

May Men loves as God loves them.

A real man does not kill nor abuse his wife and children

But a real man loves and cares for his family and community.

ACKNOWLEDGEMENTS

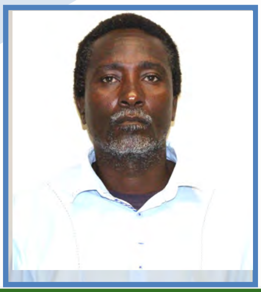
EDITORIAL TEAM

Ms.N.I Mthethwa
(Acting CEO)

EDITOR

Mrs Zanele Myeni (PRO)

WRITER, DESIGNER
&PHOTOGRAPHER



Mr. V.L Buthelezi
PR-Intern

WRITER
& PHOTOGRAPHER

KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

CONTACT DETAILS

Physical Address:

Jozini main road across the bridge to Bhambanana
D850 road next to Msiyane High school

Postal Address:
P/bag X12, Jozini, 3969

Web Address:

SWITCHBOARD:
035 595 9002/13/23

SWITCHBOARD FAX NUMBER:
035 572 9082

EMAIL:

othobothinichc.pro@gmail.com