



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

PHOLELA CHC

INTERNAL NEWSLETTER

PHOLELA COMPLEX

NEWS

April – June 2024

INTERNAL NEWSLETTER



Featured Articles

- International Nurses' Day
- Nurses' Day Ceremony and Appreciations
- Underberg Clinic
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- Gqumeni Clinic
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- Harry Gwala Soccer Tournament



International Nurses' Day 2024

“The Economic Power of Care”

Our Nurses. Our Future.

- *International Council of Nurses (ICN)*

The International Council of Nurses (ICN) has been celebrating Nurses' Day since 1965. As of 1974, this celebration takes place on the 12th of May each year. This date was selected to coincide with the date of birth of Florence Nightingale, “The Lady with the Lamp”, who is acknowledged as the founder of modern nursing. While the celebrations commemorate her birthday, the day is also used to acknowledge and show gratitude for the invaluable contributions today's nurses make to the health of the community.

This year, Pholela CHC celebrated International Nurses' Day on May 15th with an event dedicated to the appreciation of our nurses. On this morning, our nurses all wore their white uniforms and assembled at the main gate to form a Guard of Honour and begin the procession of drum majorettes to the



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International Nurses Day 2024

The Ceremony

Pholela's Deputy Nursing Manager (DNM) , Mrs. TF Nzimande welcomed the DMN of Christ the King Hospital, Miss Mthembu as an esteemed guest, and the motivational speaker for the day. Miss Mthembu shared wisdom in her talk titled "Nurses must be Sweeter than Panado", and lead the Nurses' Pledge. Miss Mthembu was an integral part of our celebrations and appreciate her contributions.

We would also like to express gratitude to Matron Mathonsi, from St. Apollonaris Hospital for the cutting of the cake, and Sr. Willie, Pholela's Primary Healthcare (PHC) manager for presenting certificates to all of our nurses



We thank our nurses for their timeless dedication to and compassionate care for the community we serve. Nursing is a noble profession that demands a deep sense of humility to deal with patients on a daily basis, it requires determination, dedication, and compassion.

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NURSES' DAY GALLERY



UNDERBERG CLINIC NURSES' DAY

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Underberg Clinic celebrated their Nurses' Day in style, honoring the tireless efforts of their staff and paying tribute to retired nurses who have dedicated their lives to serving the community. The event was made even more



special with a beautiful cake and a heartfelt speech by guest speaker, Sister Motloug, a former nurse. Her words of wisdom and encouragement resonated deeply with the staff. She urged them to,

“work hard, always be patient-oriented, keep a positive mindset, and always smile at

Her message emphasized the importance of compassion, empathy, and kindness in healthcare. The event served as a powerful affirmation of the clinic's dedication to fostering a culture of excellence, compassion, and collaboration, inspiring a renewed sense of purpose and a profound appreciation for the transformative impact of their work on the



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MNYAMANA CLINIC



In an effort to emphasize the significance of hand washing in preventing the spread of illnesses, Mnyamana Clinic organised an educational initiative on the 6th of May 2024. The event aimed to teach staff and



patients the proper hand washing techniques using soap and water.



During the event, staff members demonstrated the correct method of hand washing to patients, highlighting the importance of this simple yet effective practice in maintaining good health.

Remember: Clean Hands Save Lives!

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GQUMENI CLINIC

Gqumeni Clinic commemorated International Nurses Day on May 24th, with a heartfelt ceremony attended by nursing staff and Operational Manager Sir B Nkosi.



The event began with a warm welcome and opening prayer led by Miss IV Ngcobo, setting the tone for a meaningful celebration. Sir B Nkosi led the Nurse's Pledge, reminding the nurses of their oath and commitment to serving the community. Sr KS Ngulube then led the candle-lighting ceremony, symbolising the light of knowledge and compassion that guides nurses

Building on this momentum, Gqumeni Clinic embarked on a youth awareness campaign at Mahlala Secondary School on June 10th, 2024. In collaboration with SAPS and DSD Social Workers, the clinic aimed to educate and empower the youth on critical issues such as drug abuse, teenage pregnancy, TB/HIV, hygiene, and cleanliness.

The event encouraged students to take control of their health, know their HIV status, and report any misconduct or crimes to the authorities. The students and teachers expressed gratitude for the informative program, acknowledging its



Gqumeni Clinic's dedication to serving the community is commendable as it extends beyond medical care, fostering a culture of awareness, empowerment,



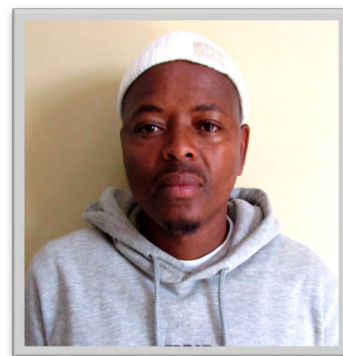
NEW APPOINTMENTS



Dr N Dlamini
Medical Officer



Dr MP Mngadi
Medical Officer



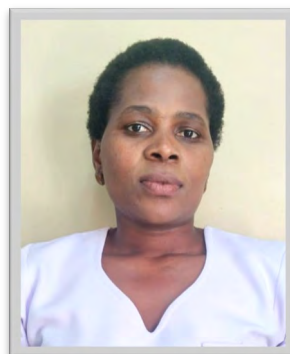
Dr NK Mjoli
Medical Officer



NB Nyoka
Enrolled
Nursing Assistant



LW Cele
Enrolled
Nursing Assistant



PM Zondi
Enrolled
Nursing Assistant



CN Ngonini
Enrolled
Nursing Assistant



N Mthembu
Enrolled Nurse



B Dlamini
Data Capturer



PHOLELA SOCCER STARS SCORE BIG



On the 5th of June 2024, the Harry Gwala District Department of Health hosted a soccer tournament as part of their Work & Play Healthy Lifestyle Initiative. The event aimed to promote wellness, teamwork, and staff relationships through fun sporting activities.

The tournament was proudly sponsored by SANLAM, who took the opportunity to engage with staff about their range of products, including funeral covers, insurance, and retirement schemes.

The competition was fierce, but in the end, Pholela emerged victorious, claiming the championship title. The soccer final against Mzimkhulu Hospital was a nail-biter, with Pholela Soccer Stars winning 3-1 in a thrilling match. Congratulations to Pholela on their well-deserved win! This event was a resounding success, promoting a healthy work-life balance and fostering camaraderie among staff. We look forward to more Work & Play initiatives!



***Congratulations to the BOYS for making us PROUD
All the best for your future games!***

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