



health

Department:
Health
PROVINCE OF KWAZULU-NATAL

PHOLELA CHC

PHOLELA COMPLEX

NEWS

INTERNAL NEWSLETTER

June 2016

Featured Articles

- Health Promoting Schools
- Opening of Sokhela Clinic
- Child Protection Week
- Count Down for Aids Conference
- Launch of CCMDD
- Public Relations Intern
- New Appointments
- Resuscitation Orientation
- Comrades Marathon 2016
- 67 Minutes of Mandela Day



Resuscitation Orientation and Induction



MEC at Sokhela Clinic
READ MORE ON PAGE 09



Comrades Marathon 2016
READ MORE ON PAGE 03

Foreword From The Acting CEO/Medical Manager

Greeting to everyone

A wise man once told me that *“One can never fill the shoes of another man, you can attempt but you can never be that man”*. Health is a human right. All South African people deserve the best quality health care. This is engraved in our constitution; The Health care act challenges all health government employees to offer undivided attention to the citizens.

We can never pride ourselves for having done justice to the community before we feel guilty every day before we go to bed and constantly ask ourselves if we have served our community well. We as health champions (Health care workers) need to make sure that we put our clients first in everything we do. Let's treat them with respect and offer them help they need. The future of any community is usually determined by their health status as well as their educational level. We therefore need to make sure we keep this community healthy. We just came back from the World AIDS Conference, this has proved to us all the amount of work that was done in the world to combat HIV. We can never cease to ask that everyone should be tested for HIV, studies have proved ARV's have improved the lives of our people infected and affected by this disease. We are also waiting to get the go ahead from the Minister of Health to allow institutions to diagnose and treat.



Dr. N.M.T Gumede
Acting CEO/Medical Manager

With the introduction of new health programs like Ideal Clinic status and 3 streams care we are experiencing discontent from our clients, we would like to sincerely apologize for the inconvenience. Please remember that these programmes are there to improve the way we deliver health services. Making sure the we don't stigmatize our clients based on their disease they have.

All clients need to use the same door and leave the clinic using the same door. We also need to make sure that you get the full package without going in and out of many doors before you are helped. We will be advancing our ways towards making sure that your treated with respect and dignity while decreasing waiting times

I would like to thank you all for your compliments and complaints. We can never know how to improve towards your satisfaction without knowing the bad we are doing. We encourage that you keep writing and phoning myself or the PRO if you were not happy about something, but also write to us about the good things we do

To all the employees, please keep up the good work and never give up. We have been ordained by God to serve this community, remember that.

Lets also celebrate the life lived by Mr. Madlala (**OM in HAST Unit**) who unexpectedly passed away. May his soul rest in peace.

I THANK YOU

New Public Relations Intern

Warm greeting to everyone.

My name is Zinhle Hlongwane, Public Relations Trainee at Pholela CHC.

I would like to take the time to thank all Pholela CHC Management and Staff for a warm welcome and utmost respect they showed me and for giving me the opportunity to acquire my experiential training with them.

Public Relations is a very challenging field which requires a lot of commitment and dedication. As a public relations trainee it is my duty to offer a good service to all staff and clients under the supervision of Mr. Sifiso Mkhize (Public Relations Officer) who always shows me how important Public Relations is within an organization and to the community as a whole. I'm pleased to say that it is always a great pleasure to work with him, thus I have learned a lot in a short space of time. With all the information and experience I have obtained from this institution, I feel very fortunate to be part of such an efficient institution and It makes me grow everyday

Pholela CHC has 8 satellite clinics, This is a great challenge for Public Relations Department as it is essential to give equal service to all of our clinics and clients. I hope that I will be useful at Pholela CHC and to all satellite clinics,

THANK YOU ALL , HOPE YOU WILL ENJOY OUR NEWSLETTER!!!!



Child Protection Week



Special guests on the day



Stage play by staff



Prizes for quiz on child protection



Social worker giving key note

Child protection week took place at the OPD Section and was attended by staff, community and children who were at the clinic on the day. The theme behind this event was “Children are the Future of tomorrow”

On the day we had the Social Worker (Sis Ntombenhle) addressing the patients and staff about the importance of protecting our children from harmful things and giving them proper guidance as they grow up. She emphasized that children have rights which we should know and understand as a community.

To ensure that we get the message across to the public, we had staff on stage to role play a scenario on the theme of the day. This proved to be very educational as patients and clients were given a quiz on the stage play and answered correctly.

Children who were in the clinic on that day were gathered and given small presents and served with a small lunch as they were the special guests.

Lets work together to protect our children and support them for a better future .

CCMDD Launch at Pholela Complex

The National Department of Health in collaboration with Medipost Pharmacy and Medi-Logistics have come up with a plan to combat the cry of waiting times, long queues and unnecessary clinic visits for chronic patients. This new programme will help clients and patients to access their medication easier and efficiently at any place that suits them.

The Department of Health in KZN has launched the Central Chronic Medicine Dispensing and Distribution Programme (CCMDD) which allows people on chronic medication to collect their medication closer to home. People on chronic medication can now collect their medication from local Pick-up Points, such as local tuckshops, tribal court and CCG's homes throughout KZN. This will help eradicate disease, stigma, reduce congestion at health facilities and the workload for health workers. It means shorter travel time and expenses. Patients will now benefit from reduced waiting times, less travelling (Pick-up Point closer to home), improved service satisfaction. Patients need to return to health facility every 6 months, only for review and script renewal and if they do not feel well.

All patients will be reminded for clinic review by writing on a collection card/parcel on last visit and also by Sms. This is certainly a step in the right direction and will help the community and the clinic for better management of patients at the clinic



Mr. X Zuma Explaining the concept of CCMDD



Pharmacy staff explaining CCMDD



CCMDD Launch at Gqumeni Clinic



Underberg Clinic CCMDD Launch

Resuscitation Orientation and Induction



Dr. Gumedde showing staff the AED Machine

Pholela CHC were lucky to be orientated on the new and much improved tools for resuscitation. This new machine will save lives and is very essential that all health institutions have it.

Dr Gill is the District Family Physician who was responsible for this facilitation of the new Automated External Defibrillator (AED). All medical and nursing staff were orientated on the basic resuscitation and taught on how to use the new machine. This Automated External



Staff Resuscitation orientation

Defibrillator (AED) , is a portable device that checks the heart rhythm and can send an electric shock to the heart to try to restore a normal rhythm. "AED is often used to treat sudden cardiac arrest , which is the condition where the heart suddenly and unexpectedly stops beating." Said Dr Gill.

The nurses were reminded on the principles of Resuscitation, including practical training on bagging and chest compressions. This new machine will be introduced to all public places such as Malls, airports and health institutions.



Staff practical training on chest compression

With this new technology being introduced, we can certainly have hope that many lives will be saved by this fabulous heart machine.

5 Day Count Down to 21st International Aids Conference



Staff release their balloons in the air



Mr. Mthiyane explaining the theme of the day



Singing and dancing by staff in support the count down

South Africa will be hosting the 21st International Aids Conference in Durban from the 18-22 July 2016. The theme for this year: **“Access Equity Rights Now”** is a call to action to everyone by the Deputy President of the country, that we need to work together to support and take care of people who still lack access to comprehensive treatment.

The conference will be host over 20 000 delegates from all over the world. To honour this special event, a 5 day count

down was proposed by the Chairperson of the South African Aids Council. This was to be rolled out all over the country. Pholela CHC partook in this countdown and set out on the sport field at 12:00am as per request that all citizen and public servants should take a call of action. Mr Mthiyane gave the key note of the day and explained to the community and staff, the fundamentals of having this call of action done and that we as a community need to fight stigma and work together. The balloons were then set off into the sky

Health Promoting School

Nkelabantwana Primary school has been identified as a health promoting school in Bulwer due to the commitment by the teachers and students. On the 5th of May 2016 Nkelabantwana was officially a Health Promoting School. The Department of Health has been working very hard to ensure that all the policies are in place and all requirements are met for being a health promoting school.

On the day we had other government departments in support of this initiative along with the School Governing Body to represent the community. The school was given garden tools by Department of Agriculture and SASSA in collaboration with Department of Social Development donated clothes to children that were identified as being needy.

This initiative should be taken into account by all schools as this help with the development of the school and with the learners as well. Its evident that Nkelabantwana children have a bright future ahead of them. Thanks to all the Government Departments and officials who support this .



Children who received school uniforms on the day



Pupils displaying their flag as Soul buddies club



The new officially plaque for Nkelabantwana Primary School

New Appointments 2016



Londiwe Zondi
Data Capture



Senzo Cele
Professional Nurse



Hlengiwe Gamede
(Intern) Social Worker



Thabiso Ngibe
(Intern) SCM



Philile Shezi
Enrolled Nurse



Bongwiwe Sithole
HR Trainee



Jabulani Xaba
Admin Trainee



Nomveliso Pumlomo
HR Trainee



Andile Puling
Professional Nurse



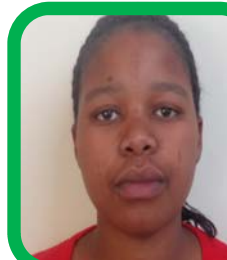
Sne Nzimande
SCM Trainee



Lerato Molefe
Pharmacy Assis-



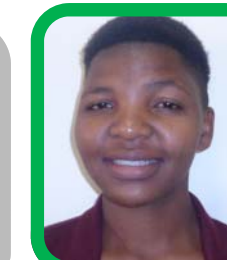
Sabelo Ntshangase
Electric Engineer



Hlalisile Lushaba
Admin Trainee



Ntobeko Ngcobo
SMO Trainee



Lungile Ngcobo
HR Trainee



Siphesihle Zondi
Plumbing Trainee



Nokuthula Zwane
OM Maternity



Phumlani Dumakude
Admin Trainee



Nhlanhla Dlamini
Pharmacy Assis-



Zinhle Hlongwane
PR Trainee



M.F Mthiyane
Clinical Nurse
Practitioner

67 Minutes of Mandela Day

Mandela day is all about doing something good in return for nothing, during the 67 minutes for Mandela. This can be done by giving back to the community in any form to honour TATA MADIBA'S legacy and initiative that acknowledges his never-ending quest to change the world for the better.

Pholela CHC staff dedicated their 67 minutes to visit Mtolo family within the community that was identified as needy, less fortunate and had no proper shelter. The Mtolo family was surprised by our visit whilst carrying pots and pans. The staff had decided it would be wise to visit the family to help them clean their home and also to have lunch cooked for them.



Pholela CHC staff with Mtolo family

It was very touching to see the appreciation on the children's faces as they had their food. The grandmother was overjoyed and thanked the staff for taking time to do such a special thing for her on her grandchildren. The spirit of caring and spirit of Ubuntu should forever live on in us as we carry on the legacy of Madiba to help where we can give help and make a difference.

Official opening of Sokhela Clinic by the MEC



MEC addressing the importance of Sokhela clinic to the community

The MEC for KZN Health, Dr S. Dhlomo visited the community of Sokhela in Donny Brooke to Officially open Sokhela Clinic. This has been highly anticipated by the community and staff. Sokhela Clinic offers service to many sub communities around Donny Brooke and has brought much joy and relief to many people in need of such services.

The MEC was welcomed by the Deputy Mayor for Ingwe Municipality and other significant dignitaries at the clinic where he was going to unveil the plaque of the clinic and cut the ribbon. This was a great day indeed for the community and staff of Sokhela Clinic.

The MEC addressed the people of Sokhela Clinic informing them that they have to take care of their clinic and use it in the way it should be used, not to vandalise it.

Minor services were offered to the community and lunch was served.



MEC with Health Officials at Sokhela clinic

Comrades Marathon 2016



The comrades marathon is no walk in the park. Ask Velani, our own comrades marathon hero. This man has ran the comrades twice now and is highly competing in many other marathons such as the Two Oceans Marathon in Cape Town and our own KZN Nelson Mandela Marathon.

This year he took on the comrades marathon for the 2nd time with a urge to conquer his time from last year of 6 hours and 52 minutes. This was going to be a down run from 90km from Pmb to Durban. " I knew I had to do my best and had trained very hard. Above all I was scared and nervous" said Velani

On the 29 of May Velani was able to finish the race at a new record of 6 hours and 28 minutes. Which was good as he beat his own time of the 2015 comrades marathon.

We as the staff of Pholela are very happy and wish Velani all the best with his future races. We hope he can be an inspiration to the staff and community we serve.

Tribute to the Late Mr. S Madlala

It is with great sadness to announce the passing away of our Operational Manager S'fiso Madlala who was working at Pholela CHC, HAST Unit, who passed on the 5th of June 2016.

S'fiso had been working at Pholela CHC for a good 10 years. He 1st came to Pholela in 2005 as a young man and was able to work his way up on the ranks as he passed on as HAST Manager at eKuphileni Clinic. Throughout his stay at Pholela CHC, he was known for his friendly personality and for always being dressed smart according to the prescribed dress code. He was also part of the Pholela Soccer team as player coach to the team as a whole.

He will be sadly missed by the staff of Pholela CHC. Our thoughts and prayers are with his family, friends and colleagues. May his soul rest in peace,



Mr. S Madlala
OM HAST Unit

Photo Gallery 2016



VTC at the Sokhela Clinic Opening



Pholela CHC netball team



Aerobics for elderly's at Pholela CHC



Gwala clinic CCMDD Launch



ACKNOWLEDGEMENTS



Sifiso Mkhize
WRITER/DESIGNER/PHOTOGRAPHER



Zinhle Hlongwane
WRITER/PHOTOGRAPHER



Miss K Sukhraj
SUB EDITOR



Miss S. Yakoob
SUB EDITOR



health
Department
Health
PROVINCE OF KWAZULU-NATAL

CONTACT DETAILS

Physical Address:

D1213 Hlanganani Road

Postal Address:
**P/Bag X502
Bulwer 3244**

Web Address:

www.kznhealth.gov.za

SWITCHBOARD:

Tel: +27 (0) 39 832 9488

SWITCHBOARD FAX NUMBER:

Tel: +27 (0) 39 832 9662