



ISIBANE NEWSLETTER NEWS

GROWING KWAZULU-NATAL TOGETHER

January–March 2023

EDITOR'S NOTE

As 2023 has finally come, past year, we have to look forward it is important to reflect to what's next. We must continue to on the past activities of prioritise the safety and wellbeing the hospital community. of our patients and staff while also Despite the ongoing pandemic, we focusing on innovation and advance- faced various obstacles, however, ment of healthcare. We must our hospital has continued to pro- remain committed to providing ex- vide exceptional care to the pa- cellent care to patients while main- tients. You will see this covered on taining our high standards of quality our compliments page. Throughout and safety.

the year, our dedicated healthcare I would also like to thank our pa- professionals have worked tirelessly tients for dealing with our health to ensure that patients receive the professionals with utmost respect. best possible care despite stringent We wish everyone a happy and budgetary constraints. They have healthy 2023.

shown incredible resilience, Happy reading!
adapting to the changing circum-
stances and the treatment/ patient
guidelines. As we welcome the new
year, we give thanks and
acknowledge the power of our Al-
mighty God Jesus Christ for giving us
this opportunity to live so we can
diligently serve His people .

Mrs P.P. Morai
Public Relations Officer

While reflecting and acknowledging the work that has been done in the



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PORT SHEPSTONE HOSPITAL WELCOMES OSS DELEGATION



On March 29, Mr Super Zuma, the KwaZulu-Natal Department of Agriculture and Rural Development MEC, led an Operation Sukuma Sakhe (OSS) delegation and visited Port Shepstone Hospital. The purpose of the visit was to assess the management of the Thuthuzela Care Centre by the Department of Health and its various stakeholders. This visit aligned with the goals of Operation Sukuma Sakhe, which aims to provide government services to communities and households collaboratively and efficiently. The Thuthuzela Care Centre's aim is to combat victimization of women and children and enhance prosecution, particularly in cases related to sexual offences, child justice, maintenance, and domestic violence. The visit involved a detailed presentation by Mrs. Mandisa Maqutu on the functioning of the Thuthuzela Care Centre. Subsequently, the delegation engaged in a productive discussion with hospital management in the Boardroom. They exchanged ideas on how to enhance the quality of services provided by the Thuthuzela Care Centre, with a primary focus on providing forensic training to the nursing personnel. Strategies to reduce rape and violence, particularly in areas with high incidence rates, were also discussed. Following this discussion, Mrs. Maqutu led the delegation on a tour of the Thuthuzela Care Centre, where they interacted with staff and patients to assess the quality of care. They were pleased to find the centre



well-equipped and staffed by a dedicated multi-sectoral team committed to providing excellent care. Mr. Zuma expressed his appreciation for the hard work and dedication of the hospital management, staff, and stakeholders, pledging continued legislative support. The MEC's visit to the Thuthuzela Care Centre underscores the commitment to improving the lives of Ugu District citizens through initiatives like Operation Sukuma Sakhe, which prioritize sustainable development.

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KwaZulu-Natal Department of Health



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**GROWING
KWAZULU-NATAL
TOGETHER**

PORT SHEPSTONE HOSPITAL WELCOMES NEW YEAR'S BABIES

Port Shepstone Hospital celebrated the arrival of New Year's babies in 2023, following a cherished tradition. The birth of these infants brought joy, hope, and promise to the hospital and the community. The hospital's Labour Ward has a long-standing tradition of welcoming New Year's babies, and this year was no different. Esteemed individuals such as the KZN Health Member of the Executive Council (MEC), Ms. Nomagugu Simelane, and the Head of the Department (HOD), Dr. Tshabalala, along with people from the region, eagerly awaited the arrival of these precious new-borns, hoping for a unique start to the year. Port Shepstone Hospital congratulated the parents of 10 babies born on Christmas Day and 12 born on New Year's Day. These new-borns included 13 girls, 8 boys, and one of undetermined gender. The hospital extended warm wishes to these families for a life filled with love and joy. The celebrations took place in the Labour Ward, with dedicated matrons, nurses, and radiant mothers and their new-borns. Eight babies were delivered via caesarean section, and 14 were born naturally. Dr. Khayaletu Manona delivered the first Christmas baby at 04:28 AM on December 25, 2022, and the last at 8:40 PM. On January 1, 2023, PN Zinhle Mvelase welcomed the first New Year's baby at 03:38 AM, with the last birth at 10:58 PM. Notably, Miss Blondi Nxumalo from Manzamhlophe-Izingolweni gave birth to twin girls. All these new-borns weighed a healthy 2.5 kilograms and more. Mothers received health education on cord care and exclusive breastfeeding and were encouraged to promptly register their babies with the Department of Home Affairs within a month of birth. Mothers expressed gratitude for the gifts and care received during their hospital stay. Matron Zithobile Ngxumza, the Assistant Nursing Manager, congratulated parents and healthcare professionals for the successful deliveries. She emphasized the importance of family planning, especially for young, unemployed, and un-



married mothers, and recommended preconception counselling to screen for diseases like diabetes and hypertension. Maintaining a healthy lifestyle was also encouraged for healthy conception. Port Shepstone Hospital remains dedicated to the well-being of mothers and infants, promoting a healthy start for the newest community members and supporting families in every way possible.

HOSPITAL WELCOMES

& ORIENTATES A NEW INTAKE OF 2023

NURSING STUDENTS



The arrival of new nursing students is an exciting event for the hospital, and it marks the beginning of a rewarding journey for both the students and the healthcare professionals who will guide and mentor them. During their time at our hospital, the nursing students will have the opportunity to work alongside experienced nurses, physicians, and other healthcare professionals. They will gain hands-on experience, observe various medical procedures, and actively participate in patient care under supervision. This practical training is essential for their professional development and prepares them for their future roles as registered nurses.

They play a crucial role in healthcare by learning and applying their knowledge and skills in real-world clinical settings. They bring fresh perspectives, enthusiasm, and a desire to make a positive impact on patient care.



WALKING DOWN THE MEMORY LANE

Honouring the Life and Legacy of a Dedicated Nurse: Memorial Service for Ms. Delisile



The nursing management of Port Shepstone Hospital, along with family, friends, and colleagues, gathered for a heartfelt and sombre memorial service in honor of Ms. Delisile, a beloved member of their community.

The service was a deeply emotional occasion that highlighted Ms. Delisile's profound impact on the hospital. During the service, nursing management, colleagues, and close friends delivered speeches. They shared stories that portrayed Ms. Delisile as a nurse of exceptional dedication and compassion. Her unwavering commitment to both her patients and colleagues was a recurring theme in their tributes.

The Transport Department was transformed into a solemn setting, adorned with decor that reflected the gravity of the occasion. It provided a fitting backdrop for remembering and celebrating Ms. Delisile's life and legacy. Nurse Delisile's family received a token of appreciation and a certificate recognizing her years

of service and her enduring impact on the hospital community. The certificate will serve as a lasting reminder of her dedication and the values she upheld during her nursing career. As the service concluded, there was a sense of loss among those in attendance, coupled with a deep appreciation for the time they had shared with Ms. Delisile and the profound lessons she had imparted. Her legacy will continue to inspire and guide all who had the privilege of knowing her.



MY NURSE HERO

CAMPAIGN HONOURS OUR NURSE

Afrinurse is an innovative company that connects nurses to products and services that add value to the nurses' lives. Afrinurse has created a campaign called #MyNurseHero to honour remarkable nurses and change the narrative around local nurses. The #MyNurseHero campaign comprises of the annual "Top 50 Nurse Heroes Magazine" the FORBES of nursing and the International Nurses' Day Gala Celebration. The Top 50 Nurse Heroes Magazine profiles 50 nurses that have gone above and beyond the call of duty. These are the nurses that build and add value to their communities through campaigns, education, advocacy, research and so forth.

International Nurses' Day Gala Celebration, where they will be honoured in front of their peers and leaders in the Health industry. At the International Nurses' Day Gala Celebration,

Port Shepstone Regional Hospital Management and the staff are honoured to have Sister Ndlovu for the work that she does in various communities.



Sister Duduzile Ndlovu, our hospital Operational Manager for the Thuzela Care Centre is one of the nurses who was chosen to receive an exclusive invitation to the International Nurses' Day Gala Celebration, the Magazine cover will be unveiled. The top nurses will be invited to speak in front of the dignitaries and will be recognized for their dedication.

International Nurses' Day Gala Celebration, the Magazine cover will be unveiled. The top nurses will be invited to speak in front of the dignitaries and will be recognized for their dedication.

For more information on the campaign, please visit <https://www.mynursehero.co.za/>.

SPORTS LANE

TWO SPORT ENTHUSIASTS NEED YOUR SUPPORT



As you are aware that participating in sport activities can sometimes come at a cost for the

participants, we have two talented staff members who are planning to participate in sport, who need your support. We recognise that it is an enormous accomplishment for them, so, ours is to show support for their ambitious endeavour.

In collaboration with their managers, the public relations unit has drafted an internal donation form for the staff and anyone who would like to give them financial support so they can make their dreams come true.

Thank you for your consideration of this request.

This is Sanele Wayise, a 32 year old staff member from our contracted hospital Cleaning Services Company, V-Tom. As a games enthusiast, he would like to participate in the **2023 long distance race "Comrades Marathon" on 11 June.**

Accomplishments: Mr Wayise started running when he was still in elementary school, and he hasn't stopped since. He has participated in numerous races, such as the Nelson Mandela Marathon and the Umzila ka Tambo Marathon, among others.

Support: He struggles to acquire running shoes, a watch, and other items on his own, so he needs some money to purchase these for himself

Background

Collen Govender started playing pool when he was 17 years old. Because he was just playing for fun at the time, he had no idea what he could accomplish playing this sport. He entered a lot of pool competitions around KZN over the years, and he learned that he could accomplish a lot more if he was more committed. He made the decision to join a Durban League. He moved to Port Shepstone after getting married in 1993, where he began seriously competing in pool.

Achievements: My first appearance for SKZN was in Bloemfontein in 1993, when I was chosen to represent the team at the national level. Since then, I have represented my province and district at national level, missing about three years due to commitments to my family. **My highest achievement came in 2022, when our KZN team won the Senior Champ National Tournament in Cape Town.** I have been among the district's top ten players for many years. From nearly 150 players in the division, I came in eighth in the nation. I played my best pool at this tournament, **and I was chosen to represent South Africa at the Nations Cup on March 24, 2023, in England.**

Support: As this trip is expensive, I'm asking for sponsorships from my family, friends, businesses, and the community.

We would be grateful if you could contribute any amount towards his cause through this donation form. All received donations will go directly towards making his dream of participating in the **Nations Cup on March 24, 2023, in England** come true!



YOUR BODY ON WALKING

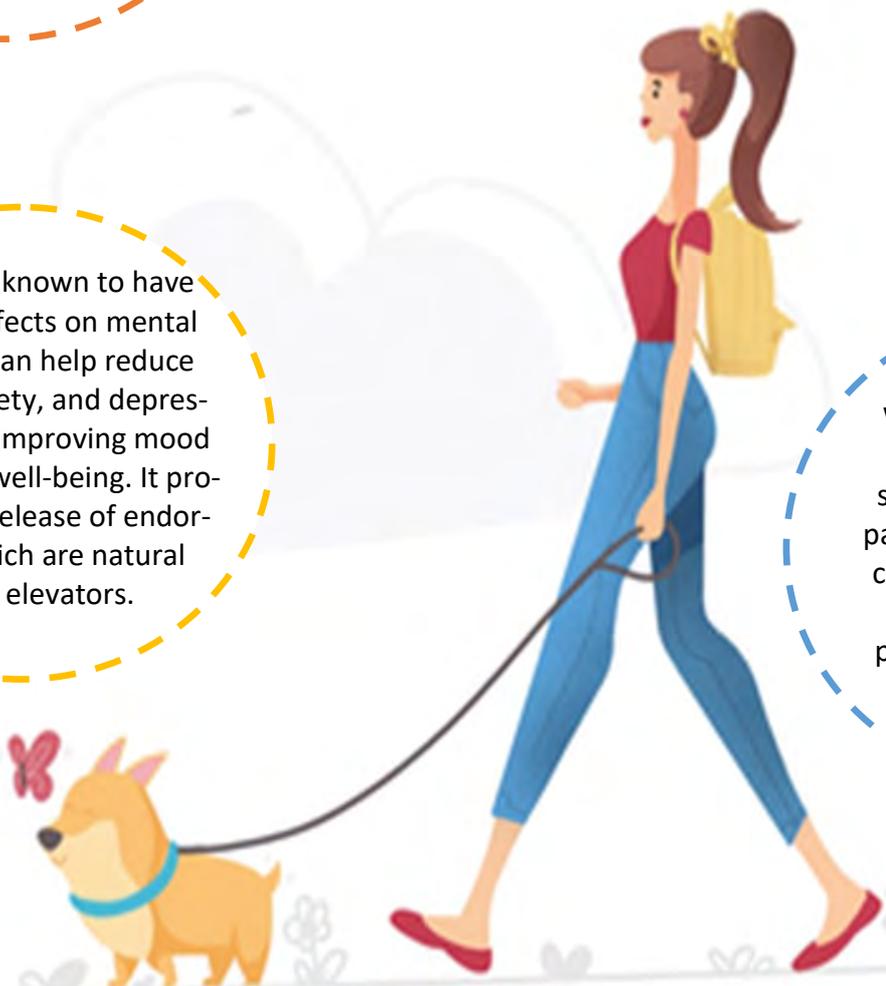
Walking regularly helps improve cardiovascular fitness, strengthens muscles, and increases stamina. It is a low-impact exercise that can be suitable for people of all fitness levels.

Walking can help in weight loss or weight maintenance by burning calories. It helps to increase metabolism and promote fat burning, especially when combined with a balanced diet.

Walking can contribute to better quality sleep. It helps regulate sleep patterns, promotes relaxation, and reduces insomnia symptoms. However, it's advisable not to engage in vigorous exercise right before bedtime.

Walking is known to have positive effects on mental health. It can help reduce stress, anxiety, and depression, while improving mood and overall well-being. It promotes the release of endorphins, which are natural mood elevators.

Walking is a low-impact activity that puts less stress on the joints compared to high-impact exercises. It can help improve joint flexibility, reduce pain, and alleviate symptoms of arthritis.



Please note that while walking has numerous benefits, it's always a good idea to consult with a healthcare professional before starting any new exercise routine, especially if you have pre-existing health conditions!

INFRASTRUCTURE IMPROVEMENTS @ PSH

We are pleased to announce that our hospital has upgraded its air-conditioning systems in many departments. Most departments in the hospital indeed require efficient air conditioning systems to maintain a comfortable and healthy environment for patients, staff, and visitors. These upgrades and installations of air conditioning systems varied and included centralized cooling systems, individual unit replacements, and the addition of new air conditioning units in specific areas. These improvements aim to regulate temperature, control humidity, and improve overall air quality.

Water Boilers: Our hospital relies on hot water for various purposes, including sanitation, sterilization, and patient care. Upgrading or installing water boilers ensures a reliable and consistent supply of hot water throughout the facility. Our hospital invested in energy-efficient boilers in order to meet the demands. We hope that in due course, this will be spread to cover all the departments that were missed out in this phase.

Generators: Uninterrupted power supply is crucial for our hospital to maintain critical operations, especially during power outages or emergencies. We previously had backup generators to ensure continuous electricity for life-saving equipment, lighting, heating, ventilation systems, and other essential services.

However, an upgrade was inevitable as these generators were old. Therefore installing two additional generators and improving the overall power distribution system to enhance reliability and efficiency was necessary.



HOSPITAL OBSTETRICS & GYNAE UNIT RAISING

08/02/2023

AWARENESS ON PREGNANCY ISSUES



The hospital Obstetrics and Gynaecology unit, led by Matron Zithobile Ngxumza, actively participated in Pregnancy Awareness Week Campaign from 6-10 February. This week provided an excellent opportunity to focus on educating expectant mothers about their pregnancy journey. The unit organized a range of educational sessions, aiming to empower and inform pregnant women about various aspects of pregnancy. Throughout the week, the staff conducted interactive sessions covering topics such as prenatal care, nutrition during pregnancy, exercise and physical well-being, common discomforts and how to manage them, emotional and mental health support, breastfeeding, and preparation for childbirth.

These sessions likely involved presentations, discussions, and practical demonstrations to ensure that the information was engaging and easily understandable. The Matron and her team emphasized the importance of regular prenatal check-ups, maintaining a healthy lifestyle, and seeking appropriate medical advice whenever necessary. They also provided guidance on the different stages of pregnancy, highlighting the changes and milestones expectant mothers can expect along the way. Additionally, the staff offered advice on creating a safe and comfortable environment for both the mother and the baby, including information on proper nutrition, the importance of staying hydrated, recommended exercises during preg-

nancy, and relaxation techniques. Moreover, the educational sessions addressed common concerns and discomforts experienced during pregnancy, such as morning sickness, back pain, fatigue, and mood swings. The expectant mothers were provided with practical tips and strategies to alleviate these issues, along with information on when to seek medical attention if necessary. The unit also incorporated a drama which addressed the emotional changes that often accompany pregnancy and offering resources for support, such as counselling services or support groups. Breastfeeding, a crucial aspect of postnatal care, was a point of focus as well. The Nursing Manager, Mrs Maqutu expressed the hospitals' commitment to helping our community members to have the best pregnancy and parenting experience possible.

Lastly, the staff dedicated their time to prepare expectant mothers for childbirth, discussing different birthing options, pain management techniques, the role of birth partners, and what to expect during labour and delivery. They emphasized the importance of creating a birth plan and encouraged mothers to express their preferences and concerns. By actively participating in Pregnancy Awareness Week and conducting these educational sessions, the hospital Obstetrics and Gynaecology unit demonstrated their commitment to providing comprehensive care and support to expectant mothers throughout their pregnancy journey.

OBSTETRICS & GYNAE UNIT CELEBRATING PREGNANCY AWARENESS WEEK



Bringing Prenatal Education to Life: Join our nurses for interactive session as they take the initiative to educate the patients and the community at large during Pregnancy Awareness Week



Role Play for the patients to learn all about prenatal care



Free giveaways as a sweet way to say : Get Ready for Parenthood!



Step into the Shoes of an Expectant Mom: Role Play with Our Nurses during Pregnancy Awareness Week!

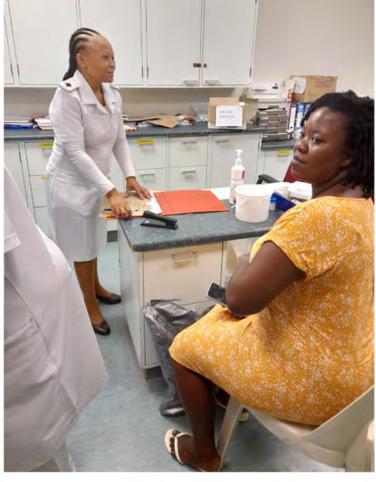
HOSPITAL OBSTETRICS & GYNE UNIT RAISING AWARENESS ON PREGNANCY ISSUES



Sister Ismail and her team: Dedicated nurses attending patients during the Pregnancy Awareness Day. 📺 #CareForMoms #PregnancyAwareness #NurseHeroes"



For every baby's first heartbeat, there's a nurse who cares!



Mrs Mandisa Maqutu, Deputy Nursing Manager giving a talk on this special day.



Celebrating Pregnancy Awareness Day with compassionate care for expectant mothers.

It was a wonderful initiative to engage and motivate expectant mothers during educational sessions. Offering free gifts was used as a rewards for correct answers and an effective way to encourage active participation and reinforce the learning process. This approach not only promoted a sense of motivation but also showed appreciation for the mothers' efforts to actively engage in the sessions. This created a positive and supportive learning environment, especially for expectant mothers, as they benefited greatly from education



Embracing the miracle of life, one patient at a time, on Pregnancy Awareness Day.

and support during their pregnancy journey.

MEASLES CAMPAIGN

AT PSH - A HUGE SUCCESS

23 February 2023

The hospital Paediatric unit recently executed a measles campaign which achieved fairly good results. The campaign was designed to increase awareness about the importance of measles vaccination and encourage parents to get their children vaccinated as a preventative measure against the disease. Utilizing various modes of communication and engagements such as posters around the hospital, radio talk shows and educational handouts, our hospital was able to reach a large number of parents. Children were given the Measles immunisation at six (6) months old and a booster at twelve (12) months.

The Measles Campaign was indeed a huge success !

Tune In for Measles Education: Our Paediatric OM, Sister Thembeke Ndawonde breaks down the facts on radio waves at Radio Sunny South

Sister Ndawonde provided extensive details to the audience of Radio Sunny South, emphasizing key aspects of measles, including its signs and symptoms, preventive measures, and the locations where vaccines were administered during the campaign. Additionally, she distributed informational brochures to the members of the public.



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SUCCESSFUL COLLABORATIVE INITIATIVE : PSH & UKZN

23 February 2023

RAISING AWARENESS ON FEMALE GENITAL SCHISTOSOMIASIS



The collaboration between Port Shepstone hospital and the University of KwaZulu Natal stands as a shining example of how concerted efforts can bring about positive change in tackling neglected tropical diseases such as Female Genital Schistosomiasis.

Our long standing partnership with UKZN paved the way for a brighter future and provided a platform for empowering our communities. The hospital and the university organized this workshop and training sessions for practicing healthcare professionals in the hospital and from the other hospitals within Ugu district. By targeting healthcare employees at different levels, the project ensured a comprehensive understanding of the disease and its management. The impact of this initiative will be felt not only within the Ugu district but also in surrounding areas as the trained personnel continue to work collaboratively and educate

their communities about female genital schistosomiasis. The target audience included Gynaecologists, nurses, and community health workers, and admin staff. The sessions provided a comprehensive training on FGS diagnosis, treatment, and prevention, enhancing the healthcare system's overall capacity to combat the disease.

The UKZN professionals played a pivotal role in the collaboration by providing clinical expertise, sharing information on diagnosing and treating FGS cases, and were working on plans to support affected women through their treatment journey.

This successful partnership serves as a model for other regions and institutions looking to address neglected tropical diseases through effective awareness and training programs.

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OUR COMPLIMENTS PAGE

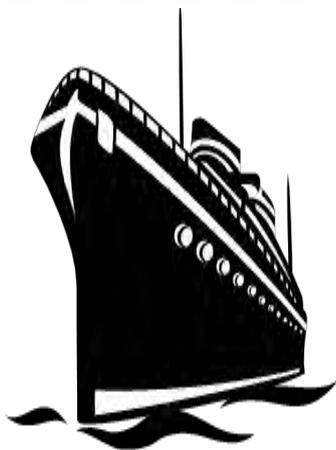
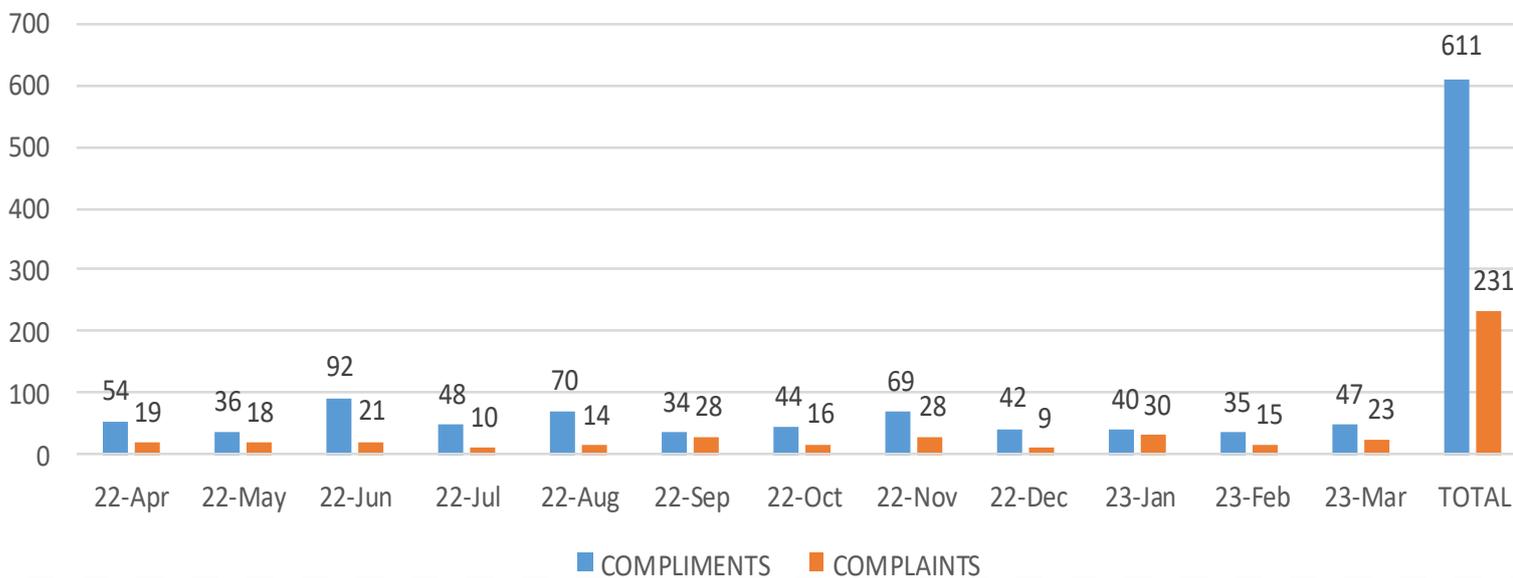
Even though we received some complaints during the previous financial

year, it is worth noting that our compliments consistently surpassed the level of complaints. This positive feedback is a testament to our

commitment to providing high-quality services to the patients, and we will strive to continue this trend in this new year

THIS GRAPHICAL ILLUSTRATION SHOWS OUR PERFORMANCE—BE THE JUDGE!

PSH COMPLIMENTS VS COMPLAINTS 2022/2023 FINANCIAL YEAR



Our work has mainly focused on improving our hospital visibility, increasing community engagements and helping to drive the patient complaints management processes

PUBLIC RELATIONS UNIT

Find us on the Ground Floor, next to the Medical Chambers

EZOKUXHUMANISA ISIBHEDLELA NOMPHEKATHI

Tel: 039 688 6276

NURSING MANAGEMENT & STAFF UNITE TO SWEETEN THE CELEBRATION OF NURSES' DAY



In a heart-warming display of camaraderie and dedication, matrons, operational managers, and ward nurses of our hospital recently ventured outside the wards and put on their entrepreneurial hats to raise funds for the upcoming Nurses Day celebration. With laughter, excitement, and delicious treats, they not only achieved their fundraising goal but also strengthened the bonds within our healthcare community. On the 17th of February, the hospital's corridors were filled with the tantalizing aroma of freshly baked cakes and an array of delectable savouries. The familiar faces of our dedicated nurses and managers who wore white aprons and chef hats as they manned their makeshift stalls, ready to serve their fellow colleagues. The enthusiasm was contagious, drawing hospital staff from all departments to support the cause and indulge in the delightful spread. The event was spearheaded by the matrons, operational managers, and ward nurses, who recognized the importance of celebrating Nurses

Day and wanted to create a memorable occasion for their colleagues. They put in hours of effort outside their usual duties to plan, organize, and prepare the assortment of mouth-watering treats that awaited hospital staff. The generosity of our staff members was evident throughout this event. Colleagues from all departments lined up to purchase cakes, savoury snacks, and refreshments, not only to enjoy the treats but also to show their support for the nursing team. The proceeds from the sales surpassed expectations, paving the way for a grand and memorable Nurses Day celebration that all hospital staff can look forward to. The initiative showcased the spirit of teamwork and camaraderie that defines our hospital community. Beyond the exchange of funds and sweets, the event served as a reminder of the invaluable contributions made by our nursing staff in ensuring the well-being of patients and maintaining the hospital's standard of care.

EMBRACING ACCOUNTABILITY

CEO and team took on Water Challenges



The CEO and executive team of Port Shepstone hospital demonstrated remarkable leadership by addressing water challenges that were impacting the hospital's operations and employee well-being. The CEO took a hands-on approach, leaving her office and interacting directly with affected employees, water truck drivers and the leadership at our local municipality to understand the hospital's concerns and frustrations.

This act of humility and accountability impressed both patients and staff, showing that the management cared about their well-being. By interacting directly with the workforce, the CEO gained invaluable insights into the ways in which the water issues were hindering productivity and causing inconvenience to employees.

After the visit, the CEO promptly formed a task team comprised of experts from various departments to develop a comprehensive plan to tackle the water issues.

Working together, they conducted a thorough assessment of the water-related issues and developed a comprehensive plan to mitigate the problems.

The plan included short-term solutions to alleviate immediate issues and long-term strategies to ensure sustainable water management within the hospital. It encompassed measures to reduce water wastage, explore alternative water sources, and promote water conservation practices across all departments.

The decision to leave the comfort of her office chair demonstrated that the CEO was not simply an executive confined to the top floor but a leader who understood the importance of empathy and connection with her team.

OUR COMPLIMENTS PAGE



Your compliments have greatly elevated our spirits!

LABOUR WARD & POST NATAL : The labour ward nurses are kind, helpful, very caring and efficient. The Post Natal ward nurses were also caring and helpful. I thank all of them for helping me and my baby.

By : Sewnard Reshma

Ward 2 : A big thank you to the Nursing staff. They were very friendly and helpful, efficient and professional. I would recommend this hospital to others. My short stay here was a pleasant experience.

By Lorraine Kennedy

G-ward: I am giving a compliment to a special nurse. She is first on duty. I suggest all the nurses should be positive about their work like Mrs Mkhize. She is one of a kind, driven by passion.

By Sibonelo Zikalala

TCC: Ngiyile e Thuthuzela Care Centre ngafika ngabika inking yami, bangilalele kahle futhi bangipha nethuba lokuchaza kahle udaba lwami. Bangiphathe kahle kakhulu. Ngiphume sengizwa ukuthi ngingcono kunento ebengifike ngiyiyo. Ivela ku : By (name kept confidential)

Gateway Clinic: I was so inspired by the staff of gateway clinic, the surrounding areas are spotless clean. The attitude of the staff when I asked questions was good. Thank you so much for maintaining good standards of healthcare.

By Khumbu Mthnjana

O-ward: I was admitted in this ward last year and they and they gave me everything that I needed. I am happy that even today, I am going home with a smile on my face. I would like to compliment all the ward –O staff and doctor for their dedication. By Siindile Madwe

SOPD: We are very satisfied with the care given by SOPD staff. We were handled top class by the sister who is doing the dressings. She is very polite and helpful. The doctor was top class as well.

By William Venter

G-Ward: Thanks to all the staff of G-ward , your service was excellent. I felt at home and not like a stanger. I am very pleased with the operation that was done by the doctors. Excellent job done by doctors and surgeons.

William Venter

TCC: I was assisted and welcomed warmly by the nurses of TCC. They treated me well to the point that made me feel like their family member due to the comfortable words and the manner in which they spoke with me and my son. By (name kept confidential)

Labour ward: Nurses were kind and helpful, very caring and efficient. Post Natal ward nurses were kind as well. I thank all of them for helping me bring my baby to this world. Hats off to all doctors. I really appreciate their help.

By Sewnarad Reshma

Post Natal: I would like to thank the staff for being kind to us as patients. Sometimes we turn to be difficult and expect them to understand but they treat us equally and with respect.

By : Thabile Duma

Post Natal: Ngafika ngizobeletha sekuphuthuma kakhulu kodwa abasebenzi base labour ward bangisiza umntani wayeza ngenkaba kodwa bangisiza.

HALALA PORT SHEPSTONE

Sthembile Caluza



KWAZULU-NATAL PROVINCE

HEALTH
REPUBLIC OF SOUTH AFRICA

ACKNOWLEDGEMENTS



PORT SHEPSTONE HOSPITAL CONTACT DETAILS

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KwaZulu-Natal Department of Health



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