



KWAZULU-NATAL PROVINCE
HEALTH
REPUBLIC OF SOUTH AFRICA

QUEEN NANDI
REGIONAL HOSPITAL

BAMBINO NEWS

NEWS

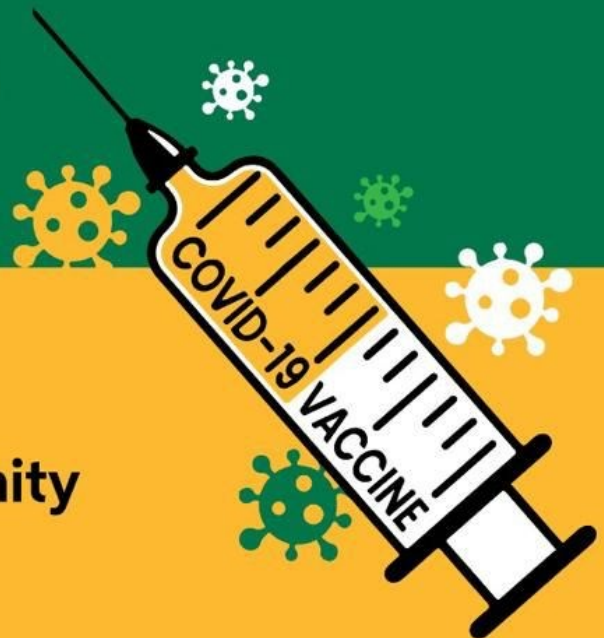
A Moderate to Severe Covid-19 Infection is not a joke.

JAN—MARCH 2021

SIYAYINQOBA I -COVID-19

Why are Vaccines important?

- To prevent morbidity & mortality
- To achieve herd immunity & prevent ongoing transmission



When a person gets vaccinated against a disease, their risk of infection is also reduced.

#VaccineRolloutStrategySA



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WE BEAT TB— AWARENESS

March is Tuberculosis awareness month. On the 19th March 2021 QNRH HAST team marked a World TB Day by conducting tuberculosis screening campaign.

All clients entering the hospital were screened and those presenting with symptoms were tested for TB. Health educational talks and videos were played for all patients in waiting areas. Everyone is encouraged not to ignore symptoms of TB. It is curable! Let's stop the spread of TB. If one is diagnosed with TB, that person should finish the treatment as advised by the health care professionals.



HAST team in High Risk Clinic with their educational materials and hampers.



Sister G.B Mnguni doing health education on TB to the expecting mothers in High Risk Clinic



Team that was doing TB screening to patients as part of the TB Awareness



HOSPITAL REDINESS FOR COVID 19 VACCINE

VACCINATORS FOR QUEEN NANDI REGIONAL HOSPITAL TRAINED FOR COVID-19 VACCINE

A Moderate to Severe Covid-19 Infection is not a joke!

Do your best, Wear your mask, wash your hands, keep social distancing and be safe!!

Putting plans in place and getting ready for the vaccine is expected in all health care facilities as the country is facing challenges of the Covid-19. QNRH nurses completed their training for the vaccine and were ready to vaccinate!!

Plans were also in place in terms of the vaccination site within the hospital including all necessary equipment and signage.



QNRH pre-dry run by the team , happy for the readiness of the vaccine site

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HEARING AWARENESS DAY



Team for World Hearing Day

To commemorate World Hearing Day, (on the 1st of March 2021) the Audiology team and ENT Department of Ngwelezane Hospital, in collaboration with the Audiology Department of Queen Nandi Regional Hospital embarked on a campaign to raise awareness and provide screening for patients and staff within the institution. The teams object was to raise awareness regarding ear care and hygiene, factors contributing to hearing loss and treatment options available for people with hearing loss. There is help for ear infections and diseases, and it is important to obtain that help early.

Everyone should have their hearing checked regularly; from when children are newborn babies, right through their early years. Hearing loss can be very difficult to identify without the correct audiological tests, and it will greatly affect a child's language development and academic performance if it is missed. Take preventative action: you can still enjoy music without damaging your hearing. If anyone else can hear the music streamed through your headphones – it is too loud! If you have any hearing concerns, ask to see an audiologist.

Rehabilitation: There are a number of ways to help people with hearing loss. Advanced technologies such as hearing aids and cochlear implants can be good options, depending on the hearing loss. Ask an audiologist for guidance in choosing the best option. There is no shame in wearing a hearing device. Being able to communicate with friends and family is something we all deserve to appreciate.

Communicate: Communication is a human right. Feeling connected to friends and family is part of well-being and quality of life. There are many ways to support communicating with people who have hearing loss: speak clearly, don't shout, be patient, learn to communicate with those who use sign language, and have captions available for all news and streamed media. Together we can make a difference for healthy hearing and create a community inclusive of those who experience life differently, where they feel that they belong and are valued as equal members of society.

Thanks and appreciation go out to the Ngwelezane team and participant for assisting in making the day a success!



Educational talks on hearing done to patients and staff.



Staff doing screening on hearing as part of the awareness

JERUSALEMA TEAM BUILDING CHALLENGE

And
the
winner
is
.....



From left: Mrs Lillian Mbatha from Rehab, Dr M. Samjowan (Acting CEO and Mrs Phumelele Mthethwa (Pharmacy Manager) during the awards for Jerusalem dance challenge.

QNRH was joined the hundreds of health care workers who participated in the Jerusalem dance challenge which was adopted nation wide. That was part of uplifting the mood of health care workers and easing anxiety at the work place. QNRH encouraged all sections to participate in the challenge with a prize to be won.

From all the departments that participated, rehab won the competition as they met all the judges criteria for the best dance. The criteria used included Social distancing, Covid-19 messages, Rhythm, energy and fun, creativity and general appearance. Pharmacy got the second position in this challenge. Both teams were energetic and had fun during the challenge. The Acting CEO announced the results during JOC meeting in the auditorium.

YOUR HEALTH IS IMPORTANT

Creativity and innovative ideas from the team makes it easier for the hospital to drive and fast track the process of encouraging all health care workers in the hospital to say yes to the vaccination. Vaccination committee was formed and tasks were allocated to each and every member representing the component / category.

The team was responsible for marketing and encouraging staff members to register for the vaccine. Some staff had concerns and questions regarding the vaccine. The Acting CEO (Dr M. Samjowan) worked tirelessly to empower everyone with information on Covid-19 through committees and JOC meetings where information was cascaded to all staff. Health messages were also displayed in all strategic areas and notice boards to equip staff with information.

The Public relations office designed tools for the survey specifically to get concerns and feelings from staff members about the vaccine. A motivational and encouraging message is announced via the intercom 3 times a day to motivate everyone to "Say Yes to the Vaccine". All concerns raised were responded to by the health messages that were displayed within the hospital.

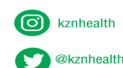
Queen Nandi Regional Hospital initiated the usage of TV screens which were previously not functional by playing health related messages which were put up by the team of doctors. The effort by Dr Wessels for the innovation towards Covid-19 messages that were downloaded on USB's is acknowledged. These are the messages that educates the community and patients.



This ribbon was done by Dr Wessels given to all staff within the hospital.



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HOSPITAL PRAYER

Our Commitment remains to save and protect the lives of our clients.

The year 2021 started differently at Queen Nandi Regional Hospital as the world was in the second wave of Covid-19. Health care workers, as the frontline staff had no choice but to face the situation in saving people's life. Staff members were also affected and the situation was calling everyone to kneel down and ask the Almighty God to intervene in the situation faced by the country and the hospital.

The hospital prayer was arranged by the Employee Health and Wellness team to ease anxiety, fear and stress to staff members. The massive prayer session was done on the 29th of January 2021 at the Helipad where staff members came in numbers including management, doctors, nurses, admin staff and all staff categories. All Covid-19 safety protocols were observed as everybody wore a mask and social distance was observed.

The prayer was honored by the district Chaplain who motivated staff and encouraged staff on their good work in saving peoples lives.

It was a short, powerful and spiritual prayer. Everybody asked the Almighty to intervene. Staff members were encouraged to use the office of EAP and the team for the emotional and psychological support.

Everybody felt uplifted and strong after the prayer. Candle



QNRH Health care workers praying in the helipad to ease anxiety during difficult time of Covid-19 .



Deputy Manager Nursing: Ms EPCN Mtshali and the nursing management team leading the candle light and the Nurses Pledge of service.

light and the moment of silence was observed for all health care workers who lost their lives. Nursing management led by the Deputy Manager Nursing: Ms EPCN Mtshali led the candle

light in honor of those who passed in the battle as the forefront staff. Indeed "Prayer is a powerful weapon in difficult times".

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PRAYER DAY PHOTO GALLERY



Ms EPCN Mtshali (Deputy Manager Nursing) doing the candle light in honor of nurses who passed on



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FIRST GROUP TO RECEIVE COVID-19 VACCINE



Group of nurses departing from the departmental taxi which was transporting them to the vaccination site at Ngwelezana Hospital



A warm welcome received at Ngwelezana Hospital and they were given screening tools



Sister Madida was the first to enter the site from the group of QNRH



Nurse receiving her J&J vaccine successfully



Post Vaccine: Nurses were waiting for their 15 minutes observation



After the vaccine. They did photo shoot as part of their memory after receiving the vaccine.

FROM THE PRO'S OFFICE

Covid-19 affects people differently, the large majority have mild or no symptoms. Health professionals are learning new things everyday about the effects of Covid-19. It is the responsibility of everybody to be safe. If one has symptoms, that person should isolate from others to prevent the spread of the disease. If symptoms persist, please don't ignore, seek medical help! The catastrophic increase in the number of deaths is alarming.

People were not able to say good-bye to their loved ones, not able to attend funerals, the country was different than before. Covid-19 is leaving a trail of lives that has been shattered beyond anyone's comprehension. Everyone is living in a fear of not knowing who is next.

Mental health is important! Good nutrition also plays a very important role to boost immune system. Let us all be responsible. Our Commitment remains to save and protect the lives of our clients.

Be safe, please wear your mask, wash your hands and maintain social distancing.

NH Xaba—(Public Relations Officer)



Mrs Nompilo Xaba (PRO)

FEEDBACK FROM THE COMMUNITY

Queen Nandi Regional Hospital is so grateful for the feedback received from the recipient of our service including community, clients and relatives of patients about the service they receive at our facility.

Please don't hesitate to contact us and give us feedback on the service received.

Compliments, complaints and suggestions are always welcomed.

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BE RESPONSIBLE & BE SAFE

THINGS MORE UNCOMFORTABLE THAN WEARING A MASK:



GASPING FOR AIR
COUGHING UP BLOOD
PERMANENT LUNG DAMAGE
A VENTILATOR
MEDICAL BILL DEBT
BURYING SOMEONE YOU LOVE
HARMING A STRANGER
DYING PREMATURELY

ACKNOWLEDGEMENTS

This newsletter is designed and compiled by Mrs Nompilo Xaba (Public Relations Officer)

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Ms. Nevashney Moodley : Pharmacy Supervisor

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