

Message from the CHC Manager (Acting)

INSIDE THIS ISSUE:

Message from the CHC Manager	1
Editors comment & Batho Pele Com-	2
The new system in Pharmacy De-	3
partment	
Meet Dr Madurai	4
Health Promoting School	5
Visits by South African Nursing	6
Launching of cervical cancer by the	7
Long and Service excellence award	8
Event.	
Long and Service excellence award	9
Launching of H1N1 by the MEC	10



Ms. L.Y Langa (Acting CHC Manager)

On the 22/09/2009 Phoenix CHC was visited by the MEC Dr S. Dhlomo in partnership with Dettol to launch campaign against H1N1 epidemic.

The MEC addressed the community informing them about the reason for his presence which was 3 fold.

- Why we must maintain the current momentum for revising the spread of H1N1 influenza.
- Why we must do so with firm focus on the public health education.
- Why we must do so with a call to all in the fight against the spread of H1N1 influenza.

This was evident when Ms Langa demonstrated the proper washing of hands to the community and stressed that the hands must be washed thoroughly with soap and water on a regular basis, especially if touching the mouth and nose or surfaces that are potentially contaminated.

Phoenix CHC and staff would like to thank Etheke-wini District Management Team, Municipality and CEO's from North for their support.



EDITOR'S NOTE

It is such a great honour to publish this newsletter and allow me to take this opportunity to thank each and every one of you for your support and ideas through the preceding newsletters that have already been published, your input was appreciated.

I would like to thank the staff with for their on-going commitment and dedication displayed towards service delivery. Your excellent work ethics and provision of services to maintain a high standard of care has always

Shone through even in the most difficult situation. “Sithi yimani njalo ningadinwa nangomuso”

Lastly let me take this opportunity to welcome our new staff members that have recently joined our Institution. I hope that you will enjoy your stay with the PCHC family.

Ms. P. Majola (Public Relations Officer)

“Positive attitudes create a chain reaction of positive thoughts”

BATHO PELE WORKSHOP

On the 05th of November 2008 the PRO together with Dr Jay Mannie from Mc Cords Hospital conducted a Batho Pele workshop. The aim of the workshop was to revive the Batho pele principles and emphasize patients and staff

rights , responsibilities and expectations as clients and service provider. He reiterated that having a positive attitude can have a positive impact on our customers.



Dr Jay Mannie from Mccord Hospital was facilitating the Batho Pele Workshop.



Batho Pele Committee Members

WHAT'S NEW

THE NEW SYSTEM IN PHARMACY DEPARTMENT.

On 1 June 2009 the Pharmacy Department, supported by Management, commenced a new dispensing system.

The idea behind this new initiative was to reduce patient waiting time.

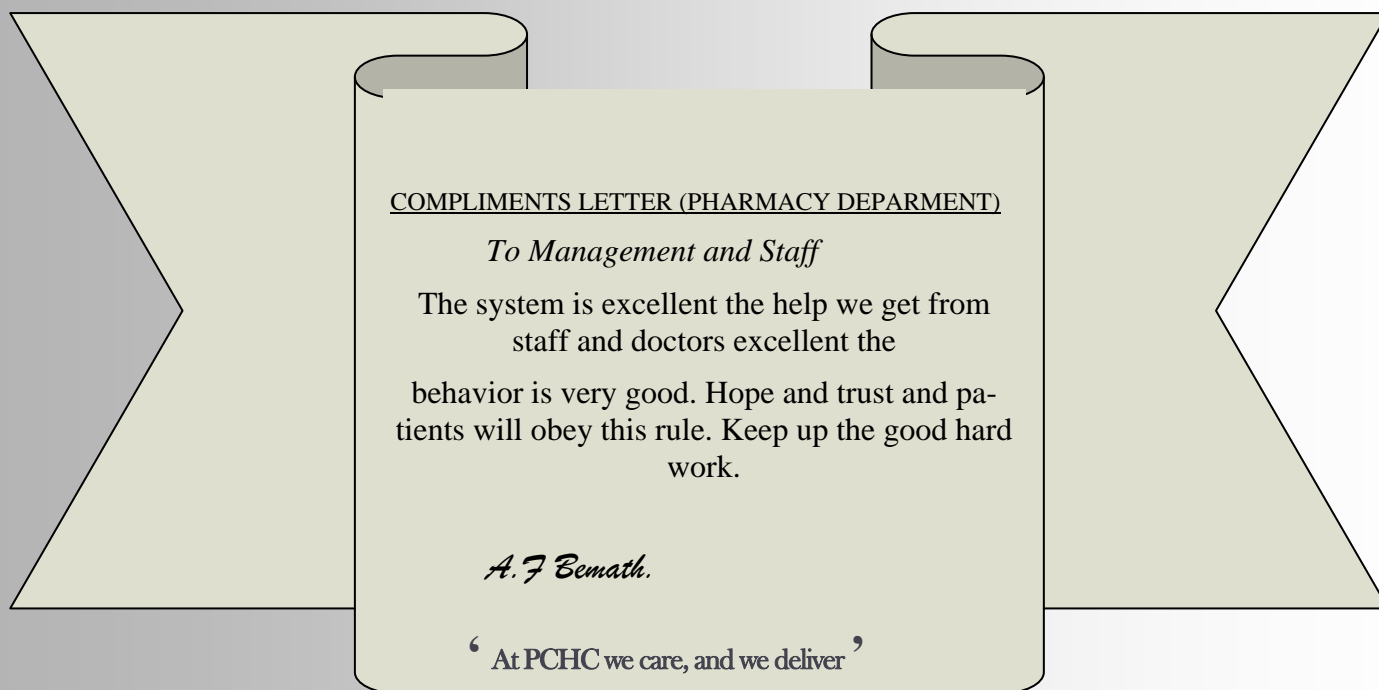
Three patients at a time are called to the window and their medicines are dispensed to them.

Patients who have been seen by the doctors do the same. Queue marshals assist in maintaining order.

In this way patients are being attended to all the time and there is a steady flow of patients.

Both staff and patients are very pleased with the new system

and numerous compliments have been received.



DOCTOR ON THE MOVE

Meet Dr.D. Madurai one of our staff members at Phoenix Community Health Centre. He started working for the Dept of Health in 1994 and he is currently a Principal Medical Officer at PCHC. Besides being a medical doctors he also excels in the sport of **8 ball pool**.

His Achievements are:

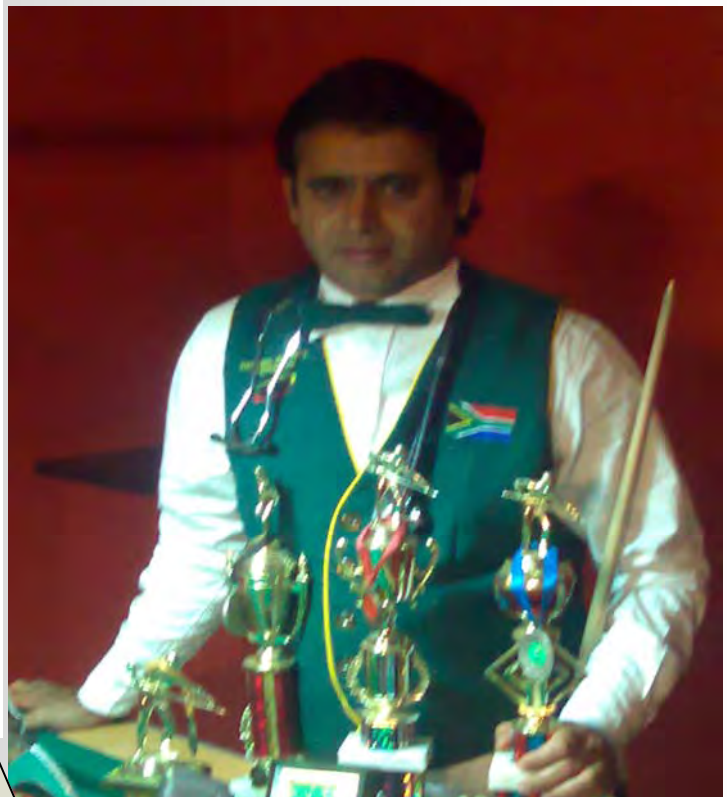
- He won in numerous tournaments.
- He represented Kwazulu Natal at National Championships for 11 years (since 1997).
- Received South African protea colors in 2005 - South African Championship in Nelspruit.
- He also represented South Africa at the World champs in Cork-Ireland in 2006 and scored no 9.
- Invited to represent SA @ World championship in Germany in 2007.
- **In 2008 in KZN champs achievement :**
 - ◆ No1 Senoir seed
 - ◆ Senoir singles champ
 - ◆ Opens runner up.
 - SA champs in Lagebaan, Saldanah Bay
 - Senior singles runner -up
 - Open doubles runner-up

His secret for doing well is passion for the game, the competitive edge in the sport, fair play and lots and lots of practice.

ALWAYS REMEMBER THAT !!!!
IT TAKES STRENGTH TO BE FIRM . IT
TAKES COURGE TO BE GENTLE.



DR.D. MADURAI SEEN WITH HIS TROPHIES THAT HE WON ON THE PREVIOUS YEARS.



DR. D. MADURAI HOLDONG HIS TROPHIES ACHIEVED IN KZN CHAMPS IN 2008.

HEALTH PROMOTING SCHOOL (WHETSTONE PRIMARY SCHOOL)

On the 19th of June 2009 Sr R.R Govender and Staff Nurse Pillay School Health Nurses at Phoenix CHC have identified and assisted Whetstone Primary to be a Health promoting School. The final assessment by officials from Head Office was completed on the 19 of June 2009. The comments from the assessment team were very positive and the school should be launched soon.

PHOTO GALLERY



WHETSTONE PRIMARY SCHOOL WAS THE ONE WHO WAS ASSESSED TO BE A HEALTH PROMOTING SCHOOL.

HEALTH PROMOTING TEAM FROM ETHEKWINI DISTRICT AND IN OTHER INSTITUTIONS TAKEN DURING ASSESSMENT SESSION.



HEALTH PROMOTING TEAM SEEN IN CLASSROOMS DURING WALK ABOUTS

‘ At PCHC we care, and we deliver ’

VISITS BY SOUTH AFRICAN NURSING COUNCIL (SANC)



*Back row : Ms S. Langa ,Dr L.P Mtshali , Ms P Moonsamy
Front row : Ms N. Pillay (X-ray department), Ms , Ms N. Dolo,
Mr. M.Mhlongo (X-ray Department).*

On the 2nd of July 2009 Phoenix CHC was visited by members from South African Nursing Council (SANC) and Mc Cord Hospital to assess whether this institutions can be accredited as a training Institution for students. A presentation about the Institution was done by Dr L.P Mtshali (Medical Manager) . members were taken to the various departments.

After the walkabouts the team went back to the boardroom and a report was given by our visitors to the members of Phoenix CHC. It. On the 29th of July 2009 in the Extended Management Meeting the Chairperson mentioned that Phoenix CHC was accredited to be a Training institution for nurses and she further thanked all members that participated in this “walkabouts ”.

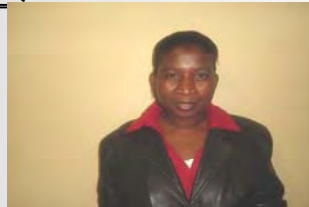
WELL DONE PHOENIX CHC KEEP UP THE GOOD WORK !!!!

WELL DONE PHOENIX CHC KEEP UP THE GOOD WORK !!!!

NEW APPOINTMENT/ ABAQASHIWE

Mrs. Sbongile Shusha. (Social Worker)

Phoenix CHC would like to welcome you and hope that you will enjoy your stay with us.



WELCOME TO
PHOENIX CHC !!!!

LAUNCHING OF CERVICAL CANCER SCREENING



1

"PHILA MA" CERVICAL CANCER PROJECT

On the 11 of August 2009 the Department hosted the launching of Cervical Cancer screening programme at Amaoti Hall. The purpose of this programme was to create awareness to women out there that cervical cancer is on the rise in Africa at such an alarming rate , warned former National Minister of Health, Dr Manto Shabalala Msimang.

She was speaking at Amaoti Community hall where the Municipality's Health Unit and Kwazulu Natal Department of Health were launching a cervical cancer screening programme.

Kwazulu Natal Health Minister ,Dr Sbongiseni Dhlomo said women month was the perfect month to raise this crucial issue. Women are very special and most children rely on them more than their fathers and that's why we don't want to lose them.

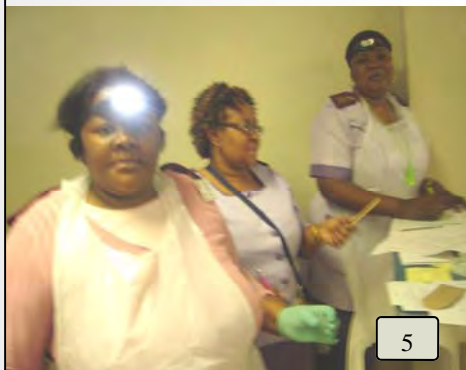
He urged men to encourage their loved ones to go for the cervical cancer screening because the disease is preventable and could be treated.



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IMPORTANT TIPS ON CERVICAL SCREENING

All women, 30 older should have three smears in the course of their lives or at 10 years interval. But some women needs smear more often if they are at high risk..

WHAT IS A PAP SMEAR

A pap smear is a simple test to detect cancer of the cervix (neck of the womb) it is painless and it takes only few minutes.

WHY HAVE A PAP SMEAR

- Cancer of the cervix is often not detected because there are no symptoms.
- A pap smear screens for cells in the cervix
- If detected early this form of cancer can be treated effectively.

HOW IS THE PAP SMEAR TAKEN

Nurses perform a vaginal examination to take a sample from the cervix to detect any abnormalities . This is sent to the laboratory for testing.

WHO IS AT HIGH RISK

- Women who are HIV positive
- Women who have vaginal bleeding especially after sexual intercourse.
- Women who have had repeated sexually transmitted infections.
- Women who have given birth to more than five babies.
- Women who have many different partners.

LONG SERVICE & SERVICE EXCELLENCE FUNDRAISING EVENT

On the 17 of September 2009 the events committee members initiated a fundraising events ..whereby all the staff members were to wear the school uniform.. This exercise was to bring back good memories and to fundraise for Long and Service Excellence Awards which will be held on the 30/10/2009.

A cultural day was also celebrated on the 25 of September 2009 and enjoyed by staff.



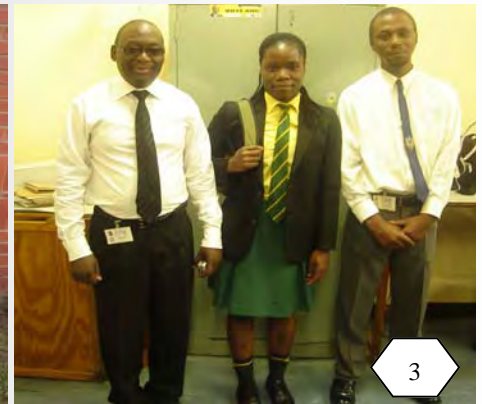
PHOTO GALLERY



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1. Pharmacy department
2. General clinic
3. Outpatients department
4. Management team
5. Stores department
6. Dr. Indermun.

*Fighting Disease , Fighting Poverty , Giving Hope
Silwa Nezifo , Silwa Nobubha , Sinika Ithemba.*

‘ At PCHC we care, and we deliver ’



1



2



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7

1. IMCI DEPARTMENT
2. ANC DEPARTMENT
3. HR DEPARTMENT & PRO
4. DENTAL DEPARTMENT
5. MANAGEMENT TEAM
6. A GROUP PHOTO FOR ALL STAFF MEMBERS FROM VARIOUS COMPONENT.
7. STAFF MEMBERS PERFORMING ZULU TRADITIONAL DANCE.
8. PHC STARWOOD CLINIC.



8

LAUNCHING OF H1N1 BY THE MEC



Acting CEO Ms Langa demonstrating to the patient the correct way of washing hands.



MEC for Health (Dr. Sibongiseni Dhlomo) seen addressing the public on tips to avoid H1N1 virus.



Management Team and Clinic Committee members welcoming the MEC Dr. Sibongiseni Dhlomo.



HAND WASH FOR THE PUBLIC



UKUHLANZWA
KWEZANDLA
KOMPHAKATHI

Wet hands



Manzisa izandla

Apply soap to hands



Gcoba insipho ezandleni

Wash all surfaces of hands



Geza izandla nxazonke

Rinse hands



Hlamba izandla

Dry well with paper towel



Zomise kahle ngethawula lephepha

Always wash hands

- Before:
- cooking and hading food
 - feeding children and eating
- After:
- going to the toilet
 - changing baby's nappy

Ngasosonke isikhathi geza izandla

- Ngaphambili:
- kokupheka nokuphaka ukudla
 - kokufunza ingane noma udie
- Ngemuva:
- kokusebenzisa indlu yangasese
 - kokushintsha ingane inabukeni

Toll free Number: 0800 005 133

Fighting Disease, Fighting Poverty, Giving Hope

VISION

TO ACHIEVE OPTIMAL HEALTH STATUS FOR ALL CLIENTS SERVED BY PHOENIX COMMUNITY HEALTH CENTRE.

MISSION

TO PROVIDE COMPREHENSIVE, INTERGRATED AND ACCESSIBLE PRIMARY HEALTH CARE SERVICE, THAT IS RESPONSIVE TO THE NEEDS OF THE COMMUNITY WE SERVE, THROUGH HEALTH PROMOTION AND COMPASSIONATE CARE RENDERED BY OUR DEDICATED PERSONNEL.

CORE VALUES

1. COMMITMENT TO DUTY

WE WILL BE COMMITTED TO OUR DUTY AND DISPLAY PROFESSIONAL BEHAVIOUR AT ALL TIMES.

2. RESPECT

IN ALL OUR DEALING WITH OUR CLIENTS, WE WILL RESPECT ALL CLIENTS AND MAINTAIN THEIR DIGNITY AT ALL TIMES. WE WILL RESPECT THE PATIENTS RIGHTS.

3. HONESTY

WE WILL BE HONEST IN ALL OUR DEALINGS WITH OUR EMPLOYER AND ALSO WITH OUR CLIENTS.

4. COMPASSION

WE WILL SHOW OUR DEDICATION TO CLIENT CARE THROUGH COMPASSION AND COURTESY IN ALL OUR DEALINGS WITH THE CLIENTS.

**Phoenix Community Health Centre
32/36 Brook Stone Place,
Whetstone, Phoenix, 4068**

Or

**Private Bag X007, Mt Edgecombe
4300**

Tel : 031 507 6774

Fax : 031 500 4290

Email : phumla.majola@kznhealth.gov.za

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