



# Siyenza Edition

**HEALTH**  
KwaZulu-Natal

Pholela CHC

October-December  
2009

*Siyenza - Internal Newsletter for Pholela CHC*

## *Pholela CHC in action with Outreach Programme*



Sr Thulile Zondi consulting a client



Mr Bheka Dlamini giving Health Talk to the Community of Newadi

### Inside this issue:

Khanya Africa	2
Storm Disaster	3
16 Days of Activism	3
World Aids Day	4
Christmas giveaways	5

**P**holela CHC held a very successful outreach programme on the 20th to the 22nd October 2009. The outreach offered a variety of services which include VCT, TB and MCWH. The team visited Newadi community, Deepdale and Nonguqa areas. In this Programme there were very structured health talks done by Sr Nzimande on TB Programme, HIV/AIDS L/C Sihle Ngcobo and Sr. S. Shezi, STI / Family planning Sr T. Zondi and N1H1 prevention done by Sr M.L Mokapela.

The attendance was very impressive as the total was +/- 240. Amongst those clients, there were 94 clients counseled for HIV and 92 tested, there were 83 clients tested negative and 9 clients tested positive. 7 CD4 counts were taken on site and two clients requested to take them in their nearest clinics. 48 TB suspects were screened for TB and there was only one specimen positive. 44 women were screened for cervical cancer, 5 clients were treated for STIs and 2 clients requested family planning.

undingy Wezempilo . Department van Gesondheid

*Fighting Disease, Fighting Poverty, Giving Hope*

# KHANYA AFRICA GOINING PLACES

Once again Pholela CHC participated in Khanya Africa which was held at Mqatsheni under Kwa Sani Municipality on the 24<sup>th</sup> October 2009. This day was successful and the attendance was more than expected. It will always be memorable to Mqatsheni community. Khanya Africa is a voluntary organization that assists people to enjoy their constitutional right to



quality health care. It seeks to promote the spirit of voluntarism and the team approach to health care provision. We would like to acknowledge all those who participated in this outreach Programme, without them this day was not going to be successful.

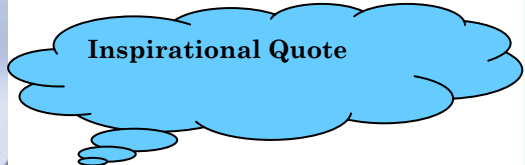
**THEME OF THE DAY WAS 'FOCUSING ON OLD AGE'**

Services Offered:

VCT, TB, Dental Services, Eye Care, Cervical and Prostate screening, Basic



Clients queuing for services



**Inspirational Quote**

"If you believe that feeling bad or worrying long enough will change a past or future event, then you are residing on another planet with a different reality system."

**William James**

"Your big Opportunity may be right where you are"

**Napoleon Hill**

"Mountain tops inspire leaders but valleys mature them"

**Winston Churchill**

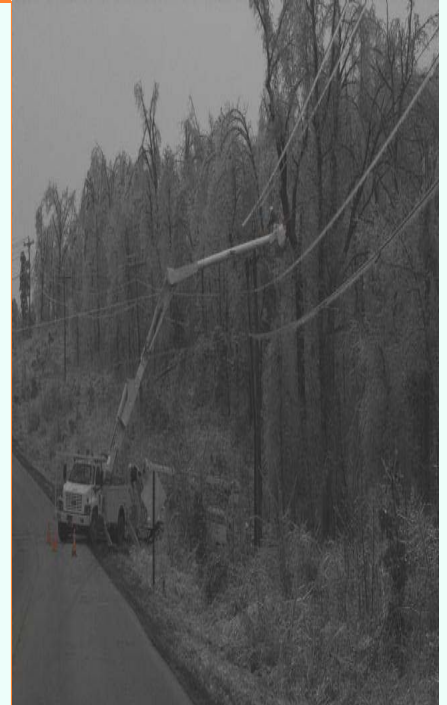
## STORM DISASTER IN NKWEZELA

**T**he 6<sup>th</sup> November 2009 is the day that Nkwezela community will never forget. A number of people were left homeless and they lost their loved ones due to a storm that hit the area. 56 people were injured including 3 children under the age of 5. Five victims were critically injured and immediately transferred to St Apollinaris Hospital.

2 people lost their lives.

*Affected Areas were:*

- ⇒ Gobhogobho
- ⇒ Ezitendeni
- ⇒ Saint Charles



## 16 DAYS OF ACTIVISM AGAINST ABUSE

**P**holela CHC became part of the 16 days of activism against abuse. An awareness on this was held in Gqumeni Community Hall on the 25th November 2009. The event was very successful. Department of Health, Department of Welfare and Social Development, Non Governmental Organizations and SAPS took part.



**25 November - 10 December**

uMnyango Wezempilo . Departement van Gesondheid

*Fighting Disease, Fighting Poverty, Giving Hope*

# WORLD AIDS DAY



**AIDS HELPLINE**  
**☎ 0800-012-322**



On the 1st December 2009 Pholela CHC held a World AIDS. A number of guests played a significant role in making this day a success. There were so many inspirational talks and musical items along the programme. Mr Sihle Mngonyama had a very constructive talk on HIV & AIDS.



← Sihle Mngonyama giving information on HIV/AIDS



A word of thanks by Sr Nzimande

uMnyango Wezempilo . Departement van Gesondheid

*Fighting Disease, Fighting Poverty, Giving Hope*

# CHRISTMAS GIVEAWAYS FOR NEEDY FAMILIES



**Pholela Staff giving groceries to the family**



The 23rd December 2009 became a blessed day to the needy families as Pholela staff surprised them with the groceries that they donated with love. Families were identified by the Pholela staff with the help of the Social Worker, Ms Ntombenhle Ntombela. Thanks to all those who made this day possible. "Kwande nalapho nithathe khona."



**Pholela Staff climbing mountains to help**

uMnyango Wezempilo . Departement van Gesondheid

*Fighting Disease, Fighting Poverty, Giving Hope*



*SIYENZA is an in-house publication for Pholela CHC. If you like to make any contribution please give a us call on EXT 106 or pay us a visit in the PRO's Office. You can also send us an Email to:*

*mlungisi.dlamini@kznhealth.gov.za.*

***Physical Address: D1213 Hlanganani Road***

***Private Bag 502  
Bulwer  
3244***

uMnyango Wezempilo . Departement van Gesondheid

*Fighting Disease, Fighting Poverty, Giving Hope*