



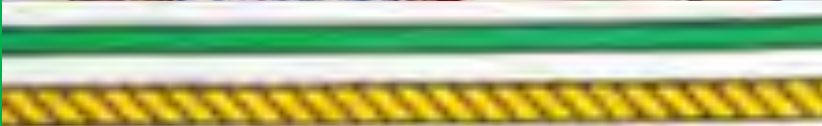
ISIBANI NEWSLETTER

NEWS

JULY-SEPTEMBER 2023

GROWING KWAZULU NATAL TOGETHER

Greetings to all Isibani Newsletter readers, We're delighted to welcome you to our July-September edition. We're embracing the essence of the season with stories aimed at uplifting your spirits. This edition is filled with enlightening features, captivating tales, and updates that reflect our shared journey and aspirations. We invite you to explore the richness of our content, carefully crafted to inform, entertain, and inspire.



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PSRH HEALTHCARE WORKERS EXPRESS GRATITUDE FOR SPECIAL HIGH TEA HOSTED BY KZN HEALTH MEC, MS NOMAGUGU SIMELANE HONORING WOMEN EMPLOYEES IN UGU DISTRICT"

Female healthcare professionals from UGu and neighbouring districts showcased their impeccable attire at a Women's Month Celebration arranged by the KZN Department of Health at Uvongo Town Hall on 29 August 2023, adhering to the theme, 'Dress to Impress, Hats to Envy',

These dedicated healthcare workers gathered in large numbers to honour each other alongside our KZN MEC for Health, Ms. Nomagugu Simelane, in an event aimed at acknowledging the contributions of women in healthcare. This marked our first interaction gathered as women in the public health sector since the onset of the Covid-19 pandemic.



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KZN Health MEC, Nomagugu Simelane Hosts Women's Day With Women Healthcare Workers in Ugu District, PSRH Staff Extend Thanks



Port Shepstone Hospital Drum Majorettes warmly welcomed the MEC, who entered with a grand march led by them.



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PSRH CELEBRATES HERITAGE DAY IN STYLE



On September 20, the Nursing Management team of Port Shepstone Regional Hospital came together in a joyous celebration at Pumula Hotel, located in Umzumbe along the South Coast. The event was a vibrant combination of Women's Day, Heritage Day, farewell parties for Clinical Preceptor Sister Samantha Etty and Female Ward Operational Manager Mr. Bongumusa Mvuna. Because of their consistently hectic work schedules, the team found it necessary to merge these occasions into a single outing, allowing them to enjoy a rare opportunity to rejuvenate their exhausted spirits often due to the demands of their profession. Dressed in a variety of colorful and culturally rich attire, the Deputy Nursing Manager, Mrs. Mandisa Maqutu, Assistant Nursing Managers, Operational Managers, the newly appointed Quality Manager, and the Clinical Preceptor gathered to commemorate these special events.

Their clothing choices proudly represented the diversity of nationalities and tribes within the team, highlighting the rich tapestry of their heritages. Ms Nompumelelo Radebe, the Assistant Nursing Manager in charge of Night duty, was one of the esteemed speakers at the event. She shared insights into the strengths and virtues of women from the biblical times, inspiring all present to embrace these qualities in themselves. Mrs. Maqutu, the Deputy Nursing Manager, emphasized the importance of self-care and the necessity of tending to one's own wellness. She urged the Nursing Management team to take time for themselves, reaffirm their self-worth, and not seek external validation. Mrs. Dudu Mbele, the HR Officer, echoed the same sentiments, encouraging unity, respect, and love among the team members.

The event took an enlightening turn as Sister Helen Herron provided a historical perspective on the evolution of the Coloured community, shedding light on the challenges they have overcome and the unique aspects of their culture. . Matron Nhlumayo shared captivating insights into Zulu culture, while Mr. Patrick Tsoeunya delved into the traditions surrounding Sotho marriage ceremonies. Sister Ntombifikile Khawula provided a vivid depiction of Xhosa culture, including its culinary traditions, clothing, and rituals. Sister Nandashnee Ramdutt provided a comprehensive account of the arrival of the Indian community in South Africa and the challenges they encountered until the year 1994 when freedom was achieved.

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The informative stories turned the event into an enriching educational session that was highly valued by all participants. Programme Managers Mr. Mthulu and Sister Khuzwayo contributed to the authenticity by donning traditional attire, with Mr. Mthulu sporting a lengthy traditional cigar and Sister Kuzwayo wearing Zulu attire. The atmosphere was enhanced by delectable cuisine, invigorating sea breeze, and a lively sense of camaraderie that permeated throughout.





The festivities drew to a close, and memorable celebration, every manager was eager to revisit and savor the enchantment of the day. It was unquestionably a remarkable and cohesive workplace, thoroughly embraced by all who took part. The day underscored the hospital's dedication to nurturing a diverse and cohesive workplace, where the value of heritage and each individual's distinct background is celebrated with genuine enthusiasm.





Then, in a recent development, Sister Samantha Etyy has transitioned from her role as a Clinical Preceptor to a new position as Quality Manager, while Mr. Mvuna has been promoted to a higher post at GJ Crookes Hospital. The Deputy Nursing Manager, Mrs Mandisa Maqutu expressed congratulations and praised them for their dedication and hard work, presenting each with a special bottle of wine in recognition of their accomplishments.





HERIRAGE CELEBRATIONS CONTINUES

- Obstetrics & Gynaecology Department



Due to ward staff being unable to leave their duties entirely to join the larger heritage celebrations, they opted for an intimate celebration within their space. This allowed them to participate fully in the festivities while maintaining their responsibilities. Heritage Day on 24 September recognizes and celebrates the cultural wealth of our nation. South Africans commemorate this day by remembering the cultural heritage of the diverse cultures that make up the population of South Afri-

ca. The Department of Obstetrics and Gynaecology at Port Shepstone Hospital celebrated Heritage Day by displaying their pride in their culture and the dignity associated with their places of origin. The staff brought a wide variety of traditional foods, such as samosas, amadumbe, sweet potatoes, isijingi, and many other delicacies.

Matron Ngxumza took the opportunity to impart wisdom to her employees, particularly the ladies, on proper marital behavior and historical conduct of women. The importance of Her-

itage Day also lies in providing a space to teach and learn about cultural history, as well as to examine how these cultures are viewed within broader discourses, including those in American society.

This intimate celebration within the Obstetrics and Gynaecology Department highlights the commitment of healthcare workers to honor their heritage while fulfilling their vital roles.

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HERIRAGE CELEBRATIONS CONTINUES

Obstetrics and Gynae Photo Gallery



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SUCCESS AND HARMONY: PORT SHEPSTONE HOSPITAL'S WELLNESS DAY UNITES HEALTHCARE COMMUNITY IN UGU



Ugu Health, represented by District HRM Ms. Desiree du Randt (positioned 4th from the left), and PSRH Senior Managers, which include HRM Mr. Mxolisi Zulu (positioned 1st from the left) and HR Assistant Director Mr. Kenneth Msenti (positioned 5th from the left), along with Mr. Ncanana– EAP, lead the celebration and express gratitude to all participants.

Port Shepstone Regional Hospital organized a successful Wellness Day event at St Martin's De Porres School Sport Grounds on 21 July 2023. The event aimed at providing employees a break from their demanding roles, fostering interaction with peers from other hospitals, and engaging in enjoyable activities within a friendly and supportive atmosphere. Three local hospitals, including Murchison, GJ Crookes District hospitals, Primary Health Care, and Gamalakhe Community Health Care Centre, were invited to participate, along with Wellness management from the district office.

The event featured various activities tailored to cater to diverse interests and abilities such as soccer, netball, umlabalaba (board game), tug of war, egg and spoon race, wellness walk, and taebo.

Although the event was non-competitive, Port Shepstone Hospital achieved first positions in Umlabalaba and the Wellness walk, while GJ Crookes hospital excelled in soccer, and Murchison hospital impressed in netball and tug of war. The attendees appreciated the opportunity to showcase their skills, connect with peers,



EMBRACING WELLNESS

WELLNESS DAY PHOTO GALLERY



and enjoy a day of healthy competition and relaxation. The event received support from key stakeholders, such as Metropolitan, Sanlam Sky, Department of Sports & Recreation, Audi/VW/Suzuki, Assupol, and Cherry, who played a vital role in its success and utilized the occasion to advertise their diverse services to the staff. Additionally, the learners from St Martin Deporres School added to the event's charm with an engaging dance performance. Overall, the event strengthened team dynamics and fostered positive relationships among employees in the Ugu district.



Happy Wellness Day



'Work & no play makes Jack a dull boy'



EMPOWERING PATIENT CARE: PORT SHEPSTONE HOSPITAL NURSES RECEIVE VITAL RESUSCITATION TRAINING



Nurse Njabulo Jili , Shaun Govender (trainer) & Nurse Sthembile Ngcobo

In a commendable initiative aimed at elevating patient care standards, Sister Vimla Naicker, Clinical Preceptor at Port Shepstone Hospital, coordinated a refresher training session for hospital nurses on August 31, 2023. The training centered on essential resuscitation techniques applicable to both infants and adults. Mr. Govender, a seasoned professional from Marburg-based Emergency Medical Services (EMS), conducted the training session. Throughout the session, Mr. Govender exhibited remarkable enthusiasm, individually guiding each nurse through the correct procedures for resuscitating a collapsed person. Recognizing the critical necessity of maintaining updated life support

skills, Sister Vimla Naicker organized this training to ensure that hospital nurses are well-prepared and equipped to handle emergency situations promptly, without having to rely solely on doctors.

The training was conducted in a practical and interactive manner, allowing nurses to practice and refine their resuscitation techniques. Mr. Govender provided personalized assistance to each nurse, ensuring their proficiency in administering life-saving procedures. Considering that death can occur within approximately 5 to 8 minutes without resuscitation, the importance of such training cannot be overstated. By facilitating this refresher training, the hos-

pital underscores its commitment to enhancing patient outcomes and upholding the highest standards of care. The training empowered nurses with the requisite skills and knowledge to respond effectively and efficiently during emergencies.

The hospital management expresses gratitude to Mr. Govender from Emergency Medical Services for his invaluable efforts in facilitating this crucial training and for his enthusiastic and diligent instruction. Moving forward, the trained nurses will be better prepared to deliver immediate life support and resuscitation, thereby bolstering the hospital's capacity to save lives and improve patient outcomes.

Snapshots of the Resuscitation Training in Action



Nurses (L-R) Angela Manuel ,Nokulunga Malunga , Busisiwe Mkhize, Khanyi Ngubane, Nokwazi Ngubane, Zintathu Sefoloko, Vimla Naicker



Training Facilitators: Hospital Preceptor Nurse Vimla Naicker and Shaun Govender from EMS



Obstetrics and Gynaecology

Department Advocates for Breastfeeding



During National Breastfeeding Week, from August 1st to 7th, Port Shepstone Regional Hospital's Nursery Ward teamed up with dietitians to launch an impactful "Breastfeeding in the Workplace" campaign. The initiative aimed to encourage employers in both private and public sectors to support continuous and uninterrupted breastfeeding practices for employees with infants, with the ultimate goal of reducing malnutrition among babies in the community. Matron Ngxumza, the Assistant Nursing Manager for Obstetrics and Gynaecology, expressed her enthusiasm for the campaign, stating, "We are partnering with dietitians to lead this crucial message, hoping that employers will prioritize breastfeeding and create a more supportive environment for working mothers. This will enable them to provide the best nutrition and care for their infants." Matron Ngxumza emphasized that this collective effort would significantly contribute

to decreasing the prevalence of malnourished babies in the community.

To ensure the campaign's message reached the entire district, a dietitian and a nurse participated in radio discussions on local stations. They passionately highlighted the importance of workplace breastfeeding support and encouraged all mothers to embrace breastfeeding for the health and well-being of their babies and themselves.

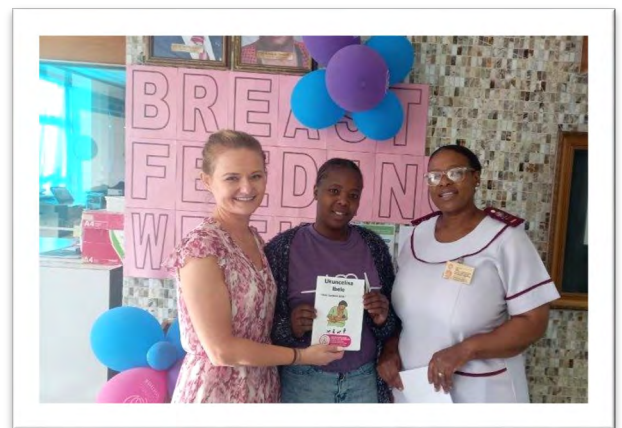




PHOTO GALLERY



Nurses Singing and Celebrating the Benefits of Breastfeeding"



Uplifting Voices: Nurses Sing and Celebrate Breastfeeding Practices



On this special day, nurses could be heard singing "Choruses of Care" and reciting breastfeeding guidelines throughout the wards, passages, and outside the buildings.



Celebrating Secretary's day

In a heartfelt celebration of Secretaries Day, the Deputy Nursing Manager, Mrs Mandisa Maqutu took a moment to honor the contributions of her secretary, Mrs. Tholakele Xulu. Recognizing the pivotal role that Mrs. Xulu plays in the daily operations of the Nursing Component hospital, the Deputy Nursing Manager, in a gesture of appreciation and gratitude, surprised her with an array of thoughtful gifts.

Secretaries Day, also known as Administrative Professionals Day, is an occasion dedicated to acknowledging the hard work and dedication of administrative staff who ensure the smooth running of organiza-

tions. At Port Shepstone Regional Hospital, this day was marked with a special celebration, focusing on the invaluable support provided by Mrs. Xulu. When entering her office, Mrs. Xulu was to greeted by the with written applause message from Mrs Maqutu. Her office was beautifully decorated, reflecting the festive spirit of the day, with balloons, flowers, and a banner that read, "Thank You, Mrs. Xulu!"

Overwhelmed by the unexpected recognition, Mrs. Xulu expressed her heartfelt thanks to the Deputy Nursing Manager and her colleagues. She spoke about the joy she finds in her work and how the support and camaraderie of the hospital staff motivate her every day.



Tholakele Xulu (DNM SECRETARY)



INTERNAL MEDICINE DEPARTMENT BIDS

Departing with Gratitude

08 September 2023

UKZN Park Home

11H00



FAREWELL

TO DR NISA MAHARAJ

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INTRODUCING **E-HEALTH** AT PORT SHEPSTONE REGIONAL HOSPITAL

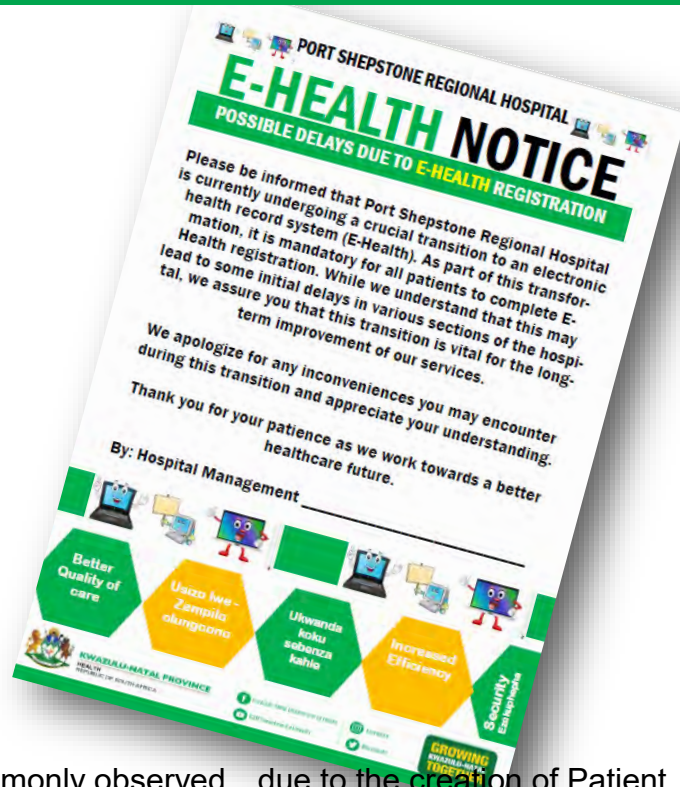


SANDILE NENE
(ICT - System Administrator)

Mr. Sandile Nene, the ICT- Systems Administrator at Port Shepstone Regional Hospital, joined the team in August 2023 and has since been conducting training sessions for hospital staff on the implementation of a new system called E-Health. This system, introduced by the department of IT in the provincial office of KwaZulu-Natal. Prior to Covid-19, it was rolled out to all 42 hospitals, including Tertiary, Regional, and District facilities. E-Health is designed to maintain patients' information online, addressing issues such as lost, damaged, or misplaced files

commonly observed in traditional paper-based systems. Under the new system, patient information will be retained for extended periods, even if a patient has not utilized their file for several years, eliminating the need to create new files upon subsequent visits to the hospital.

Training sessions have been conducted by Mr Nene across various departments in the hospital, including Patient Administration, nursing, and medical, enabling staff to effectively utilize the E-Health platforms. The transition to E-Health is expected to streamline processes, as all aspects impacting health will be integrated into the system. While initial patient registration may experience delays

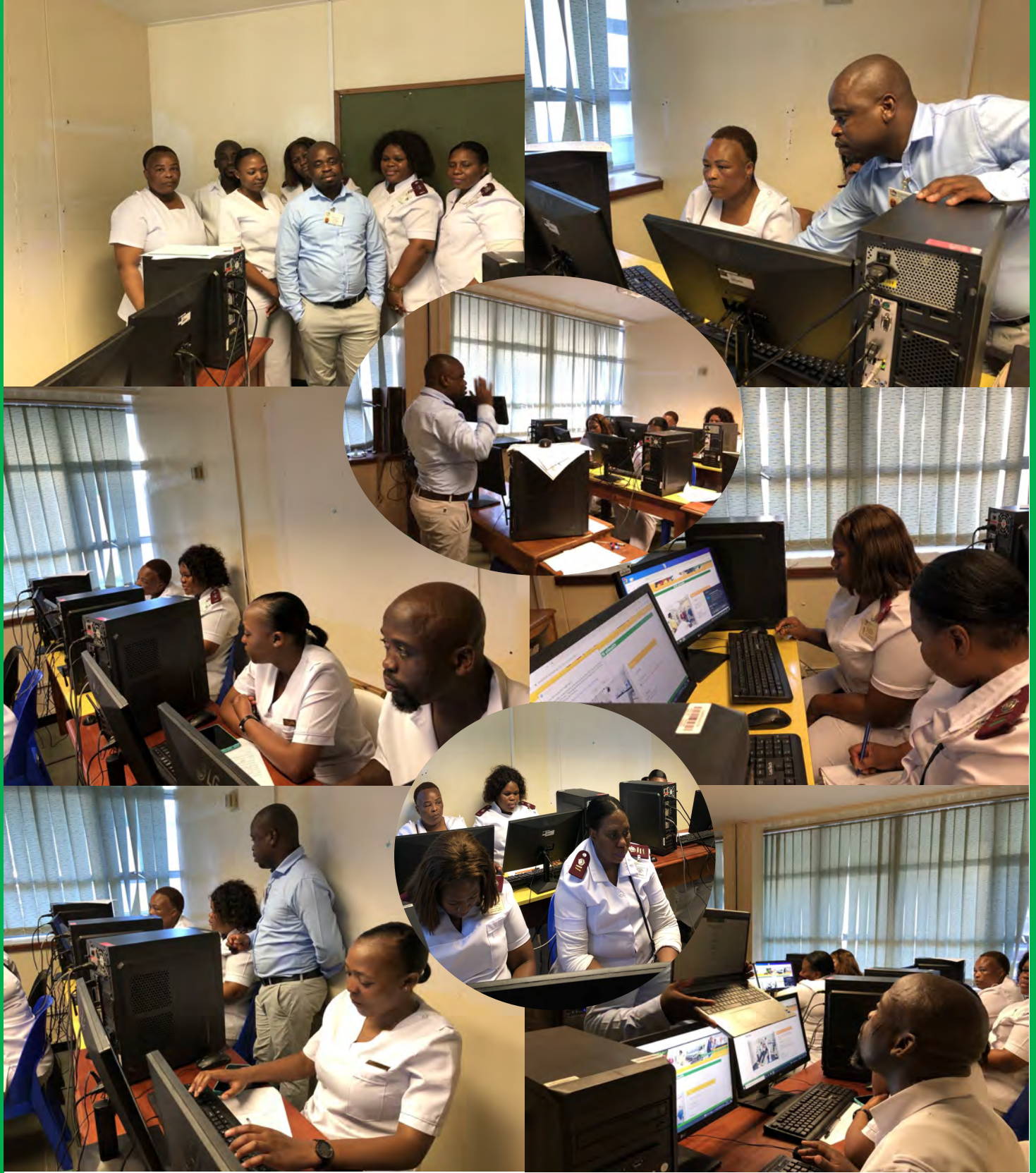


due to the creation of Patient Registration Numbers (PRN), subsequent visits will be expedited through the allocation of Patient Visit Numbers (PVN). To address issues of system slowdowns caused by load shedding, plans are underway for quick repairs, scheduled to commence in January or February of the following year. Phase 2 of the implementation will incorporate backup power sources, ensuring system functionality during load shedding periods. Tablets and PCs will be equipped to operate without power, enhancing efficiency and continuity of service provision. In conclusion, patients are reminded to bring their identification cards / books when visiting the hospital to ensure their identities are accurately captured into the system.





Training In Progress



PROUD MOMENT: STAFF MEMBERS AWARDED FOR THEIR COMMITMENT TO LEARNING AND APPLYING BATHO PELE PRINCIPLES



Sibusisiwe Mbatha, Phila Shangase, Zinye Mkhize

Our hospital recently recognized staff members with Batho Pele Certificates for successfully completing Batho Pele training and achieving a score of 70% and above on the test. Participation was open to all departments, aiming to familiarize staff with the eleven Batho Pele Principles to enhance service delivery. Passing the test wasn't just about scoring; it aimed to instill these principles and encourage their practical application in roles. The Batho Pele Principles include Consultation, Service standards, Access, Courtesy, Information, Openness and transparency, Redress, Value for money, Encouraging Innovation and Rewarding Excellence, Customer impact, and Leader-

ship and strategic direction. Batho Pele serves as a framework for improving public service delivery, emphasizing civil servants' commitment to serving the people and continuously seeking ways to improve service. It advocates for public involvement in holding the Public Service accountable and encourages innovation and results-oriented approaches. Managers play a key role in fostering an environment that empowers staff to excel, supported by appropriate resources and ongoing assistance, particularly during challenging times. These certificates serve as inspiration and a reminder of how to deliver services to the community, with community satisfaction as our primary objec-

tive.



Excellence in Action: Celebrating Our Staff's Success in Batho Pele Training



Sunaina Rajkoom



Thabiso Sikhosana



Cebisile Cele



Debra Rossow



OUR COMPLIMENTS' PAGE

Ngibonga ko Nurse bangiphathe kahle kakhulu naboDokotela bangisize kakhulu. Ngifike gingula ngaphuma ngiphilile. Niyasebenza kakhulu uNkulunkulu anibusise. Ngibonge nangokudla ebingikuthola bekumnandi kakhulu ngiyabonga.

Ivela ku: Shozi Happiness

O-WARD

I would like to thank everyone for their kindness as well as professionalism, treatment excellent. The Nurses to Doctors are wonderful . Thank you very much!

From: Altamirano Michelle

Gateway Clinic

Thank you so Much for their treatment from cleaners, Nurses and Doctors. Special Clinic as well they help me to recover from my sickness. Keep it up guys. May the God bless you and provide with everything that you need.

From: Ngcobo Thabisile

SOPD

Ngifike esizakala Care Center ngathola ukusizakala okuyisimanga ngifike ngabika usizi ebengiz kakhulu usizo engilitholile mina nomntana. Sibonga impatho nothando esiluthole eThuthuzela. Sithemba ukuthi nizosiza abantu abaningi abasebuhlungwini. Siyabonga Kakhulu.

Ivela ku: Xulu Nosipho

Thuthuzela Care Centre

We had a perfect time at the Clinic, We were introduced to new things that we didn't know and weren't aware of the Nurses here were very nice and also explained everything in detailed. Once again thank you to the staff, we really had a fruitful session. Thank you Sir Mhlongo

From: Tyolo Sethu

Child psych Clinic

The ICU staff give great service and the way they treat patients with dignity and respect.

From: Kieser Francis

ICU

Ngiphatheke kahle oko ngafika. Ukudla befika ngesikhathi kani nosizo bengisheshe ngiluthole uma mengilidinga.

Ivela ku : Khonzaphi Cele

Lots of love you guys have the best hospitality ever.

From: Dladla Siyanda

CCU

I would like to compliment the hospital on such lovely and speedy service. The Nurses were absolutely helpful and friendly

From: Moosamy Lutchmee

J-Ward

Konke kuhambe kahle kakhulu. Futhi ayikho into ewrong engiyibonile futhibangiphathe kahle, Good job guys.

Ivela: Hadebe Nomcebo

Post-Natal

**Siyabonga ngezincomo
kunina nonke, Sithi Danko!**

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OUR COMPLIMENTS' PAGE

Today I received the best consultation with Sister Mhlongo unlike yesterday. I'm more relieved about my daughters condition. She reassured me and made me understand all the necessary steps I will be taking going forward.

From : Ngamlana Lindelwa
Ortho Clinic

I was booked for this date 21/05/2023 so I came I was friendly assisted by front line Nurses. But the one that stood out for me was Sister NE Maze with short blue hair she was extremely friendly and passionate about her work.

From: Nyawose Ntuthuko
Eye Clinic

I would like to appreciate the treatment that ward 3 staff gave to my mother from the first day she was admitted till she was discharge What I notice every time when I come. She always clean , good condition and happy about all Nurses & Doctors. Thank you keep on doing, good job . God bless you.

From: Mbhele Nosihe
Ward 3

Siphatha kahle kakhulu uthando nesineke Sister Mbali tyoo sister uhlale unjalo sister Ngcobo noma ezifikela nje kodwa nothando.

From: Phumla Pearl Mvuna
O - Ward

Siyabonga kakhulu kubasebenzi base Port Shepstone ave bephathana kahle niqhubeke njalo ni-siphathe kahle sybonga Mantengu and Mhlongo

From: Sithole Eunice Sitheni
Occupational Therapy

Ngiyabonga bengiphatheke kahle kule sbhedlela ngithanda yonke into ngalesbhedlela istaff sine care kuclean and ndiyawuva umehluko nasempilweni ebendinayo

From: Ngidi Bongani
G-ward

My grandson is having problems at school he was suspended from school in June for 5 days. The M G HOD that sister Mhlongo uses is simple and easy to understand. I think she is very good in the way she use pictures to see whats happening to my grandson . I am also learning to understanding my grandson better by the things she made him write and colours . Sister Mhlongo is very good. Thank you much appreciated.

From: Mahareeg Hiramathy
Child Psych Clinic



Thank you for the excellent service at this hospital no matter where you go all departments are awesome caring people.

From: Horrmann John
Occupational Therapy

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NEW EMPLOYEE

WELCOME

WELCOME

JULY

Luthuli SS SEWING ORDERLY
 Sibiya N NA1 NURSING ASSISTANT GRA
 Moodley J MEDICAL OFFICER (INTERN)
 Ngcobo MI PNA1 PROFESSIONAL NURSE
 Ngubo Y MEDICAL OFFICER (INTERN)

AUGUST

Chili MN STAFF NURSE
 Chiliza MV MANAGEMENT
 Dunn CC PROFESSIONAL NURSE
 Goba N PROFESSIONAL NURSE
 Gwebityala S ENVIRONMENTAL HEALTH
 Khuzwayo NL STAFF NURSE
 Kumalo BI STAFF NURSE
 Mbambo N NURSING ASSISTANT
 Mgobozi SP NURSING ASSISTANT
 Mkhonza NLN STAFF NURSE
 Ndumo MG STAFF NURSE
 Ngongo NP MANAGEMENT
 Ntuli BM STAFF NURSE
 Shange PK PROFESSIONAL NURSE
 Shezi SA PROFESSIONAL NURSE
 Sikhosana TQ ADMINISTRATIVE
 Zulu ND PROFESSIONAL NURSE
 ZUMA HPH PROFESSIONAL NURSE

SEPTEMBER

Cele H Professional Nurse
 Cele NI HEALTH ASSISANT
 Chiliza S PROFESSIONAL NURSE
 Dlamini N PROFESSIONAL NURSE
 Dlani SP ADMINISTRATIVE
 Jali SH PROFESSIONAL NURSE
 Lushaba NF HEALTH ASSISTANT
 Madlala EM HEALTH ASSISTANT
 Mkhasibe TN PROFESSIONAL NURSE
 Mnikathi BP PROFESSIONAL NURSE
 Mpisane SG MANAGEMENT
 Mthethwa PP PROFESSIONAL NURSE
 Ndovela LN MANAGEMENT
 Ngobese HF PROFESSIONAL NURSE
 Zondi TF PROFESSIONAL NURSE



AKNOWLEDGEMENTS



**MRS P.P MORAI-
WRITER & EDITOR**



LINDI DANCA



S.ISANDA NCIKI



NOMZAMO .KHUMALO

PUBLIC RELATIONS TRAINEES WHO ASSISTED IN THE FF. ACTIVITIES
WRITING, DESIGN
PHOTOGRAPHY &
ETIDING



**MS J. SMITH-
EDITOR**



PORT SHEPSTONE HOSPITAL CONTACT DETAILS

**POSTAL ADDRESS: Private Bag X 5706, Port Shepstone
4240**

SWITCHBOARD: 039 688 6000

FAX NUMBER: 039 682 6678

WEB ADDRESS: www.kznhealth.gov.za

