



health
 Department:
 Health
 PROVINCE OF KWAZULU-NATAL

PHOLELA CHC



PHOLELA COMPLEX NEWS

INTERNAL NEWSLETTER

June 2017



Harry Gwala CCMD Launch
 READ MORE ON PAGE 10

Featured Articles

- Foreword from the CEO
- Harry Gwala CCMD Launch
- Immunization Campaign 2017
- New Appointments
- International Nurses' Day
- Fire Drill Orientation
- Pholela CHC Wellness Day
- Pholela Super Stars
- Marathon Man Wins MASEA



Pholela CHC Wellness Day 2017
 READ MORE ON PAGE 09

FIGHTING DISEASE, FIGHTING POVERTY, GIVING HOPE

Foreword From The CEO/Medical Manager



Dr. N.M.T Gumede
CEO/Medical Manager

Let's talk about true Primary Health Care (Prevention of Diseases and Promotion of Health)

I would like to take this opportunity to emphasize the Pholela CHC commitment to the delivery of high quality health services. In light of the government National Development Plan, it is our goal to be able to deliver on your expectations.

One therefore cannot even start to talk about service delivery without understanding the needs for the community you live in; we appreciate all the letters we receive from you in a form of Complaints, Suggestions and Compliments. Your participation in reporting any wrong doing is appreciated. For this warrants us to always look for the ways never to have the same situation again in our facilities.

We are in the Month of July where the nation and the world commemorates Late Former President Nelson Mandela, a lot of services are provided in the annual 67 minutes campaign, Let everyday be Mandela day, we will not wait for July before we do the right things.

This is your community Health Centre don't shy away from it, come in to test for HIV, screen for chronic diseases, screen for TB, come in to get information, come in to do Voluntary Male medical Circumcision. With open arms we will welcome you and make sure when you leave you have information and services are provided to you, if there are any services we do not provide we will make sure to refer you to the right institution.

Remember that your health is our priority, but for us to be able to help you, you will need to join in as a partner in your own disease management. Don't delay to seek help. Take treatment religiously, do not smoke or drink alcohol excessively. Always use protection when you engage in sexual activities.

Most of the diseases are preventable, please ensure hygiene at all times, drink clean water, boil water before drinking if you do not have tap water, and to all the mothers please remember that Breast feeding is still the best feeding choice for babies.

We also would like to encourage the mothers to register the birth of their children early before 28 days of birth to prevent complication of late registration with Home Affairs. Always keep and bring the babies Road to Health Card to health facilities for proper documentation and follow up.

Please exercise and eat healthy food.

*To the Staff, Those that are doing well, continue doing so and those that are lacking please do your best to perform better. Until we make sure that a **Black Rural Disabled and Poor women** receives high quality health care services we cannot even start to think about having achieved our goal for National Health Coverage.*

Thank you very much

Community and Staff Wellness Day

By Mr S.N Mkhize



Staff and community playing netball

Wellness and healthy lifestyle are key to having a long and sustainable life. Our MEC for KZN Health, Dr S.M Dhlomo is the champion in this health initiative program. Wellness programmes should be implemented in the workplace to help employees to find relief from work, exercise their body and keep healthy. Pholela CHC called upon staff and the community at large to engage in wellness activities to create awareness on healthy lifestyle. The participants were all looking forward to the wellness event as they all came out in numbers, it was exciting to see the community in support as we had people of all ages.

On the day we started off aerobics to warm up and stretch their muscles before going on fun run which was divided into of 3KM for the elderly people and a 5KM run for the staff and youth. The elderly really showed that they were still young at heart as they did very well in their race taking on the 3KM run till the finish. Round two of the event was evenly divided all the participants into 4 team to compete against each other for relay races, sack race, egg race and netball. A lot of unity was seen between players as teams were randomly made up by community members, staff and the elders with the young youth.

At the end of the day food and refreshments were served to all participants and a prize giving ceremony was conducted to honour winners on the day and motivate everyone who had attend this beautiful event.



Staff and community playing Relay



The Winning team celebrating the Award

Harry Gwala District CCMDD Launch

By Mr. S.N Mkhize

The people of Harry Gwala District are were happy to welcome the MEC for KZN Health Dr S.M Dhlomo at the community Hall at Ixopo for the launch of the new CCMDD programme by Department of Health in collaboration with MediPost and Medi Logistics.

The community of Ixopo and all sub district of Harry Gwala were invited to be part of this launch. The MEC and other health Officials and dignitaries visited places and home which had been identified as Pick Up Points to be used for collecting medication.

The MEC explained the importance of CCMDD for people on chronic medication. The new programme is designed to make things better for clients and staff as a whole. The CCMDD programme will reduce waiting times and improve service delivery. The community was happy about the good news and shared testimony on how CCMDD has helped them.



MEC addressing the community about CCMDD launch



Ixopo community came to attend the CCMDD launch

On the 23rd of March 2017, Pholela CHC hosted an Open Day for the community of Pholela CHC to market all services within the institution and to address matters of concern to the public and all relevant stakeholders. Various guest speakers were invited from St Appolinaries Hospital, from the District Office, Community Leaders and Traditional Healers

Pholela CHC Open Day was a great success as we had a good turn out by the clients, community and all invited guests. The Clinic Committee was present on the day to be introduced to the public as the new clinic committee for this new financial year 2017/2018. The clinic committee plays an important role to the community and to the institution. They are a link between the community and the Institution, the advisors to Management. A children's play area was made for all the children who had come in with their parents, toys and drawing books were available as well as face painting for the children. The kids enjoyed playing games and chasing each other.

Dr Mdladla was the programme director for the Open Day and directed the event accordingly. We had different managers on the programme to address the public about their sections, as from maternity, Pharmacy and X-ray. The purpose was to ensure that we take this time to market all service and explain all the things that happen in the institution.

The CEO/Medical Manager, Dr Gumede addressed the importance of having a community that understands and takes account for their well being. A kind of community that is invited to functions and shows up, without this community their would be no job for us as staff. He addressed matters of service rendered and importance of working together for the future of our clinic and children.

Community Leaders were also given a platform to address matters of concern like mobile points, waiting times and EMRS service. This platform was able to help us identify some of the matters that affected the community .

Refreshments and finger lunch was served to the community and guests.



Pholela CHC staff and community during the open day



Clinic Committee attending Open day

Fire Drill Orientation

By Ms. L H Kheswa



Staff fire Drill Orientation

On the 8th of March 2017 Pholela CHC Staff were oriented about the dangers of fires and were taught how to use and handle a fire extinguisher when a fire occurs.

The staff were told about the different kinds of fires that occur in and around us. It's important to know which and how to handle each fire scenario as some can be very dangerous and one cannot single handedly put it out by themselves.

The facilitator identified all types of fire where you should call fire fighters and explained the type of fire thus making it easy to understand he also came prepared with the right equipment, as many fire fighters have lost their lives in the line of duty. It is important to handle fire with care and have all emergency numbers in case of any fire. Staff were warned to call as soon as a fire breaks

The Staff were asked were then taken to the field and were orientated on the use of the fire extinguisher.



Staff practical training

NDZ Municipal Launch

Nkosazana Dlamini Zuma is a woman well known in South Africa and around the world for her good work in the political struggle and as the 1st woman to be Chairperson of the African Union (AU).

In January 2017, her term finished and she returned home to South Africa. Upon her arrival she was honored for her good work, to an extent that one of the local Municipality in Harry Gwala District would be named after her as **Nkosazan Dlamini Zuma Municipality**. The area that had been identified was the same municipality she grew up in as a small girl. This was known as Ingwe KwaSani Municipality in Bulwer/Underberg.

The launch for the new NDZ Municipality was graced by the honorable Nkosazana Dlamini Zuma herself at Bhambatha Sport field 16 May 2017. The community came out in numbers to attend the important event in welcoming her back. She thanked all these who had come out on this day and told the people of her plans for the NDZ Municipality.



Dr. N.D.Z at Nkwezela location

International Nurses Day

By Ms. L. H Kheswa

Pholela CHC hosted the International Nurses day on the 24th of May 2017 to encourage, motivate and honor the Nurses of Pholela CHC for their hard work and patience when providing service to the community. This day proved to be very memorable and joyous for the Nurses of Pholela CHC and Staff who made this event a success.

The event took place at X-Ray waiting area, where all staff of Pholela CHC gathered to support this special day. Mr. Ndumiso Gazu (Pharmacy Manager)was the MC for the day and did an excellent job from the start of proceedings till the end of the event.

Mrs. T.G.O Sikhakhane (Nursing Manager) indicated that Nurses are the backbone of the health institutions. She mentioned that nurses should be treated with respect and dignity she thanked all the nurses staff who work under Pholela CHC.

Dr. Gumede acting CEO at Pholela CHC mentioned his appreciates and honored the nursing staff of Pholela, he said without them we are nothing, and without them there is no Department of Health.

Mr S.V Ngcobo (PHC Supervisor) did the pledging presentation as nurses lit their candles and pledged to give their best in service delivery

Public Relations Office supported this event by creating the award certificates to appreciate the nursing staff. Event went very well and refreshments were served.



Dr. Gumede thanking the nursing staff and motivational speech



Pholela CHC Nursing staff reciting Nurses Pledge

New Appointments 2017

By Mr. S Mkhize



Ngubane S.M
Professional Nurse



Siphengana N
Pharmacist Comm
Serve



Gumede S.B
Data Capturer



Dlamini E.N
E.N.A Intern



Hlophe B.Z
Pharmacist Comm
Serve



Mbele N.P
Professional Nurse



Mkhize N.M
T/O Trainee



Ngubane S.N
SCM Trainee



Madiba B.M
SCM Intern



Kheswa L.H
PR Trainee



Ntshangase N.P
Pharmacist Intern



Shange S
Professional Nurse



Singh N
PharmacistComm
Serve



Nkala N.F
Professional Nurse



Dubazane N.N
OMN Gwala Clinic



Mncwabe N
HR Intern



Shezi P.Z
Professional Nurse



Madlala B.S
Data Capturer



Lushaba B
HR Trainee



Radebe G N
Pharmacist Assistant



Dr. Gamede A
Clinical Associate



Dr. Zwane L.D
Comm Serve



Dr. Mahlangu N
Comm Serve

Immunization Campaign 2017

By Ms. L H Kheswa



Measles Vaccination at Bethlehem

The 12 to 30 June 2017 was designated to be a week for immunisation of children against measles. The campaign was aimed at ensuring that every child between the age of six months to five years old is immunized with the measles vaccine the injection to prevent measles. Pholela CHC visited various areas which had been identified. Places visited ranged from community halls, mobile clinic points, children's crèche, pre schools, war rooms.



Staff visited Nkelabantwana Primary for Vaccination

On the 21st of June we visited Nkelabantwana Primary School along with CCG's and the out-reach team. The immunization went well as all mothers and children came out to the school. During this campaign various things were also done like deworming, Muac and giving of vitamin A .

Mnyamana Clinic Committee Farewell

By Ms. L H Kheswa

On the 19th of June 2017 the Mnyamana clinic hosted a fare well party for their Clinic Committee.

The fare well was nicely set up and decorated by the Mnyamana staff to show appreciation for their service to the clinic and community. As a token of appreciation, staff contributed monies and bought each member beautiful blankets.

Mr. Sifiso Mkhize Public Relations Officer at Pholela CHC was invited to say good bye as he worked with very closely with the Mnyamana clinic committee. During his speech Mr. Sifiso Mkhize thanked this committee for their dedication and availability to their duties..

Sister Mloinyana was very emotional and thanked the clinic committee for their support they showed at Mnyamana clinic. Proceeding went well and refreshments were served. By hosting this fare well party Sister Mloinyana and Mnyamana clinic Staff showed their sign of UBUNTU and giving back to the community we as Public Relations Office really appreciate your effort



Mnyamana Clinic Committee members



Clinic committee receives their gifts

The Marathon Man Wins Award at ICC

By Mr. S Mkhize

The MASEA Awards took place at the Durban ICC, to honor and motivate all clinics and hospitals under Kwa-Zulu Natal. The MASEA Awards are a great initiative taken upon by the Honorable MEC Dr. S.M Dhlomo. This years awards were extra special as we had star cast, TV personalities and celebrities on stage to host and give awards to the hard working staff.

On the day, Pholela had their hopes high as one of their staff members was nominated in the category for Healthy Lifestyle Award, which was all about the comrades marathon runners within KZN Dept of Health.

The Comrades Marathon is amongst the top marathons in the world and has runners coming in from every corner of the world. This is the heritage of South Africa where by all South African should take pride on the legacy and significant of the South African Comrades Marathon, hence our own MEC for KZN Health has ran the comrades marathon.

The category had three nominees which had taken part in The 2017 Comrades Marathon. The nominees were judged on their performance and finish time.

Velani had finished this years marathon at an impressive 6hours and 36min making him the winner for The Gold Healthy Lifestyle Award for 2017.



Mr. Velani receives his awards

This was a great achievement as Velani was the Official Face of The Comrades Marathon 2017.

Pholela Super Stars



Pholela CHC celebrating the Awards

Department of Education hosted a local sport tournament to encourage and create unity amongst the community and officials in the local offices. The tournament was held at Bulwer Primary School with soccer and netball as the mains sport,

The tournament was attended by Bulwer SAPS, Pholela CHC, Dept of Education and the Local Taxi Association. This was a very interesting day and all the teams played well,

At the end of the day Pholela Super Stars locked horns with Bulwer SAPS in the finals. Unfortunately the SAPS team was no math for Pholela Supper Stars in both netball and soccer taking the trophies home..

Photo Gallery 2016



Women's forum Meeting



Gwala OMN Sr. Dubazana , Velani and Thulile at MASEA



Dr. N.D.Z Municipal Launch



Wellness Day Pholela CHC staff and Community



Pholela CHC staff celebrating 16 June



Pholela CHC Management and Awards



Londeka Kheswa
WRITTER/PHOTOGRAPHER

Humble greeting to everyone.

My name is Londeka Kheswa, Public Relations Trainee at Pholela CHC.

Firstly, I would like to thank Pholela CHC Management and Staff for warm welcome they showed me and for giving me opportunity to gain experiential training in the field of Public Relations.

The office of Public Relations is a very challenging, it took me time to adapt my self as Public Relations Officer, as I had never been in a work environment before. I would like to thank Mr. Sifiso Mkhize for his perseverance and assistance through out my in-service training here at Pholela CHC. I have learned a lot from him as my supervisor, I now know that as a Public Relations Officer you don't limit your self but, have to adjust and think outside the box. I have learned that I need to listen carefully, take responsibility and learn to work under pressure.

ACKNOWLEDGEMENTS



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