



PHOLELA COMPLEX

NEWS

INTERNAL NEWSLETTER

July 2026



QUALITY DAY STAFF AWARDS

Pholela CHC Quality Day was done on the 1st of July 2026. The purpose of having quality day is all about staff appraisal, to boost employees moral and thank them for going an extra mile in ensuring optimal service delivery to the community of Hlanganani and surrounding area. The Quality Day was done differently this year, it was in the form of Gala Dinner Staff Awards. All the attendees on the day were kindly requested to dress up elegantly in order to make the day one of prestige and extravagance. The staff showed up and people were looking very beautiful and dressed exquisitely to celebrate Quality Day Gala Staff Awards.

The CEO/Medical Manager, DR N Mancu, thanked the staff for their hard work and dedication to the patients and community of Bulwer. He encouraged them to keep up the good work and know that their efforts are highly appreciated. Awards were presented for different sections as well as long service excellence, amongst others.

The award ceremony was a success and the staff were able to enjoy and embrace their appraisal for continued quality health care to the community of Bulwer NDZ sub district.

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Quality Day Gala Staff Awards



Foreword from CEO/Medical Manager

Dr. N.E Manci
CEO/Medical Manager
Pholela CHC



Angilibonge ithuba.

Let me take this opportunity and send my warm greetings to all. It is my pleasure to write to you today on this very important edition of our newsletter. As a matter of introducing myself; I am Dr Nkululeko Manci, current acting as CEO/ Medical Manager for this wonderful institution Pholela, replacing Dr L. Buthelezi who has moved to the new chapter within the health sector. The foundation and gains that he and his team laid is a solid one. This shows a level of leadership that is within us. I am grateful.

Pholela CHC is a pioneer in community based health care, dating back to 1940. It is still standing and shining due to the warm community and a very hard, enthusiastic work done by all workers within the institution; from the gate all to the top management. This year April, we were celebrating 25 years anniversary of the new Pholela CHC. This a inordinate milestone indeed filled with love, care, challenges, sense of community and excellence.

There has been a notable improvement in clinical care with teams reaching out to all attached clinics and health post. This is done in difficult times where financial and human resources are restricted, but hearts and love of our hardworking employees outweigh.

The impact of the burden of disease is still real. It requires joint effort and partnership between the institution and community to overcome them. We can all play a role in reducing impact of non-communicable diseases like hypertension, diabetes, stroke. Our efforts must cover HIV, TB, STI, teenage pregnancy, unplanned pregnancies, cervical cancer and prostate cancers burden.

We celebrated men's month by evaluating the impact of our men's clinic, aiming at improving services for men. I would like to invite and encourage men to utilize men's clinic in our institution. This route is to show that we value men as well.

We are concerned by the number of mental health issues and self-harm (suicide and parasuicide) in our community. We need all stake holders to work together in reducing these challenges.

We are working hard to ensure that Pholela and its clinics are meeting the requirement and standards of health the community needs.

To the community, Lets us all work together in ensuring that:

- Our children are immunized against childhood illnesses, well-nourished and well.
- Unwanted and teenage pregnancies are prevented by use of contraceptive services .
- We prevent complications of diabetes, hypertension and, screen for TB, HIV, STI, and cancers (Cervical cancer in women and Prostate cancer in men.
- We prevent dental problems. Most teeth can be saved, restored rather than extractions (Prevention is better than cure)
- Play your part! Take your treatment faithfully, reports side effect and do not discontinue care and treatment without advice from trusted health care worker.

Appreciation

I would like to appreciate each and every member of our institution for the ongoing effort to better the service experience for our patients. Lets all enjoy this exciting newsletter.

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Health & Safety Emergency Fire Drill



The office of Occupational Health & Safety at Pholela CHC is mandated to ensure the safety of the facility, the employees and everyone within. It is for this reason that the Disaster Simulation Drill is conducted at least once every year.

Some of the disasters that had occurred within the NDZ have been fire related, thus affecting public services. Such incidents have prompted Pholela CHC to test its state of readiness and make provisions where necessary in preventing and reducing the risk of fire.



This exercise was planned without informing anyone within the facility. This is done so that we can get an objective outcome and response from our staff and patients. The exercise came at the right time as it is winter and we get a lot of cases related to household fires. The staff and patients were taught about fire safety and to know about the evacuation plan as this can help save more lives.

International Nurses Day

Pholela CHC commemorated Nurses Day on the 12 May 2026. This day is very significant to all the nurses as it embraces their pure hard work and effort that is given by nurses on a daily basis.

The Deputy Nursing Manager Mrs. T Nzimande encouraged the staff to work diligently and be patient-orientated at all times, for all our patients and the people of Bulwer.

To honor & celebrate this special day. A candle lighting ceremony was done to honor the life of the person who founded nursing in the early 1800's, known as Florence Nightingale.

The nurses recited the well known Nurse Pledge which is an oath that is sworn by all nurse. The theme for this year was **'Honoring The Heart of Health Care'**.



NURSES DAY PLEDGE

NEW APPOINTMENTS

2026



DR N.E MANCI
CEO/MEDICAL MANAGER



S.H.A MDLALOSE
MEDICAL OFFICER
COMM-SERVE



PS MENYO
MEDICAL OFFICER
COMM-SERVE



ZC MHLONGO
PHARMACIST
COMM- SERVE



A ZULU
PHARMACIST
COMM- SERVE



N TSHABANGU
PHARMACIST
INTERN



L NAIDOO
SPEECH THERAPIST
COMM-SERVE



K TULLY
OCCUPATIONAL THERAPIST
COMM-SERVE



R GROVE
DENTIST
COMM-SERVE



K.L MTOLO
EAP INTERN

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KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA



NEW APPOINTMENTS

2026



O MKHALIPHI
MANAGEMENT ASSISTANT
INTERN



A HLONGWA
PHYSIOTHERAPIST
COMM-SERVE



N YOYO
HUMAN RESOURCE
IN-SERVE



SM NGUBANE
STAFF NURSE



NP DUMA
REGISTERED NURSE



XM MBOVU
ENROLLED NURSE



NN SHABALA
PROFESSIONAL NURSE



VN MBELU
STAFF NURSE



M B MAYENI
ENROLLED NURSE



N NDLOVU
ADMIN CLERK
INTERN

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KWAZULU-NATAL PROVINCE
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REPUBLIC OF SOUTH AFRICA



HAND WASHING CAMPAIGN



The theme for this year's Hand Washing Campaign was "*Action Saves Lives*". During that whole week, staff were encouraged and reminded as healthcare workers to ensure that they take action and keep hand hygiene a priority. Washing hands breaks the chain of infection and transmission thus reducing healthcare associated infections.

Staff and patients were educated by Miss AB Zondi (IPC) as she demonstrated proper hand washing techniques. Patients and staff were asked to repeat what they had been taught in order to show that they understood and can execute the hand washing techniques.



Patients were encouraged to take action too, by keeping their hands clean when attending to any wounds at home or whenever there is a need if somebody is hurt.

As healthcare workers cleanliness and hygiene is essential to ensuring optimal primary health care to patients. Therefore it is of utmost importance that all the staff in the institution are made aware of the importance of hand washing & keeping their working space clean at all times. It is up to each and everyone of us to take action and educate people in our homes and community in proper hand washing techniques as this could save lives.

BREASTFEEDING WEEK

Gqumeni Clinic celebrated World Breastfeeding Week on the 05th of August 2026 at Gqumeni clinic for patients and community members. Health awareness education covered topics such as the benefits of breast milk and how it helps create a bond between mother and child. Breast milk is cheap and is always available at the correct temperature, free of infections.

The mothers were taught about proper methods of breastfeeding and expressing breast milk for working mothers in order to have readily available breast milk to be administered by the nanny or care givers.

Mothers and pregnant women were encouraged to visit the clinic often in order to keep themselves and their babies safe. Pregnant women were informed to honour their appointments and mothers were encouraged to bring their babies for immunization when it is due.



Comrade Marathon 2026



COMRADES MARATHON

Sihle Ngcobo



Mr. Gazu (Pharmacy Manager)

Pholela Community Health Centre Pharmacy Staff Mr N Gazu and Mr S Ngcobo shine at the 99th Comrades Marathon 2026. The Pharmacy Department at Pholela Community Health Centre is proud to celebrate the remarkable achievement of two of its dedicated employees, Ndimiso Gazu and Sihle Ngcobo, who successfully completed the prestigious 99th Comrades Marathon held on Sunday, 14 June 2026. Demonstrating exceptional endurance, discipline, and determination, both runners conquered the world-renowned ultra-marathon and delivered impressive performances.

Sihle Ngcobo crossed the finish line in an outstanding 07h15, earning a coveted Shiny Silver Medal. Ndimiso Gazu also produced a commendable performance, finishing in 08h55 and securing a well-deserved Bill Rowan medal for his achievement. Mr Ngcobo is now a three times Silver medallist which gave Mr Gazu great inspiration as it was his first time running this year.

Their accomplishment reflects not only their personal commitment to excellence but also serves as an inspiration to their colleagues and the broader community. Balancing the demands of their professional responsibilities with the rigorous training required for the Comrades Marathon is testament to their dedication, resilience, and perseverance. Pholela Community Health Centre congratulates Ndimiso Gazu and Sihle Ngcobo on this outstanding achievement and wishes them continued success in both their sporting pursuits and professional careers.

Their success embodies the spirit of determination and excellence that continues to inspire those around them.

Influenza Awareness



On the 30th April 2026, the pharmacy department conducted public health education on the influenza virus in order to create awareness about it and what we can do to reduce its transmission.

The aim was to educate the patients and public on the influenza vaccination. Emphasis was placed on the role of the vaccination to protect individuals from contracting the virus and help reduce transmission within the community.

Patients were informed that vaccination is an effective preventative measure that protects not only themselves but also those around them, particularly vulnerable individuals.

The awareness campaign was well received and proved to be a very successful and informative. Patients were able to engage and participate by asking questions and the staff were present to provide answers on the influenza vaccination program. Patients were encouraged to get

vaccinated as soon as possible.

The awareness session was conducted by N Tshabangu (Pharmacy Intern) and Mr Gazu (Pharmacy Manager) with the support of pharmacy staff members.



INFLUENZA AWARENESS

Teenage Pregnancy Awareness



Pholela CHC and the Harry Gwala District Office had a teenage pregnancy awareness campaign at Pholela High school for all grade 11 and 12 learners. The event was attended by various stakeholders to help create awareness on teenage pregnancy.

Learners were asked to engage in dialogues and discuss topics on teenage pregnancy in order to be able to understand the influence and stigma created by teenage pregnancy.

Stakeholders educated the young girls on many aspects surrounding social issues and how they can reduce teenage pregnancy in their communities. The students were very happy to be given this opportunity to learn.



FAREWELLS

2026

Baba Bhengu's farewell was celebrated with much dignity and respect as he had been a dedicated Driver for more than 30 years with the Dept. of Health at Pholela CHC.

The amount of commitment and dedication that was shown by Baba Bhengu should be a benchmark for all fellow employees. In all his days of long service, he was always smiling and was known for his wisdom and kindness. This place will not be the same without uMkhulu for Pholela CHC.



BABA BHENGU FAREWELL

Dr L Buthelezi was the *CEO/Medical Manager* for Pholela CHC & satellite clinics. The staff celebrated this farewell with lots of emotions as this was unexpectedly sad news.

Dr Buthelezi was a good leader and treated the staff with respect at all times. In the few years at Pholela, he was able to inspire many people both staff and patients. Pholela CHC was honoured to have him as CEO.



DR BUTHELEZI FAREWELL

Lastly was another celebration for our one and only, **Occupational Health Safety Officer** Mr MM Dlamini. This gentleman was truly a hard worker and always went the extra mile to extend a helping hand in all activities that were carried out, not just ensuring the safety of all employees and patients.

Mr MM Dlamini played vital role in health and safety and was hugely involved with the employee wellness program. All the days shared with you will forever be memorable. Pholela CHC wishes you all the best. **Cheers**



MR DLAMINI'S FAREWELL

ACKNOWLEDGEMENTS



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CEO/Medical Manager
Pholela CHC



K TULLY
OCCUPATIONAL THERAPIST
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