



PSH STAFF MOVING FOR HEALTH

Since the Launch of the Move for Health program in December 2005, the organizers wanted to do something very special for employees in order to reinforce physical activity amongst the staff. They wanted to do something with a high degree of originality. Hence different exercising machines were brought and professional trainers were organized. Included in the organizing team were the HR manager, EAP members and the PR department. At first, the problem was to select a day that would suit almost everybody to attend the walk. It says "we should walk the talk". We can't tell people to

stay fit if we are not maintaining our fitness first. On the day, the authentic feel was maintained from beginning to end. Ideal for client hospitality, staff outings or activities were *tailor-made* to suit all age groups: from the active and the not-so-active to those who enjoy competition and those who simply want to sheer, shake in the fun and excitement. Most employees were so determined to walk hence we had winners from all categories who won medals and gorgeous trophies. We are looking forward to more days like this as long as we are in PSH.



Group 2 age 31-45 ready to start the walk



Staff cooling off at PSH Swimming Pool



Taebo instructor assisting staff at the hall

SEMINAR ROUND UP

March 01 saw the seminar set in Port Shepstone hospital alight with intellectual discussions about the causes of TB, how can employees deal with HIV and many other illnesses in the workplace. In her statement, opening the seminar,

King George hospital Dr Ramjee said "it is critical for the improvement of health care services to first understand all the critical diseases that may affect us as health care workers". Dr Ali advised employees mostly about the Forensics, where

he emphasized that if someone has died, people mustn't interfere with the corpse so as to enable the forensic people to investigate the cause of death. Employees also learnt a lot about MDR and XDR diseases and the seminar went well for everyone.

*EDUCA-
TION
IS THE
KEY TO
SUC-
CESS!*

Inside this issue:

Move For Health	1
Seminar Round up	1
From the CEO's desk	2
New Finance Manager	2
New Specialist	2
New Appointments	3
Sports News	4

PR Corner	4
Service Excellence Awards	4

FROM THE C.E.O'S DESK



Year 2006 with many challenges and achievements has passed and I believe that we all had a wonderful festive season, but to those who experienced difficulties—we empathize with you and hope you get strong.

We are now striving to give 2007 the best shot, especially that the hospital renovations have been finished and we will now work in a cleaner environment. With all other challenges we have encountered, the onus is on us to learn from them and continue delivering best services to all our clients. Respectable workers, we are entrusted with the responsibility of looking after the health status of more than 700 000 people in the Ugu District. For us to work together I feel its appropriate to state our expectations, some being

- *Loyalty from staff*
- *Dedication to our vision*
- *Trustworthiness*
- *Focus on issues and consultation*

Remember, as we work under the Kwa-Zulu Natal Department of Health we are also committed to fighting disease, poverty and giving hope. Let us therefore treat our clients with utmost respect and dignity.



MR G.B.C KHAWULA

It says "Perseverance is the mother of success" PSH has been long waiting for the building of a multi-department care block and now its hard to believe that its finally happening.

MEET OUR NEW FINANCE MANAGER- MS N.M. SHANGE

Ms Nokukhanya Shange is originally from KwaDabeka. Her managerial experience started in 1997 at Umphumulo Hospital when she was appointed as Hospital Administrator in charge of the whole Administrative departments including Human Resources.

In 2000, she moved to Apelsbosch hospital, holding the same position. During December 2000, she moved to Clarewood hospital and in 2001



Finance and Systems Manager
Ms Nokukhanya Shange

she requested to be transferred to Kwadabeka Community health Clinic (CHC). While in Kwadabeka CHC there was restructuring and she was appointed as Finance and Systems Manager. She has been working at Kwadabeka CHC until she was appointed at Port Shepstone Hospital as Finance and Systems Manager on the 01st of April 2007. She looks forward to render her best services in the management of hospital Finances.

NEW SPECIALIST IN OBSTETRICS AND GYNAECOLOGY

Dr Hira has worked in some hospitals in KZN and has started working in Port Shepstone on the 01 March 2007. With her extensive experience in Obstetrics and Gynaecology, we believe she is going to bring many changes in the institution including the use of an epidural injection that was once introduced by a previous specialist who left the institution a year ago.

She has pursued her medical Degree at the University of Witwatersrand and

a Specialist Degree at the University of KwaZulu Natal.

She is looking forward to improving Obstetrics and Gynaecology services in order to get the hospital to a regional level. She also aims to run a 24 hour emergency services in her division. She further emphasized to say her vision is "To provide a comprehensive quality care to all women of Ugu District".



Dr Bavna Hira -Specialist in Obstetrics and Gynaecology

NEW APPOINTMENTS

Van Deventer M
 Sher J.H.
 Govender L
 Shazi P.
 Mpangase B.P.
 Pririthipal S.
 Socishe V.
 Moodely S.
 Moodely A
 Ramnarain M
 Moosa S.
 Naidoo S
 Nolte D.C
 Singh B.A.
 Purchase K.
 Nkwanyana T.S.
 Shah S.
 Richards S.
 Pillay D.
 Makhanya R.
 Bennett A.E.
 Duma N.
 Mlambo O. B.
 Bangani S.
 Flack C.J.
 Chetty A
 Jaworka M. A.
 Mzizi V.B.
 Ngubo S.
 Phungula N. C.
 Govender S.G.
 Hlophe S.L.
 Napi N. P.
 Nzimakwe R. B.
 Zulu Z. N.
 Socutshana X.
 Ntuli N.
 Stenhouse E
 Steyn F. B.
 Ngubo Z. C.
 Gumbi N. L.

Speech Therapist
 Physiotherapist
 Finance Service Officer
 Record Officer
 Chief Sec Officer
 Community Service Doctor
 Community Service Doctor
 Pharmacy Intern
 Community Service Doctor
 Community Service Doctor
 Pharmacy Intern
 Community Service doctor
 Community Service Doctor
 Community Service Doctor
 Medical Intern
 Medical Intern
 Community Service Doctor
 Medical Intern
 Senior Medical Officer
 Health & Safety Officer
 Physiotherapist
 Dentist
 Radiographer
 Medical Intern
 Occupational Therapy
 Community Service Doctor
 Medical Officer
 Artisan Foreman
 Prof. Nurse
 Prof. Nurse
 Ward Clerk
 Admin Clerk
 Prof. Nurse
 Prof. Nurse
 PMO
 Prof. Nurse
 Community Service Doctor
 Senior Specialist
 Specialist
 General orderly
 Artisan fitter

Luthuli S. T.

Prof. Nurse

All the above workers have been appointed during the period of January to March 2007 and we wish all of them a fulfilled working experience in Port Shepstone hospital.

We also welcome all 25 student nurses that have been employed during the period of January to march 2007.



DR EVERT TOMMY SODERGREN- PAEDIATRIC EUROLOGIST

We always mourn about the high rate at which South African doctors go to overseas countries, but this time PSH has a challenge to show the above doctor that South Africa is a pleasant place to stay and work in.

Last month Dr Sodergren, all the way from Sweden, decided to come and see how working in South Africa is like. "I actually am here for a month to establish if the working environment will be suitable for me and my family and if things are okay I'll go back to Sweden to resign, come back and stay here permanently, said Dr Sodergren with a smile.

However, his vision for the Paediatric ward is to reduce the mortality and morbidity rate. He further noted that his vision could be reached when he can have the correct number of staff and of course with sufficient equipment.

SPORTS

Recently we were visited by Montobela hospital sports team and we convened at St Martin de Pores School grounds. The weather was rainy in the beginning but cleared again as the day went on.

There was a lot of excitement among the teams in such a way that we decided not to beat each other and hence we drew 2 : 2 .

Just before we played Montobela team we had a very good start with Gamalakhe Nursing College team and it was just a walk in the park as we beat them 3:1. On the other side, Port Shepstone Hospital team has affiliated in the Industrial Soccer league sponsored by Pick' n Pay. This league is for all companies and institutions in the district as part of improving wellness of staff. Its season started in January 2007 and will end in June 2007.

Port Shepstone Hospital Team is the most feared team in the league



PR CORNER

LOOK DEEP INTO YOURSELF

The new year is always a scary time for me because I know it's an opportunity to start anew and recommit to my everything. During the past year and early this year I buried many loved ones including my father, but I often wonder if it was me being laid to rest, would I be ready to go? Am I ready now? Are you ready now? Think about this : Is there evidence of the presence and movement of Divinity in your everyday life? How often do you start the day (or the year) with the clear intention of getting to know God and walking in his light? How often are you the one who creates peace, rather than conflict? There are always other things that seem to take priority over God. Unfulfilling jobs and many other personal problems that demand our attention and energy. But this year, today—right now—I ask you to stop. Life is too short. Why are we taking ownership of these problems when we don't have to? By virtue of who we are, we are entitled to hand our burdens over to God—He will take care of them. Let us therefore start this year with confidence in everything we are doing and believe that God is always by those he love. All the best in 2007 !!

SERVICE EXCELLENCE AWARD

It is always good to have a good get to gather function with all staff members just before the year ends. It's where we normally celebrate the work that we've done during the year. Yes, with many departments in the hospital and many different personalities, we are bound to have clashes and squeeze each other's styles sometimes, but the most important thing is that we are one family, we work under one Vision and Mission. Most of all we need each other in order to realize our goal. We celebrated our year end function on the 08 December 2006. Many people have been rewarded for their hard work and some were acknowledged for serving many years in the Department of Health. Proceedings went smoothly from start to finish with encouraging speeches and many entertaining groups.



UNKsz.B. L. Ngesi ethula inkulumbo yokukhuthaza abasebenzi



UMnu. G.B.C. Khawula Emukela bonke abantu ababesemcimbini



UMnu. V. Chetty—D. Manager ebeka intselelo ngokuzimisela kwabasebenzi



UNKsz. M. Cranzi emukela umkomelo wokusebenza iminyaka engaphezu kwengu 30 nokuba umsebenzi ovelele woryaka