



JANUARY- APRIL 2010

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MESSAGE FROM THE CEO



Ms L.Y. Langa : Nursing Service Manager
(Acting CHC Manager)

It is indeed an honour and privilege for me to write this message for our PCHC magazine. For some it has been a good and exciting year where as for others it has been a year full of challenges, failures and frustration and others lost their loved ones, our deepest sympathy to them. The hard work by all staff, commitment, dedication and the smooth running of the Institution during 2009 for service delivery was amazing, Thank you very much.

2010 has arrived and we are looking forward to it with positive mind, enthusiasm and confidence that our staff will render quality care and achieve accolades.

We are looking forward to the FIFA a World Cup and we support Bafana Bafana all the way.

The 25th of February marked our 25th Anniversary, we are proud to have been in existence for the past 25 years. The Institution will celebrate the silver anniversary this year in 2010. I am proud to proclaim that we have achieved a lot in the past years. I am confident that with the help of God, and support from District Office , Staff and the Clinic Committee members our Institution will prosper and staff will continue to be the best team.

"At PCHC we care and we deliver"

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LONG SERVICE & SERVICE EXCELLENCE AWARDS

◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆
LONG SERVICE CERTIFICATE WERE AWARDED TO THE FOLLOWING STAFF MEMBERS.

30 Years Service Certificate

- B. Debising
- G. Govender
- M. Pather
- I. Moodley
- Y Dhanraj
- L.Indeerjith
- K. Appalsamy
- K. Maharaj.
- S. Singh
- G.Pillay
- S.Dookan
- A.G Moses
- A. Udayan
- P. Govender
- T.Naidoo
- A.Parasuramen
- R.Lekhram

20 Years Service Certificate

- C.Perumal
- P.Appadu
- S.Rabbiechun
- D.Thambiran
- R. Hariparsad
- S.Boodhoo
- M.Govender
- C.Ruthnam
- S.Naicker
- K.Rugbeer
- J.Pillay
- P.Ramnath
- T.D Somers
- P.Govender
- K.Ishwalal
- A.G Ameer

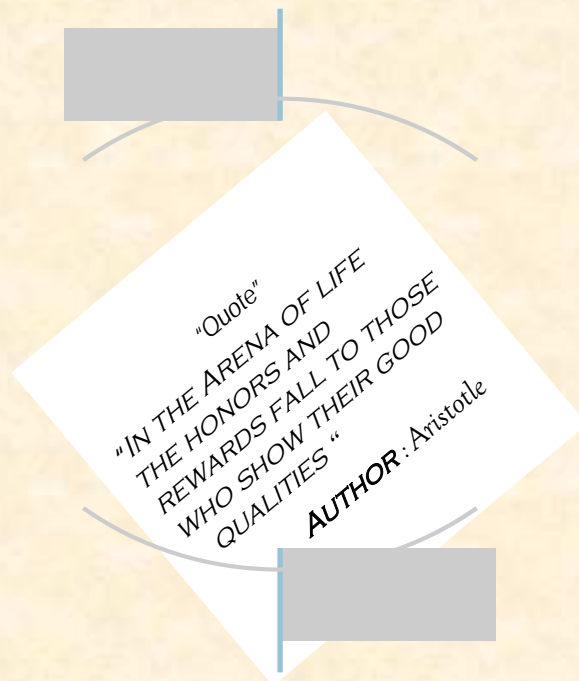
- P.Maharaj
- S.M. Naidu
- H.Bhogal
- S.Deepnarain
- T.Naidoo
- S.Indermun
- R.R.Govender
- S.Raman
- P.Pillay
- N.Chetty
- D. Sanker

◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆
Phoenix CHC officially hosted the first Long Service and Service Excellence Awards on the 30 of October 2009.

The aim of this event was also to motivate and encourage staff to maintain a high quality of care. Our guest

Speaker for the day was Mrs. Dessai from Head Office (Principal Human Resource Management Practitioner), who in her speech thanked the staff members who have had long service in the Department. She also acknowledged that their hard work has been noticed by the Department. Saving lives of the patients and continuous provision of good quality care to our patients was appreciated.

The management would also like to Congratulate all the staff members who have committed themselves and working tirelessly for saving the lives of the people "May God Bless you all".



◆ ◆ ◆ ◆ ◆ ◆ ◆ ◆
Fighting Disease, Fighting Poverty, Giving Hope | Silwa Nezifo, Silwa Nobubha, Sinika Ithemba

Save Lives. Make Health Facilities Serve the people

World Aids Day

On the 4th of December 2009 Phoenix CHC celebrated the World AIDS Day .

Our guest speaker Ms. Cindy Mthethwa (Place of Safety) explained to the patients about how the place of safety operates and the criteria required. We also had our guest speaker



Acting CEO (Ms L.Y Langa)

seen lighting the “Candle of Hope”

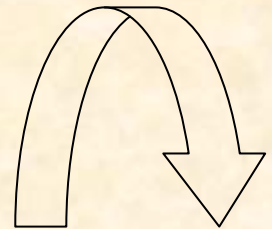
Ms Phumzile Zondo who gave her testimony on HIV/AIDS . In her speech she highlighted the pros and cons of being HIV positive. She stressed the importance of adherence to treatment, and motivated patients to be independent and responsible . People should not depend on disability grants, they should go back to work if their health has improved. She encouraged patients to belong to support groups and to assist each other.



Management Team and the Guests



Staff members of PCHC conveying the ‘ Message of Hope ’ to the Community.



The community in prayer as the candle of light was lit.



The first Christmas And the New Year's Baby



Ms Khanyo Maphumulo with her baby boy born on the 25/12/2009



Mrs. Denashree Jeevarathnan holding her baby born on the 01/01/2010



Sr.Usha Gopichund.
Matron D. Govender,
Ms Khanyo Maphumulo(Mother), Sr
D. Padayachee seen congratulating the mothers.

The Maternity Department received gifts that were sponsored by Nu-Shop Phoenix Plaza) These were handed out to the departments new years babies.

Ms. Khanyo Prudence Maphumulo was blessed with a baby boy born on Christmas day at 07H30 am on the 25/12/2009.

Mrs. Deenashree Jeevarathnan was also blessed with a baby boy born on the New Year Day at 03H50 am on the 01/01/2010.

Both mothers were thrilled about their gifts. They both extended their gratitude to staff member's (Maternity Ward) who treated them with courtesy while there were in our institution and thanked Nu-Shop for donating gifts.

STI/ CONDOM WEEK

On the 11th of February 2010 Phoenix CHC hosted an STI awareness campaign in Brooks farm sports ground. The programme started at 10h00 am till 15h00pm. We were joined by Cllr. Kaunda from Ward 52 and other representatives for this campaign. Various talks on Health Education and discussion took place it was an excellent learning experience for all.

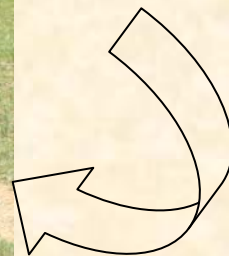
PHOTO GALLERY



Community seen listening to the different speakers



Mr. Zwane demonstrating the female condom to the community.



Mr. Phewa (Lay Counselor) talking to the community

Editor's Note



Ms. Phumla Majola (Public Relations Officer

"THE HAPPIEST PEOPLE DO NOT NECESSARILY HAVE THE BEST THINGS THEY SIMPLY APPRECIATE THE THINGS THEY HAVE"

Ngiyanibingelela nonke kulo nyaka omusha ogcwele intokozo nenjabulo kubantu base Ningizimu Afrika, njengoba kuzobe Kungokokuqala Iningizimu Afrika izobe inomqhudelwano wendebe ka "2010 FIFA World Cup" lapho ekuzobe kuhlangele khona wonke amazwe. Kuyintokozo kimina ukuthi sesize safika lesisikhathi ekukade wonke umuntu esilindele. Ngiphinde ngithathe le lithuba lokuthi ngibonge abasebenzi bethu ngokuzinikela njalo emsebenzini wabo nangezikhathi zobunzima. "Ngithi kinina qhubekani njalo nize ningadinwa nango-muso".

Kulonyaka ngithanda ukugqugquzela abasebenzi nomphakathi wethu ekuwona esisebenzisana nawo ukuthi ukuhloniphana nokubambisana kubalulekile ukuze sihlale sijabulile ngaso sonke isikhathi. Lokhu engikushoyo ngikushiso wukuthi sike sibe nenkinga mayelana nabantu abangafuni ukusebenzisana nathi bese ekugcineni umuntu azithole esesimweni sokungagculiseki ngomtholampilo wethu, nangezinsiza zethu. "Ngalawo mazwi ngithi siyanicela mphakathi ukuthi sisebenzisane".

APRIL

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

2010 HEALTH AWARENESS CALENDAR

5-11- NATIONAL POLIO ERADICATION AWARENESS WEEK.

7— WORLD HEALTH DAY

17—WORLD HAEMRPHILIA DAY

NATIONAL FLY THE FLAG DAY

On the 2nd of March 2010 Phoenix CHC commemorated the National Fly The Flag Day. This was the 100 days countdown to FIFA World Cup celebration whereby all South African were encouraged to :

- Fly the National Flag
- Sing the National Anthem
- Wear the Bafana Bafana Kit
- Dance the Diski
- Blow the Vuvuzela

It was such a great honour to celebrate this day as we all had a fun- filled Day, lastly I will like to wish all the best to BAFANA BAFANA.



South African Flag



Staff members singing the National Anthem

Meet our PRO In-service Trainee



Ms Phumelelo Ndela : PR In-service

What is your name and where are you staying ?

I'm Phumelelo Ndela from Bester.

Which school did you go to further your studies ?

Durban Computer College (DCC) doing Public Relations Management.

Why did you choose this career and how long will you be doing your in-service ?

The reason I choose to do this course is because I enjoy working with people and also helping them in so many ways. I'll be doing my in-service for the period of 6 months here in PCHC.

What is your expectations?

I expect to gain more experience and knowledge in handling the public, media and to be able to work under pressure.

What do you want to achieve in three years time ?

I would like to see myself working in the Communications industry and to be a professional PRO at a certain companies or institutions and having my own freelancing company.

ALWAYS REMEMBER THAT !!!

Experience is the child of thought, and thought is the child of action.

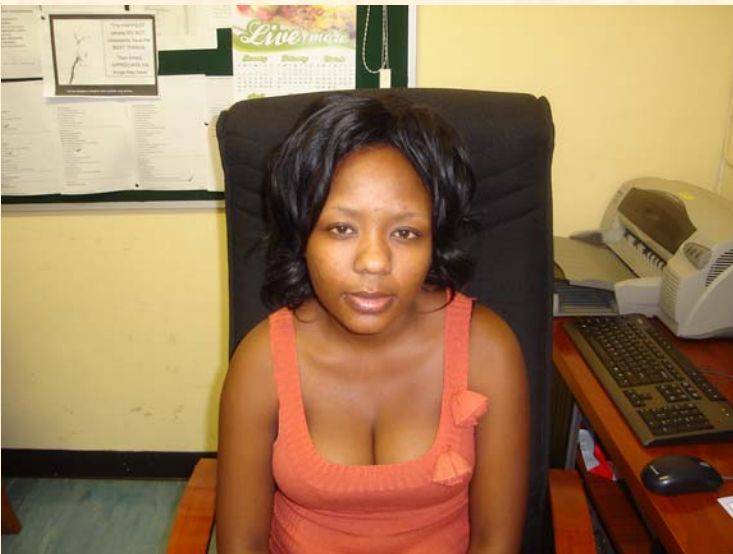
HR In-service Trainee



Hi, I am Samkelisiwe Mathe from Amatikwe., I studied in PC Training College doing Business Administration specialized in Human Resource Management. Having this opportunity of doing In-service training at PCHC as a student, I am expecting to gain more experience in the H.R field. It is a great opportunity for me to work in Human Resource Department. At the end of this in-service training I expect to have all the knowledge and skills needed to be a professional Human Resource Practitioner.



My name is Nomathemba Ndobe from Umlazi Township. I studied at PC Training and Business College doing Business Administration specialized in Human Resource Management. Given this opportunity was a great honor and it will help me to gain knowledge and skills in the field of H.R. I want to gain as much experience as I could, not forgetting to thank the PCHC staff for the warm welcome they've given me when I started on the 01 March 2010.



Ms. Nombuso Ngema : Human Resource Intern

Hi everyone my name is Nombuso Ngema from Umlazi Township.

I studied at Mangosuthu University of Technology doing National Diploma in Human Resources Management.

Firstly I would like to thank the PCHC team for the warm welcome that I received. A thumbs up to the HR Department for the opportunity they have offered me. I hope to enjoy my 12 months stay here.

At the end of this internship programme, I hope to be of employable quality. I intend to gain the practical side of the HR Policies ,practices and strategies applied within the different components in HR.

I hope that the experience that I am going to gain here will make me one of the good HR Practitioners in the job market.

I hope to accomplish all this within my designated period of stay.



**WE WELCOME YOU ALL
HOPING THAT YOU WILL
ENJOY YOUR STAY WITH US.**

PREGNANCY WEEK EVENT AT ANTENATAL CLINIC (ANC)

On the 09th of February 2010 ANC (Antenatal Clinic) hosted a Pregnancy Day. The programme was initiated by staff members from ANC department. We were also joined by representative from Johnson & Johnson Company. Various Health Education topics were discussed

Topics for the day were as follows:

- Nutrition
- Teenage pregnancy
- Social grant
- PMTCT
- Health education on Sexual Transmitted Disease.



1. Mother's to be were listening to the different speakers.
2. Sr. Rambaran Demonstrating to the mother's different Types of STI's.

3. Ms Lynette Kunene (Johnson & Johnson Company) on how to use their products.
4. Sr.Zulu talking to the mothers about PMTCT.

PHOTO GALLERY NATIONAL FLY THE FLAG DAY

