

PORT SHEPSTONEREGIONAL HOSPITAL

ISIBANI NEWSLETTER

EDITOR'S NOTE

SEPTEMBER 2020

armest greetings to all readers of Isibani newsletter.
We thank the Almighty God for giving us the strength to endure all the ups and downs we have had to con-

to endure all the ups and downs we have had to confront during the first quarter of the year and we trust He will give us the endurance to continue ahead. It is a true saying that problems rule where solutions are ignored. We witnessed that when we heard from the media that in areas where Covid-19 rules were not observed, there were outbreaks of the virus and many people became infected. It is high time we understand that these are unprecedented times and change is inevitable. This all requires our society to become flexible to the changes that are taking place. In our environment, there were difficulties, nevertheless, we were encouraged to see some key indicators



Mrs P.P. Morai
Public Relations Officer

showing the decrease in the number of patients presenting with Covid-19 related illnesses during this quarter. There was an absolute improvement even in the number of patients requiring admission into the Covid-19 ward. Here we come again with wonderful stories of the events that happened in our hospital.

Happy Reading!

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GROWING KWAZULU-NATAL TOGETHER













NEWS FROM THE CEO'S **DESK**

behalf of management and staff at Port Shepstone Regional Hospital, I wish to reiterate that we remain resilient and persistent through the turbulent storms of the Covid 19 Pandemic due to the on-going staunch support from leadership, management, staff, partners, organised labour, service providers, stakeholders, municipality, community, patients and their relatives.

As much as there are numerous challenges, there are also key success stories that Port Shepstone Regional Hospital wish to share during the season of Covid 19 Pandemic:

The previously burnt 27 b<mark>edded unit repair project</mark> was completed in July 2020, which slightly assisted Department of Labour conducted an audit and the in addressing bed shortage issues and managing the facility was found compliant. surge better.

Eye Clinic moved back into its old clinic area after We continue to monitor and support compliance fire-damage repairs were completed.

Replacement of fire-damaged computers.

Completion of installation of Fluoroscope X-ray unit.

Completion of various infrastructure projects, including repair of the lifts; renovation of wards including installation of additional extractor fans, electrical and oxygen points; rebooting oxygen supply; installation of CCTV surveillance cameras and sys- you all! tems.

Separation of infectious waste and Covid 19 waste, including frequent collection by Buhle Waste.

GROWING KWAZULU-NATAL TOGETHER



Ms Bawinile Ndlovu **Chief Executive Officer**

Partnership with local mortuaries regarding storage of bodies should there be a disaster.

with Covid 19 regulations. Covid 19 Pandemic has not been kind to the public as well as to the staff, but we soldiered on. We would not have gone this far without the commitment to perform beyond the call of duty by some of our staff members, who even returned from their rest days to ensure that the public receive the quality health service they were promised. May God bless

Thank you

Ma Bawinile Ndlogy

Chief Executive Officer











KZN LEGISLATURE OUTREACH TEAM - VISITS PSH TCC



ort Shepstone Hospital Thuthuzela Care Centre's reputation for good excellent customer service delivery was the main the KwaZulu-Natal reason legislature delegation decided to visit during their outreach campaign on all South Coastal Municipalities on 27 August 2020. This campaign was part of an agreement by Women's the

organizations to extend education and to ensure provision of face masks to women as means of protecting them from contracting Coronavirus. The aim of their visit Centre had all the required tools to assist their clients during the period of Covid-19. They offered gifts meant to be given to patients in need of toiletries, cosmetics and face masks. This act of kindness brought great joy to the hospital

management and staff. That is why the hospital management would like to take this opportunity to express their deepest gratitude for this initiative and further committed was to check if the Thuthuzela Care that the performance of this multifaceted unit will remain of the highest standard.











FIRST ROBOTIC OPERATION

DONE IN KZN REGION - PORT SHEPSTONE HOSPITAL

ort Shepstone Hospital Orthopaedic team is thrilled successfully performed its first robotic advanced medical operation on 10 September 2020. Dr V. Singh -hospital fulltime Orthopaedic Specialist in Department performed the Navio Robotic assisted knee replacement operation on a 52year old female patient with Osteo-arthritis of the knee. The cutting was done with hand held technology that allows the surgeon more freedom to do the operation assisted by the Robotic robot. portable The surgical aid system creates a virtual reconstruction of the patient's knee anatomy, ligament tension, and kinematic motion. information is used to tailor the position of the implant to the patient's femur and tibia shape, taking into account the patient's unique cartilage wear, condylar shape, and soft-tissue balance. It



(L-R) Dr V. Singh –, Dr D. Chivers (Orthopaedic Specialists) and Dr Frederick Coetzee Specialist & HOD Orthopaedics

has proved to save on preoperation planning due to eliminating pre-operation CT scans. The Management of Port Shepstone Hospital and the entire Orthopaedic unit team is excited that patients with similar conditions will have their implant placement done using this portable robotic surgical aid system which

produces better alignment of the implants.

Port Shepstone Hospital Department of Orthopaedics

Diagnosis and treatment of acute and chronic orthopaedic conditions

- Spinal injury assessment
- Polytrauma assessment
- ♦ Elective surgey: total knee and hip replacement
- ♦ General orthopaedic surgery
- Conservative management of certain types of orthopaedic injuries
- Rehabilitation services
- ♦ Outpatient follow up









MEET THE MANAGEMENT OF PSH ORTHOPAEDIC DEPARTMENT



Name : Mr S. Gojana Title : Assistant Nursing Manager Contact Number : 039 688 6260



Name Dr F. Coeztee Title: HOD – Orthopaedics Contact Number: 039 688 6252



Name : Ms T. Pillay Title : Operational Manager Contact Number : 039 688 6125

e, the staff of the Committed to provide quality patient care to all clients within the available resources. We aim to provide an efficient and compassionate Orthopaedic care based on a holistic service.

OUR COMMITMENT TO CLIENTS

We are committed to respecting the rights of our clients including the addressing of queries and complaints.

We are committed to ensure that our clients are seen within the established waiting times and timeously address delays that may arise.

We ensure that our clients receive the necessary health education and deal with referrals and follow-up instructions that relate to their health care requirements.

We are committed to ensure continuous training and development of staff to ensure that care is rendered by acknowledgeable skilled personnel.

We are committed to ensure an integrated care approach, involving family and care givers with the multidisciplinary team.

OUR SERVICE GUARANTEE

We always strive at ensuring that our staff maintain a culture of openness and transparency when attending to our clients and we promise to

- Identify ourselves when we speak to you.
- Treat you with respect, courtesy and dignity.
- Provide you with clear instructions and relevant information and assist you when making an informed consent.

















KZN HEALTH MEC VISITS PSH TO EVALUATE STATE OF READ-



MEC for the Department of Health KwaZulu -Natal who presides over 700 health facilities including hospitals, community health centres and mobile clinics paid a special visit to Port Shepstone Hospital Front row (L-R) Mrs T.G. Mkhize (DNM-PSH), MEC Mrs Nomagugu Simelane Zulu, Mrs Ntokozo C. Mkhize (Ugu Health District Director) and Raj Govender (Ugu District Quality Assurance Manager)









KZN Health MEC Mrs Nomagugu Simelane-Zulu visited Port Shepstone Hospital on 21 August 2020. The aim of her visit was to check the hospital's compliance with Covid-19 regulations which included PPE availability, single point of entry into the facility premises, Patient screening and registration stations, Covid-19 testing station, routine services for Covid-19 positive and negative patients and hospital transfer and exit pathways. This visit was eye-opening to the hospital

staff as it pointed out the things they needed to focus on in order to do well. These included issues such as the size of the demarcation lines drawn on the ground/floor to separate the patients queuing inside and outside the hospital premises. It had to be ensured that these lines were 1.5 meters apart. Some of the issues include staffing and use of appropriate PPE and the importance of keeping registers.

DID YOU KNOW

That Covid-19 station procedures include:

- Patient's full assessment by a doctor beginning with history, examination and vital signs.
- Patients are likely to require blood tests, ECG and chest x-ray.
- Patients require Covid-19 testing
- Covid-19 guidelines are followed for patients with severe symptoms.









PORT SHEPSTONE HOSPITAL

NURSE'S WALK DONE AS PART OF RECOGNITION OF THE YEAR 2020 AS A YEAR OF THE NURSE AND THE MIDWIFE



At the end of the event, the nurses were overjoyed that their event was an resounding success

NURSES from Port Shepstone Hospital have shown once again that they do not only pay lip service to good customer care, but they are also more than prepared to walk the talk.

This became apparent when a huge number of nursing personnel participated in a 3km walk from the hospital to Kapenta Bay Hotel. The weather conditions were exceptionally good, which made the walk a breeze/somewhat challenging, though this was not enough to dampen the participants' spirit.

During this occasion, the metaphor 'walk the talk' was used to strengthen the nurses' resolve to promote and

showcase good nursing practices, and excellent patient-centered culture when carrying out their day-to-day duties. As 2020 is still considered as the year to celebrate nurses worldwide, all categories of nursing staff participated in this event. Speaking ahead of the walk nursing manager, Mrs Thembi congratulated Mkhize, participants, and thanked them for working tirelessly and with dedication, even during the height of the deadly COVID - 19 pandemic. She urged them to persevere, and continue to treat patients with care, love, respect, and to always advocate for them. "As professionals, we shou<mark>ld at</mark>

all times be true ambassadors of ethics and professionalism by ensuring fairness, truthfulness, accountability and confidentiality in our practices as enshrined in the Nursing Code of Ethics," she said. After the walk, nursing staff and their managers participated in various physical activities, including games that promote teamwork. They enjoyed a healthy snack, and then walked back to the hospital to put their words into practice.









A 4-KM WALK- ENJOYED BY ALL PARTICIPANTS

DON'T JUDGE YOUR DAY ONLY BY THE HARVEST YOU REAP BUT BY THE SEEDS THAT YOU PLANT



calls for patience and consistency



The $\,$ mission wasn't bigger than them, they seem to be managing the walk very well



DNM Mrs Mkhize with her Assistant Managers presented gifts of appreciation to all the nurses - No act of kindness, no matter how small , is ever wasted!



The day also brought fond memories of childhood as nurses played a number of games - remember " work and no play makes Jack a dull boy"







Mr Mthulu, a gentlemen you would rarely see playing - melted today, playing with









PHOTO GALLERY



















THIS IS HOW THE DAY'S SPECIAL MEAL WAS SERVED TO THE NURSES





















PORT SHEPSTONE HOSPITAL

HIRES TEMPORARY HEALTHCARE WORKERS DURING THE CORONA-VIRUS CRISIS



One of the most persistent issues since the Covid-19 epidemic started in March is the shortage of healthcare workers. The reason for this was the fact that some of our healthcare workers were exposed, leading to them being quarantined for the stipulated time period. On the other hand, the number of patients infected with Covid19 increased also at unexpected rate, leading to a

number of identifiable gaps which could have caused major problems if left unattended..

The Department of Health has had to take urgent action to provide support by adding backup temporary staff, which everyone highly appreciated.

Before they were sent to start their work, a massive orientation session was conducted by the Nursing

Management Team, led by Mrs Thembi Mkhize - Deputy Nursing Manager , ensuring that each and every one of them is acquainted with the activities they will be involved with, reporting lines, and many other work requirements.









PSH CELEBRATES HERITAGE DAY

Be proud of your culture & give yourself a chance to learn about other cultures

celebrated staff came from themselves with beautiful skirts. colourful dresses, hats, head rings, ear rings, necklaces lined with colourful heavy beadwork.

ort Shepstone Hospital and it became an opportunity for was characterized with vibrancy their the opulent styles of their various cultural diversity in traditional attires and meals. The style on 23 September 2020. food that was displayed on the On this special occasion, the tables ranged from Traditional departments having adorned bites, veda, samoosa goolgoolas, elaborate burfee, chana magaj, ladoo, veg traditional attire ranging from breyani, dhall, salads, lime pickle, mango pickle, chevda, serve and nuts, Tumeric powder, ginger and garlic for curries.

Xhosa and Zulu traditional food: The event generally involved isigwampa, isijwabane, fresh corn, in multiple cultural groups of tripe, steamed bread, amahewu, employees within the hospital steamed pumpkin, herbs he day

proudly them to display and experience and energy as the crowd ululated to a point where the CEO, Ms Bawinile Ndlovu and many other managers and general employees kicked up heels and performed their various Indian food :- Puri, phatha, chill traditional dances, which became a great way to entertain the crowd.

> The event indeed served as both social glue and cultural spectacle with staff performing in energetic feats, spinning, swinging hands, lifting feet and beads rattling mightily. It played an important role promoting cultural diversity, social cohesion, reconciliation and peace in our own space.



L-R: CEO- Ms Balungile Ndlovu, Nokubonga Madlala, Bongekile Shazi, Nombuso Mchunu, Nosipho Mavundla, Bongiwe Msomi.











PHOTO GALLERY

























PHOTO GALLERY

























PHOTOS SHOWING WHO WE ARE





A people without the knowledge of their origin and culture are like a tree without roots



A concerted effort to showcase preserved heritage - Zulu dance led by the CEO



Happiness is a very proud word of our whole cultural heritage



CEO Ms Bawinile Ndlovu - keeping her face towards the sunshine



The beauty of the world lies in the diversity of its people



Culture can be defined as that which people are interested in











TREATS OF THE DAY





Zulu traditional artefacts on display



This is a festival of Xhosa and Zulu food



In the mood for dance—ladies from various sections showcased their cultural dance





Never judge someone by the way he looks Or a book by the way its covered for inside, there is a lot to be discovered











DISPLAYS & ACTIVITIES OF THE DAY





Dine well, you will be able to think well



One does not need silver cutlery to eat delectable food



Traditional artifacts on display



Oh, did you say exercise? I thought you said extra fries



1











SUCCESSFUL TRAINING INITIATIVES CONTINUE DURING THE PANDEMIC



necessitated have

he new realities stemming about as a result dramatic changes determined from the Covid-19 crisis and a number of guidelines with employees to attend each session to the processes and procedures which avoid having big groups. All training importance of continual employees had to follow and sessions conducted were learning for the staff. This came implement. The training facilitators successfully.



Education is a simple, yet effective solution which provided support to many of our staff members, helping them navigate a plethora of challenges facing healthcare workers as a result of a number of guidelines issued for Covid-19









11/08/2020

PSH NURSES MOURN

FOR THE LIVES OF THE STAFF WHO DEMISED DUE TO COVID-19 PANDEMIC

















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@ PORT SHEPSTONE HOSPITAL







Master KG and Nomcebo have made a popular hit song called Jerusalem which created such a positive vibe and attracted international attention. Everyone wanted to join the challenge for mastering its dance moves. It didn't matter if you were old, young, wearing a flat or high heel shoes, black or white, - the only thing that stood out was the dance moves that matched its rhythm, making

everyone feel good and forget about the stressing news of Covid-19.

While observing the Covid-19 hygiene protocols, Port Shepstone Hospital staff also joined the challenge in September. During their lunch breaks, the staff from various sections in the hospital practiced and produced dance moves which made them part of a

organized by the Head Office. It was such a









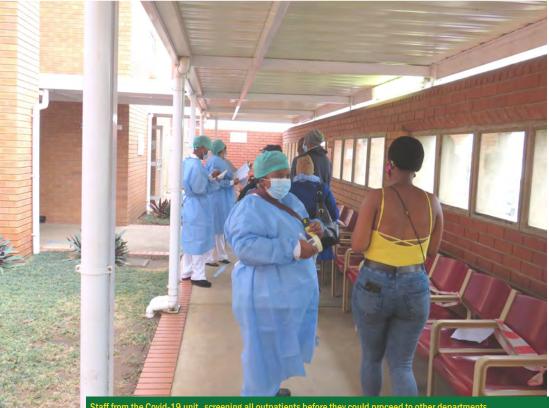


PORT SHEPSTONE HOSPITAL

uring the beginning the Covid-19 period, members of Covid-19 the Response Team conducted numerous meetings, after which they had continuously the evaluate hospital for readiness and its capacity to respond should there be a surge. During the beginning of Covid-19 period, the identification and establishment screening and triage protocols and points of access to the hospital were made. While doing that,

the hospital had to ensure that the Emergency and Trauma unit remained operational so that it can be able to implement basic emergency care for seriously ill patients and then activate referral should there be an increasing number of cases.

Surely, there were difficulties; however, we were encouraged to see some key indicators showing the decrease in the number of patients presenting with Covid-19 related illnesses in our facility during this quarter. There absolute improvement in the even



Staff from the Covid-19 unit screening all outpatients before they could proceed to other departments

number of patients requiring admission into the Covid-19 Nevertheless. screening and all plans remained in position as we were anticipation the coming of the second wave.

The Supply Chain department and relevant stakeholders remained vigilant in terms of the stock that was on demand regarding the procurement and distribution for personal protective equipment (PPE) and biomedical equipment (including oxygen, ventilators), including contingency plans

shortages. **Notices** and educational pamphlets for visitor food restriction were and distributed to raise awareness among patients and their relatives and the community. Despite this promising outline, management kept encouraging the workers and members of the public to keep Covid-19 hygiene protocols and remain vigilant as the second wave could start at any time.









SUCCESSFUL DELIVERY OF THE KZN HEALTH GENERA-

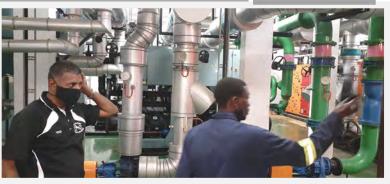








n recent times, Eskom as the main provider of electricity in the country, experienced electrical demands which led to implementation of various stages of power outages. Port



Shepstone Hospital is well equipped with a big generator that kicks in every time there is power outages. Unfortunately luck wasn't on our side on the September when generator suddenly stopped. If it wasn't for the commitment of the Management of the hospital, diligence of the Maintainance Department, District Engeneer and support by the KwaZulu-Natal Department of Health the replacement of our old underground generator could not have been done so swiftly. this resulted although patients being diverted to other local facilities - which was "a necessary move and widely communicated

stakeholders. We would like to thank the teams of technical experts, Head office, District office and our maintenance staff who were on standby to ensure



that the loaned alternate generator kicked in successfully during the time the old generator was being replaced. We extend our gratitude to all our clinicians and the management of neighboring hospitals for handling patient diversion process so swiftly.













NEW EMPLOYEE WELCOME

A warm welcome and congratulations to you all on becoming part of Port Shepstone Hospital team. We look forward to a successful journey with you!







Mkhize G.G : Clinical Nurse Practitioner

Mdletshe P. Z : Clinical Nurse Practitioner

Bekwa M. : Professional Nurse

Khawula P.K : Professional Nurse

Khowa M.P. : General Orderly

Khotyiswayo S.E. : General Orderly

Mahlamvu T. S. : Professional Nurse

Kheswa H. S. : Professional Nurse

Khowa N. G. : Professional Nurse

Mzobe S.M. : EPWP

Mzimela P. : Professional Nurse

Mvuna P.F. : General Orderly

Tibe N. P. General Orderly

Sishi G. N. : Professional Nurse

Zamisa N. P. : Professional Nurse

Sosibo N. S. : Professional Nurse

Cele B.S. : Professional Nurse

Cele E. N. : Professional Nurse

Bane N. : Professional Nurse

Mokoena D. : Professional Nurse

Mthethwa M. N. : Professional Nurse

Mkhize S. : Professional Nurse

Mhlelemana N. L. : Professional Nurse Speciality

Ngwane M. : Professional Nurse Specialty

Mazibuko N.O : EPWP



Msimango M. T. : EPWP

Naidoo M.N. : Medical Officer

Sangweni M. : EPWP

Moshoeshoe : Professional Nurse Specialty

Ntsukumbini K. : Admin. Clerk











UPDATE ON EMPLOYEE AFFAIRS

t is important for new employees to receive orientation so that they can have an understanding of employment matters and official REPORTING ABSENT OR policies and procedures. Here is information that might help you An employee may not be understand some of your employ- absent ment issues.

PROBATIONARY PERIOD

All new staff to be considered for needs to take leave unexpermanent appointment serve a pectedly, it is important to probationary period of 12 calen- notify the line manager on dar months. Permanent appoint- the day of your absence, ment is only confirmed after an preferably before 09H00 employee has met all require- hours. The bottom line ments for probationary appoint- here is to always advise ment.

SPECIAL LEAVE

Special leave with full pay may be son for your absence or lateness. granted to an employee for special reasons such as

- Examination purposes
- nancy (4 months)
- provincial or national level.

WORKING HOURS

Employees are advised of their drawn if deemed necessary to hours of work upon assumption meet service delivery needs. of duty. Public service employees work a minimum of 8 hours per day and 40 hours per week, ex- Sick leave is available to a maxicluding lunch and tea breaks.

DID YOU KNOW?

Staring and finishing times are determined based on service delivery needs.

during normal working hours without obtaining prior approval their line manager (designated official). In an employee the line manager of the time period for which you will be absent and the rea-



Vacation leave is subject to the is taken concurrently. prior approval by your line man-Confinement during pregager. This is necessary in order to plan for the service delivery Sports representation at needs of the community you serve. Unused vacation leave lapses at the end of June each year. Vacation leave may be with-

SICK LEAVE

mum of 36 days on full pay over a three year cycle. It is not accumu-



MR Mxolisi Zulu Human Resource Manager

lative for each three year cycle. A medical certificate must be provided if 3 or more day's sick leave















If you have visited Port Shepstone Hospital Thuthuzela Care Centre over the past decade, there is a good chance you would have been cared for by Sister Cele. However, that will now be changing as the long

serving Sister is retiring after more than 20 years of service.

Taking from the speeches that were rendered by various speakers on the day, we learnt that Sister Cele served numerous people with utmost love and respect, especially the victims of Genderbased violence. On this special day, she was surrounded by her husband, children, grand children and colleagues to celebrate with her. There is indeed nothing more important than making memories with those you love.











SISTER CELE'S

30 September 2020





























n the 8th September 2020, the Human Resource Department 'staff, including men and women gathered in the Boardroom to celebrate and congratulate their colleague Zime Mhlongo, wishing her well for the bundle of joy she was carrying. The amazing thing about becoming a parent is that you will never again be your own first priority. That is why Zime's colleagues brought her a lot of gifts to make it easier for her when she is faced with those demanding times. However, whether it's a girl or boy, babies just bring much joy. Congratulations Zime and well wishes on new beginnings!

The greatest legacy one can pass on to a child is not money or other material things accumulated in one's life, but rather a legacy of character and faith—Billy



















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EDITORIAL TEAM



P.P. MORAI
DESIGNER,
PHOTOGRAPHER,
WRITTER & EDITOR



MS JENNY SMITH EDITOR



MS BAWINILE C. NDLOVU
CO-WRITER &
EDITOR

PORT SHEPSTONE REGIONAL HOSPITAL

Tel. : 0396886000 Fax : 0396826678









